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Du'as After Prayers

FROM THE QURAN & SUNNAH



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Peace be upon you, dearest Champs,

With immense gratitude to Allah SWT and great pleasure, we are humbled to present this beautiful collection of Du'as from the Quran and Sunnah for us to recite after the highlight of our day - our five daily Prayers.

Our beloved Prophet ﷺ was asked, "O Messenger of Allah, which Dua is heard?" and he ﷺ said, "In the last third of the night, and **following every prescribed prayer.**"

May we never rush off from the prayer mat but take advantage of this sacred time after our Solah to sincerely ask the Responsive One, al-Mujib, for all of the goodness in this world and the next.



ETIQUETTE
OF MAKING
DU'A



1. DO NOT BE HASTY

The Messenger of Allah ﷺ heard a person supplicating during prayer. He did not mention the greatness of Allah, nor did he invoke blessings on the Prophet ﷺ.

The Messenger of Allah ﷺ said: He made haste. He then called him and said either to him or to any other person:

If any of you prays, he should mention the exaltation of his Lord in the beginning and praise Him; he should then invoke blessings on the Prophet (ﷺ); thereafter he should supplicate Allah for anything he wishes.

(Sunan Abi Dawud 1481)

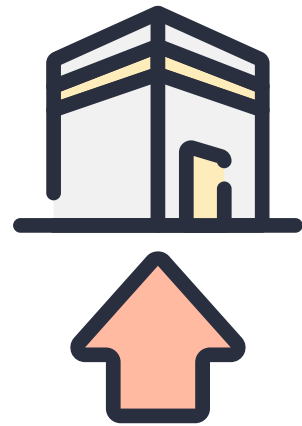
2. CALL ALLAH BY HIS NAMES

"To God belong the Best Names, so call on Him using them..." (Al-A'raf 7:180)



3. FACE THE QIBLA

The Prophet (ﷺ) went towards the Musalla and invoked Allah for rain. He faced the Qibla and wore his cloak inside out, and offered two rak`at. (Bukhari)



But when the Prophet was leading the prayer, he would turn to face the congregation after prayer: Sayyiduna Samurah ibn Jundub RA is reported to have said: 'Rasulullah used to turn around after completing the (Fard) salah and He would face us.' (Bukhari)

4. LOWER YOUR VOICE

We were in the company of the Prophet (ﷺ) on a journey, and whenever we ascended a high place, we used to say Takbir (in a loud voice).

The Prophet (ﷺ) said, "O people! Be kind to yourselves, for you are not calling upon a deaf or an absent one, but You are calling an All-Hearer, and an All-Seer." (Bukhari)

5. RAISE YOUR HANDS

The Prophet (ﷺ) said: Your Lord is munificent and generous, and is ashamed to turn away empty the hands of His servant when he raises them to Him. (Sunan Abi Dawud 1488)

6. MAKE DU'A FOR OTHERS

The Prophet (ﷺ) said, 'No Muslim servant supplicates for his brother behind his back but that an angel says, "And for you the same"' (Muslim)

7. HAVE CERTAINTY IN ALLAH

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ

"Is it not He Who responds to the distressed one, when he calls on Him, and Who removes the evil." (An-Naml 27:62)

BEGIN YOUR DU'A WITH:

أَسْتَغْفِرُ اللَّهَ

"I seek forgiveness of Allah"

أَسْتَغْفِرُ اللَّهَ

"I seek forgiveness of Allah"

أَسْتَغْفِرُ اللَّهَ

"I seek forgiveness of Allah"

When the Messenger of Allah ﷺ finished his prayer, he would seek forgiveness from Allah three times and he would say,

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Allahumma Antas-Salam wa minkas-salam. Tabarakta ya Zal-jalali wal- ikram.

"O Allah, You are peace and from You is peace. Blessed are You, Majestic and Generous."

(Muslim)

BENEFITS OF ISTIGHFAR

Ibn Abbas reported: The Messenger of Allah (ﷺ) said, "Whoever increases his prayers for forgiveness, Allah will grant him relief from every worry, a way out from every hardship, and provide for him in ways he does not expect."

(Musnad Ahmad)

SAYYIDUL ISTIGHFAR: THE MASTER OF FORGIVENESS

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ
وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ
مِنْ شَرِّ مَا صَنَعْتَ أَبُوؤُكَ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوؤُ
بِذُنُوبِي فَاعْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allahumma anta Rabbi la ilaha illa ant,
khalaqtani wa ana `abduk, wa ana `ala `ahdika
wa wa`dika mastata`t, a`udhu bika min sharri ma
šana`t, abu'u laka bi ni`matika `alay, wa abu'u
bidhanbi faghfir li fa'innahu la yaghfirudh-
dhunuba illa ant.



O Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Whoever recites this with conviction in the evening and dies during that night shall enter Paradise, and whoever recites it with conviction in the morning and dies during that day shall enter Paradise.

(Al-Bukhari)

PRAISING ALLAH SWT

The Messenger of Allah (ﷺ) used to say at the conclusion of prayer:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ،
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا
مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

La ilaha illallahu wahdahu la syarika lahu, lahul-mulku wa lahul-hamdu, wa Huwa 'ala kulli shay-in Qadir. Allahumma la mani'a lima a'tayta, wa la mu'tiya lima mana'ta, wa la yanfa'u zal-jaddi minkal-jaddu.

There is no true god except Allah. He is One and He has no partner with Him, His is the sovereignty and His is the praise, and He is Omnipotent. O Allah! None can deny that which You bestow and none can bestow that which You hold back, and the greatness of the great will be of no avail to them against You.

(Bukhari and Muslim)

CELEBRATING ALLAH SWT

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ
عَلَى كُلِّ شَيْءٍ قَدِيرٌ. لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، لَا إِلَهَ إِلَّا اللَّهُ،
وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ.
لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ.

La ilaha illa allahu wah dahu la shareeka laahu, la hul mulku wa la hul hamdu, wa huwa 'ala kullee shay'in qadeer, La hawla wa laqu-aata illah billah, la ilaha illAllah wala na'budu illayyah, la huni'matu, wa la hul fadl, wa lahu-saana ul hasanu, la ilaha illAllahhu mukhliseena lahudeen, wa law karihal kafiroon.

There is no true god except Allah; He is One. To Him belongs the dominion & to Him is all praise, and He is Powerful over all things. There is no power and might except with (the help of) Allah. There is no God but Allah & we worship none except Him, to Him belongs the bounty & to Him belongs the grace, and to Him belongs all excellent praise; there is no deity but Allah. We reserve our devotion exclusively for Him though the disbelievers may detest it.

Ibn Az-Zubair said: The Messenger of Allah (ﷺ) used to celebrate Allah's Greatness in those terms after every prayer.

(Muslim)

REMEMBERING ALLAH SWT

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَاللَّهُ أَكْبَرُ

Subhanallah, Walhamdulillah, Wallahuakbar

Glory is to Allah, and praise is to Allah, and Allah is Greater. (Each recited 33 times)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La ilaha illallahu wahdahu la syarika lahu, lahul-mulku wa lahul-hamdu, wa Huwa 'ala kulli shay-in Qadir

There is no true god except Allah. He is One and He has no partner with Him, His is the sovereignty and His is the praise, and He is Omnipotent.

Whoever says this after every prayer will be forgiven his sins even though they be as the foam of the sea.

(Muslim)

SALAWAT ON THE PROPHET

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ
وَصَحْبِهِ وَسَلَّمَ

Allahumma salli 'ala Sayyidina Muhammadin wa
'ala alihi wa sahbihi wa sallim

**O Allah, send prayers and peace upon
Muhammad and upon his Family and
Companions.**

“Verily, the supplication is suspended between
the heavens and the earth. Nothing ascends
from it until you send blessings upon your
Prophet, peace and blessings be upon him.”

(Tirmidhi)

NEVER (EVER) LEAVE THIS DU'A



اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

Allahumma a'inni 'ala zikrika wa syukrika wa
ḥusni 'ibadatik

**My Lord, help me to remember You, give
thanks to You and worship You well.**

It was narrated that Mu'adh bin Jabal said:
"The Messenger of Allah (ﷺ) took my
hand and said: 'I love you, O Mu'adh!' I
said: 'And I love you, O Messenger of Allah
(ﷺ).' Then the Messenger of Allah (ﷺ)
said: 'Never forget to say in every prayer
(the above du'a).'"

(Sunan Abi Daud)

DU'A FOR FORGIVENESS

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا وَلَا
يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ فَاعْفِرْ لِي مَغْفِرَةً مِنْ
عِنْدِكَ وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

Allāhumma inni zalamtu nafsī zulman kathīran, wa lā
yaghfiruz-zunūba illā Anta, faghfirlī maghfiratan min
'indika warhamnī, innaka Antal-Ghafūrur-Rahīm

**O Allah, I have wronged myself greatly and no
one forgives sins but You, so grant me forgiveness
from You and have mercy on me, for You are the
Oft-Forgiving, Most Merciful.**

(Bukhari)

DUA FOR PROTECTION FROM THE FOUR

The Messenger of Allah ﷺ used to say:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ
وَأَعُوذُ بِكَ مِنْ عَذَابِ النَّارِ وَأَعُوذُ بِكَ
مِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ وَأَعُوذُ بِكَ
مِنْ شَرِّ الْمَسِيحِ الدَّجَالِ

Allahumma inni a'udhu bika min 'adhabil-qabri, wa
a'udhu bika min 'adhabin-nari, wa a'udhu bika min
fitnatil-mahya wal-mamat wa a'udhu bika min
sharril-masihid-dajjali

O Allah, I seek refuge with You from the
torment of the grave, and I seek refuge with You
from the torment of the Fire, and I seek refuge
with You from the trials of life and death, and I
seek refuge with You from the evil of the Al-
Masihid-Dajjal

(Bukhari)



DU'A TO SEEK REFUGE FROM DEBT & OPPRESION

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَالْعَجْزِ
وَالْكَسَلِ، وَالْبُخْلِ وَالْجُبْنِ، وَضَلَعِ الدَّيْنِ وَغَلَبَةِ
الرِّجَالِ

Allahumma inni a`udhu bika mina 'l-ḥammi wa
'l-ḥazan, wa 'l-`ajzi wa 'l-kasal, wa 'l-bukhli wa
'l-jubn, wa ḡala`id-dayni wa ghalabatir-rijāl.

**O Allah! I seek refuge with You from worry
and grief, from incapacity and laziness, from
cowardice and miserliness, from being
heavily in debt and from being
overpowered by (other) men.**

(Bukhari)

DU'A TO AVOID SUDDEN AFFLICTIONS


بِسْمِ اللّٰهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي
الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillahi al-ladhi la yaḍurru ma'a ismihi shay'un fi al-
ardi wa-la fi al-sama'i wa-huwa al-sami'u al-'alim.

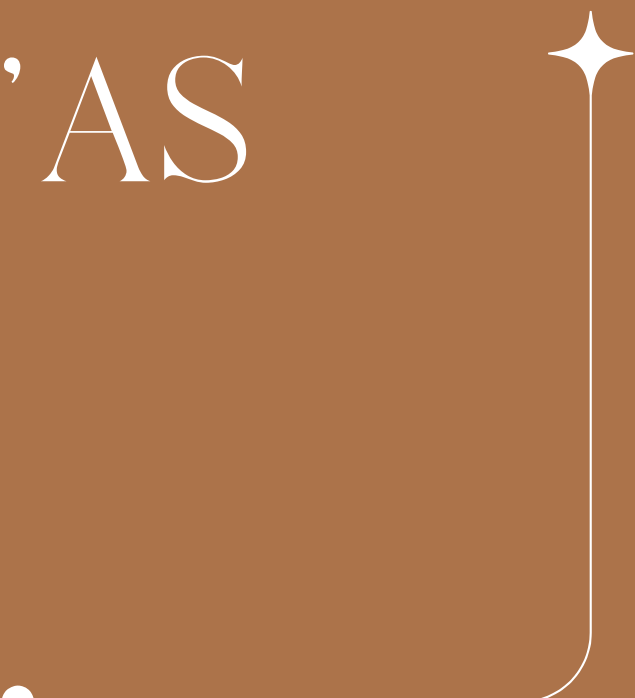
In the Name of Allah, with Whose Name nothing is harmed on earth nor in heaven, and He is the All-Hearing, the All-Knowing. (Repeat three times)

“Whoever repeats, ‘In the Name of Allah, with Whose Name nothing is harmed on earth nor in heaven, and He is the All-Hearing, the All-Knowing’ three times [in the evening] will not be stricken with a sudden affliction until he reaches the morning. And whoever repeats this three times in the morning will not be stricken with a sudden affliction until he reaches the evening.”

(Abu Dawud and al-Tirmidhi)



SHORT BUT
POWERFUL
DU'AS



THE MOST REPEATED ADHKAR



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La ilaha illallahu wahdahu la syarika lahu, lahul-mulku
wa lahul-hamdu, wa Huwa 'ala kulli shay-in Qadir.

**There is no true god except Allah. He is One and
He has no partner with Him, His is the sovereignty
and His is the praise, and He is Omnipotent.**

Allah will write ten Hasanaat (rewards) for whoever
recites this ten times in the morning, and forgive him
ten misdeeds and give him the reward of freeing ten
slaves and protect him from Satan. Whoever recites
this ten times in the evening will get this same
reward.

(An-Nasa'i)

DU'A OF PROPHET YUNUS



لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

La ilaha illa anta subhanaka inni kuntu minaz-zalimin

“There is no god ‘worthy of worship’ except You. Glory be to You! I have certainly done wrong.”

(Al-Anbiya 21:87)

The Prophet ﷺ said that no one supplicates with this du’a except that his supplication is accepted. And nobody supplicates with it except that Allah removes his difficulties.

(Tirmidhi)



DU'A OF PROPHET IBRAHIM

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي
رَبَّنَا وَتَقَبَّلْ دُعَاءِ

Rabbij alni muqeemas salati wa min zurriyati
Rabbana wa taqabbal du'a

**"My Lord, make me an establisher of
prayer, and [many] from my descendants.
Our Lord, and accept my supplication"
(Ibrahim 14:40)**

DU'AS FOR OUR PARENTS

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيَانِي صَغِيرًا

Rabbir-hamhuma kama rabbayani sagheera

"My Lord! Be merciful to them as they raised me when I was young." (Al-Isra' 17:24)

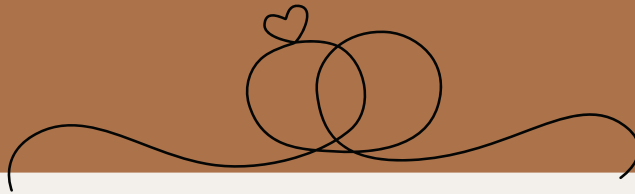
You can also read the following:

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Rabbanagh'fir li waliwalidayya walil'mu'minina
yawma yaqumul-hisab

"Our Lord! Forgive me, my parents, and the believers on the Day when the judgment will come to pass." (Ibrahim 14:41)

DU'A FOR GOOD FAMILY AND MARRIAGE



رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ
أَعْيُنٍ وَأَجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

Rabbana hablana min azwajina wa
zurriyatina qurrota 'ayun waj'alna lil
muttaqina imama.

**“Our Lord! Bless us with spouses and
offspring who will be the joy of our
hearts, and make us models for the
righteous” (Al Furqan, 25:74)**

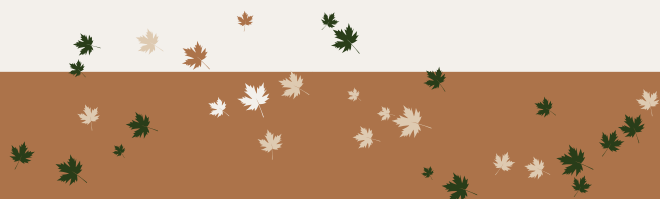
DU'A FOR STEADFASTNESS

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ
لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Rabbana laa tuzigh quloobanaa ba'da iz
hadaitanaa wa hab lanaa mil ladunka rahmah;
innaka antal Wahhaab

**"Our Lord, let not our hearts deviate after
You have guided us and grant us from
Yourself mercy. Indeed, You are the
Bestower."**

(Ali Imran 3:8)



DU'A FOR BENEFICIAL LIFE

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا طَيِّبًا،
وَعَمَلًا مُتَقَبَّلًا

Allahumma innee as-aluka ilman nafi'a,
warizqan tayyiba, waAAamalan mutaqabbala.

**O Allah, I ask You for knowledge which is
beneficial and sustenance which is good,
and deeds which are acceptable.**

It was narrated from Umm Salamah that
when the Prophet (ﷺ) performed the Subh
(morning prayer), while he said the Salam, he
would say the above du'a.

(Sunan Ibn Majah)

DU'A FOR OVERALL GOODNESS

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ
حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana atina fid dunya hasanataw-wa fil
Aa'khirati hasanataw-wa-qina 'azaaban-naar

**“Our Lord! Grant us the good of this
world and the Hereafter, and protect us
from the torment of the Fire”**

(Al-Baqarah 2:201)






DU'A TO ASK FOR EASE IN YOUR AFFAIRS

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا،
وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا


Allahumma la sahla illa ma ja'altahu sahla, wa
anta taj'alul-hazna iza syi'ta sahla.

**"O Allah, there is no ease except in that
which You have made easy and You make
the difficulty if You wish, easy."**

(Sahih Ibn Habban)



SPECIAL
QURAN
VERSES



VERSE OF THE THRONE

The Messenger of Allah (ﷺ) used to say,
"Whoever recites the 'verse of the Throne'
(Ayatul Kursi) after every prescribed prayer,
there will be nothing standing between him
and entry into Paradise but his death."

(An-Nasa'i)

AYATUL KURSI

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ، لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ، لَهُ
مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ ، مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ
إِلَّا بِإِذْنِهِ ، يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ، وَلَا يُحِيطُونَ
بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ، وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ
وَالْأَرْضَ ، وَلَا يَئُودُهُ حِفْظُهُمَا ، وَهُوَ الْعَلِيُّ الْعَظِيمُ

Allahu la ilaha illa Huwa-l-Hayyu-l-Qayyum, la ta'khudhuhu
sinatuw-wa la nawm, lahu ma fi-s-samawati wa ma fi-l-ard, man
dha'lladhi yashfa'u 'indahu illa bi-idhnih, ya'lamu ma bayna
aydihim wa ma khalfahum, wa la yuhituna bi-shay'im-min 'ilmihi
illā bi-mā shā', wasi'a kursiyyuhu-s-samawati wa-l-ard, wa la
ya'uduhu hifzuhuma wa Huwa-l-'Alliyu-l-'Azim.

**Allah! There is no god 'worthy of worship' except Him, the
Ever-Living, All-Sustaining. Neither drowsiness nor sleep
overtakes Him. To Him belongs whatever is in the heavens
and whatever is on the earth. Who could possibly
intercede with Him without His permission? He 'fully'
knows what is ahead of them and what is behind them,
but no one can grasp any of His knowledge—except what
He wills 'to reveal'. His Seat encompasses the heavens
and the earth, and the preservation of both does not tire
Him. For He is the Most High, the Greatest.**

(Al-Baqarah 2:255)

VERSES OF PROTECTION

'Abdullah bin Khubaib (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said to me,

“Recite Surat Al-Ikhlās and Al-Mu'awwidhatain (Surat Al-Falaq and Surat An-Nas) three times at dawn and dusk. It will suffice you in all respects.”

(Abu Dawud and At-Tirmidhi)

SURAH AL-IKHLAS



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ هُوَ اللَّهُ أَحَدٌ (١) اللَّهُ الصَّمَدُ (٢) لَمْ يَلِدْ وَلَمْ
يُولَدْ (٣) وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ (٤)

Bismillah hir rahman nir raheem. Qul huwal
laahu ahad, Allah hus-samad, Lam yalid wa
lam yoolad, Wa lam yakul-lahoo kufuwan
ahad.

**Say, 'O Prophet, 'He is Allah—One 'and
Indivisible'; Allah—the Sustainer 'needed
by all'. He has never had offspring, nor
was He born. And there is none
comparable to Him.' (Al Ikhlas 112:1-4)**

SURAH AL-FALAQ



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

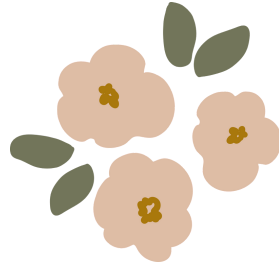
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ (١) مِنْ شَرِّ مَا خَلَقَ (٢) وَمِنْ شَرِّ
غَاسِقٍ إِذَا وَقَبَ (٣) وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ (٤) وَمِنْ
شَرِّ حَاسِدٍ إِذَا حَسَدَ (٥)

Bismillah hir rahman nir raheem. Qul a'oozu bi rabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin izaa waqab. Wa min sharrin-naffaa-saati fil 'uqad. Wa min sharri haasidin izaa hasad.

Say, 'O Prophet,' "I seek refuge in the Lord of the daybreak, from the evil of whatever He has created, and from the evil of the night when it grows dark, and from the evil of those 'witches casting spells by' blowing onto knots, and from the evil of an envier when they envy."

(Al-Falaq 113:1-5)

SURAH AN-NAS

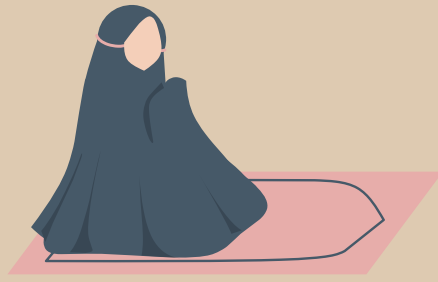


بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ النَّاسِ (١) مَلِكِ النَّاسِ (٢) إِلَهِ النَّاسِ (٣)
مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ (٤) الَّذِي يُوَسْوِسُ فِي صُدُورِ
النَّاسِ (٥) مِنَ الْجِنَّةِ وَالنَّاسِ (٦)

Bismillah hir rahman nir raheem. Qul a'oozu birabbin naas. Malikin naas. Ilaahin naas. Min sharril waswasil khannaas. Allazee yuwaswisu fee sudoorin naas. Minal jinnati wannaas.

Say, 'O Prophet,' "I seek refuge in the Lord of humankind, the Master of humankind, the God of humankind, from the evil of the lurking whisperer— who whispers into the hearts of humankind— from among jinn and humankind." (An-Nas 114:1-6)



VERSE OF TAWAKKUL

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ

HasbiyAllahu laa ilaaha illa huwa alayhi
tawakkaltu wa huwa Rabbul arshil adheem

"Allah is sufficient for me. There is none worthy of worship but Him. I have placed my trust in Him. He is the Lord of the Majestic throne." (At-Tawbah 9:129)



“Remembrance adorns the face with radiance in this world, and a light in the next, so that the invokers have more radiant faces than anyone else in this world, and will have the most illumination in the next.”

*(Ibn al-Qayyim,
'The Invocation of God')*

It was said, "O Messenger of Allah,
which Dua is heard?" He said,

"In the last third of
the night, and
following every
prescribed prayer."

(Sunan At-Tirmizi)