



your curated weekly spiritual booster delivered straight to your Inbox

ALLAH HAS defended you in battles you didn't even know about

Assalammualaikum my Champions,

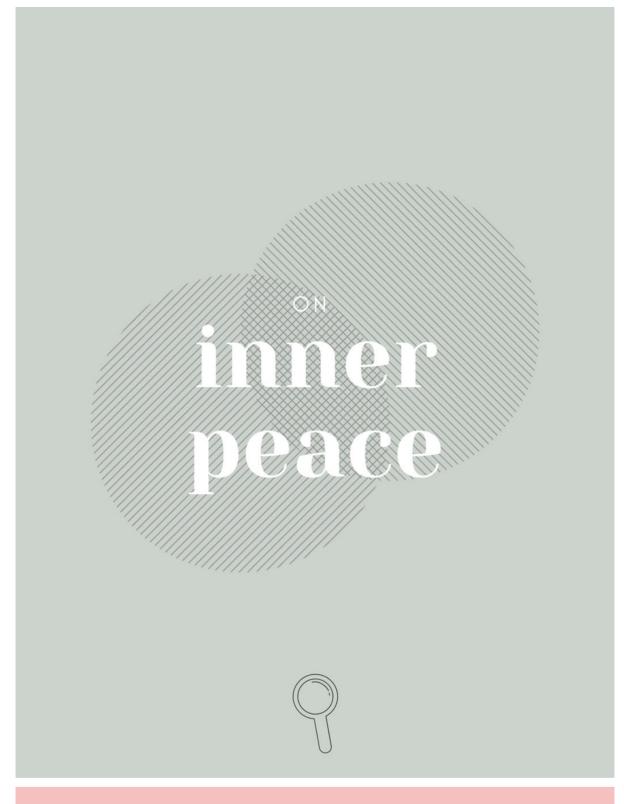
Have you ever paused in your tracks and wondered "how in the world did I get here?" Because I've been asking myself this question a lot the past few weeks weeks weeks . And the feeling that I get when I reflected at how perfectly Allah SWT has planned my life is one of gratefulness, but more of, awe! Like **"WOOOOOOOWWWWW Allah you did all of this, for me?"**

And this is only for the little bits of my life that I know how Allah SWT has taken care of me! Imagine all the other major parts that I don't?! I read something extremely profound just the other day, **"sometimes, God takes away certain people in your life because He hears things that you didn't hear, sees things that you didn't see, and knows things that you didn't know" - and I** <u>*felt*</u> that.

How then can we even think that Allah SWT doesn't love us, when He is quietly defending and protecting us in battles that we don't even know about? #goosebumps

Coming up this week

on AA Plus!



Monday / 5 October / In Focus Discussion

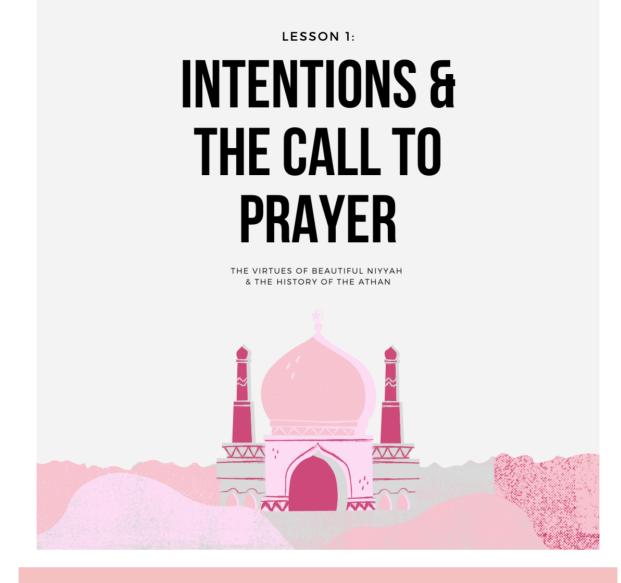
On Inner Peace

I've always envied people who have a certain sense of calmness in their being, who, despite some of the chaos of this world, have managed to stay rooted and at peace within themselves. One such person is my Husband, Ma Sha Allah, and I have learned a lot of things about Inner Peace just by "studying" him for the past 7 years 📾 📾. I cannot wait to share some of that and more in our discussion about Inner Peace later tonight on our very PS: "**In Focus**" is a new segment on AA Plus that I've been eagerly waiting to try out with you guys. The aim is to discuss and learn from each other about a theme of the month, and it is one of my intentions that our Champhood will strengthen from this! Here's a Visual Chart of how it works:



I hope to see you guys later at 8.30 pm SG / Msia | 1.30 pm UK to discuss this all-important topic, ok? The thought of seeing all of you in a bit, In Sha Allah, will help me power through Monday, I'm sure!



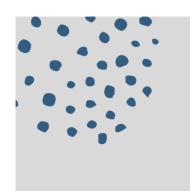


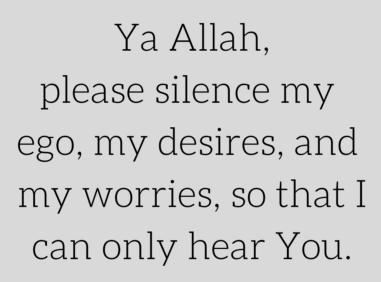
Thursday / 8 October / Solah: Key To Success EP 1

Champs, I cannot wait for us to learn more about Solah this month on TKV, In Sha Allah! I've always wanted to do a Class on **the "***ruh* (**the soul**) *of all of our Ibadah*" i.e. the Solah, and this has been a long time coming, but I trust that Allah knows the perfect time for everything! I would like to believe that perhaps He has timed it so that all of you new Champs can get to learn it together with all of us, and my heart is exploding knowing that we will be taking this Class together, In Sha Allah! More info on the Class + Study Dates when I send you my Thursday email later this week ok?

First Episode Drops 8th October

a beautiful Dua







Kak Id, one of our new Champs, shared something hilarious in our last Open Session which inspired this above Dua. She shared (and I paraphrase), "you know how when you are driving and you have the GPS on and when it says 'turn right', you stubbornly still go straight? And then when you realised you are lost, you still have the cheek to blame it on the GPS?" (This is where everyone nodded and laughed, because... *guilty!*) Kak Id then continued, "it's the same when Allah SWT tells us to do one thing, but we stubbornly refuse, and when everything goes wrong, we shamelessly blame it all on Him and not *ourselves* for not listening to Him in the first place!" So here's a reminder to ask from Allah to allow us to silence everything else so that only His Love and Guidance are amplified, Amin!



One of our Champs shared this in her IG Stories and I had to share it with you guys! I'm definitely a B kinda girl (the telekung) and I was even telling our baby Champs that the telekung is definitely an unofficial AA Plus "uniform" when it comes to attending our Study Dates / Open Sessions :P (OMG wouldn't it be cool if we have a limited edition AA Plus Telekung? It'd be like praying together even though we are all miles apart!) PS: What kinda girl are you when collecting deliveries at your door?

Something to Ponder

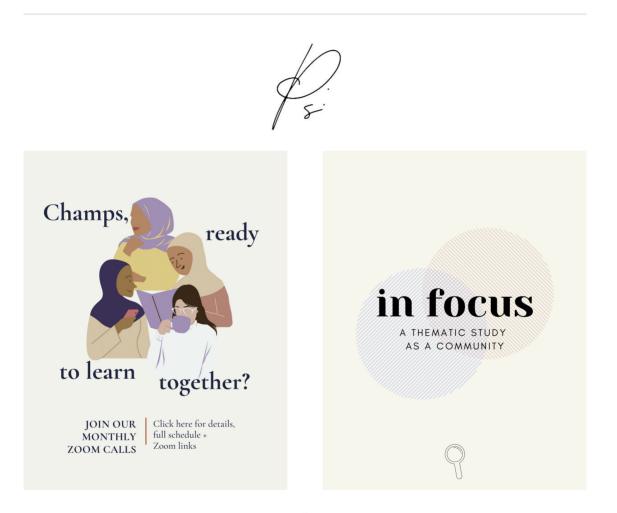
You are the greatest project you'll ever work on.



I've been very curious (read = borderline obsessive) about how I've been spending my time so I've actually started tracking my time in 15 minutes increments. This has made me take a long, hard look on the

big, wide gap of what I *want* to be my "priority" to what I'm *actually* spending my time on. I realised that if my priority is learning, reading and writing, then my time should reflect that, and not the copious amount spent on my phone and Social Media instead.

Whatever it is you are spending time on Champs, I pray that it is contributing to your most important "project": i.e. yourself and your relationship with Allah!



Champs, just a heads up that we've added **two important tabs** on your VIP page on AA Plus.

They are:

1) The Zoom Calls Tab

On this page, you will find all of the dates and timings for all of our Zoom Sessions for the month as well as the Zoom link / ID / password to join the Calls.

2) In Focus Discussions

On this page, you will find playbacks to our discussions and also the PDF publication for each respective themes!

I pray this addition will improve your AA Plus experience, In Sha Allah!

Access Your VIP Page Here

and with that, I hope you guys have enjoyed Closer.

Tin ×

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