

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the most Gracious, the most Merciful

24 March 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

May every single
struggle that we strive
for His sake be the
sweetest highlights of
our lives.

Assalamualaikum my Champions,

I don't know about you, but I have a sweet spot for all of the "struggles" that Allah SWT has sent me because they were all personalised and

customised, just for me, by Allah SWT Himself. ❤️ I would say these moments of difficulties would most certainly make it into the list of my "sweetest-life-highlights" because hitting those rock bottoms definitely taught me valuable lessons that no mountain tops can!

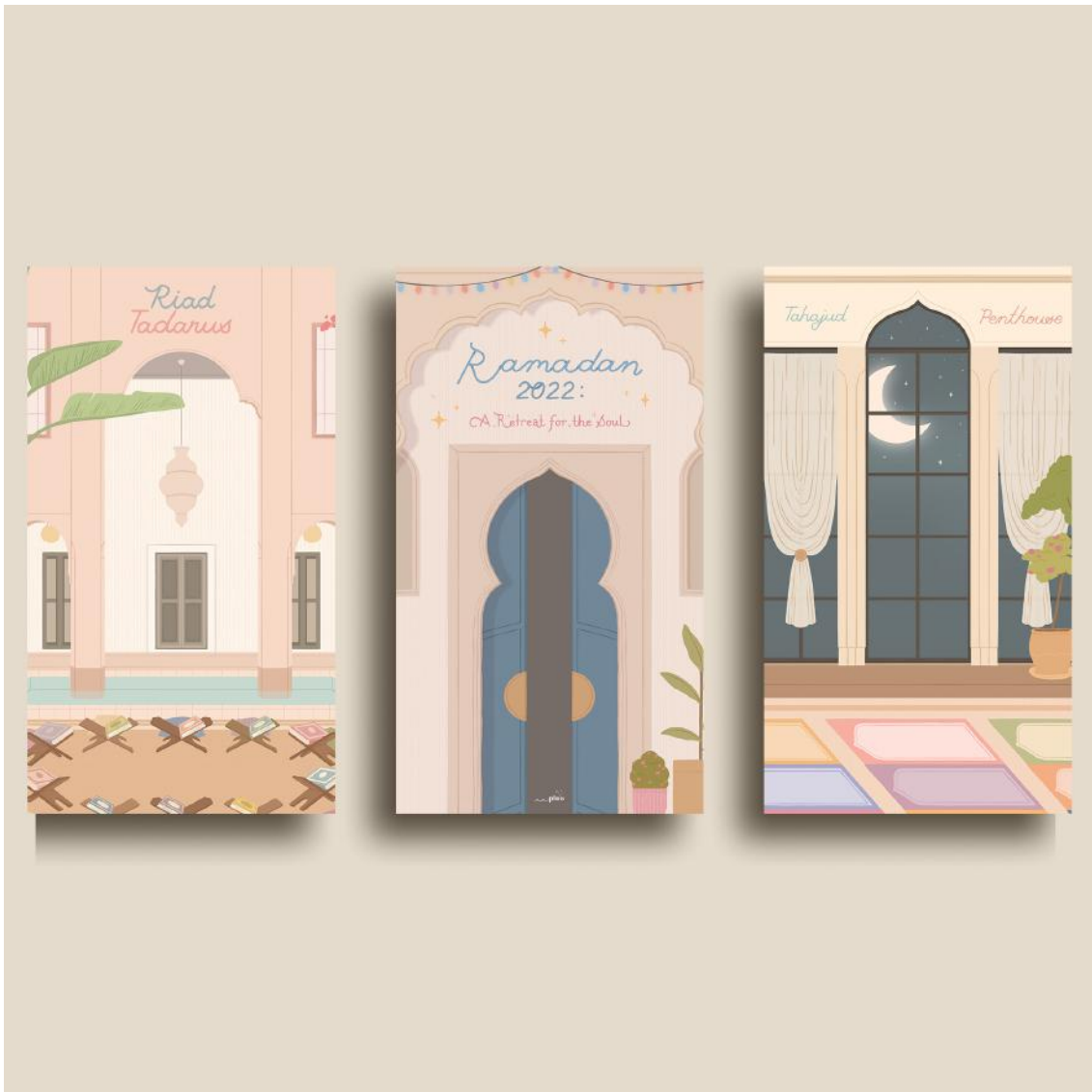
I believe that we are all who we are today **because** of the difficulties Allah SWT has gifted us with. Yes, it was excruciatingly painful, exhausting, confusing and overwhelming going through it, but when I look back at those moments of difficulty now, I only do it with fondness and a whole lot of gratitude. Because it shaped me, nurtured me, and most of all, it made me grow closer to Him, and it taught me to surrender completely to Him.

And that closeness, that surrendering, is what makes the struggle, sweet.

One of our AA Plus Champs said something along the lines of "struggles are like cuddles from Allah" ❤️❤️❤️❤️ and that has been my "mantra" every since. And with Ramadan coming soon In Sha Allah, I know there are a few bad habits that I intend to cut down and/or completely stop, which I also know will be difficult. But this is one of the struggles that I am (*pleasedontcallmecrazy*) excited to strive against (!!!). Because I know that if I just try, if I just put in the effort, Allah SWT will reward, He will carry me through, and He will always send His Help in all ways, always!

What about you Champs? **How many of you are also intending to cut down or eliminate a bad habit for Ramadan?** If you are, then I pray that may Allah SWT sends you ease, protect you from any harm, and grant you all the strength you need to overcome it! **May that personal jihad of yours be one of the many "sweetest highlights" of your life! Amin.**

Coming Up in Ramadhan



Champs! Just a gentle reminder to **mark 28th of March in your calendar** because I will be sending out a very, very important email sharing with you our (*read this in Aida's very excited voice!*) 🤗
RAMADANNNN PLANSSSSSSSSS 🤗! My team and I came up with a dreamy concept for all of us and I'm so excited for you to hear all about it. I'll be sharing more of that in my email next Monday ok? A hint: you are gonna have to "travel" for this.

Mark Your Calendars for 28th March

This week on aa plus



Solah Revision Part 1: Sun, 27 Mar, 9pm SG
Solah Revision Part 2: Tue, 29 March, 9pm SG

It's part of the AA Plus tradition that right before Ramadhan, we will all gather again to re-listen and revise our Solah Classes. For this year's revision, one of our fellow Convert Champs, Mandy, who is also an honorary member of the AA Plus Team, was tasked with the mission of revamping all of the PDF Notes for this very important series, and this is what she has to say about the process: "Revisiting this series a year later and making notes for it have truly transformed my Solah 🥹 Alhamdulillah. I can't describe my emotions right now; I remember listening in to this series a year ago completely overwhelmed as I couldn't grasp a lot of the terms and relate to what Ustazah mentioned.

🤔 **Now I can truly say that I've now fallen in love with Solah so much so that I'm deeply protective of it.** My Solah used to be quite empty and mindless, no wonder I didn't feel any difference after my Solah; but ever since I started to revise the lessons on Solah, listening attentively and understanding what we say, my Solah is never the same." So Champs, if you feel disconnected from your prayers, or if your soul simply needs a boost, please make time to join us for this 2-part Revision session. I promise your heart will thank you for this! <3

Join Solah Revisions Here

**Please note the updated dates and timing of these sessions!*

a beautiful Dua

Ya Allah when my
lips no longer know
what to ask for in
prayer, please hear
the struggling
whispers in my heart.

aaplus.co

[#abeautifuldua](https://twitter.com/abeautifuldua)

I'm sure all of us have been in situations where we have felt so heavy, so exhausted, so drained, and there were no words that could describe the state of our hearts, so we just sit slump in silence and... cry? When moments like these happen, I remember this Dua, because not only does Allah SWT understand and owns all languages in this Universe, but He most definitely can unmistakably decipher the unspoken language of His servants' struggling heart.

The checklist



Champs, for this week's edition of the checklist, I thought it's time to bring back the Ramadan Intentions PDF that we created for you last year! If you are like me and have been procrastinating to sit yourself down to set your Ramadan intentions, may this resource help by giving you that gentle push that you may need to start!

[**Download Ramadan Intention Checklist Here**](#)



Muslim Meme

Me doing things alone vs. me doing things when someone watches me



THIS IS ME ONE HUNDRED MILLION PERCENT. If you watch me write, cook, swim - basically doing anything at all, I will lose focus, feel uncomfortable and stumble. So yes, I completely feel this meme on all levels! 😂 Are you the same or you are too cool so you can't relate? 😂

Something to Ponder

Champs.

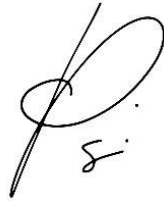
Those emotions
we most resist,
hold the teachings
we most need.

One of my good friends was sharing with me the other day that the one thing she procrastinates the most is with her emotions. I nudged her to tell me further and she said, "I procrastinate with my feelings. Like I know this thing is hurting me, but instead of allowing myself to feel the hurt, I will "delay" it, and scroll on my phone for hours on end instead.

Or when something happened and it is making me upset, instead of crying and talking to Allah SWT about it, I will just binge on a Netflix series. I know this is not healthy, but even though I know this, I'm still procrastinating and not doing anything about it. Instead, I am now online shopping." I wanted to hug her there and then because I feel her, I really do. **It's uncomfortable and awkward to sometimes sit with your feelings, but when we don't, we lose out on all the lessons that Allah SWT is trying to teach us at that moment.** And when we keep sweeping things under the rug, these pent up emotions will one day burst at a time and / or place that you least expect it, and it will be... messy. So Champs, I pray that you

will always take the time to process your emotions - ask Allah SWT for His Help and Grace with this, and do it gently, without rushing.

Perhaps start by answering this question today: "How is my heart at this moment?"



(ending it with His words)



Click for
Ayah #1



Click for
Ayah #2

Alhamdulillah we're done with the final Juzuk, just in time to start all over again for Ramadan! 🥰🥰🥰 These Ayahs / Surahs were shared in both Asia and ROTW Tadarus and I love it when this happens as it proves the Universality and timelessness of the Quran! <3 May Allah SWT choose us to be amongst the blessed ones who get to welcome Ramadan one more time and may this Ramadan be our best one yet! Amin!

With that, I hope you guys have enjoyed Closer.

fin
X
a.

Copyright © 2022 The AA Team, All rights reserved.
Because you signed up to become an AA Plus member.

Our mailing address is:

The AA Team
Rue Idriss
Tangier 90 000
Morocco

[Add us to your address book](#)

This email was sent to [<< Test Email Address >>](#)
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)
The AA Team · Rue Idriss · Tangier 90 000 · Morocco