23 March 2023



your curated weekly spiritual booster delivered straight to your Inbox

Our Ramadan moments with our loved ones today will be priceless memories for our hearts tomorrow.

Assalammualaikum my Champions,

You cannot see me now, but I have a huge smile on my face as I am

writing this. I just finished Terawih prayers with Mama, my motherin-law (she's my #1 Terawih buddy!) on the first night of Ramadan, and she was just sharing with me how when she was younger, the people in her village hometown, *Chefchouen*, would climb to their roofs to search for the Hilal or the Ramadan crescent. And if they were to sight it, they would celebrate by singing Selawats and horns would be blown and the entire village would start Ramadan with much excitement and fervour.

Mama told me that she missed those moments with her family, especially with her parents and she said, "Hearing the news that the moon has been sighted tonight made me tear, because it brought back memories with me and my loved ones in Chefchouen. Now that both my parents have passed (may Allah SWT grant them the highest of Jannah, Amin), it seems like a part of me is missing, but it's OK, in Jannah we will all meet again, and we will be together forever." She had tears in her eyes, but she was also smiling at the same time - I had to turn my face away so that I too do not cry!

Champs, as we strive and busy ourselves to increase our acts of worship for His sake this Ramadan, I pray may we don't forget that spending quality time with our loved ones, especially our parents who are growing older by the minute, is also extremely beloved to Allah SWT. I pray may we make beautiful memories with our spouses, our children, our teachers, our companions, our neighbours, and of course, with each other (!!!) this Ramadan, because life is just too short to not spread joy for His sake! And Rasulullah SAW has taught us that just as how we should have one on one time with our Rabb, our families also have a right over us as well. ♥ this week at Ruhi Land:



Guys, have you ever wondered why Allah SWT said the night of Laylatul Qadr is **better** than **1000** months? Why **1000** months? Why not 100 months, or 100000 months? Join me and Ustazah Samah as she not only answers this (burning) question of mine LOL but also as we peel the verses of Surah Al-Qadr to understand the great significance of the most blessed night of Power! **PS: Do you also realise Laylatul Qadr is the ONLY day in the Quran that has a whole Surah dedicated to it?** This lesson is just so beautiful, and Ustazah has successfully hyped me up to slowly and steadily prepare myself for the last 10 nights of Ramadan. We will also learn easy ways that we can reap the reward of Laylatul Qadr (even if we are working / busy / on period!) - so be sure you give it a watch / listen!

Watch The Video Lesson Here

Read PDF Notes from the Lesson Here



Champs, join me for our VERY FIRST Champs Cabin Study Date this Sunday at 5pm SG / 10am UK, In Sha Allah! We will be watching **the highlights of this week's TKV** together - don't forget to come with your pen, paper, beautiful intentions and an open heart and mind!

Join our Study Date Here!

Add Champs Cabin - Study Date to your GCal

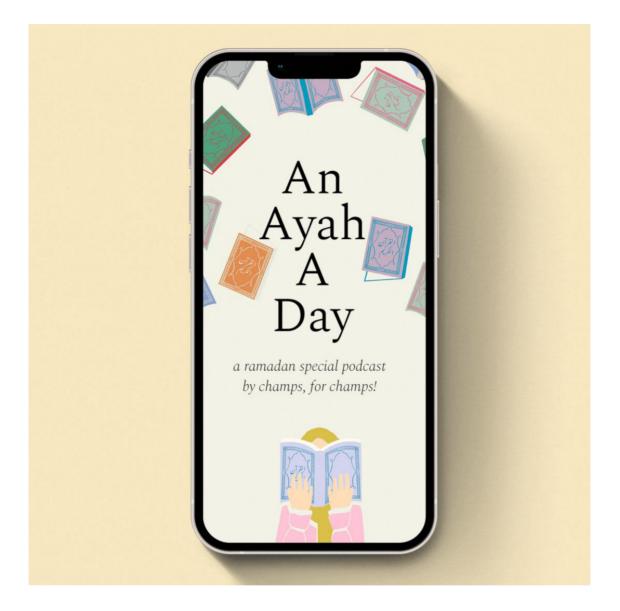
a visual reminder



No AA Plus Ramadan programme is complete without our very own Zoom Background! **(Yes we are extra like that!)** I love how the "Medina fans" are set against the landscape of Ruhi Land, so here's me (and Khair) trying it out! I hope you guys love it too, I can't wait to see all of you during the Calls with it!

Download Ruhi Land Zoom Background Here!

#dn dyah d Day



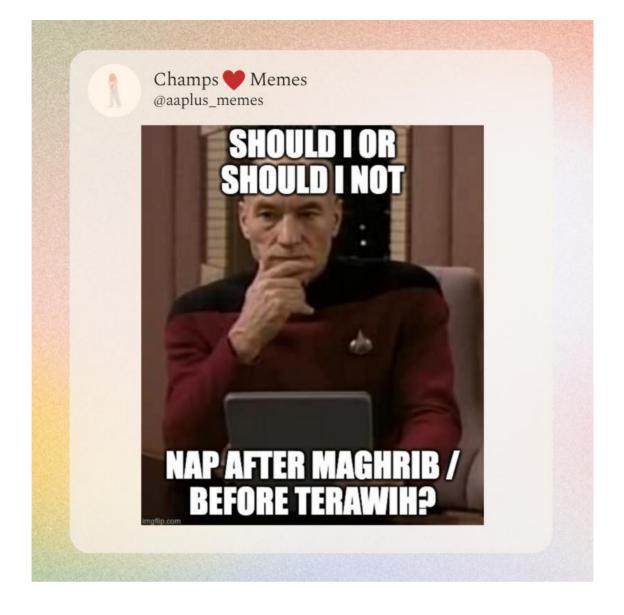
If there was a passion project that I absolutely have a soft spot for - it's definitely this special Ramadan podcast on 'An Ayah A Day'! I love talking to fellow Sisters, so when I was thinking of an AA Plus special podcast, I thought, *"Why don't I speak to 30 different Champs and Teachers on their favourite Ayah at the moment and just... see where Allah SWT takes us?"*. I "talked"

to Allah SWT about the idea, a good feeling then settled in my heart, and then I started coming up with a list of 30 names, all very different from one another, from different countries, backgrounds but we all share the same bond of love for His words! Today, I am SOOOOO EXCITED (like jumping on my bed excited) to share with you that the first 10 episodes are now out, Alhamdulillah! Pleaseeeeeee have a

listen to it, because the reflections from these ladies are just so beautiful, so personal, and so sincere! **PS: I do not recommend you binge all 10 at one go!** :P Savour it, and try to listen to it one episode at a time, especially if you want to pair it with a new habit you want to start this month! PPS: Please <u>**do not**</u> share the links outside of AA Plus too, thank you!

Listen to the first 10 episodes of #AAAD here

muslim meme



ME ALL THE TIME. And when I do nap, I always wake up LATE for Isyak and Terawih, but the Post-Iftar lull/coma is REALZ. So Champs, serious question - **when do you nap in Ramadan?** Help your Internet Mom out and tell me please! :P





We all know that Ramadan is THE best month to start a new habit, but

it's also a great month to break a bad habit as well. To be honest, sometimes I get too afraid to "commit", so I just tell myself, "well, this change is just for Ramadan, and then we'll see how it goes after." But! This year, I am making intentions to be serious! I'm asking Allah SWT for help on this one unhealthy habit that I do not just want to "pause" but to be completely free from it even beyond Ramadan, and I think having this mindset will allow me to fight against my Nafs and not be too weak on things! What about you Champs? I pray you will sincerely think about this, as this blessed month is such a great springboard to

help all of us be better versions of ourselves for His sake!

PS:

I am writing this fresh from our very first Asia / ROTW / Special Tadarus sessions, and I am beyond grateful to see so many new and old Champs in these Calls! May Allah SWT grant all of us consistency with our Quran, Qiyam and Quality Amal this month, Amin!

I hope you guys have enjoyed Closer! I'll see you for our <u>Study Date</u> soon!

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