

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

20 October 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

Be stronger
than your
strongest
excuse.

Assalamualaikum my Champions,

I've been spending time with my nieces and nephews the past week

and on top of all of the fun that we've been having, there is one very important thing I've learned by being in their company: their strong will. As adults, unfortunately, we have grown accustomed to simply hiding behind our made-up excuses, but use any one of these flimsy excuses with pure-hearted kids, and they will just slam it down proving to you that you should be stronger than your strongest excuse!

Example: Kids want to play, but Auntie Aida has to work.

Excuse: No time.

Kids' alternative suggestion: **Wake up earlier to work**, then play. 😂

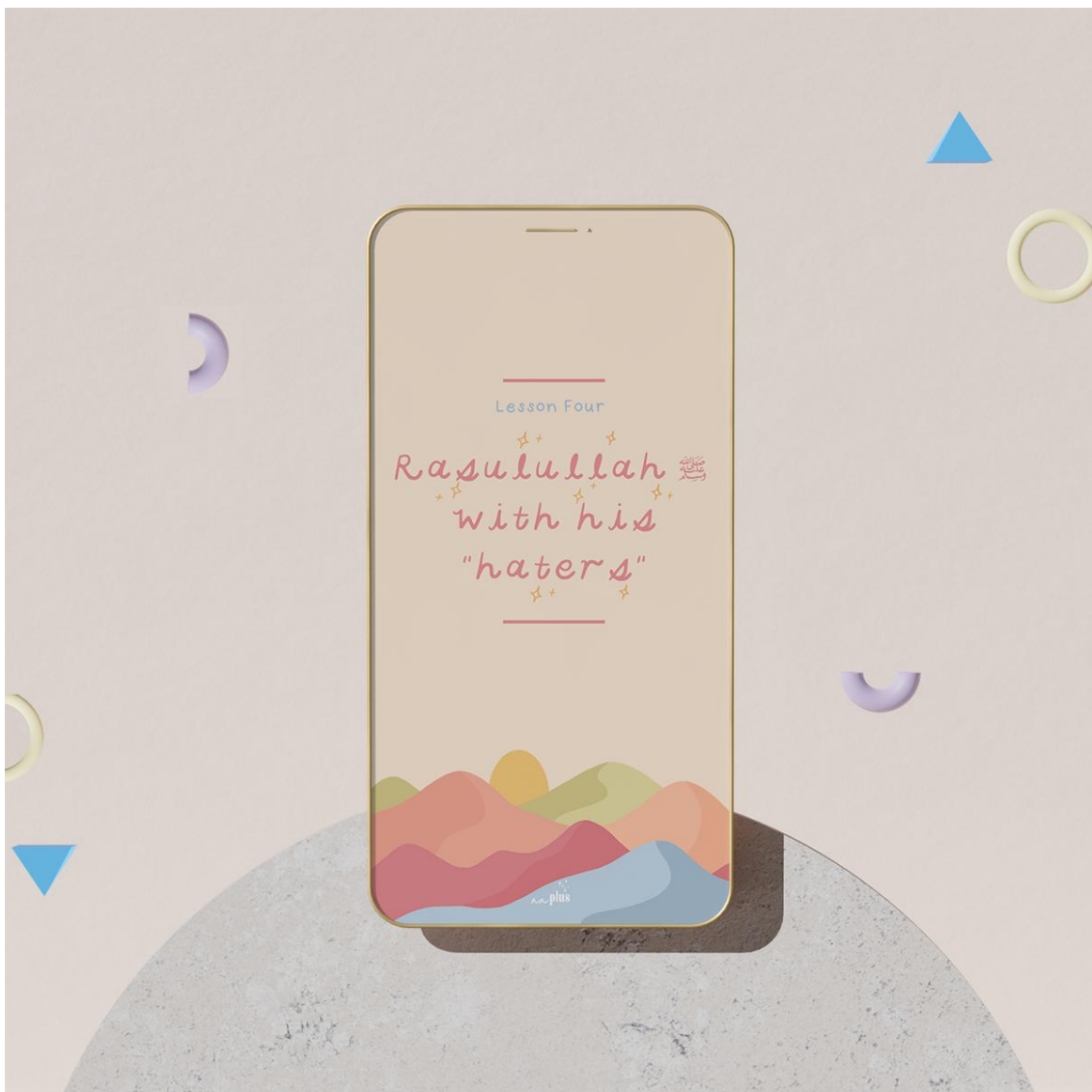
The truth is, **excuses are just lies we tell ourselves and a shift in perspective is really all we need.** And one of the biggest excuses I have been conveniently telling myself is that I don't have time. When in fact, I do not make time nor do I manage it all that well either.

Life is only as good as our mindset, so when we think we don't have time, then time becomes narrower and more constricted. But when we understand that Time belongs to Allah SWT, and He is the only One who can add barakah to our time, we understand that Time can flow in abundance, but only if we direct it back to the One who owns and control Time. And this applies to everything else in life: wealth, health, love, relationships etc.

The perspective that we choose for ourselves is really our superpower because circumstances will not change, but **our mindset can shift a lot of things.** What we think, we become; it's as simple and as profound as that. A negative mind will never give you a positive life. A scattered mind will never give you a peaceful life. And a fearful mind will never give you a courageous life.

So Champs, ask yourself today what's the biggest excuse you've been telling yourself? And what are the steps you can take to shift your perspective on it, for your own benefit and for your own well-being?

get excited for



This week, we will be diving deeper into how Rasulullah ﷺ responds to his "haters" with mercy, love and kindness and how he ﷺ always led

with humility, even in the face of hostility. I know "haters" may seem like a really heavy and harsh word but when we look at the Seerah and see how Rasulallah ﷺ received actual death threats and physical abuse, I think it is a rather apt term. This episode truly increased my love and respect towards Rasulallah ﷺ even more, and it taught me how important it is for a true leader to have emotional intelligence when leading, especially in times of adversity. If you need a boost in spirit and a shift in perspective about what strength and courage look like, this lesson is for you!

[Listen To The Lesson Here](#)

[Join Study Date Here](#)

Asia Study Date: 20 Oct, Thu, 9pm SG

ROTW Study Date: 23 Oct, Sun, 8pm UK

** (Recitation of Surah al-Kahf will start at 8pm SG before Asia Study Date tonight)*

a beautiful dua

Ya Allah, allow me
to understand that
every situation
You put me in is
an opportunity to
worship You.

aaplus.co

#abeautifuldua

Talking about perspective, one of the things I have been trying to really be aware of is how every situation Allah SWT places us in is an opportunity to worship Him. Work is not *just* work, it's a chance to be in service. Cleaning is not *just* cleaning, it's also spiritual purification. Exercise is not *just* exercise, it's an opportunity to be in gratitude for this body that He has loaned us. Smiling is not *just* smiling; it could be an act of da'wah or charity. The list can go on, but as a believer, understanding every small and big thing that we do can be elevated to become something noble and honourable when we attach it to the Divine is imperative. May we never lose out on our day-to-day chances and opportunities at worshipping Him, Amin!

WmPTM



On our very first session of 'Love Letters to Rasulallah ﷺ', my teammate Ida shared her favourite Hadith whereby Rasulallah ﷺ said, **“Verily, Allah has prescribed excellence in everything. (Muslim)** She shared something very beautiful: that in today's society, everything is in two extremes - it's either to "hustle hard or go home" or recently, the trend now is to "quiet(ly) quit", but Rasulallah ﷺ has taught us that the way of the believer is to be balanced and to always **aim for excellence**. That it has been

prescribed unto us by Allah SWT Himself, to be of the people of excellence! And when I think about this, I get super pumped because who doesn't want to be in the winning and excellent team? I used to think I can never achieve excellence, that I am average at best, but this, again, is simply an excuse I tell myself, for Allah SWT has said that He created us to be in the best of forms ([Quran 95:4](#))! Champs, I urge all of you to aim for Ikhsan, to aim for excellence in everything that you do - whether it is in your character, or in your relationships, or in your work, or at home, for you are created for excellence and nothing less!

muslim meme



@muslimemeaaplus
MuslimMemeQueenz

You either know a Hijabi who does this, or you do this yourself.



2,407



982



1,237

This is me, me, me x a million! I know this is borderline dangerous and this bad habit of mine has caused a few "arguments" in my household, but I truly can't help it. It feels somewhat like a reflex - I come home, I sit on the couch to rest, and then I take the pins off from my hijab, pokes it on the armrest of the sofa, and then.... I simply forget about it. 😂😂 Which is why now I just wear instant, pin-less Hijabs! 😂

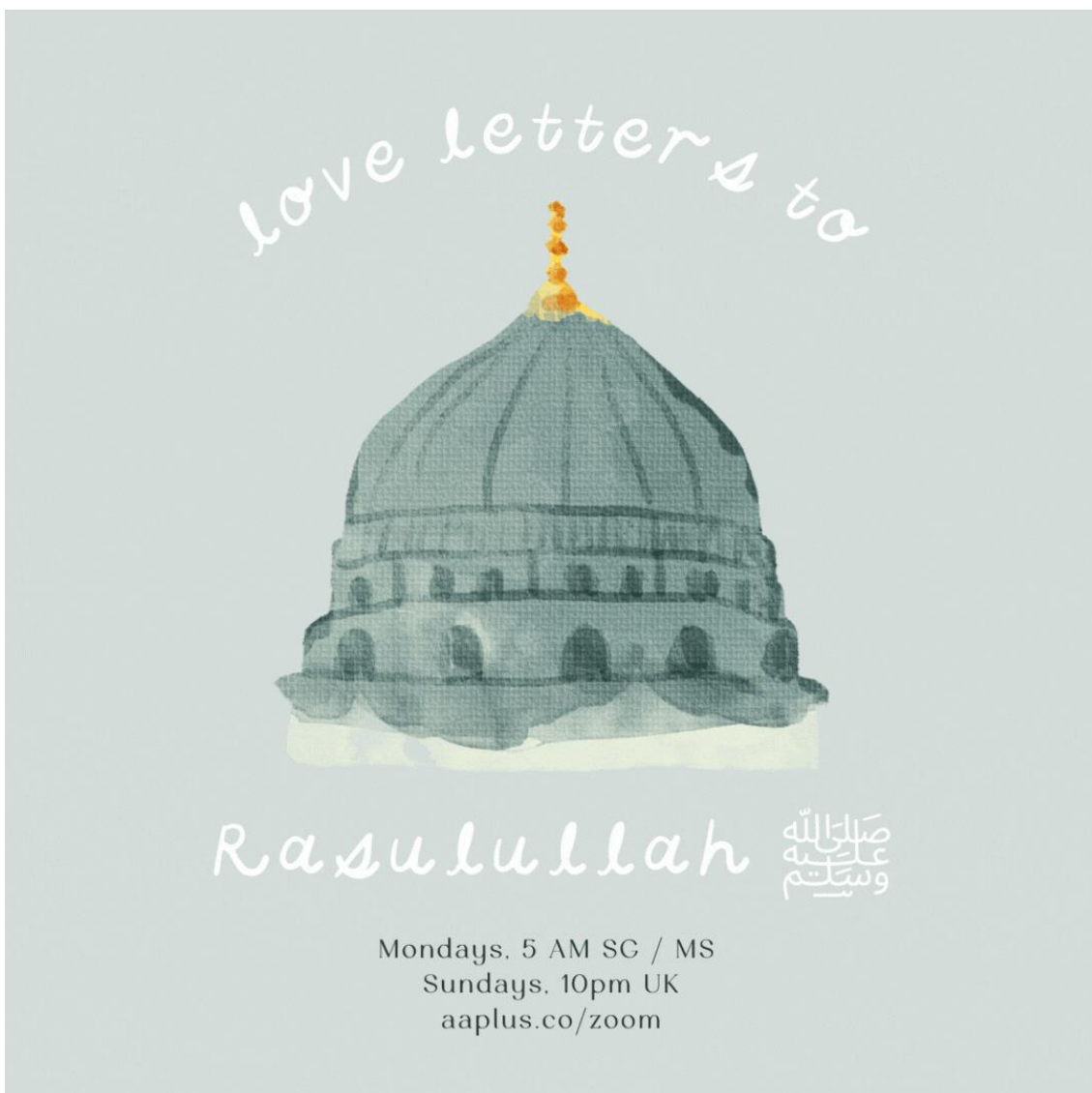
to ponder



If you guys remember, In Sha Allah, we will be hosting a very special [Champs Tea Party next Sunday celebrating Cat-Moms and our very dear feline friends](#). As my team and I are preparing for this event, I started to reflect on my relationship with my cats, Noor and Khair, and I realised that they've been my biggest Consistency Teacher. They are so consistent and regular in their habits, that no matter how scattered or overwhelmed I may be feeling that day, their routine comforts me! And truly, their consistency is their love language towards me! This reminded me of one of my all-time favourite Hadith where Rasulullah ﷺ said, **“The most beloved of deeds to Allah are those that are most consistent, even if it is small.”** What this means is that being consistent can also be our love language towards Allah SWT! What are your small but consistent good deeds,

Champs? Whatever it is, may Allah SWT pour barakah unto it, and may it be one of the many reasons Allah SWT is pleased with you,
Amin.

PS:



I have been thoroughly enjoying myself during our weekly 'Love Letters to Rasulallah ﷺ' sessions and I am a little sad that the last one is coming right around the corner. There's just something beautiful

about coming together with all of you, sending our Salam and Selawat to Rasulullah ﷺ from all around the world, and just remembering and honouring him ﷺ : it truly is a **heart-reviver**. If you haven't been able to make it the past 3 sessions, fret not! You can still watch the short animation videos that my team has produced on the beauty, the miracles and the importance of Selawat [here](#) and set your alarm / reminder to join us for the final session this coming Monday, 24 Jan, 5 AM SG / MS time. (**ROTW Champs**, this session is happening right after our Study Date, so you can just stick around after & join us!)

[Watch Short Animation Videos on Selawat Here](#)

[Join The Final 'Love Letters to Rasulullah' Session Here](#)

[Add Love Letters to Rasulullah to your GCal](#)

(FYI: These gatherings are not recorded to observe the sacredness of the early hours and the blessed month of Rabiulawal.)

With that, I hope you guys have enjoyed Closer!



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X
a.