

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

22 June 2023



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

When our **attention**
is used **intentionally**,
peace becomes **present**.

Assalamualaikum my Champions,

(and a very very very very special welcome to our new Baby Champs! ❤️)

I am writing this right after our daily Zikir DhulHijjah calls ([click here to read all about our DhulHijjah program](#)), and I am feeling all sorts of peace. The kind of peace that can only come when you have fully surrendered to Allah SWT, a sort of tranquillity that descends when

every bit of you - i.e. your soul, mind, heart and body - are all in harmony remembering Him. And what a blessing it is to be able to feel this calmness, it's like finally, after a long, long time, my heart can finally... *breathe*.

Zikir does this to us - it is when our attention is used intentionally that peace becomes present.

But to be completely frank with you, even after knowing the "benefits" of Zikir, it still requires a lot of striving and battling against our Nafs to actually show up for it. I remember all of the excuses my mind was churning, "Oh I don't have time" being at the very top, but you know what I realised when I silence those thoughts and Zikir anyways?

That my time expands.

When we do Zikir, Allah SWT increases us in ways that we cannot even imagine. The tasks that we were struggling with will become easy, the fatigue we felt will be replaced with fervour, our shoulders start to relax, and most of all, peace settles in. What is absolutely crazy is that we can get access to this peace, anytime, anywhere, for as long as we take that first step in remembering Him.

I'll end with some powerful words from Ustazah 'Alima for all of us to ponder upon - she said in our last Sunday Session together that, **"The only people who cannot do Zikir are the ones who are dead. And we are not dead. We are very much alive."**

get excited for

A Sweet Sacrifice

DETACHMENT FOR HIS SAKE



What I thought was a simple, innocent question from my teammate Mandy about why we perform the act of ***Qurban*** (sacrifice) during Eid Adha has now inspired one of my **favourite** TKV episodes of all time!!! Ustazah Huraidah has really peeled back all of the layers as to why the act of sacrifice is such a sacred act of worship, and she also beautifully connected it with several other key themes like the importance of safeguarding the family unit, especially in the end of times, and the importance of knowing our Aqeedah. This TKV has successfully made me rethink my relationship with sacrifice, and no

words can describe what a powerful episode this was. You just have got to press play and dive into it, OR you can **join us this Sunday at 9pm SG / 2pm UK time, where we will be having a listening party to hear the full episode together!** (It's too good to just "highlight" key moments, we gotta listen to it in its entirety!)

[Listen to the new TKV episode here!](#)

[Join Our Listening Party Here!](#)

[Add this event to your GCal](#)

save the date

AA PLUS TURNS FOUR!

*Friday, 23rd June
9pm SG / 2pm UK*



This week has been such a full week for me but one of the things that has been keeping me going is knowing that I will get to hang out with my favourite people (aka you!) to celebrate AA Plus turning 4, Alhamdulillah Ma Sha Allah! 🎉🎉🎉 More than anything, this is really a celebration of this little community of ours, of which it

wouldn't be what it is without every single one of you. So please join me this Friday, 9pm SG / 2pm UK to commemorate you. It is YOUR day!

[Join our 4th Year Anniversary Here!](#)

[Download special Zoom Wallpaper here](#)

[Add our Anniversary Party to your GCal](#)

heartwork that heals



heartwork

His Name: on repeat
His Name: on repeat
His Name: on repeat
His Name: on repeat
His Name: on repeat

This week's Heart Work has got to be calling unto Him by His Beautiful Names, on repeat! Like a proud mom collecting her children's art and displaying them on the fridge, I too, collected all of the Zikir counter photos some of you have sent me and compiled them into a GIF 😂. Because the goal is to do 1000 recitations of different Zikir, so many of you have shared that you have been pleasantly surprised that you can actually sit through all 1000 Zikirs. But this is a testament to Allah SWT's promise that if we walk to Him a step, He will come to us running! Silencing our Nafs and showing up for Zikir was our step towards Him, and I am certain that being able to finish all 1000 with ease is all from Him! :)

Join us for our DhulHijjah Zikir Calls Here

a visual reminder



Sharing with you this super cute wallpaper that one of our own Champs designed in celebration of DhulHijjah! Isn't that such a dreamy landscape? Really loving the Ayah on the wallpaper as a

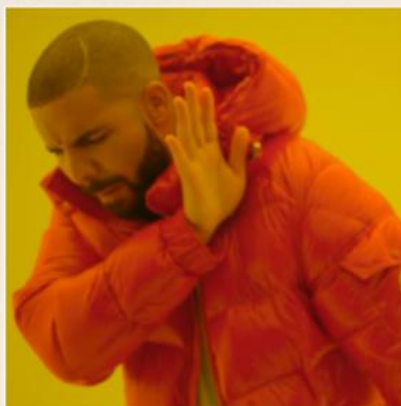
reminder for us to increase our Zikir as well. I hope it made you smile
just like how it did for me!

[Download Wallpaper Here](#)

muslim meme



Champs ❤️ Memes
@aaplus_memes



**Everything
has to happen
right now.**



**Everything
will happen
in His timing**

As a recovering "I-must-plan-everything-and-everything-has-to-follow-my-plan" kinda girl, I am proud to share that with Allah's Grace and His Beautiful Wisdom of planting me here in Tangier (aka the land of no-plans :P), I am now breathing a whole lot easier when things don't go accordingly. This took years to fix, but one of the important realisations that happened for me is understanding that Allah SWT truly has got everything under control, while I obviously don't. So Champs, breathe. You are exactly where Allah SWT wants you to be!

And with that, my dearest Champs, I pray that you will have many moments of remembering Him in this blessed best days of the year! I will see all of you in my Duas, and hopefully also in our Zikir dates soon! May you always be under His Loving Care and Protection, Amin!

fin
x
a.

