بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

28 March 2024



your curated weekly spiritual booster delivered straight to your Inbox

Our Rabb specialises in the impossible.

Nothing is too great, too absurd or too difficult for His Power.

Assalammualaikum my Champions,

As I am on my "Zikir Week" right now, I find myself focusing on

making a lot more Du'as than usual with the hopes that I can try to maintain my Ramadan Rhythm, In Sha Allah ! So as and when I get tired, I make a du'a. When I'm bored, I du'a. When I'm busy, I du'a. When I'm thinking, I du'a. When I'm agitated, I du'a. You get the picture! Needless to say, I have been very clingy with Allah SWT, and I don't want this attachment ever to go away. (Ya Allah, please don't let me ever be far away from You, Amin!)

The truth is, we are all immensely blessed to be given this communication tool that connects us to Allah SWT, 24/7, no matter where we are, who we are with, and what our states are in, and it is such a shame and a waste that we are not using it more in our lives. It's like being given an all-access fast pass to all the rides in a theme park, but instead of using it, you stubbornly insist on queuing under the hot sun for hours on end.

I've learned during this Zikir week that **a single Du'a is all it takes.**To have more ease.

To have more peace.

To have more strength.

To have more confidence.

To have more ideas.

To have more goodness as a whole!

Whatever you need, it is only a Du'a away. Because it is exactly what Rasulullah has taught us: "Nothing but Du'a changes

Decree." (Tirmidhi)

So Champs, I pray, especially as we approach the last 10 Nights, may Allah SWT choose us to always be from the People of Dua. To be from the people who will never stop running to their Rabb, whether in desperation, in neediness, in awe, or in joy, but always in full submission, over and over again. I pray that we do not steal from

ourselves by being lazy and stingy with our Du'as, ever! And if you are looking for a sign - this is it. Make the Du'a. It doesn't have to be perfect, it doesn't have to be poetic. **It just needs to be made.**

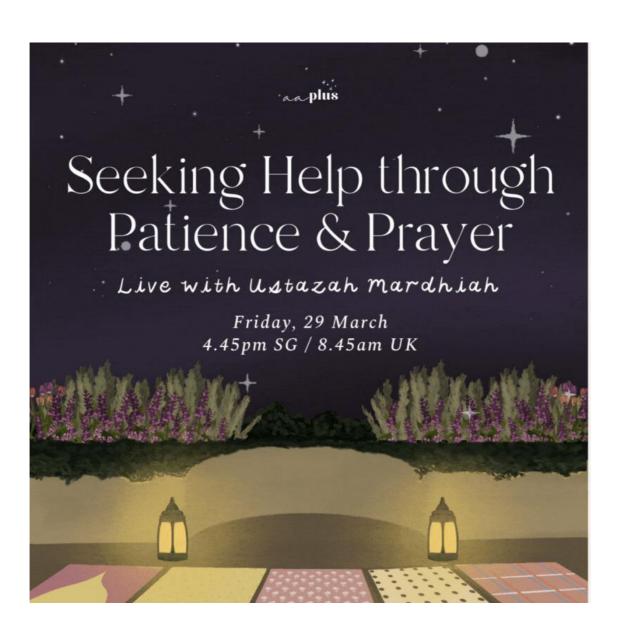
barakah blooms



As we head into the the final, most important stretch of this blessed month, we adjusted our Barakah Blooms schedule to include nightly Tahajjud and Tadarus sessions, In Sha Allah. The new schedule also reflects the start of Daylight Savings (for our ROTW Champs) and includes which nights are the odd nights (these changes according to where you are and when you started Ramadan), so if you are planning your 10 Nights, this schedule will In Sha Allah, show at a glance what are some of the calls we will be having on AA Plus. We made sure to do an SG & MY, UK, FR & ES, MA, QA, and an EDT-friendly calendar and we truly hope this will be of benefit!

Download Calendar for Last 10 Nights Here

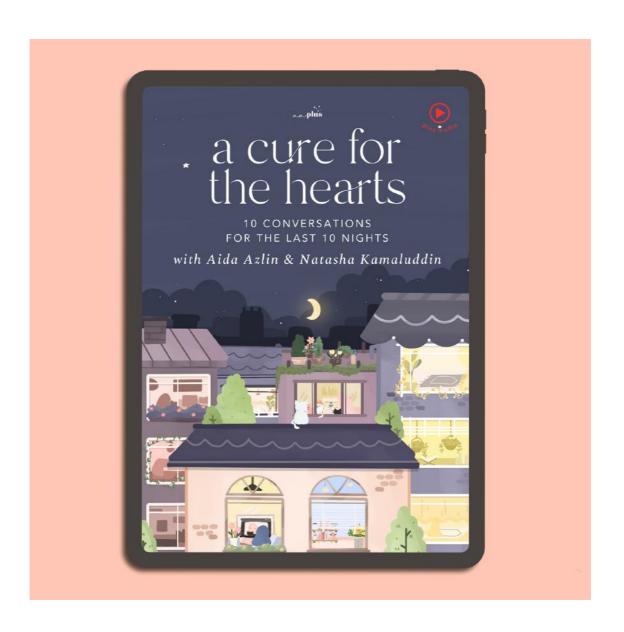
Or sync your GCal with AA Plus Calendar



One of my favourite teachers speaking about <u>one of my favourite Ayah</u>
—I truly cannot wait for this Friday's Live Session with Ustazah
Mardhiah, In Sha Allah. I have always been intrigued by this particular pairing that Allah SWT often repeats in the Quran: Sabr and Solah,
Patience and Prayer. Both are things I want more of but definitely struggle with. I hope to see many of you in this all-important Class!

Join Our Live Session Here

champs library



In celebration of the month of the Quran, my team and I are excited to present a special Ramadan podcast series, 'A Cure for the Hearts': 10 enlightening conversations for the last 10 nights of Ramadan with Kak Natasha Kamaluddin and I! We delved into 10 selected Ayahs where Kak Natasha unravelled the remarkable wisdom and insights behind these verses. I absolutely love the Ayahs she chose as it allowed us to talk about so many various topics such as divine engineering, attaining righteousness, finding closure, the depths of Shirk and more! Each episode is only about 15 minutes long so if you are looking for something light as you prepare Iftar or eat Sahuur, I am sure this will be a perfect fit!

Listen to all 10 Episodes Here!

a beautiful dua

Ya Allah, I know it is late already, but please wake me up at 2.45am. Or at least 3 am.

aaplus.co

#abeautifuldua

Sometimes, when I read all of the Du'as you guys have submitted (521 and counting, Ma Sha Allah!!!) I cannot help but chuckle and smile because, OMG, I could have been the one writing that very Du'a! This particular prayer above, for example, is EXACTLY what I've been asking Allah SWT for help with! May Allah SWT pour barakah in our sleep, and grant us good health to finish these last 10 nights well!

Add your (anonymous) Duas here

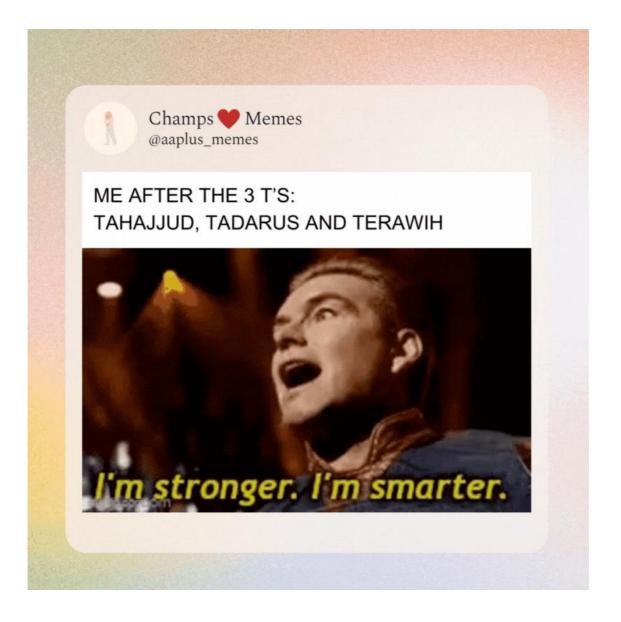
heartwork



Imagine how different our lives would be if we strive to make our first response always be a prayer to our Rabb, no matter the situation.

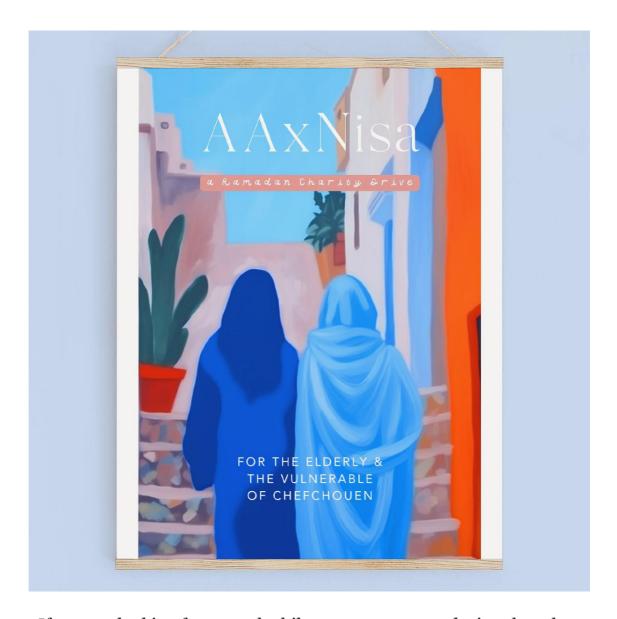
Imagine how anchored we would be and how settled our affairs would be, too? Imagine how beautiful our mannerisms would be, and most of all, imagine how much Allah SWT would be pleased with us!

muslim meme



If anyone asks what is required for a spiritual "glow-up:, I would answer in a heartbeat the 3Ts: Tahajjud, Tadarus and Terawih! Also, I am praying that In Sha Allah, we can get to add a 4th T - Tawaf (!!!) one of these years, too! PS: Tahajjud Terrace will be open on Friday, 29th March, (4.15am SG & 4am UK) - do come and join us if you would like some company during the early hours as we gather together to do some Zikir & Du'as!

ps:



If you are looking for a worthwhile cause to support during these last 10 nights, I hope you'll consider AA x Nisa, our annual Ramadan

Charity that we are so honoured to run. Our aim is to serve and help the elderly, widows, and single mothers who are vulnerable and unable to support themselves from the village where my in-laws are from, here in Morocco. A big, big *thank you* to all of you who have already contributed - may it weigh heavy on your scale of good deeds,

Amin! (<u>If you would like to know how we used the donations last year, click here.</u>)

Donate to AA x Nisa Here!

And with that, Champs, I pray you'll pray big these last 10 Nights! And mention one another in your Du'as - you are definitely in mine.

fin X

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