#### 22 September 2022



your curated weekly spiritual booster delivered straight to your Inbox

# Not all hustle has to be loud. Sometimes it can be quiet, done

in secret.

Assalammualaikum my Champions,

Do you remember the intentions that we set at the beginning of this

month? It was to slow down, be more intentional and Alhamdulillah, with that anchoring me, I've realised how Allah SWT has opened more doors of opportunities for me to sit in the quiet this September. And I have to say, I am addicted to the slowness now. :)

Because of that, I am now able to see the beauty of doing things and working hard in secret. That not all hustle has to be loud, nor does it have to be big. Our daily "hustle" can come in the form of quiet worship, like not letting the words of others get to you, or not allow the temptation of consuming more overtake you. Silent hustle can also be in how you choose to apologise first, to humble yourself and be comfortable in admitting that you do not know, or it can also be in the form of picking up the litter that you see in the street. To everyone else, it may be tiny, but we never know which deed of ours will be "the final push" that we need to enter His Jannah.

Champs, what do you think your quiet and secret "hustle" is for today? I pray that whatever it is, may your heart soften because of it, and may your affairs be eased through it. Amin!

## get excited for



Asia Study Date: Thu / 22 Sept / 9pm SG ROTW Study Date: Sun / 25 Sept / 9pm UK

This second episode of our TKV Series on His Emotional Intelligence just made me fall in love with, and have a deeper respect for, Rasulullah . Truly, he was a master at dealing with and processing his own emotions, and that no matter how dire and horrible the circumstances he was in, he would always consciously choose his response in a way that would only bring pleasure to Allah SWT. Rasulullah never went to "school" and could not even read nor write, yet he was the most intelligent of them all - how did he become so sure and at peace with himself? How did he maintain composure despite all of the difficulties he had to face, one after

another? Click that play button to hear our beloved Ustazah Syariati explaining to us all these and more, or come join our Study Date!

Join Study Date Here!

Read PDF Notes Here

## a beautiful dua

# Ya Allah, protect me from myself, and from making bad decisions based on my desires & nafs.

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#abeautifuldua

This Dua was actually inspired by a prayer that my teammate Reen shared with me. It was the Dua of Rasulullah whereby he said "O Ever-Living One, O Eternal One, by Your Mercy I call on You to set right all my affairs. Do not place me in charge of my soul even for the blink of an eye." Rasulullah always has the most beautiful duas, and I am not ashamed to admit that I always "steal" from his Duas, with the one above is one of many. I realised that sometimes I am my most biggest danger, especially when I allow my nafs and desires to take over - hence this Dua of protection is an armour for myself, from myself.

## # WMPTM



Ever since I got back to Singapore a few days ago, I cannot help but utter a lot more 'Alhamdulillah's. When I look at my parents eyes, when I get to pray with them, when I sit at the dinner table with them, and when I am doing all of the things I've craved to do with them for so long, I cannot help but proclaim gratitude unto my Rabb. However, I know that my gratitude should not be circumstantial, that when the day comes when I have to bid goodbye to my parents, the spirit of "Alhamdulillah" should still be very much alive in my heart. For that is

what our blessed Prophet has taught us. He was <u>never</u> not grateful - his entire life was gratitude in action. May we always follow in Rasulullah regrateful footsteps, Champs! For truly when we are grateful, He will surely give us even more!

### muslim meme



got some truths in it personally for me. On this note, I am grateful to report that quite a number of you Champs have told me that after listening to the TKV Class with Ustazah Farhana on <u>Food and Nutrition</u> (Lesson 5 from 'You Are Worthy' Series), you and your spouses / families are taking baby steps towards eating better! Props to all of you, Ma Sha Allah! May we always be blessed with good health!

## to ponder



Our modern culture has sold us the idea that everything has to be

perfect, and when we make any mistake and we sin, there's only doom. But Islam teaches us otherwise. Our Deen teaches us that seeking repentance is the Sunnah and the way of all of our blessed Prophets, may Allah SWT be pleased with them all. Tawba is such an honourable act, and we know that one of Allah SWT's beautiful Names is at-Tawwab, the Most Forgiving, The Pardoner, The Eliminator of Sins - so why do we not focus on **the honour of making repentance?** Why do we choose to crawl on the path of hopelessness by obsessing more about what has happened than what we can actually do **now** to correct it? Seeking Tawba also doesn't happen just once, we have to do it over and over again, and it has to be our active and most default setting, not because Allah SWT does not forgive us, but because we are human and we will never be free from sins! And as a believer, we have to accept this truth, and find comfort in His words: "Surely Allah loves those who always turn to Him in repentance." (Quran 2:222) At the end of the day, isn't that what we want? His everlasting, perfect, and beautiful Love? (PS: I strongly recommend you listening to Lesson 5 of our TKV Series, Not Basic But Epic if you would like to fall in love with the process of repentance. One of my fav classes on AA Plus!) 💗

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We will be meeting for our last Tadarus session for the month next week In Sha Allah, and I hope that you will be able to show up for it!

There is a beautiful Ayah in the Quran that has been giving me comfort and strength whenever I find myself struggling with the Quran itself

- Allah SWT says, "We have not sent down to you the Quran that you be distressed." (Quran 20:2) If for whatever reasons, you too find it difficult to approach and / or reflect upon the Quran, I hope this reassurance from Allah SWT Himself soothes you, and that you will be able to make time and space to gather with us for Tadarus to celebrate and honour this Blessed Book of ours, together. Amin.



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