

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

3 November 2022



Closer

+ Intro Email



Assalamualaikum my dearest Champions,

How are you, my internet children? I pray that you are well, and under His guidance and care always. Since we have just ushered in the cosy

month of November, I will take this opportunity to write both the Intro and Closer email together, and this just makes me feel doubly excited, so let's get started!

As humans, we naturally gravitate towards anything that is beautiful, and personally for me, the most beautiful trait in terms of character is gentleness. Gentleness is something that does not come naturally to me, which is why I am always pulled towards kind hearted souls that exude softness and tenderness. It is people like them who reminds me of Rasulullah ﷺ and they are the ones who have taught me that in order to be gentle, one has to remember that one is a servant of Allah SWT, the One who is Most Subtle and the Most Gentle.

Who are we to walk arrogantly on this earth, to use harshness in our speech, and to be hard in our mannerisms when our Prophet is the Most Merciful, ﷺ, and our Rabb is al-Latif?

Which is why this month, I would like to humbly encourage all of us to make a conscious intention to practice gentleness, not only in terms of our character and how we treat the people around us, but to also exercise kindness towards ourselves, and to understand that there is definitely delicateness in how perfectly Allah SWT plans our lives. :)

This November, In Sha Allah, we will aim to highlight this beautiful attribute of Gentleness through most, if not all of our AA Plus Classes and Events, especially with our last two lessons on Rasulullah ﷺ's Emotional Intelligence, the return of our beloved Tadarus Circles, our monthly Champs Tea Party which will spotlight Gentle Nurturers and Teachers and most of all, our Special Event this month with Ustazah 'Alimatunnisa on 'Allah's Gentle Plans for Us: A Study of the Life of Prophet Yusuf AS'.

This month, I pray that we will be able to work gently on softening our hard hearts, and to choose kindness with every breath we take. I pray that November will also be filled with many opportunities for us to learn together, and so without further ado, here is the Calendar for the month, Bismillah!



November

M	T	W	T	F	S	S
	1	2	 	4	5	
7	8	9		11	12	
		16	 	18	19	
21	22	23	 	25	26	
		30				

Asia Tadarus Circle
Mondays, 14th and 28th November
9pm SG | 8pm WIB

ROTW Tadarus Circle
Tuesdays, 15th, 29th November
7pm UK

Allah's Gentle Plan for Us. A Study on the life of Prophet Yusuf AS
Sunday, 13th November
9pm SG | 8pm WIB | 1pm UK

Study Date Asia
Thursdays, 3rd & 17th November
9pm SG | 8pm WIB

Study Date ROTW
Sundays, 6th & 20th November
7pm UK

Champs Tea Party: Celebrating Gentle Nurturers
Sunday, 27th November
9pm SG | 8pm WIB | 1pm UK

[Download November Calendar Here](#)

[Sync AA Plus Calendar with your GCal Here](#)

get excited for





I was super excited to record this episode with Ustazah Syariati because we would finally cover how Rasulullah ﷺ was with his wives! I laughed plenty in this lesson because Ustazah chose the best (and also the most relatable) stories from the Seerah where we could really see how emotionally intelligent and aware Rasulullah ﷺ was with his most closest family members. But it was not all laughter and all play - there were many gems that Ustazah shared in this Class with one of my favourite lesson being "**we should always be our family's first-aider for their emotional-wellness**". Whoa... This made me pause and ponder if I am actually a source of healing in my home, or am I the one who causes pain. EEPS!

[Listen To The New TKV Lesson Here!](#)

[Read PDF Notes Here](#)

Add [Asia](#) / [ROTW](#) Study Date to your GCal

save the date



I am penciling this in my Calendar in bold and in highlights and I hope you will too because I know I am not the only one who is in love with the miraculous life story of Prophet Yusuf AS! There is an Ayah in Surah Yusuf that is one of my favourites - it is part of a speech that Prophet Yusuf AS made himself at the epic finale of his life story in which he said, "Indeed my Lord is subtle (***Latifun***) in fulfilling what He wills. Surely He alone is the All-Knowing, All-Wise" ([Quran 12:100](#)) and every time I get to this verse in the Quran, I cannot help but tear a little and to also ponder at how Allah SWT has also subtly arranged the events in my life and moulded me to who I am today! I can't wait to peel more layers of Prophet Yusuf AS's story with Ustazah 'Alimatunnisa, so please join us this 13th!

Join November's Special Event Here!

[Add Event to your GCal](#)

a beautiful dua

Ya Allah,
Ya Latif,
help me to be
consistently
kind.

aaplus.co

#abeautifuldua

A few days ago, I came across [this image](#) and it made me think about all of the heaviness, the wounds and the trauma that some of us are carrying behind the smiles that we are flashing. The truth is, we will never, ever know what anyone is struggling with, which is why it's

so important to be consistently kind, not just when things are going well for us. It's definitely not easy though, which is why I'm trying to make the above prayer be a regular in my "Dua Heart-List". May Allah SWT allow us to follow our Prophet ﷺ, he ﷺ who would hug the hurt, kiss the broken, befriend the lost, and love the lonely.

muslim meme



This meme is a visual representation of how one of the Champs

is "binging" AA Plus lessons and [the playbacks](#) as she tries to break free from her Netflix addiction! She shares that since she is currently nursing her newborn and is on maternity leave, she is striving to be more mindful of what she's feeding her heart and her mind as she herself is feeding her little one! New mama, YOU GOT THIS! :P

to ponder



This is what I have been whispering to myself lately. Over and over again. "More gentleness Aida, less guilt." Because I know Syaitan wants

us to spiral in the pit of ceaseless guilt, but Allah SWT wants us to hold on to His Mercy. So now every time I take a misstep, or I struggle and falter, I remember His Gentleness and His Kindness. And remembering His Love towards me is sometimes the only thing that keeps me afloat every time I am drowning in sin. I sincerely pray that for every single struggle you go through for His sake, may you find breezes of His Gentleness embracing you and may you find comfort and strength in the fact that His Mercy always supersedes His Wrath. Go forth gently, my dearest Champs, for Allah SWT is always with you.

With that, I hope you have enjoyed Closer. May November be a light for us all, Amin!

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Because you signed up to become an AA Plus member.

