

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the most Gracious, the most Merciful

6 April 2020



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

MAY YOUR CHOICES
reflect your
HOPES NOT
your fears

Assalamualaikum ladies,

I am so excited to be sharing with you your first ever weekly edition of **Closer** - your super fun Monday email that is packed with a curated selection of good

things to listen, read and ponder about so that when you are done with the email, In Sha Allah, you'll feel instantaneously recharged, inspired, and much closer to Him, In Sha Allah!

I'm extremely, extremely grateful today because 1) we are welcoming more than 100 new AA Plus Champions here, and I wish I could give every single one of you a great, big hug! And 2) that I am healthy, alive and working on things I love.

Let me expand on my 2nd point a little bit - a few nights ago, I almost fainted at home because of a horrible tummy upset. I was drenched in perspiration and have never felt so weak in my life. I truly thought I would die (I wish I was exaggerating). Alhamdulillah, K was with me throughout, and he nursed me back to health, whilst reminding me to stay calm and to make plenty of duas.

I am much better now, Alhamdulillah, but Champions, if there's something I'd love for us to do **now**, is to please please please take care of our health. Please don't think this blessing of health is "guaranteed", so appreciate it, take care of it, and cherish it! Without it, we won't be able to do anything, including worshipping Him with ease. :(

Promise?

Ok now drumrolls for your first weekly instalment of "Closer", In Sha Allah!



Coming up this week

on AA Plus!



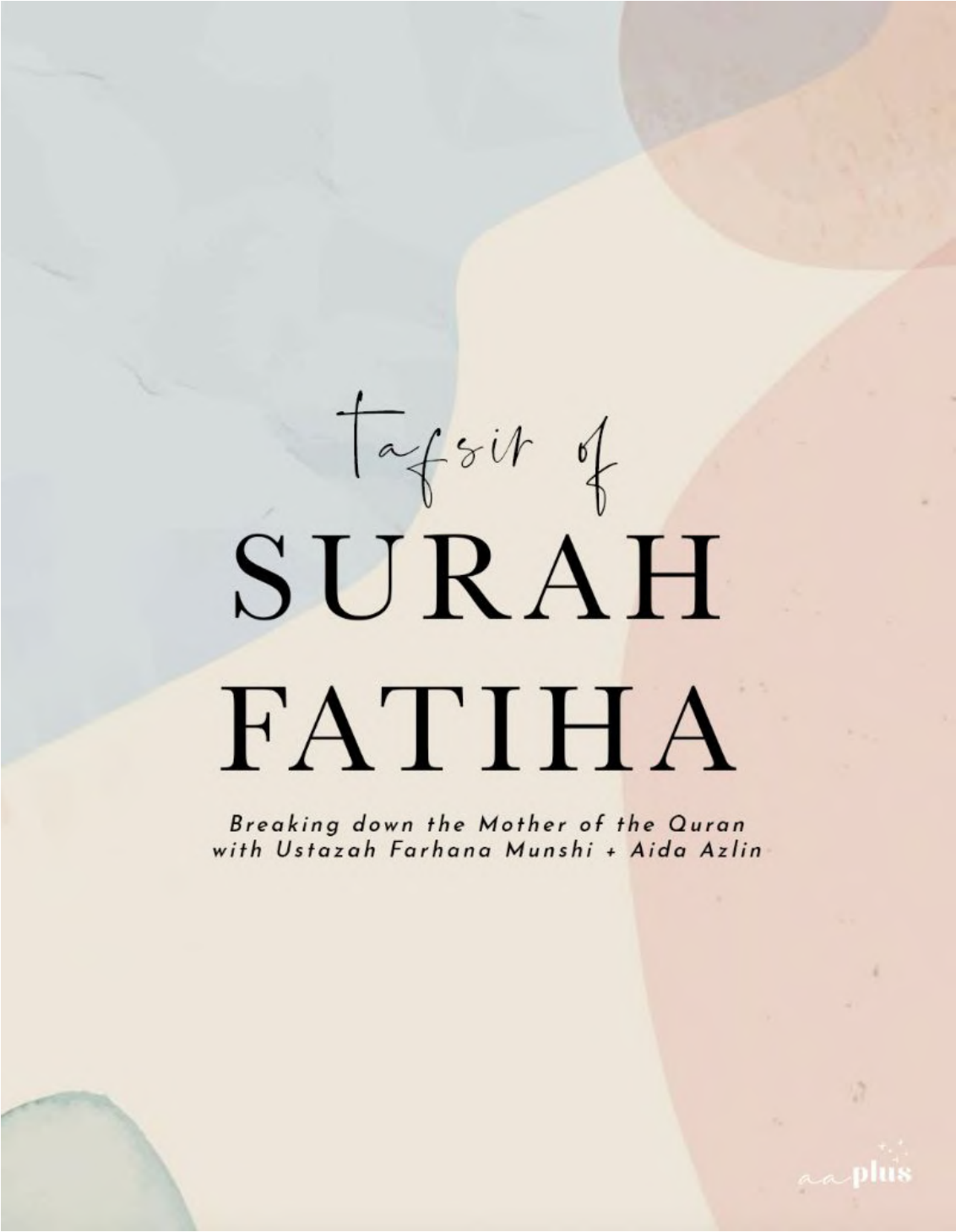
Monday / 6 April / Woman Up! Podcast

Boundaries in the Age of Social Media

Question: If you haven't taken a photo of it, edited it and then posted it on your Instagram/Facebook/Twitter, have you **really** experienced it? In an age of constant and excessive sharing, we discuss whether this culture is actually harmful to us. Join Saphia and I as we share the boundaries that we have tried to set and the tools we employ to navigate these murky waters of Social Media.

[Listen Now](#)

[\(Download PDF Notes for Episode Here\)](#)



Tafsir of
**SURAH
FATIHA**

*Breaking down the Mother of the Quran
with Ustazah Farhana Munshi + Aida Azlin*

aa plus

Thursday / 9 April / The Knowledge Vault

Virtues of Surah Fatiha

With Ramadhan approaching, In Sha Allah, now is actually the best time to revive our relationship with the Quran and what better way to do that than to immerse ourselves and dive into the Surah that we recite at least 17 times a day, the one which Rasulullah SAW said is "the Mother of the Book" (Tirmidhi), and the most "superior Surah in the Quran" (Bukhari) - Surah Fatiha. <3

This month's Class will be led by Ustazah Farhana Munshi, whom I love and respect immensely and I'm super, duper excited for this one! **First lesson drops on the 9th of April, In Sha Allah!** (I'll be sending you an email then with more details, and also update you guys on IG Stories!)

Coming Thursday

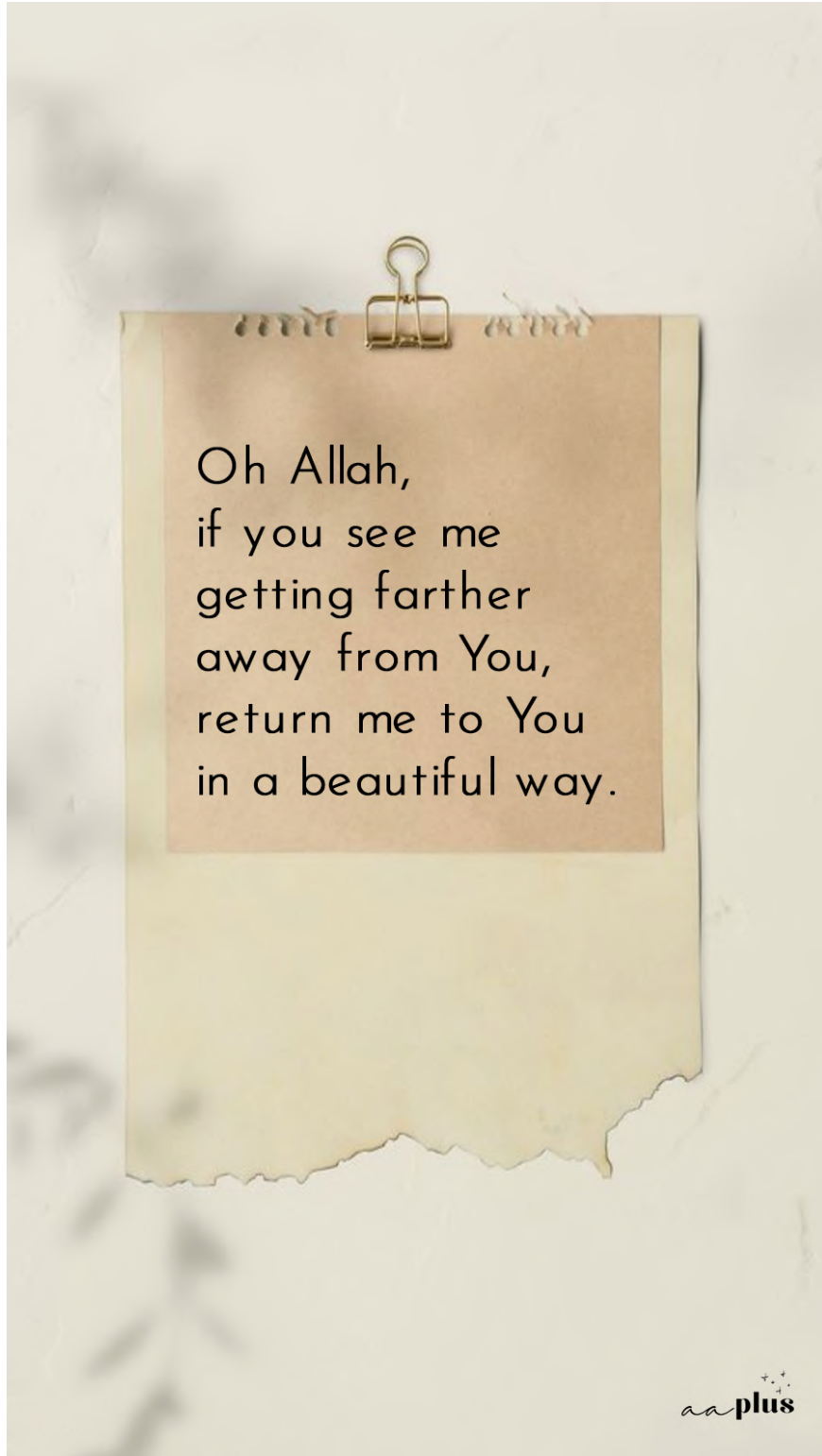
Intentions for the week



"To find Allah, in the Everyday"

Our relationship with Allah should not **just** be confined to the 5 daily prayers or limited to only outward form of worship. Even when we do our simple, day-to-day activities like doing our laundry, washing our dishes, reading a book, or anything really, we **can** try to find Him and speak to Him intimately. Perhaps ask Him for the strength and patience so that you can do your housework with ease, or confide in Him on **both** big and small issues that make you worry - the goal here is to try to connect with Him all day, just like your BFF. <3

a beautiful Dua



This has been on repeat for me. <3

Your visual reminder



This beautiful wallpaper was designed by one of our super talented AA Plus Champion, [Arina](#) <3 She designed this as she was listening to Woman Up's episode on '[Toxic Positivity](#)' and it's toooooo gorgeous not to share it with you guys! PS: Ustazah Farhana and I discussed about the tafsir of "Bismillah" on the 2nd lesson of 'Tafsir of Fatiha' and that too, is as epic as Arina's wallpaper!

[Download Here](#)


Muslim Meme

(coz I'm the Queen of Memes :P)

Looooool this guy wins the plate game man



Something to Ponder



PEOPLE WILL IGNORE A
THOUSAND GOOD DEEDS
OF YOURS BECAUSE OF 1 FAULT.
BUT ALLAH WILL IGNORE
A THOUSAND FAULTS
OF YOURS BECAUSE OF
YOUR 1 GOOD DEED.

#deep

in case you missed it



Re-read Love Letter Plus

I've been feeling a little bit nostalgic lately and was re-reading some of my older Love Letter Plus archives. Have you guys ever re-read your past journal entries of some sort and thought to yourself, "wow, did I really write these things?" 😂 Anyways, if you are looking for something to read this week, or you are new on AA Plus, do check it out!

Read here

Community Spotlight

(highlighting an AA Plus Champion!)



@SHASUPERWOMAN

This section of 'Closer' is one of my favourites because I get to feature one of you Champions and the amazing work that you do! For our very first Community Spotlight, I'm so proud to introduce to you guys Nur Sha, or ShaSuperwoman as I'd like to call her (and it's also her IG handle lol) because she represents the great work of all of our healthcare officials and all the hard work that they are doing during this difficult time. If any of you are a nurse / doctor / specialist / lab technicians / or you work in the healthcare field, thank you x a million for your service. May Allah reward you in abundance!

List of 5

5 THINGS THAT MAKE A Productive Morning

waking up before the alarm rings

1

fajr + zikir + quran time

2

drinking a cup of honey lemon water

3

15 minutes of reading, uninterrupted

4

squeezing in a 30 mins barre workout

5



When I asked you guys to share with me your list of '5 things that makes you

happy', so many of you responded and shared your answers! I was so inspired by your participation ([I even saved it on our IG Stories Highlights!](#)) that I'm gonna make 'List of 5' a weekly Closer special! Today's list will be '5 things that make a Productive Morning', above is my own answers, but download an empty list template below and then share your answer and tag me at [@aaplus.co](#) ok?

Download Your List of 5 Here

and with that, I hope you guys have enjoyed Closer.

fin
X
a.

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Because you signed up to become an AA Plus member.

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