

# DU'AS

*the weapon  
of the believer*

ON GETTING OUR  
PRAYERS ACCEPTED



# Chapter Markers

An Act of Worship

Why do we not make du'a?

Reasons du'as are not answered

Dua's that are never rejected

Making du'a like the prophets

aa<sup>++</sup>plus

# AN ACT OF WORSHIP



# WHY IS MAKING DU'A IMPORTANT?

Wherever we are and in whatever state of purity we are in, **we can always make a Du'a.**

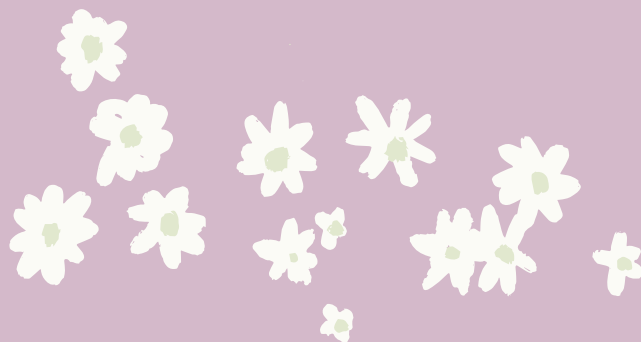
Like prayer, **Du'a is the pillar of our Deen.**

An-Nu'man bin Bashir (May Allah be pleased with him) reported: The Prophet ﷺ said, ***Du'a (supplication) is worship***"  
(Abu Dawud).

Abu Huraira reported: The Prophet ﷺ said, ***"Nothing is more honourable to Allah Almighty than supplication."***  
(Sunan al-Tirmidhi 3370)

Du'a includes **remembrance of Allah.**

The Prophet ﷺ used  
to glorify Allah SWT  
when making Du'a  
because he believed  
his problems are small  
in comparison to  
Allah's Greatness.



The Messenger of Allah (ﷺ) used to say  
when he was in distress:

لا إله إلا الله العظيم الحليم، لا إله إلا الله رب  
العرش العظيم، لا إله إلا الله رب السماوات  
ورب الأرض ورب العرش الكريم

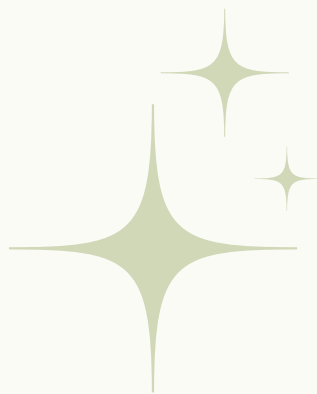
*La ilaha illallahu-Azimul-Halim. La ilaha illallahu  
Rabbul-'Arshil-'Azim. La ilaha illallahu Rabbus-  
samawati, wa Rabbul-ardi, wa Rabbul-'Arshil-  
Karim.*

***None has the right to be worshipped but  
Allah the Incomparably Great, the  
Compassionate. None has the right to be  
worshipped but Allah the Rabb of the  
Mighty Throne. None has the right to be  
worshipped but Allah the Rabb of the  
heavens, the Rabb of the earth, and the  
Rabb of the Honourable Throne.***

(Bukhari and Muslim)



When we focus  
on the Greatness  
of Allah SWT,  
our problems  
will shrink.



# A NEVER-ENDING COMMUNICATION

وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ إِنَّ الَّذِينَ يَسْتَكْبِرُونَ عَنْ  
عِبَادَتِي سَيَدْخُلُونَ جَهَنَّمَ دَاخِرِينَ

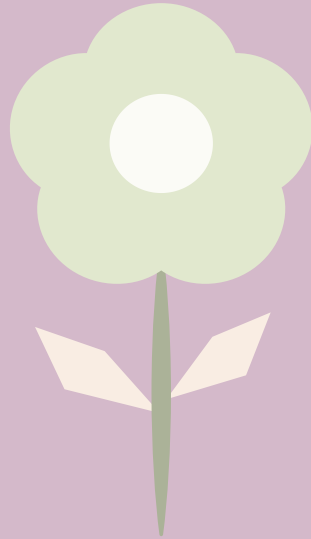
***Your Lord has proclaimed, "Call upon Me, I will respond to you. Surely those who are too proud to worship Me will enter Hell, fully humbled."***  
(Ghafir 40:60)

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ ۖ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا دَعَانِ  
فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ

***When My servants ask you 'O Prophet' about Me: I am truly near. I respond to one's prayer when they call upon Me. So let them respond 'with obedience' to Me and believe in Me, perhaps they will be guided 'to the Right Way'.*** (Al-Baqarah 2:186)

There are no exceptions; Allah **WILL** respond to us. But we need to respond to Allah SWT - by going back to the Quran; by reading His Words; and by obeying what He tells us to do and not to do.





***To Reflect:***

Allah Responds when  
we call on Him, but  
do we respond to  
Him when He calls?

aa<sup>++</sup>plus

# WHY DO WE NOT MAKE DU'A?



# #1

## WE COULD BE ARROGANT

- We feel like we don't need Allah SWT and we only rely on ourselves in situations.
- Du'a shows that we are poor and in need of Allah SWT. It is a **great form of Ibadah** because:
- It includes **remembering Allah SWT** - He is present in our minds when we call upon Him.
- It shows that **we know Allah SWT**. Because we know His Capabilities in answering our Du'a and our requests, hence we ask. We won't go to Him otherwise.
- It shows **our need for Allah SWT** - our relationship as Master and Servant is manifested in our asking from Him.

# WE ARE ALWAYS IN NEED OF ALLAH

يَا أَيُّهَا النَّاسُ أَنْتُمْ الْفُقَرَاءُ إِلَى اللَّهِ <sup>صَلِّ</sup>   
وَاللَّهُ هُوَ الْغَنِيُّ الْحَمِيدُ

**O humanity! It is you who stand in need of Allah,  
but Allah 'alone' is the Self-Sufficient,  
Praiseworthy. (Fatin 35:15)**

وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ إِنَّ الَّذِينَ يَسْتَكْبِرُونَ  
عَنْ عِبَادَتِي سَيَدْخُلُونَ جَهَنَّمَ دَاخِرِينَ

**Your Lord has proclaimed, "Call upon Me, I will  
respond to you. Surely those who are too proud  
to worship Me will enter Hell, fully humbled."**

(Ghafir 40:60)





Even the means  
and tools that we  
think we already  
have are given by  
Allah in the first  
place.

Alhamdulillah ✨

## #2 THERE IS A BLOCK BETWEEN US & DU'A

- We may have a previous experience where our Duas are "not answered".
- We must remember that Allah SWT knows everything. **If something is not good for us, He knows better not to give it to us out of His Love for us!**
- We make Du'a because we want to form a connection with Allah SWT, not just for our requests to be achieved. It is because we want Him as our Companion and **who can be the best Companion to us other than Allah? <3**
- **Remember:** It is harder to make Du'a when our hearts are in an ungrateful state as we are too preoccupied with what we don't have.

# DU'A OF ISTIKHARAH

Jabir bin Abdullah (RA) said:

The Prophet ﷺ used to teach us to seek Allah's Counsel in all matters, as he used to teach us a Surah from the Qur'an. He would say: When anyone of you has an important matter to decide, let him pray two Rak'ahs other than the obligatory prayer, and then say:

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ،  
وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ  
وَتَعْلَمُ وَلَا أَعْلَمُ وَأَنْتَ عَلَّامُ الْغُيُوبِ،

*O Allah! I seek Your counsel from Your knowledge and power from Your might, and I ask for Your great blessings, You are capable and I am not, You know and I do not, and You are All-knowing of the unseen (hidden),*

اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ خَيْرٌ لِي فِي دِينِي  
وَمَعَاشِي وَعَاقِبَةِ أَمْرِي - أَوْ قَالَ عَاجِلِ أَمْرِي وَآجِلِهِ -  
فَاقْضْهُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ

***O Allah! If You know that this matter is good for me in my religion, my livelihood and my affairs in the Hereafter, if it is better for my present and later, then ordain it for me and make it easy for me, and then bless it for me,***

وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ شَرٌّ لِي فِي دِينِي  
وَمَعَاشِي وَعَاقِبَةِ أَمْرِي - أَوْ قَالَ فِي عَاجِلِ أَمْرِي  
وَآجِلِهِ - فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ، وَاقْضْ لِي  
الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي

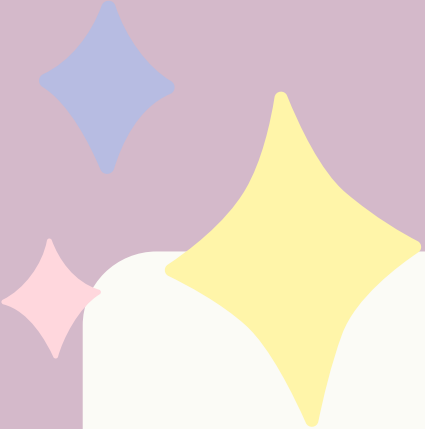
***And if You know that this matter is harmful (bad) for me in my religion, my livelihood and my affairs in the Hereafter, or if it is bad for my present and later, then ward it off from me and keep me away from it. Then ordain for me with whatever is good for me wherever it may be found, and help me be content with it.***

(Sahih Al-Bukhari)



# WHY IS ISTIKHARA A BIG DEAL?

- **We should make Istikhara for everything,** not just in "big" matters like marriage, careers, etc.
- **We should ask Allah SWT first** before we ask people for recommendations and tips and try other means. Similarly, we should consult Allah SWT first before agreeing to any projects or requests.
- **Istikhara reminds us that Allah SWT will only give us what is good for us.**
- Umar Ibn Al Khattab RA said, *"I am not worried about whether my du'a will be responded to, but rather I am worried about whether I will be able to make dua or not. So if I have been guided by Allah to make dua, then (I know) that the response will come with it."*



Every time we raise our hand  
to ask from Allah SWT,  
it is either:

1) He grants the Du'a

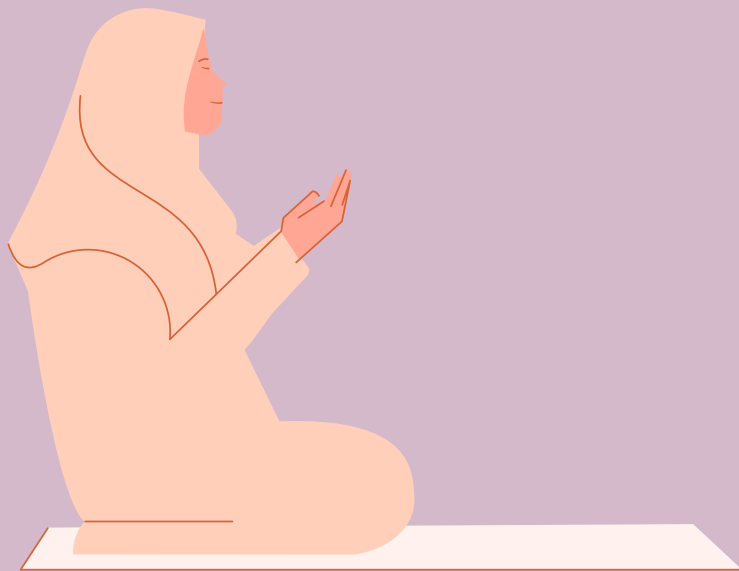
2) He delays it for good

3) He prevents us from  
harm and gives us  
something better.



aa plus

All He wants is  
for us to raise  
our hands and  
ASK!



### #3

## WE DON'T KNOW ALLAH

وَلِلَّهِ الْأَسْمَاءُ الْحُسْنَىٰ فَادْعُوهُ بِهَا ۖ وَذَرُوا الَّذِينَ  
يُلْحِدُونَ فِي أَسْمَائِهِ ۚ سَيُجْزَوْنَ مَا كَانُوا يَعْمَلُونَ

***Allah has the Most Beautiful Names. So call upon Him by them, and keep away from those who abuse His Names. They will be punished for what they used to do. (Al-A'raf 7:180)***

- There are way more Attributes and Characteristics of Allah SWT than the Names of Allah SWT that we already know.
- When we love someone, we don't want to stop learning about them. That should apply to our journey of getting to know Allah SWT too.



The Messenger of Allah ﷺ said:

**“Let one of you ask his Lord for his every need, even until he asks Him for the strap of his sandal when it breaks.”**

(Tirmidhi)

# CONDITIONS OF MAKING DU'A

## #1

We need to have sincerity, certainty, trust and khusyu' when making Du'a, even if we are waiting for a taxi in the streets.

How is the state of our hearts when we make Du'a?

## #2

Be confident that Allah SWT will respond



aa<sup>++</sup>plus

# REASONS DU'AS ARE NOT ANSWERED



#1

# OUR SOURCE OF INCOME IS HARAM

On the authority of Abu Hurayrah (ra):  
The Messenger of Allah ﷺ said, "**Allah the Almighty is Good and accepts only that which is good.** And verily Allah has commanded the believers to do that which He has commanded the Messengers.

So the Almighty has said: "O (you) Messengers! Eat of the tayyibat [all kinds of halal (legal) foods], and perform righteous deeds." [23:51] and the Almighty has said: "O you who believe! Eat of the lawful things that We have provided you." [2:172]"



Then he ﷺ mentioned [the case] of a man who, having journeyed far, is dishevelled and dusty, and who spreads out his hands to the sky saying "O Lord! O Lord!," while his food is haram (unlawful), his drink is haram, his clothing is haram, and he has been nourished with haram, so how can [his supplication] be answered?

(Muslim)

- It is hard to be completely away from Haram these days, with *Riba* (interest) in banks for example.
- **We need to take time to review if there is anything Haram and Shubha in our lives, that is obstructing our Du'as from being answered.**

## #2

# WE RUSH FOR OUR DU'AS TO BE ANSWERED

Abu Huraira reported Allah's Messenger ﷺ as saying, "The supplication of the servant is granted in case he does not supplicate for sin or for severing the ties of blood, or **he does not become impatient.** It was said: Allah's Messenger, what does: "If he does not grow impatient" imply? He said: That he should say like this: I supplicated and I supplicated but I did not find it being responded. and then he becomes frustrated and abandons supplication. (Muslim)

- When things don't happen in the time that we expect to happen, we say that Allah SWT is not answering our Du'a and we stop making Dua altogether. **This is a sign of both ingratitude and impatience.**

#3

# WE NEITHER ENJOIN GOOD NOR FORBID EVIL

Hudhaifah bin Al-Yaman narrated that  
the Prophet ﷺ said:

*"By the One in Whose Hand is my soul!  
**Either you command good and forbid  
evil, or Allah will soon send upon you a  
punishment from Him, then you will call  
upon Him, but He will not respond to  
you.**" (Jami` at-Tirmidhi 2169)*

We should be responding to Allah SWT  
by obeying what He asks us to do that  
when we raise our hands to Him, He  
responds to us.

## #4

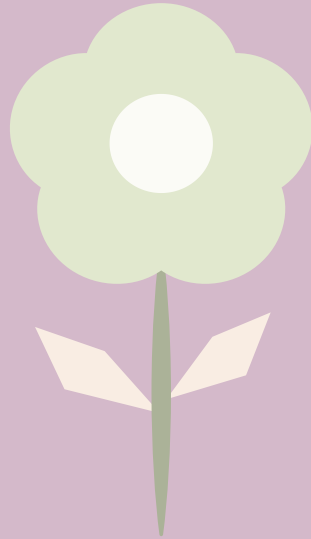
# WE ASK FOR SOMETHING SINFUL, OR THAT BREAKS KINSHIP

'Du'a should always be for a good cause. Cutting ties of kinship is sinful as seen in this hadith,

A'isha reported that the Prophet ﷺ said, "*Kinship (rahim) is derived from Allah. If anyone maintains ties of kinship Allah maintains ties with him. **If anyone cuts them off, Allah cuts him off.***"

(Al-Abani)





*To Review:*

Are we committing  
any of the causes for  
our du'as not to be  
answered?

aa<sup>++</sup>plus

# DUAS THAT ARE NEVER REJECTED



# HE RESPONDS TO OUR DU'AS

- A sinful person is every single one of us. We should not stop making Du'a just because we sinned and we assume our Du'a won't be answered.

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ ۖ أُجِيبُ دَعْوَةَ الدَّاعِ  
إِذَا دَعَانِ ۗ فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ

***When My servants ask you 'O Prophet' about Me: I am truly near. I respond to one's prayer when they call upon Me. So let them respond 'with obedience' to Me and believe in Me, perhaps they will be guided 'to the Right Way'.***

(Al-Baqarah 2:186)

- Allah responds to those who call Him - not just Muslims, believers or those who have strong faith only. **He responds to anyone who sincerely calls to Him!**

# WHOSE DU'AS ARE ANSWERED?

**1) Someone who makes Du'a for another person in their absence**

This is the fastest type of Dua to be answered and the person must not know that you are making Du'a for them, even if they are in the same room as you!

**2) Someone who is wronged or oppressed**

**3) Someone who is travelling**

**4) Du'a of a parent for their child**



## 5) A just ruler

## 6) A fasting person

“There are three whose supplication is not rejected: The fasting person when he breaks his fast, the just leader, and the supplication of the oppressed person; Allah raises it up above the clouds and opens the gates of heaven to it. And the Lord says: ‘By My might, I shall surely aid you, even if it should be after a while.’”  
(Jami` at-Tirmidhi)



## 7) Someone who makes the Du'a of Prophet Yunus AS

"The supplication of Dhun-Nun (Prophet Yunus) when he supplicated, while in the belly of the whale was:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

*la ilaha illa anta subhanaka inni kuntu minaz-zalimin*

So indeed, no Muslim man supplicates with it for anything, ever, except Allah responds to him." (Tirmidhi)

## 8) Someone who is in any type of need

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ وَيَجْعَلُكُمْ  
خُلَفَاءَ الْأَرْضِ ۗ أَلَيْسَ اللَّهُ بِقَلِيلًا مَّا تَذَكَّرُونَ

Or *ask them,* "Who responds to the distressed when they cry to Him, relieving *their* affliction, and *Who* makes you successors in the earth? Is it another god besides Allah? Yet you are *hardly mindful!*" (An-Naml 27:62)

9) Blessed times when Du'a are answered such as during Laylatul Qadr where we read in abundance the following du'a:

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي  
Allahumma innaka `afuwwun tuhibbul  
`afwa fa`fu `annee

***"O Allah, You are Pardoning and you love pardon, so pardon me." (Tirmidhi)***

Other blessed times Du'as are answered include **the time after Solah and during Tahajjud:**

Abu Umamah narrated: "It was said: 'O Messenger of Allah, which supplication is most likely to be listened to?' He ﷺ said: '**(During) the last part of the night, and at the end of the obligatory prayers.**'" (Tirmidhi)





# NIGHT PRAYERS

Jabir said he heard Allah's Messenger ﷺ say:  
***There is an hour during the night in which no Muslim individual will ask Allah for good in this world and the next without His giving it to him; and that applies to every night.*** (Muslim)

The Prophet also ﷺ says: "Whoever gets up at night and says:

إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ،  
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. الْحَمْدُ لِلَّهِ، وَسُبْحَانَ اللَّهِ،  
وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*La ilaha il-lallah Wahdahu la Sharika lahu Lahu-  
lmulk, waLahu-l-hamd wahuwa 'ala kullishai'in  
Qadir. Al hamdu lil-lahi wa subhanal-lahi wa la-  
ilaha il-lal-lah wa-l-lahu akbar wa la hawla Wala  
Quwata il-la-bil-lah.*

***None has the right to be worshipped but Allah. He is the Only One and has no partners. For Him is the Kingdom and all the praises are due for Him. He is Omnipotent. All the praises are for Allah. All the glories are for Allah. And none has the right to be worshipped but Allah, And Allah is Great And there is neither Might nor Power Except with Allah).***

***And then says: اللَّهُمَّ اغْفِرْ لِي, he will be responded to and if he performs ablution (and prays), his prayer will be accepted." (Muslim)***

- It's as if Allah SWT is waking us up to make Du'a to Him, Ma Sha Allah!
- There are so many things that can bring us away from making Du'a from Allah SWT during the middle of the night, but the fact that we choose to remember Allah - is special.
- Just like Laylatul Qadr is the best night, the Day of Arafah is the best day of the year. But unlike Laylatul Qadr, we know exactly when is the Day of Arafah. **Knowing this is out of the Kareem of Allah SWT. <3**

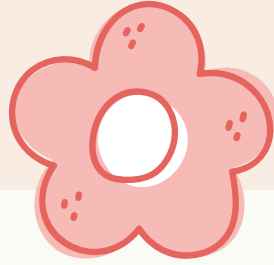
- With so many blessed times and opportunities for Duas to be answered, we would be at a loss to not make Du'a to Him.
- Allah SWT gifts us with Ibadah seasons such as Ramadan because we need them to pull ourselves back to Him.

### Between Adhan and Iqamah

Narrated Anas ibn Malik: **The supplication made between the adhan and the iqamah is not rejected.** (Sunan Abi Dawud)

### When rooster crows

Abu Huraira reported Allah's Messenger ﷺ as saying, "***When you listen to the crowing of the cock, ask Allah for His favour as it sees Angels and when you listen to the braying of the donkey, seek refuge in Allah from the Satan for it sees Satan.***" (Muslim)



# COMPILE DU'AS TO READ

If we find it overwhelming to recite all the Du'as in one day, we can get a book of Prophetic Adhkar and **just read one Dua daily**. It's a way for us to slowly build our list of Duas.

The Prophet ﷺ has a Du'a for anything and everything! One such du'a is as follows:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَالْعَجْزِ وَالْكَسَلِ،  
وَالْبُخْلِ وَالْجُبْنِ، وَضَلَعِ الدَّيْنِ، وَغَلْبَةِ الرِّجَالِ

*Allāhumma 'innī 'a`udhu bika, minal ḥammi wal-ḥuzn,  
wal`ajzi wal-kasal, wal-bukhli wal-jubn, wa ḡala`iddayn*

***“O, Allah! I seek refuge with You from worry and grief, from incapacity and laziness, from cowardice and miserliness, from being heavily in debt and from being overpowered by men.”***

(Bukhari)

aa<sup>+</sup>plus

# MAKE DU'A LIKE THE PROPHETS





كَهَيْعَصَ (١) ذِكْرُ رَحْمَتِ رَبِّكَ عَبْدَهُ ۖ زَكَرِيَّا (٢)

إِذْ نَادَى رَبَّهُ ۖ نِدَاءً خَفِيًّا (٣)

**Kāf-Ha-Ya-'Aīn- Şād. 'This is' a reminder of your Lord's mercy to His servant Zachariah, when he cried out to his Lord privately, (Maryam 19:1-3)**

قَالَ رَبِّ إِنِّي وَهَنَ الْعَظْمُ مِنِّي وَأَشْتَعَلَ الرَّأْسُ شَيْبًا  
وَلَمْ أَكُنْ بِدُعَائِكَ رَبِّ شَقِيًّا

**saying, "My Lord! Surely my bones have become brittle, and grey hair has spread across my head, but I have never been disappointed in my prayer to You, my Lord! (Maryam 19:4)**

وَإِنِّي خِفْتُ الْمَوَالِيَ مِنْ وَرَائِي وَكَانَتِ امْرَأَتِي عَاقِرًا فَهَبْ لِي  
مِنْ لَدُنْكَ وَلِيًّا

**And I am concerned about 'the faith of' my relatives after me, since my wife is barren. So grant me, by Your grace, an heir, (Maryam 19:5)**

يَرِثُنِي وَيَرِثُ مِنْ عَالِ يَعْقُوبَ ۗ وَأَجْعَلْهُ رَبِّ رَضِيًّا

**who will inherit 'prophethood' from me and the family of Jacob, and make him, O Lord, pleasing 'to You'!" (Maryam 19:6)**

# CHECK YOUR INTENTIONS

Are our intentions in making Du'a to please Allah SWT or for other reasons?

يَزَكِّرِيَا إِنَّا نُبَشِّرُكَ بِغُلَامٍ أُسْمُهُ يَحْيَىٰ لَمْ نَجْعَلْ لَهُ  
مِنْ قَبْلُ سَمِيًّا

*'The angels announced, "O Zachariah! Indeed, We give you the good news of 'the birth of' a son, whose name will be John—a name We have not given to anyone before."* (Maryam 19:7)

قَالَ رَبِّ أَنَّىٰ يَكُونُ لِي غُلَامٌ وَكَانَتِ امْرَأَتِي عَاقِرًا وَقَدْ  
بَلَغْتُ مِنَ الْكِبَرِ عِتِيًّا

*He wondered, "My Lord! How can I have a son when my wife is barren, and I have become extremely old?"* (Maryam 19:8)

قَالَ كَذَلِكَ قَالَ رَبُّكَ هُوَ عَلَيَّ هَيِّنٌ وَقَدْ خَلَقْتُكَ مِنْ قَبْلُ  
وَلَمْ تَكُ شَيْئًا

*An angel replied, "So will it be! Your Lord says, 'It is easy for Me, just as I created you before, when you were nothing!'"* (Maryam 19:9)

# HOW TO MAKE DU'A FOR THE PROPHETS

***"If any of you prays, he should mention the exaltation of his Lord in the beginning and praise Him; he should then invoke blessings on the Prophet (ﷺ); thereafter he should supplicate Allah for anything he wishes."*** (Sunan Abi Dawud)

Salawat Ibrahimiya is the best form of prayers on the prophets:

لِلّٰهِمَّ صَلِّ عَلٰى مُحَمَّدٍ وَعَلٰى آلِ مُحَمَّدٍ \* كَمَا صَلَّيْتَ عَلٰى اِبْرٰهِيْمَ  
وَعَلٰى آلِ اِبْرٰهِيْمَ \* اِنَّكَ حَمِيْدٌ مَّجِيْدٌ \* اللّٰهُمَّ بَارِكْ عَلٰى مُحَمَّدٍ  
وَعَلٰى آلِ مُحَمَّدٍ \* كَمَا بَارَكْتَ عَلٰى اِبْرٰهِيْمَ وَعَلٰى آلِ اِبْرٰهِيْمَ \*  
اِنَّكَ حَمِيْدٌ مَّجِيْدٌ

***O Allah, send prayers upon Muhammad and upon the family of Muhammad just as You have sent prayers upon Ibrahim and upon the family of Ibrahim, verily You are the Praiseworthy, the Glorious. O Allah, bless Muhammad and the family of Muhammad just as You have blessed Ibrahim and the family of Ibrahim, verily You are the Praiseworthy, the Glorious.***

# HOW THE PROPHET ﷺ MADE DU'A

The Prophet of Allah ﷺ used to say  
when he broke his fast:

اللَّهُمَّ لَكَ صُومْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

*O Allah, for Thee I have fasted, and with Thy  
provision I have broken my fast.*

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الأَجْرُ إِن  
شَاءَ اللهُ

*Thirst has gone, the arteries are moist, and  
the reward is sure, if Allah wills.*

(Sunan Abi Dawud)

aa plus

Starting today,  
take your time  
when making  
Du'a.

