#### 26 January 2023



your curated weekly spiritual booster delivered straight to your Inbox

# There are many paths to Allah SWT, so honour all of your different seasons of Worshipping Him.

Assalammualaikum my Champions,

One of the beauty of being in the blessed lands of Mecca and Medina is

that you can truly see how diverse the Ummah is! Believers from (almost) every country in the world are here, and it is just incredibly fascinating to see, Ma Sha Allah!

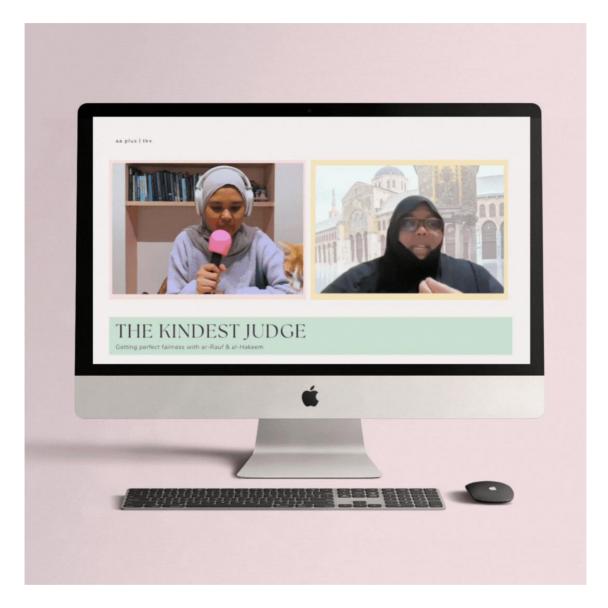
But another thing that I've been reflecting on lately when I am here is how different "worship" can look like for different people. I see adult children taking care of their elderly parents, pushing them on wheelchairs to and fro the mosque, which is worship in the name of service.

I also see numerous Quran circles being done in the Mosques, where Sisters are doing either their Quran recitation or Quran memorisation together, and that is worship too. At times, I would also be at the receiving end of a myriad of sweets, snacks and the likes given to me and the rest of the Jemaa by a fellow Sister, and that act of generosity to feed others is of course, also a form of worship. And then obviously there is also the Prayer, but there are so many different kinds of prayers too: some people focus on Duha, others, focus on Tahajud.

The point is: there are numerous ways to worship Allah SWT, and especially in the different seasons of our lives, certain acts of worship will need to be "activated"!

So if the season of your life right now is Motherhood, then "mothering" is your worship. If the season of your life is hardship, then your patience and reliance unto Him is worship. If the season of your life is currently ease, then gratitude is your worship. Wherever you are in your life, I hope you will honour the different seasons of worship in your life, and never compare your spiritual journey with others, for Allah SWT has specially planned and curated your Path back to Him, especially for you!

# get excited for



Goshhhhh I'm so excited for you guys to watch / listen to the new TKV this week because in this episode, Ustazah

Alimatunnisa will peel the layers of the meanings of ar-Rauf and al-Hakeem and we will understand how the Kindness and Wisdom of Allah SWT has helped, **and will continue to help us**, in navigating our trials and blessings in this life.We will also learn that the Sharia of Islam is in place to ensure not just our safety in Dunya, but especially in Akhirah. Truly a comforting episode, and a fun one at that as both Noor and Khair (my cats) crashed the recording ever so often!

Watch New TKV Episode Here!

Read PDF Notes Here

## save the date



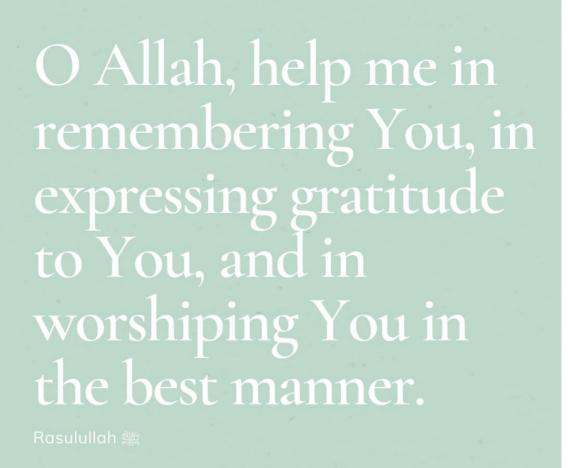
29th Jan, Sunday 9pm SG / 1pm UK Don't forget to join us this Sunday, In Sha Allah, as we go through the key highlights and the main gems of this week's TKV! I love hanging out with all of you as we discuss and ponder upon the lesson together.

If you are in need of reassurance, comfort, and a whole lot of wholesome goodness, then I hope you'll make it this weekend! <3



Add Study Date to GCal

## a beautiful dua

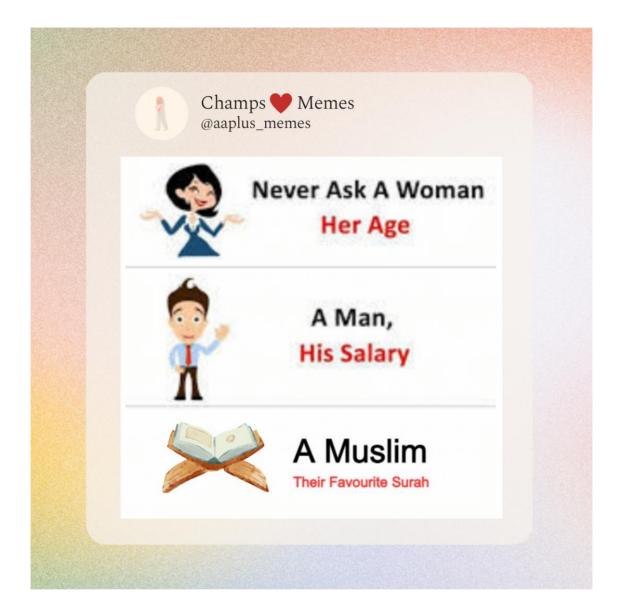


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#abeautifuldua

I am still processing last week's suepr insightful Session on "Dangers of Self Help" with Ustazah Farhana (<u>replay is now available</u>, Alhamdulillah!) but one of the biggest takeaways I got was the <u>Hadith</u> <u>of Rasulullah</u> where he advised Sayyidina Mu'adh RA to seek help from Allah SWT for 3 important things: 1) in remembering Him (Zikir), 2) in expressing gratitude and 3) and in worship. These are the 3 major things that Rasulullah has emphasised that we absolutely need help from Allah SWT for! The question that Ustazah Farhana then posed to us during the session is, when we read / consume "Self-Help" materials, **what exactly are we needing help in?** Matters of the Dunia or matters of the Akhirah? :( :(

### muslim meme



Ask any Muslim what's their favourite Surah in the Quran, and most likely they will say, "How can I choose just one!". I feel like I go through phases with my "favourite Surah" - it was Surah Taha for a while, and then when we learned Tafsir of Surah Fatiha with Ustazah

Farhana, the Opening Surah then became my favourite. Now, I'm leaning towards the shorter Surahs in Juzuk 30. I'm now curious to see how my "favourite Surah" will change and evolve in the next few years! PS: What have been some of your favourite Surahs? Have they changed as **you** yourself change as a person?

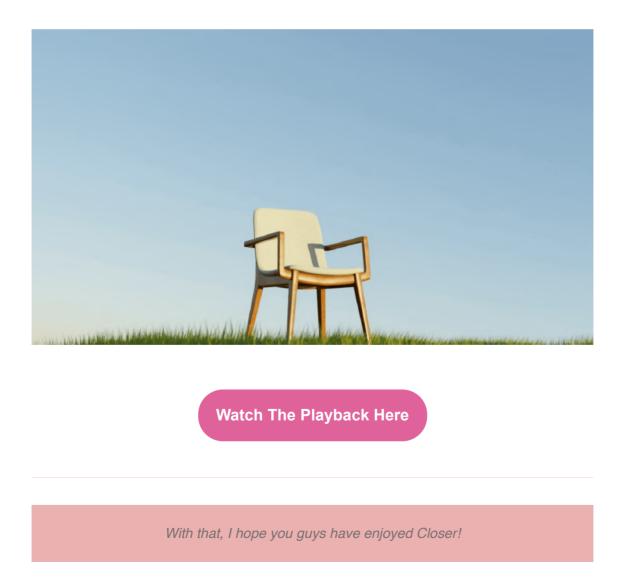
to ponder



One of the many things I love about being in Mecca and Medina is the

fact that I am almost dressed in my prayer garment (Telekung) everyday - it saves me so much time from thinking about what to wear! I then mentioned this in passing to my husband, "I wish I can just wear this everyday when we are back from Umrah" and he said, "Why can't you? Are you afraid of what people would say if you do?" And to be honest, I **was** thinking of how people would react if I do dress that way! And that made me realise that my priority is all out of whack, because as a believer, the focus should always be what Allah SWT thinks about me and not what His creations think about me. May Allah SWT always allow us to prioritise Him, and this Deen, Amin!

#### in case you missed it





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