

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

6 July 2023



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

Inhale **Patience.**
Exhale **Gratitude.**

Assalamualaikum my Champions,

Summer is in full swing where I'm at, and this has always been the season where both my social and work calendars are bursting at their seams. When this happens, I have to be extra mindful to ensure I stay fully present and give every task, project and person their rights. In theory, that is easily achievable, but in practice, not so much. 😂

When I find myself struggling to balance it all, I now run back to this comforting Hadith of Rasulullah ﷺ, where he said, **"How wonderful is the case of a believer; there is good for him in everything and this applies only to a believer. If prosperity attends him, he expresses gratitude to Allah, and that is good for him; and if adversity befalls him, he endures it patiently, and that is better for him"**. ([Muslim](#))

Every time I sense my Nafs and the Shaitan are in cahoots to make me spiral into the path of despair, I retort back, saying, "I am a servant of Allah, and therefore every situation that He puts me through is wonderful! There is always good for me in everything, and this only applies to us, servants of ar-Rahman!"

I realised that if the Devil can't make us stay away from worshipping Allah SWT, then he will do his best to make us busy with sadness and discouragement. He will pull us into the sea of misery, and he will do his best to make us drown in hopelessness.

But Alhamdulillah, for us as believers, the rope of Allah SWT is always near. Allah SWT has taught us that **in order to sail through this Dunia, we need the invincible pair of Shukr (Gratitude) and Sabr (Patience) - these two traits act as our lifejacket and our float.**

Without them, we simply will sink.

So Champs, I pray may you inhale lots of patience and exhale plenty of gratitude this week, for as long as we hold on to this Prophetic

formula, In Sha Allah, our affairs will always be good and wonderfully different! ♡

get excited for



Honestly, prior to recording this episode, I myself had not heard much of this great lady, our Mother, Sayyidatina Sawda RA. But she truly is the central motherly figure in the Prophetic Household after the passing of Sayyidatina Khadijah RA. But let's ask ourselves why was

she chosen by Allah SWT to be Rasulullah ﷺ's first wife after the passing of Sayyidatina Khadijah RA? What qualities does she have that make her special? Among Rasulullah's ﷺ wives, Sayyidatina Sawda RA may be the least mentioned in narrations, but as you listen in to this beautiful episode, you'd be heart-struck as Ustazah Huraidah expands on the unique traits Sayyidatina Sawda RA had, so much so that Sayyidatina Aisha RA herself personally aspire to be just like her RA! She truly is my woman crush now, so come join me in getting to know our light-hearted, loving Mother, Sayyidatina Sawda RA!

[Listen to the new TKV episode here!](#)

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a beautiful dua

Ya Allah, empty
my heart from my
selfish wants so
that I can fully rest
in Your Presence.

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#abeautifuldua

This prayer is definitely inspired by our Mother, Sayyidatina Sawda RA, and our TKV this week. I remember Ustazah Huraidah saying something very beautiful in the episode: **"Sayyidatina Sawda RA was lighthearted and joyful because she had no attachment to the world. She RA had no reasons to be angry, have grudges or feel sad, because she was only attached to Him."**

heartwork that heals

Be light, smile bright
Be light, smile bright
Be light, smile bright
Be light, smile bright
Be light, smile bright

Continuing the theme of "light-heartedness" this week, I cannot help but share some of the beautiful narrations by the Companions (may Allah bless them all) of how Rasulallah ﷺ was such a light to them all!

Example #1 - "Narrated by Ibn `Abbas: Once the Prophet ﷺ **embraced me** and said, "**O Allah! Bestow on him the knowledge of the Book (Qur'an).** ([Bukhari](#)) I cannot help but melt thinking how Rasulallah ﷺ embraced Ibn Abbas RA and then proceeded to make a beautiful dua for him! **How often do we embrace our own loved ones and pray for each other?** In another example, Anas Bin Malik narrated: "While I was walking with the Prophet ﷺ who was wearing a Najrani outer garment with a thick hem, a bedouin came upon the Prophet ﷺ and pulled his garment so

violently that I could see the mark of the hem of the garment on his shoulder, caused by the violence of his pull. Then the bedouin said, "Order for me something from Allah's Fortune which you have." **The Prophet ﷺ turned to him and smiled, and ordered that a gift be given to him.** ([Bukhari](#)). This is a perfect example of how "consistent" Rasulullah ﷺ was - he was a light and was always smiling, gentle and loving, no matter who or how the other party was!

a visual reminder



This will be my wallpaper as I go through some of my busiest months this year! If you are like me and you need to be reminded to **just breathe**, I pray may this visual prompt be of benefit to you!

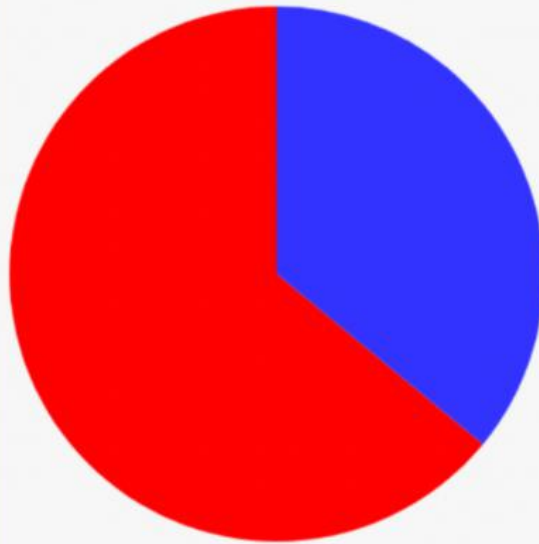
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muslim meme



Champs ❤️ Memes
@aaplus_memes

MY DUAS: (ESP DURING TAHAJUD)



- Everything my heart needs
- "Sorry Allah, where was I!"

OK please tell me I am not the only one who gets distracted when making duas? I feel like I am always losing my train of thought when I am speaking to Allah SWT, **especially during Tahajud hours**, when my Nafs is screaming at me to just to go back to sleep. :/ Which is why I love our Tahajud Sessions together - you guys keep me accountable and AWAKE 😂. Plus, we always prepare "dua cues" for our Tahajud sessions and this really helps us stay on point and on track when we make duas! PS: If you need help waking up for our Tahajud session this Friday, reply to this email!

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to ponder



Spoiler alert: The Quran is for **you**. :) The biggest injustice we can ever do against ourselves is that we don't give our souls their right of being nourished by the Quran. The Quran was sent down from the highest of Heavens via the best of angels, Jibril AS, to the best of man, our beloved Prophet ﷺ, **for us**, the last and the best Ummah. Why, then are we not coming to it? What is our excuse? :(PS: If you are afraid to come to it for whatever reason, but you feel your heart is still pulling you to it, can I humbly invite you to come to our 'The 114 Club' sessions? Give it a shot, and I hope it will be the opening that you need to come closer to His Words. (We will be reciting and reflecting Juzuk 5 for the next session, In Sha Allah, [and this super reassuring, super comforting, "I-feel-seen" Ayah is from it.](#))

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And with that, my dearest Champs, I pray may you always be under His Loving Care, Guidance, and Protection always, in all-ways, Amin!

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