بِسْمِ اللهِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

22 December 2022



your curated weekly spiritual booster delivered straight to your Inbox

Your mindset is everything, so pick the best one.

Assalammualaikum my Champions,

My biggest turning point this year was realising how much I've been blinded by the false standards and unrealistic expectations of Dunia that I have forgotten what Allah SWT wants and expects of me as His slave. Everything that I thought was "important" or things that I deemed I should pursue or prioritise, in hindsight, was just Dunia.

So yes, I was a slave.

But instead of being a slave to the Almighty,

I was actually just a slave to the lowly Dunia.

Once that became crystal clear to me, I knew I had to start working on fixing my mindset. More specifically, my strong Muslimah mindset. For example, a strong Muslimah does not pretend that everything is good, rather, she consciously chooses to see the good in everything instead. A strong Muslimah does not mean her faith would not waver, but that no matter how much she struggles with herself, it is still Allah SWT she would run back to, seeking His help. Having a strong Muslimah mindset means being completely vulnerable and weak in front of her Rabb, and understanding that no matter if she is crawling, walking or running that day, her direction and her 'Qibla', is always to Allah SWT.

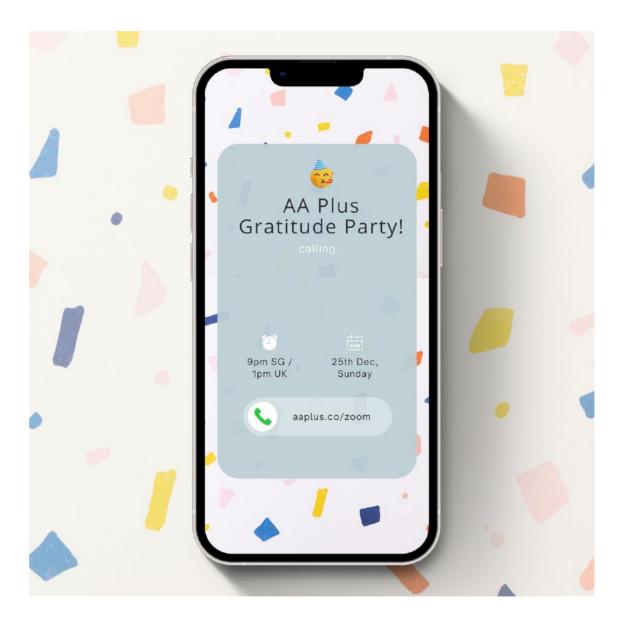
Having a strong Muslimah mindset means it is always *to* Allah, *for* Allah, *with* Allah, and *by* Allah - and it is the only mindset we should have if we all want to return to Him and to our final Home, successfully.

The truth of the matter is that our lives are as good as our mindsets. If our mindset is negative, then that is all we can see. If our mindset is weak, then we will crumble even at the slightest nudge. If our mindset is ego-centric, then arrogance and pride will always cloud our judgements. But if our mindsets are that of a strong Muslimah, then In Sha Allah, with His Help, that is who we will be!

So Champs, here is a sincere question for you today: what mindset will

you choose for yourself to accompany you on this whirlwind of an adventure called life? I pray you'll only pick the best one, because as a servant to the Most High, you only deserve the best.

get excited for



My dearest, dearest Champs - what a year we've had together and what better way to honour and celebrate it than throwing a GRATITUDE PARTAYYYY! This will be our last call of the year, so we intend for it to

be an epic finale of sorts, In Sha Allah. If you have always wanted to strengthen your Gratitude Muscle (don't we all?), spend some time processing your thoughts and emotions before the year ends, and hang out with great company, than this Session is for you! I hope to see allllllll of you there so we can end this year together with a big, loud, meaningful and resounding Alhamdulillah!

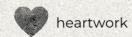
Join Our Gratitudeeeeeeeeee Partaaaaayyyy Here!

champ notes



I wrote about how important it is to have a Strong Muslimah Mindset, and one perfect example of this can be seen from our fellow Champ, Omodara. We were both sharing about our Quran journeys, and Omodara shared, upbeat-ly, "Aida, I am struggling with it, but because I am doing it for Allah SWT, this is no ordinary struggle. This is a PREMIUM STRUGGLE!" I absolutely LOVEDDDDD what she said because, let's face it - don't we all have our own "premium struggles"? The ones where only Allah SWT knows just how much effort and work we put in, and no one else knows. But the best part about these premium struggles is that our reward will also In Sha Allah, be PREMIUM! Allah SWT is ever so Generous, so don't ever doubt that whatever you are striving for His sake, He certainly sees, and He certainly will reward!

heartwork that heals

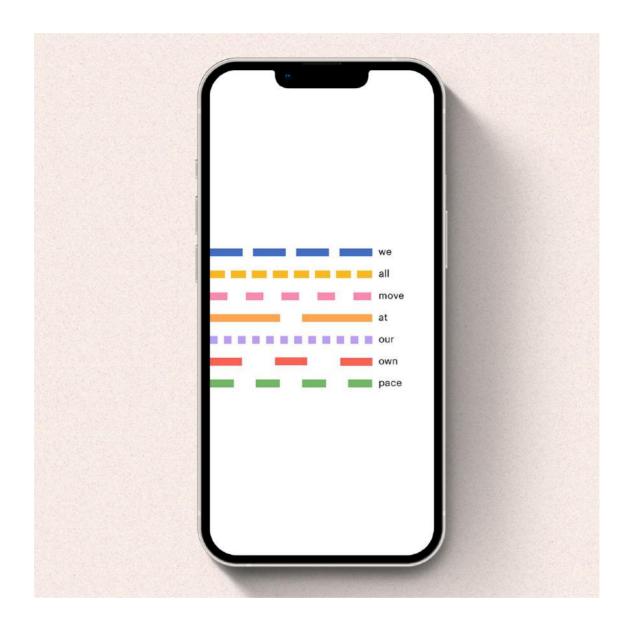


more quiet moments & deeper breaths
quiet moments

A number of my closest and dearest are away travelling now, so I've been thinking about how I can also feel like I'm on a break and be fully rested without leaving my home. The answer: carving out more quiet moments and taking deeper breaths. It's cheap, fuss-free, and you don't even have to pack! Just taking 5-10 minutes for myself in the morning before everyone wakes up, and doing Zikir sessions with deep breaths have helped me feel a lot more at ease than going to a spa!

Highly recommend!

wholesome screenshots



I absolutely love this and wanted to share it with you guys. Some days, I feel like my pace and productivity can look a lot like the orange bar. On other days, it consists of tiny, small steps forward, just like the purple one! But no matter what, I hope we will all be able to walk gently but proudly on the specially chosen path that Allah SWT has perfectly chosen for us. Because no matter how different our paths and pace may look like, our final destination will always be One.

muslim meme



YUP. That's definitely me and my friends right here! The perks of reading Surah al-Kahf are massive, but it is also 110 Ayahs and, on average, about 12 pages long. So personally, I do struggle a little bit reading it all by myself. HOWEVER! When you read it with your Surah al-Kahf crew, those pages really fly by and there's just something beautiful about reading it as a Jemaa'. (Champs who frequent our Tadarus Circles will know this!) Should we start reading Surah al-Kahf together ladies? Let me know what you think! <3

Champs, my team and I are excitedly planning for our 2023 Classes + Events, In Sha Allah, so if there is anything specific that you've been curious to learn and / or explore on, do share them with us! We'll do our level best to cover it in one of our future sessions, In Sha Allah.

With that, I hope you guys have enjoyed Closer!

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