25 February 2021



your curated weekly spiritual booster delivered straight to your Inbox

YOU CAN FOCUS on the problem, OR ON THE ONE WHO can solve it.

Assalammualaikum my Champions,

I've always believed that **what we focus on, magnifies.** Once, someone wise shared with me, "Aida, when walking, walk. When

eating, eat". My first initial reaction was... "Erm. DUH? Isn't that obvious?". But I soon realised that in this day and age where everyone is so "hyper-connected" and we are almost inseparable from our phones, most of us walk and eat while **also** doing something else.

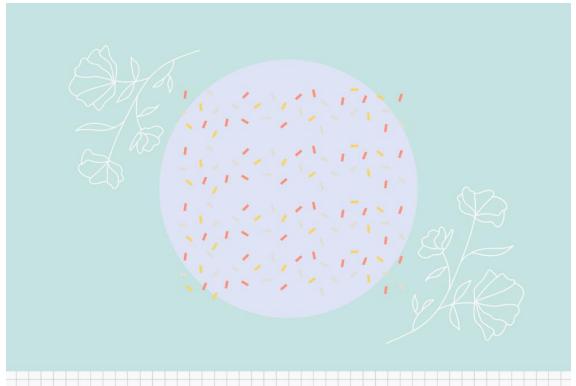
We struggle with F.O.C.U.S. How many of you had to re-read what I just wrote because a notification pinged through or you were distracted by something else?

But this problem goes beyond not just being able to focus on our day to day stuff. The bigger danger lies when we are not able to distinguish where to focus on when big things happen in our lives, as our fragile heart can sway when we are giving attention on the wrong things.

For example, when we choose to focus on the pain and the hurt, we are essentially choosing to *continue* to suffer. But when we choose to focus on the lessons, then we've chosen to grow and blossom. Similarly, when we focus on the difficulty, we'll start playing the "blame-game" or the "why me?" card. But when we focus on Allah SWT, the One who can ease, expand and make everything better for us, hope, light and optimism will start shining through our hearts.

So Champs, ask yourself now, "What am I going to focus on today so that I can pull closer to Allah SWT? To what should I give my attention and energy to, so that my heart feels at ease and at Home?"

This week on an plus



LESSON 4:

Attaining Success for Eternity in Jannah

In the final lesson of this Series, Ustazah Syariati shares with us the checklist of qualities of those whom Allah SWT Himself calls **"the successful."** (May we be amongst them, Amin!) Delving deeper into the first 11 Ayahs of *Surah Al-Mu'minun*, Ustazah broke down the "criterias" needed to enter the best place ever - Jannatul Firdaus. **This is honestly, my favourite lesson in this entire series:** there are many practical tips that Ustazah shared that will In Sha Allah, help us propel forward in our spiritual journey for His sake.

Listen To The Class Here

Read PDF Notes Here



As it's the season finale, I'm urging all of you to try to make it to this week's Study Date! Let's wrap this Class with a bang!

Note for our Baby Champs: there are two Study Date timings as you guys are from all over the world, Ma Sha Allah! You only need to attend once, at a timing which is most suited to your timezone. Study dates are recorded, but not uploaded to the website for privacy purposes, so if you cannot make it, you'll have to email us for it! Also you *do not* have to listen to the Class prior to the Study Date, nor prepare anything for it. You just gotta show up!

Zoom Link For Study Date



To my new Champs - just a heads up that we will be having Orientation today (!!!), **Thursday, the 25th @ 8.45pm SG | 12.45pm UK**, so please join me as I walk you through AA Plus, answer any queries you might have, and most of all, to meet your fellow Champs! PS: My "senior" Champs, you are more than welcome to come and say hello to your new Sisters! It'll be fun to see everyone □ ♥!

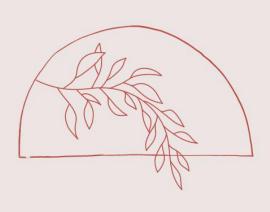
Join Orientation Here

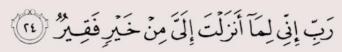
share with Allah



We all struggle with this - being too attached with something or someone that it can sometimes cloud our judgement and make us feel far from our Beloved. Whatever or whoever that might be, don't be shy to share this struggle with Allah. Run back to Him with utmost vulnerability, and ask His help in guiding you to maintain healthy boundaries, or to give you the courage, strength and discipline to remove yourself from the attachment altogether. May nothing take precedence in our hearts other than our love for Allah SWT and Rasulullah SAW, Amin!

a beautiful Dua





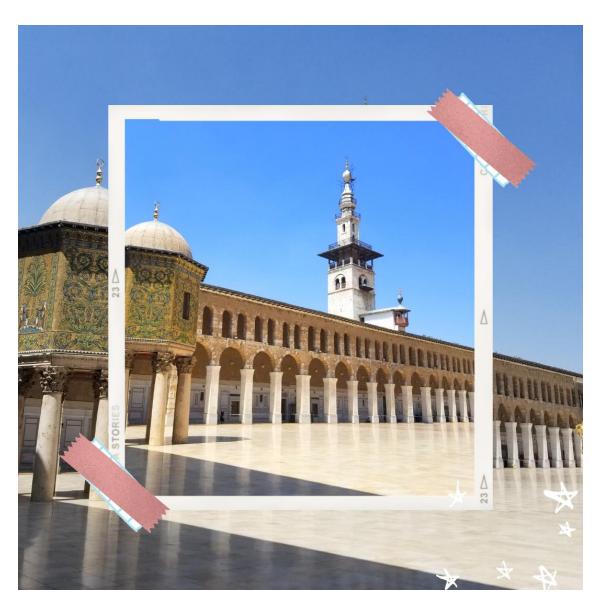
Rabbiinnee lima anzalta ilayya min khayrin faqeer

"My Lord! I am truly in desperate need of whatever good You may have in store for me."

Quran 28:24

I always have a wide smile on my face whenever I make this Dua. If you've been following me for a while, you'll know how special this Dua is for me. 9 years ago in Ramadhan, I consistently made this dua during every last Sujud of every Solat and it changed my life, forever. I was 25 and felt ready to settle down, but I knew nobody and had no prospects lol. But I was certain and had ultimate Yakeen that Allah SWT is already arranging the best of His plans for me. 3 months later, K proposed. To this very day, I still make the dua in my sujood. It's still one of my favourites, and have helped me through many difficult

Majestic Masjids



This week I'm excited to virtually visit The Umayyad Mosque in Damascus, Syria! One of our Champs, Fatima, chose to share this Mosque with us because of the richness of history and Ilm that surrounds it. This Mosque is beloved to me, personally, and my heart has been yearning to visit, because some of my teachers have studied in Syria and they have a soft spot for this mosque. I was reading up

about the history of The Umayyad Mosque, and I am blown away by how it all came together. It was built on the site of a Christian basilica dedicated to John the Baptist, and the massive courtyard of the mosque used to be bustling with activities before the civil war. At present, the Mosque has been badly affected because of it - may Allah protect the blessed city of Syria and it's people always, amin!

*If you have a fav mosque, share it with me and tell me why! It'd be awesome to see mosques from all over the world together with you Champs. Who needs "cafehopping" when you can do "Masjid-Hopping" \(\square\$

abu (**)
@abu1up

your mum named you zaynab, not zvynxb

Something to Ponder

Be with those who make the road to Jannah easier.



I was just reflecting on what a tremendous blessing it is to be surrounded by people who are constantly teaching and motivating you to be the best version of yourself. If you read the quote above and some names immediately come to mind, then you are blessed, Ma Sha Allah. You guys are definitely one of the people in my life who make my journey back to Allah SWT a lot less lonely and a lot more fun. I pray may Allah SWT not only allow us to meet good companions who will make our path to Jannah easier, but make us be a good companion

ourselves. Like Rasulullah SAW said, "All of you are shepherds and each one is responsible for his flock", so we definitely should strive to be a better influence to the people around us, Amin!



ending it with His Words

Quran 17:26

Give to close relatives their due, as well as the poor and 'needy' travellers. And do not spend wastefully.

Give More Charity

Stop Shopping

With that, I hope you guys have enjoyed Closer.

fin X

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Because you signed up to become an AA Plus member.

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