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Ustazah

# SEEKING DIVINE BEAUTY

Looking through life with al-Jameel

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How can we practise the name Al-Jameel in our lives?

## AL-JAMEEL



The Most Beautiful

#### BEAUTY WITH ALLAH SWT

- The remembrance of Allah SWT will make a place beautiful. Where there is Dhikr or remembrance of Allah, there is His Beauty.
- Nature is beautiful because they are always making Dhikr to Allah SWT.
- There is beauty in every single thing about and related to Allah SWT. In fact, just by mentioning His Name, our hearts can feel a difference.
- Even though we know that He is Beautiful, we can never comprehend the Beauty of Allah SWT.
- We all have different opinions of how beauty looks, but the beauty of believing in Allah SWT is that we do not ascribe an image or picture to Him.

Where there is remembrance of Allah, there is be a uty.

### IMAGE OF ALLAH SWT

• In Islamic Creed, scholars discussed how we cannot describe Allah SWT as having a physical face or hand as it might lead to disbelief (Kufr). We can't imagine Him as having human traits.

"I saw the Prophet [SAW] on the Minbar addressing the people. He said: 'After me there will be many calamities and much evil behavior. Whoever you see splitting away from the Jama'ah or trying to create division among the Ummah of Muhammad [SAW], then kill him, for the Hand of Allah is with the Jama'ah, and the Shaitan is with the one who splits away from the Ummah, running with him.'"

(Sunan an-Nasa'i 4020)

• In the above hadith, 'Hand of Allah' cannot be imagined as a literal hand. It can refer to the Zaat or the Essence of Allah SWT.

#### BEAUTY IS SUBJECTIVE

- What is beautiful to you may not be the same to others. And sometimes, we prefer what others have to what we already have.
- During Umrah / Hajj, we can witness many pilgrims from across different ethnicities.
   Every single one of them is created by Al-Jameel.
- Even so, <u>physical beauty is just a small</u> <u>category of beauty.</u> There are other types of beauty present in a human being such as character, speech, thought etc.
- Beautiful characters can also look different to different people in different cultures.
- What one culture finds to be ok, another culture may not find the same.

# SPIRITUAL BEAUTY



Gaining spiritual openings in life

#### A SPIRITUAL OPENING

- When someone feels Allah SWT in their heart, there is no where else that they want to be.
- That is why we miss and remember certain places, which on the surface, may not look like much. Because we remember Allah SWT in that place, Allah grants us a beautiful spiritual opening. As a result, our hearts will yearn for that place again.
- We miss being in places that are filled with Dhikrullah. Imagine we say the word 'Allah' in a totally dark room and the candles in the room light up. The more Dhikrullah we do, the more light will fill the room.
- The brighter the room, the more it will spread to the area around it; eventually, the place will be surrounded by Light.
- The more we remember An-Noor, the more of His Noor will enter our hearts. Our hearts will reflect the Noor to those around us.

The more we remember An-Noor, the more of His Noor will enter our hearts.

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### SPIRITUAL LIGHT

- We become spiritually drained when we surround ourselves with people with no spiritual light. This is because our light gets absorbed by their presence.
- But perhaps our presence might benefit them because we are sharing our light with them! This is part of our Dawah.
- Inner spiritual light is not something that can be bought it needs to be earned through acts of worship.
- If we are going to attend a gathering that may potentially drain our spiritual light, we can prepare ourselves in advance by charging our spiritual battery more than usual. After the gathering, we cleanse ourselves through a spiritual shower!

# BEAUTY OF ALLAH



How Beauty is manifested in His attributes

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#### HIS PHYSICAL BEAUTY

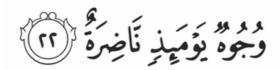
• Like how we usually bring out a portable charger to charge our phones, we can bring our own spiritual charger on the go!

To ponder: What are some examples of your own "portable" spiritual chargers? An example would be: a TKV lesson on your phone to listen on the go!

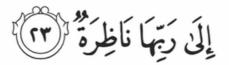
- The spiritual feelings that we have are in themselves beauty.
- The Messenger of Allah, peace and blessings be upon him, said, "Verily, Allah is beautiful and He loves beauty. He loves the loftiest of affairs and disapproves of pettiness." (al-Mu'jam al-Awsat 6906)
- One of the most beautiful things about Allah SWT is His Plans and His Timing.

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#### THE NOOR OF ALLAH SWT



On that Day 'some' faces will be bright, (Al-Qiyamah 75:22)



looking at their Lord. (Al-Qiyamah 75:23)

- Allah SWT Himself is Noor, so His Light will reflect brightly on our faces when we look at Him on that Day. A brightness so amazing there are no words we can describe it Subhanallah!
- The Messenger of Allah, peace and blessings be upon him, said, "Verily, my nation will be called on the Day of Resurrection as brightly radiant from the traces of ablution. Whoever among you is able to extend his radiance, let him do so."

  (Bukhari & Muslim)

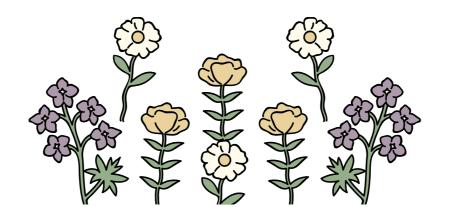
Anything that is done for Allah SWT, will allow us to gain His Noor.

#### 99 NAMES OF ALLAH

• The name Al-Jameel constitutes every single name in the Asmaul Husna. Each and every name of Allah SWT is beautiful, yet these 99 names of Allah SWT are just the names of Allah that we are allowed to know.

And when Moses arrived at Our appointed time and his Lord spoke to him, he said, "My Lord, show me [Yourself] that I may look at You." [Allāh] said, "You will not see Me, but look at the mountain; if it should remain in place, then you will see Me." But when his Lord appeared to the mountain, He rendered it level, and Moses fell unconscious. And when he awoke, he said, "Exalted are You! I have repented to You, and I am the first [among my people] of the believers."

(Al-A'raf 7:143)



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## THE EVIDENT BEAUTY

- The Quran itself is evidence of Allah SWT's Beauty in its verses, stories, rhythm, poetry and even the journey of how the Quran came down to the Prophet through Jibril AS, and how it was compiled.
- The Quran can also become a source of bond and connection with strangers whom we may not even know, Ma Sha Allah.
- The Quran is one of the manifestations of Al-Jameel and it is also a lasting miracle (mu'jizah) of Rasulullah **25.**
- The Quran touches the hearts of people because they are literally the words of Allah SWT (Kalam Allah) the verses came directly from Him.

## MANIFESTING BEAUTY



How can we practise the name Al-Jameel in our lives?

### LET'S BEAUTIFY OURSELVES!

- Having both Al-Jameel and the most beautiful Rasulullah in our lives should be reflected in our character.
- The more we learn about them, and the more we worship and emulate them, the more we are building our inner beauty, i.e. our spiritual beauty.
- One of the Adab of knowledge-seeking is to come with a tidy appearance, as exemplified by Jibril AS when he came to the Prophet in a very clean and tidy appearance. (full hadith in the next page)
- Rasulullah and the Companions would camp outside Madinah to give themselves time to clean themselves before returning home from their expeditions / wars! Ma Sha Allah!
- Rasulullah would also send news that he was on his way home so that his wives could prepare themselves for his arrival.

#### ISLAM, IMAN, IHSAN

It was narrated on the authority of Umar (may Allah be pleased with him), who said:

While we were one day sitting with the Messenger of Allah (peace be upon him), there appeared before us a man dressed in extremely white clothes and with very black hair. No traces of journeying were visible on him, and none of us knew him. He sat down close by the Prophet (peace be upon him), rested his knee against his thighs, and said, "O Muhammad! Inform me about Islam."

The Messenger of Allah (peace be upon him) said, "Islam is that you should testify that there is no deity except Allah and that Muhammad is His Messenger, that you should perform salah, pay the Zakah, fast during Ramadan, and perform Hajj to the House, if you are able to do so."



The man said, "You have spoken truly." We were astonished at his questioning him (the Messenger) and telling him that he was right, but he went on to say, "Inform me about iman."

He (the Messenger of Allah) answered, "It is that you believe in Allah and His angels and His Books and His Messengers and in the Last Day, and in qadar (fate), both in its good and in its evil aspects." He said, "You have spoken truly."

Then he (the man) said, "Inform me about Ihsan."
He (the Messenger of Allah) answered, "It is that
you should serve Allah as though you could see
Him, for though you cannot see Him yet (know
that) He sees you."

He said, "Inform me about the Hour." He (the Messenger of Allah) said, "About that, the one questioned knows no more than the questioner." So he said, "Well, inform me about the signs thereof." He said, "They are that the slave-girl will give birth to her mistress, that you will see the barefooted, naked, destitute, the herdsmen of the sheep (competing with each other) in raising lofty buildings."

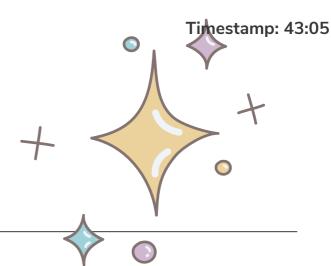
Thereupon the man went of. I waited a while, and then he (the Messenger of Allah) said, "O Umar, do you know who that questioner was?" I replied, "Allah and His Messenger know better." He said, "That was Jibril (the Angel Gabriel). He came to teach you your religion."

(Muslim)



#### APPEARANCE MATTERS

- Appearance is important, but we have to ensure that they have to be <u>natural</u> as how Allah SWT has blessed us with.
- When receiving knowledge, it can be heavy as it may be difficult to practise. Teachers can make it easier by making their appearance look nice to the receiver of knowledge.
- We are all visual creatures; so it's normal to feel at ease when we are around those who are pleasing to our eyes.
- Our appearances, such as our hijab, can be our Da'wah to others.
- Rasulullah was the epitome of cleanliness and tidiness because he loved to dress well and was always seen with his Siwak.



- When we look at how Rasulullah and dressed and how the Companions dressed around Rasulullah we, we understand that appearance matters.
- We cannot entirely disregard physical beauty over spiritual beauty. We just need to know the boundaries of physical beauty in Islam.
- Keeping ourselves presentable to our spouses is also a part of our Ibadah!
- If we do something for Allah SWT, then we should find comfort that it comes from Allah SWT.

  Hence, when we dress nicely for Allah SWT, we are gaining the rewards.
- When we show our Jamal (beauty) to those who will benefit from it, it is us showing our gratitude to Allah SWT.

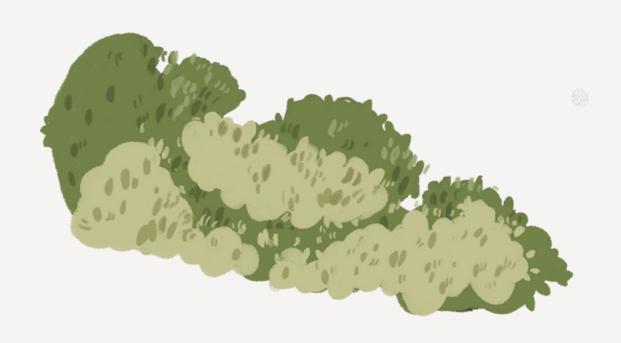


#### HADITH ON EVIL EYE

#### Sahl ibn Hunayf reported:

The Messenger of Allah, peace and blessings be upon him, said, "If one of you sees something from his brother, or in himself, or in his wealth which impresses him, then supplicate for him to be blessed in it. Verily, the evil eye of envy is real."

(Musnad Ahmad 15700)



#### CHOOSE BEAUTY

- When we wear something nice, it helps makes us feel good about ourselves.
- If we dress nicely for work, we are showing respect for the work that we do. It helps with our mindset and our productivity for the day!
- As Muslims, everything we do should be beautiful. We can apply beauty to our work, by making sure that our work is pleasing to the eyes.
- Allah SWT could have created this world ugly, but He created it beautiful Ma Sha Allah.
- One of the words for beauty in Arabic is (husn). This root word can also expand to خَسَن (hasan) which means 'good', and also احسان (Ihsan) which means 'excellence'.

Ihsan Beauty

How can you apply Ihsan to the different areas of your lives?