

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
In the name of Allah, the most Gracious, the most Merciful

29 July 2021



# Closer

by aa

*your curated weekly spiritual booster delivered straight to your Inbox*

*hustle*  
WITH HEART  
*and make*  
IT HOLY.

Assalamualaikum my Champions,

Have you ever tried making bread on your own? I've never lool 😂, but I've seen my mother in law knead that dough so many times and every

time she takes out the freshly baked bread from the oven, I still marvel at how just a few hours ago, this source of life (yes, in Morocco, bread is LIFE) was literally just.... flour.

But.

A lot of hard work had to be done to that flour! Water, salt and yeast had to be added and oh my Allah, the kneading that Mama has to do in order to get the dough in good shape is just Ma Sha Allah! It's intense.

To be honest, sometimes I wonder if all this work is necessary when one can simply buy bread for under a dollar at the bakery down the street. But nothing beats seeing the smiles on everybody's faces when we smell the delicious oven-baked loaf, lovingly handmade by Mama, and knowing for a fact that nothing harmful was added in the making of this glorious bread, only goodness, and lots and lots of love.

So yes, **hard work is necessary to produce something worthwhile and meaningful from scratch, but you know what else is crucial? Rest.**

See, after Mama kneads the dough, she will set it aside and let it rest. And it is during this "rest" phase that the dough will rise. **Without proper "rest", it wouldn't "rise", and we humans are the same. We need rest.**

**The world pushes us to "hustle" but as believers, we should always hustle with heart, meaning showing up every day, giving our best, but also understanding that our family, our loved ones, our bodies all have a right over us, and rest is necessary to refuel ourselves up in order to go out there and work all over again.**

**As believers, work is worship, and rest is also worship.**

So Champs, keep on hustling, but always with heart, and make it holy - by remembering Allah SWT every step of the way and striking a balance between excelling in your work and honouring your rest.

---

*This week on aa plus*

*tku presents*  
Allah's Beautiful Names



**THE ONE WHO WE TRUST TO  
TAKE CHARGE OF OUR AFFAIRS**

**EPISODE  
DETAILS:**

Main Series:  
Allah's Beautiful  
Names

Duration:  
48 min 32 sec

Genre:  
Protected,  
Relief,  
Grateful

**2 QUOTES FROM THE EPISODE:**

- If we live in a toxic environment and are barely surviving, we need a space and time where we can have a Spiritual Shower. Sometimes, even in our efforts to help others, we absorb negativity and need this Spiritual Shower to flush the toxic out.

- The solution that Al-Wakeel gives us may not be in the form of things that we and those around us like. Trust Him anyways.

**STUDY DATE ROTW:**  
Thu, 9PM UK  
(to start with recitation  
of Surah al-Kahf)

**STUDY DATE ASIA:**  
Fri, 8PM SG  
(to start with recitation  
of Surah Yasin)

[aaplus.co/beautifulnames](http://aaplus.co/beautifulnames)

If you are worried about a decision that you just made or feeling overwhelmed with anxiety in these unprecedented times, learning

about Al-Wakeel will put your heart at ease In Sha Allah. Join Ustazah Alima and I as we relearn the meaning of Reliance, Surrender (Tawakkul) and Accepting of His Plans for us, **even if it comes in the form of something we don't like**. PS: I was definitely very, very, very hyper when recording this episode, Ustazah as well :P

**PPS: This is my favourite Asmaul Husna episode.** *(I say this for every episode, but I really do mean it)*

**Listen to the Episode Here**

[Read PDF Notes Here](#)

[Join Study Date Here](#)

---

*a beautiful Dua*

Ya Allah,  
allow me to  
notice Your Love  
and Mercy with  
every breath I  
take.

---

[aaplus.co](http://aaplus.co)

[#abeautifuldua](https://twitter.com/abeautifuldua)

In the last Tadarus session we had, the Champs and I discussed how Allah SWT is constantly sending us varying signs of His presence (note to everyone: Re-read Surah An'am and its translation! It's BEAUTIFUL!). From the rain that He sends down to bring forth fruits and flowers, to the communities of birds that soar in the sky and the other living creatures that co-habit this beautiful Earth with us, every second of every day is pregnant with His immense Mercy. Unfortunately, we are too distracted by temporary, insignificant things to notice this. We struggle to pay attention to His signs, and even when we are worshipping Him, only our limbs move, but our hearts are numb. But Champs, I believe this can change! Starting with asking His Help through this Dua that our hearts be alive and present so that we will always be mindful of His Love and Mercy.

---

*share with Allah*



Reminder To:

10m ago

**Share with Allah**

what you are seeing, listening to, smelling, and thinking about right at this moment.



One of our Champs, Faizah, shared with us a trick on how to be more mindful and it's simply by asking ourselves fundamental questions relating to our senses such as, "What are the 3 things I am seeing now? What are the 3 things I am listening to now?" It definitely helps keep your mind focus on one thing, and one thing only, and it grounds your heart while steadying your attention. I thought of

bringing this exercise a step further by sharing it with Allah SWT instead. (I literally just did it, and it brought such a smile to my face!)

---

*Your visual reminder*



Throwback to one of my favourite wallpapers I've ever done for AA Plus! Putting this back on to remind me that Allah SWT is always my #1 and that for as long as I prioritise Him, He will correct, beautify, and improve every other aspect of my life, In Sha Allah. Check out the

full collection of wallpapers in the link below for more visual reminders, Champs!

[Download Wallpaper Here](#)

---

*Muslim Meme*





@JustNaz7

Me making dua that my online friends are my neighbors in jannah insha'Allah



GUYS! THIS MEME IS 100 US, GUYS!  
Shoutout to Amera H for sharing this.

---

# Something to Ponder

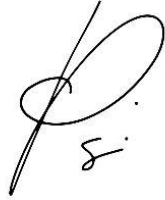
Make more sincere  
and consistent moves,  
and less spur in the  
moment promises and  
announcements.



This is an advice first and foremost to myself. I don't know how many times I've told K that I would like to cut down on my screen time, write my book, be more active and take more walks, etc etc and then... nothing. \*hangs head in embarrassment\* It's hard for him to take me seriously now because I'm all talk and no action, so I'm trying the other approach which is more doing, and less making empty promises and announcements. If you relate to this, I pray may Allah SWT allow us to be people of action, of sincerity and consistency, Amin! Also, for anything that you intend on doing and accomplishing, may Allah SWT

make it easy for you, Champs! Slow and steady, In Sha  
Allah. #yougotthis

---



ending it with His Words

### Quran 6:32

This worldly life is no more than play and amusement, but far better is the 'eternal' Home of the Hereafter for those mindful 'of Allah'. Will you not then understand?

Less of the Temporary

More of the Forever

*(If you want some soul therapy, come join us @ [our weekly Quran Tadarus!](#))*

---

*With that, I hope you guys have enjoyed Closer.*

*fin*  
X  
*a.*

---

*Copyright © 2021 The AA Team, All rights reserved.*  
Because you signed up to become an AA Plus member.

**Our mailing address is:**

The AA Team  
Rue Idriss  
Tangier 90 000  
Morocco

[Add us to your address book](#)