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your curated weekly spiritual booster delivered straight to your Inbox

Don't quit before the miracle happen. The struggle now is merely a part of it.

Assalammualaikum my Champions,

It may be because the year is coming to a close, or that winter nights

are the perfect backdrop for reminiscing, but lately, I have found myself getting quite sentimental. As I am typing this, I spy my not-so-little black cat, Khair, who has grown into such a magnificent creature, trying to reach for the items on my bookshelves. Just this little moment right here made me want to burst out crying, because when my husband brought him home, he was just this super tiny and frail little kitten. We didn't know if he was gonna make it, as he had been out in the streets for weeks. But Allah SWT protected and sustained him, and now he's (literally and figuratively) our Big Khair!

Seeing how much Khair has grown today is one of the many, many reasons why I have full belief that Allah SWT will always take perfect care of us. Everything is impeccably planned by Allah SWT - His timings, His additions, His withdrawals, His Protection, His Guidance - everything is done with utmost precision, and like He said, "Not a leaf falls but that He knows it." (Quran 6:59)

So today, even though the future may seem uncertain, even though I have no idea what tomorrow may bring, I rest in comfort knowing that Allah SWT certainly knows what is best for me, and that is more than enough. This is the same Rabb that has guided me back to the path over and over again despite how much I've sinned and how far I've strayed, the same Rabb that has blessed me with running AA Plus for 3 years despite my inadequacies, the same Rabb that has brought us together even though we are scattered all across the world.

So how *can* I give up knowing that Allah SWT wants me to win? How can *you* give up knowing that Allah SWT wants *you* to win?

Hence, my dearest Champs, this is a reminder first and foremost to myself: let's not give up! The struggle that we may be experiencing now is merely a part of the bigger miracle that He is planning for us. So hang on tight to Allah SWT, for He has promised us that with Him is the "most trustworthy, firmest, unfailing handhold with no break in it." (Quran 2:256)

get excited for



This 3rd episode of the Woman Up show with one of our wisest and most senior Champ, Kak Hamidah Bahashwan (who btw is a trained family and couple therapist, certified coach and basically just a source

of light!!) was like a free therapy session for me - I came out of the conversation feeling so, so, so, so inspired to be a better, more mindful, more graceful, human being! Kak Hamidah was ever so generous to share her life lessons (she calls them 'Life Blessings') and there were plenty, so much so that when my teammate Reen took notes of this episode, she actually came back with 50 (YES FIFTY!) takeaways. Kak Hamidah touched on how to live more mindfully, how we should never stop learning (she's def a great ambassador of lifelong learning Ma Sha Allah!), how we should have more Courageous Conversations, and why we should never, ever give up because we have Allah SWT! The last point is tied to how she never, ever gave up on marriage despite all odds and fast forward to the present, Kak Hamidah is now a newlywed! *cue confettis!!!* Champs, you won't regret watching this episode so please set a date with Kak Hamidah and I pronto ok?

Listen To The New Episode of Woman Up Here!



Champs, this weekend's Tea Party on Gentle Nurturers is making my whole team have the *feels* as we prepare for this event! I am beyond proud to say that we have a number of inspiring Champs who are nurturers, youth leaders, teachers, mothers, who all do amazing work every day in their own gentle way and I cannot wait for all of you to get to know them, and most importantly, learn from them! Basing on the

lineup of speakers, activities and sharings that my team have thoughtfully prepared, I foresee this Sunday's Tea Party to be one that will melt your hearts <u>and</u> uplift your spirits! I'll see all of you then ok?

Join Our Tea Party Here!

a beautiful dua

Ya Allah, allow me to get up, instead of giving up.

aaplus.co

#abeautifulduc

I've learned over and over again that sometimes just taking that first small step can effect big, mighty changes to my overall mood and day.

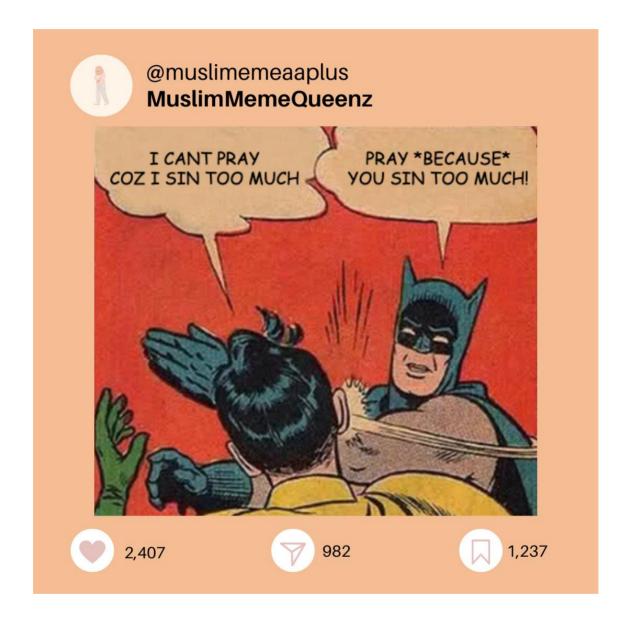
When the temptation to just give up looms, this is the prayer I will whisper. May Allah SWT grant all of us the strength and the tenacity to keep getting up from every fall, instead of staying down and giving up!

champ notes



I am in love with this gem that our Champ, Dalila, shared during the Study Date last week on how we should first connect, and *then* correct when it comes to parenting. Upon further reflection, I realised this advice could also very much be applied even when dealing with fellow adults! I have definitely been more receptive to taking feedback from people who have made an effort to get to know my work and who I am as opposed to a random stranger on the internet.

muslim meme



When I saw this Meme, I thought, "WOW this is the exact opposite of the Gentle Nurturing theme we will have for the Tea Party this weekend! "But but I can't help but share it because to be honest, sometimes I can be like Robin, and I definitely need to "Batman" myself out of this silly excuse! "Another perfect analogy: not worshipping Allah because we are full of sins is like not showering

because we are too dirty! So Champs, don't forget to take constant "spiritual showers" and come join us for the next AA Plus Calls!

to ponder



One of my friends confided in me a few weeks ago saying that she "peaked too early". She said, "What if my early 20s were the highlight of my career? What if it will all just go downhill from here?" I instantly gave her a hug and said, "No baby girl, Allah's not quite done with you yet! Your best days are ahead of you!" And I truly

believe this with all my heart! Allah SWT is limitless - He will never run out of blessings to shower and drench upon us, He will never stop surprising us with His endless gifts, and He will never tire of spoiling us! And this is only the Dunia, can you imagine Jannah! *I am literally squealing as I am typing this! Champs, I am forever grateful for all of the beautiful memories we've had together on AA Plus this past year, but I am even more excited to see what's in store for all of us next year! **PS:** On this note, keep your eyes peeled for December's Intro email next week where I'll share more on how we'll wrap up 2022 together!

With that, I hope you guys have enjoyed Closer!

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