30 March 2023



your curated weekly spiritual booster delivered straight to your Inbox

"Ya Allah, whatever I desire, may I desire You more. Whatever I seek, may I seek You more."

Assalammualaikum my Champions,

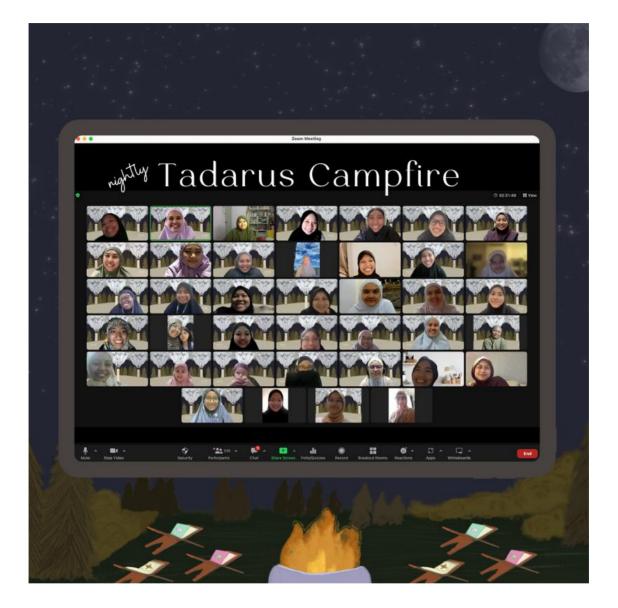
I have been thinking quite a bit about our natural tendencies as mere

humans to have desires. I thought, "If it's not good for us, Allah SWT wouldn't put in us this ability to *want* or to *seek*, right?" But the challenge arises when the thing that we covet is actually harmful for us - and Allah SWT has made clear what is allowed and what is forbidden for us, the former being things that are good for our well-being, and the latter being things that would ruin us.

However, even within the Halal, for example like wealth, children, love, careers, beauty, etc there are boundaries in place to further protect us, and this is what makes me melt in gratitude towards our Rabb - He truly has covered all aspects to perfection to ensure that we are able to live our most purposeful life, in peace.

Which then made me ask myself, **"So is there anything else other than Allah that you desire? Is there anything else other than Allah that you seek? Because anything other than Him will not be able to fill the emptiness of your heart, and anything other than Him can break your heart, while only Allah SWT heals it."**

This Ramadan, In Sha Allah, I am striving to have an honest conversation with myself about what are some of the unhealthy attachments I have with the Dunia that I know I have to break. And Champs, I sincerely pray may this blessed month be the gentle push we all need to stop seeking anything other than Him, and may it also be the impetus for us to only want Allah SWT - to want what He wants for us, to love what He loves, to hate what He hates, and to only seek His pleasure and nothing else, Amin! this week at Ruhi Land:



My heart is so so so full and my Ruh is very happy as of late, Alhamdulillah, because I am spending so much quality time with the Quran and also with Lovers of the Quran, aka you! It is truly the highlight of my day, and I believe the reason why so many of the Champs come for Tadarus, even when they are exhausted, falling asleep, doing their chores, putting their kids to sleep, insert any other less than ideal circumstance here is because any time spent with the Quran is well worth it, even if it's for 5 minutes. I remember a beautiful Hadith where Rasulullah ﷺ said, **"No people sit in a gathering**

remembering Allah, but the angels surround them, mercy covers them, tranquility descends upon them and Allah remembers them before those who are with Him." (Ibn

Majah) It makes perfect sense because no matter how exhausted I may feel physically during the calls, but spiritually, emotionally, and mentally I am extremely rested! And that is because Allah SWT has covered me with His Mercy and tranquility was enveloping me,
Subhanallah. So Champs, I pray may you be able to find time to join us for Tadarus this Ramadan, even if it's for one minute! May Allah SWT make it easy for all of you to attend, Amin!

Join Us For Nightly Tadarus Here

<u>Add Asia Tadarus (9.45pm SG) to your GCal</u> <u>Add ROTW Tadarus (10pm UK) to your GCal</u> <u>Add Special Tadarus (6.30am SG) to your GCal</u>

save the date



Still can't quite believe that we have passed a week of Ramadan already, Alhamdulillah! How have you been feeling Champs? Are you giving yourself time to process things, or has it been a mad rush, and everything's a blur? Perhaps you feel like Ramadan started out "slow" for you, but you are gently picking things up now. Whatever you are feeling, they are all valid! In Sha Allah, we'll talk more about all of this in our Mid-Ramadan Check-In this Sunday. I also intend to share more on what we can do to finish the second half of this blessed month strong so please carve some time out to join us for this super chill session - hopefully, it will give you the clarity, motivation and strength that you may need to make this Ramadan your best one yet! Add Champs Cabin - Mid Ramadan Check In to your GCal

heartwork that heals

heartwork $\begin{array}{l} P_{r_{ay}} \text{ in secret} & \text{for other } p_{e_{o}} p_{l_{e}} \\ P_{r_{ay}} \text{ in secret} & \text{for other } p_{e_{o}} p_{l_{e}} \\ P_{r_{ay}} \text{ in secret} & \text{for other } p_{e_{o}} p_{l_{e}} \\ P_{r_{ay}} \text{ in secret} & \text{for other } p_{e_{o}} p_{l_{e}} \\ P_{r_{ay}} \text{ in secret} & \text{for other } p_{e_{o}} p_{l_{e}} \\ P_{r_{ay}} \text{ in secret} & \text{for other } p_{e_{o}} p_{l_{e}} \\ P_{r_{ay}} \text{ other } p_{e_{o}} p_{l_{e}} \\ P_{r_{a}} \text{ other } p_{e_{o}} p_{l_{e}} \\ P_{r_{a}} \text{ other } p_{e_{o}} p_{l_{e}} \\ P_{r_{a}} \text{ other } p_{e_{o}} p_{l$ Pray in secret for other people Pray in secret for other peoplePray in secret for other peoplePray in secret for other people

As I am currently on "Haid Out" aka my "*Zikir Week*", I have been going back to our <u>Champs Ramadan Dua List</u> to read the beautiful prayers some of you have written, Ma Sha Allah. The Duas that are on the lists are all anonymously written, but I somehow feel a deep connection to a number of it. Also, I just realised how beautiful this Deen is as we are taught to PRAY behind people's back, not TALK behind people's back, Subhnallah! Making duas for other people in secret is such a wonderful act of Ibadah to do (especially when you are feeling lethargic during your time of the month) and as Rasulullah has said in a beautiful Hadtih, "A Muslim's supplication for an absent brother receives an answer. An angel is stationed at his head, and as often as he makes a Dua that his brother may be given what is good, the angel who is put in charge of him says, "Amin, and may you receive the like." (Muslim)

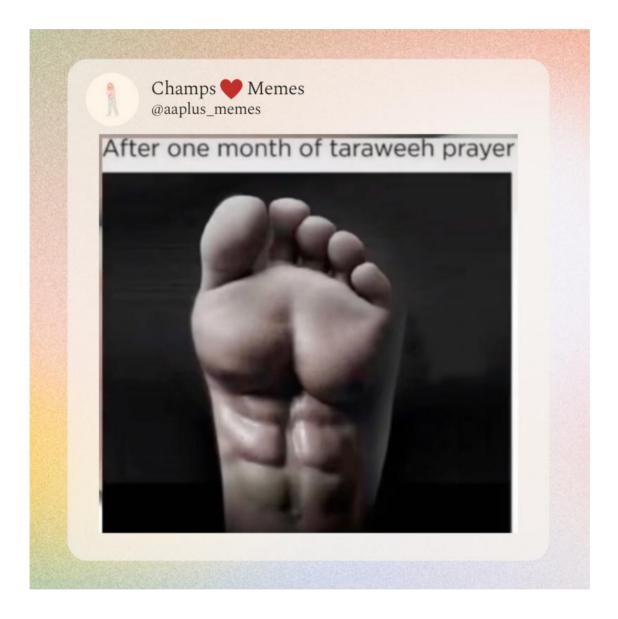
Add Your (Secret) Duas to Champs Ramadan Dua List

a visual reminder



Champs, I am SO SO SO grateful to know that so many of you are enjoying 'An Ayah A Day' - our Ramadan Special podcast, Alhamdulillah Ma Sha Allah! Thank you to everyone who have tuned in, left comments, and who have shared your thoughts and reflections on these episodes. I am happy to announce that we have dropped the next 5 episodes, so I hope you will enjoy them! <3 I have also gotten requests to have the poster as a phone wallpaper and I am happy to oblige! I pray may this be a helpful visual reminder for all of us to at least read and reflect on *at least* one Ayah a day, even beyond the blessed month of Ramadan, Amin!

muslim meme



I mean, I can already feel my feet getting "toner" 😂 😂 😂 ! But on a more serious note, may these very same feet that stand with us throughout the nights of Ramadan in prayer, carry us through to the highest of Jannah as well, Amin!

Champs, do keep a look out for **April's Intro Email** this Saturday in your Inbox ok? It'll be a short but important one!

I hope you guys have enjoyed Closer! I'll see you in <u>Ruhi Land</u> soon, soulmates!

Tim Xa

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