

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the most Gracious, the most Merciful

19 May 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

You try, He rewards.
You attend, He welcomes.
You repent, He forgives.
You forget, He reminds.
You cry, He listens.

Everything He does,
is all for you.

Assalamualaikum my Champions,

A few days ago, I was talking to a girlfriend and we were having one of those conversations where we would just marvel at how awesome Allah SWT is. You ever had one of those? (I realised we actually do have many such convos during our AA Plus calls 😂 but I digress.)

Anyways, in the midst of that conversation, I suddenly sighed and said, "If it's not for our religion, I would have been so lost. I think I would have given up and just lead an empty life, chasing after insignificant things, trying to please insignificant people. **Without Islam, I would have been a zombie.**"

My friend laughed at the comment, but I was completely serious! Without Allah SWT, without this Deen, without the Quran, without Rasulallah ﷺ, I would not have known what to do in order to be the best version of myself. Everything that Allah SWT has made wajib (mandatory) is so that we can lead our best lives. Everything that Rasulallah ﷺ has taught us is so that we can be grateful servants and lead a peaceful, fulfilling lives. Everything that He has revealed in the Quran is so that we can love, learn, lead, and serve with excellence.

Everything is for us.

To protect us.

To guide us.

To elevate us.

To honour us.

To save us.

Doesn't that just make you feel so... loved?

And the truth is, no one other than Allah SWT has loved us unconditionally, because no one other than Allah SWT can. Allah SWT is the only One who has no need and is in no need, whilst everyone other than Him is in need.

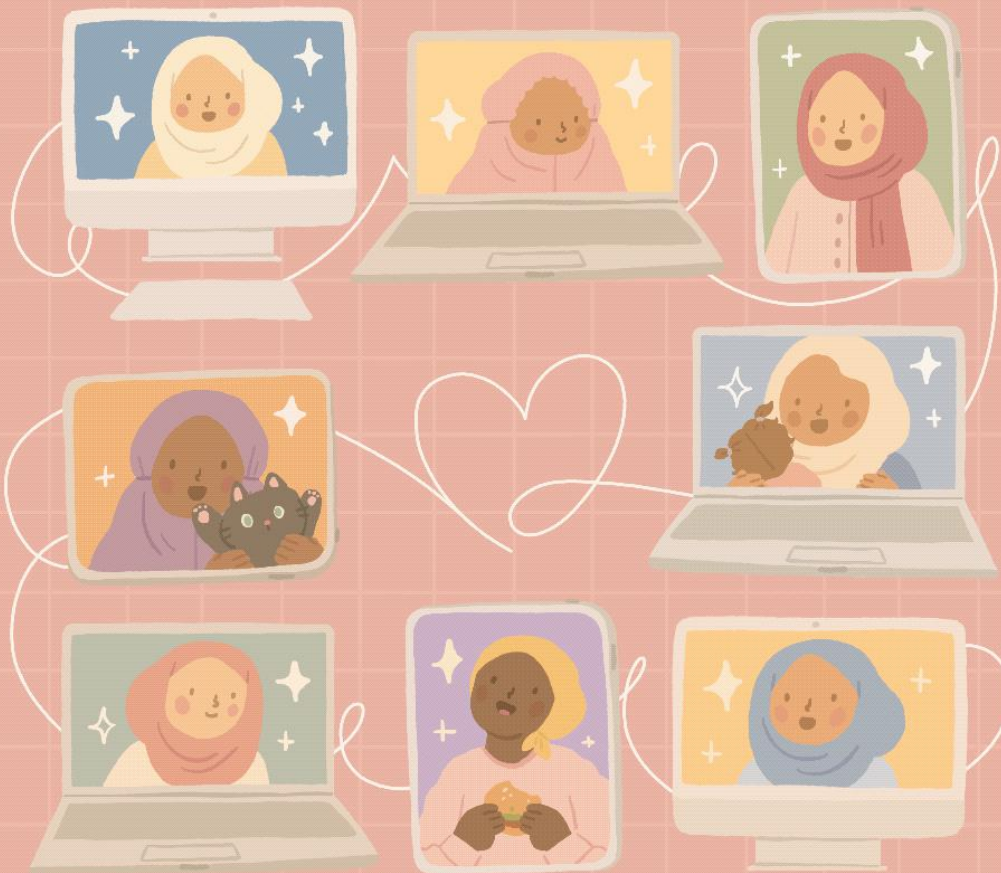
So because He has no need, He gives, and He gives, and He gives. To you, to me, to us. Over and over again, He gives. And in the deepest, darkest, most painful parts of your life where no one has access to, nor understands, He is there. Healing you. Comforting you. Reassuring you. Sustaining you. Nurturing you.

Don't you see? It's all for you. ❤️

This week on aa plus

THE BIG Reconnect:

Setting Our Grand Intentions +
Champs Orientation



Sunday, 22nd May / 9pm SG | 2pm UK

aaplus.co/zoom

Champs, I'm mighty excited for our first gathering after the break because I've missed hanging out with you guys! This one will be a special session because not only will it be a chance for us to set our grand intentions for the second half of 2022, for our time on AA Plus, and many more (my team and I have planned a guided activity on this!), but it will also be an opportunity to connect and get to know one another outside the more formal Study Date / Tadarus settings! So it doesn't matter if you are a baby champ, a not so new champ, or an absent-but-determined-to-be-more-consistent champ, everyone is welcome! I promise it will be light, fun and completely chill! So come with your cameras on or off, with your child on your lap, in your

pyjamas, unshowered, or while having your dinner - whatever your circumstances are, just come as you are. ❤️ It'd be lovely to see you!

Join The Big Reconnect Here!

a beautiful Dua

Ya Allah,
allow us to be
blessings, and not
tests, for the people
You've placed in our
lives.

aaplus.co

#abeautifuldua

Over Eid, it suddenly dawned on me that Allah SWT has blessed me with so many kind, gentle, loving souls that I am lucky enough to call

family and friends. It was at that moment that I made this Dua. May the people closest to us be a witness **for** us, and never against us. 😊

note to self

NOTE

TO *myself* DATE *today*

*What you do on your bad days
matters more than what you do
on your good days.*

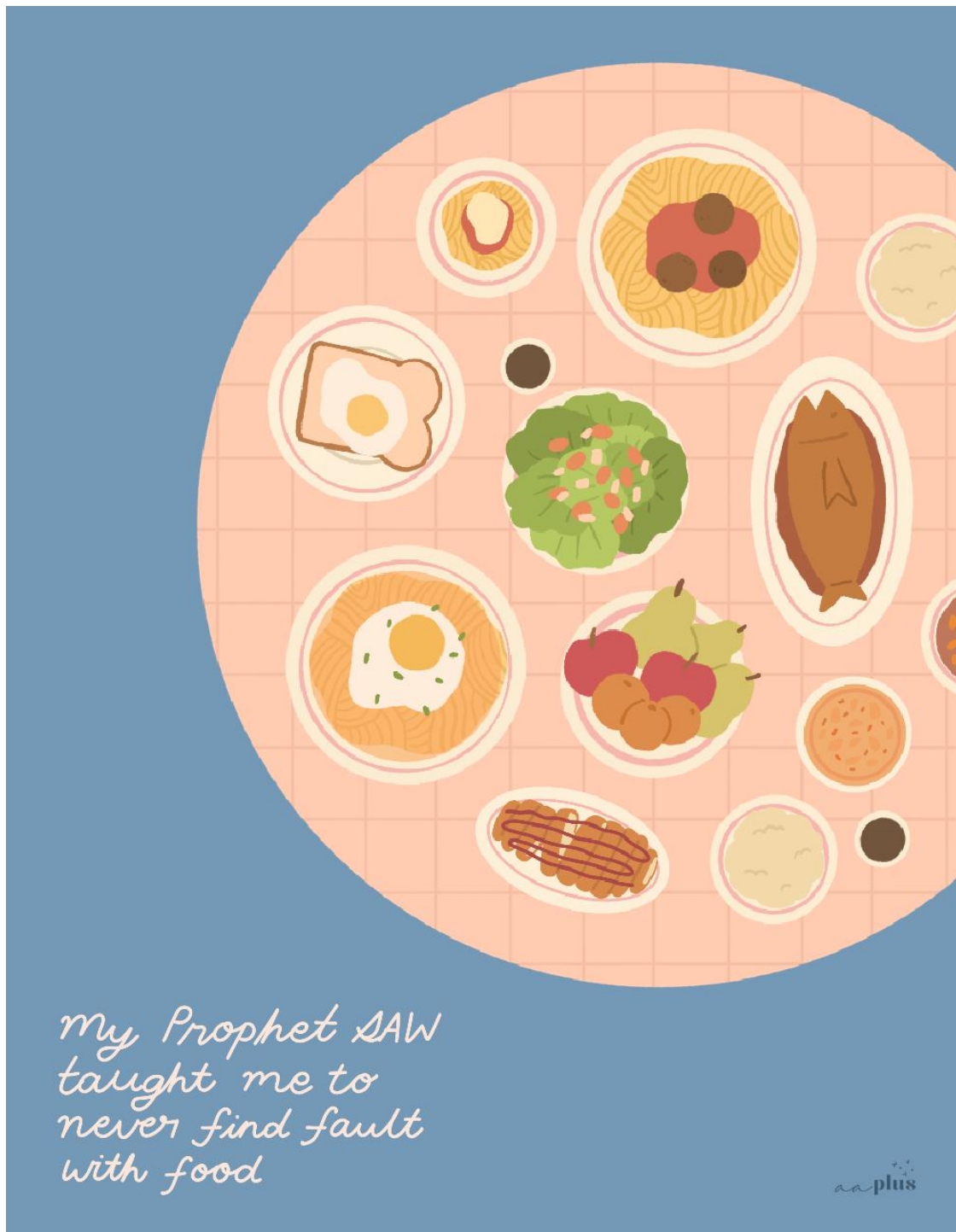
na plus

I'm always scribbling notes to myself, either in my journal, my phone, or sometimes I even send an email to myself (I'm not the only one that does this, right?) So I thought I'd share with you guys some of my "notes to self" because... why not! My #NTS this week was a much-needed reminder because I was having one of the worse PMS days (the 3-in-1 clingy / needy / sad for no reason whatsoever kind 😭) and I told myself that I can honour my emotions, but I cannot let my

emotions spiral, control and dictate me. I allow it some space, I let the tears go, but I also told myself that I gotta help myself and not throw myself a pity party. So before the day ended, I washed up, wrote in my gratitude journal, made myself a good bowl of salad, focused for an hour to do my best work, did my Zikir, and went to bed early.

Alhamdulillah I was able to do all that, because the next day, I felt a whole lot better, and was able to pick up my rhythm again. Imagine if I were to use the excuse of having a bad day to binge eat, watch Netflix and sleep late - it would have taken me a lot longer to recover the next day!

My prophet taught me...



*my Prophet SAW
taught me to
never find fault
with food*

aa plus

Ladies, I am beyond excited to share with you this new section of the Closer email - "**My Prophet taught me...**"! One of my biggest intentions for doing this is so that we can all fall deeper in love with our Prophet ﷺ, for without him ﷺ, we wouldn't know what this Deen is, we wouldn't be able to read nor to hold His Blessed Quran, and we simply wouldn't be who we are today. So it is my hope that through this special series, we will be able to discuss a Hadith or a part of the Seerah and then apply it to our lives with the intention of following his Sunnah, ﷺ! For the very first "**My Prophet taught me...**" (#MPTM), I thought I'd share this [Hadith](#) whereby Abu Huraira narrated, "The Prophet ﷺ never criticized any food (he was invited

to). He used to eat if he liked the food, and leave it if he disliked it." For someone who is only learning how to cook and has little to no confidence in the kitchen, knowing that my Prophet ﷺ would never criticise any food given to him ﷺ gave me comfort! It also taught me to always be grateful, for we still have brothers and sisters around the world who don't even know when their next meal is. 😭

Muslim Meme



Following the previous section of my Closer email, I thought this meme was pretty apt! I still can't quite believe that I am from the

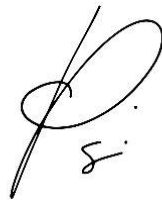
Ummah of the **best of mankind, the mercy to the Universe**, Muhammad ibn Abdullah, ﷺ. It still gives me goosebumps when I think about how Rasulallah ﷺ would wake up in the middle of the night to pray for me, for you, for us. How he ﷺ would cry for me, for you, for us. How he ﷺ would say he ﷺ misses us. 😭😭 May Allah SWT grant us all the companionship of Rasulallah ﷺ in the highest of Jannah, Amin! ❤️

Something to Ponder



I believe in this 100% Champs. Many years ago, I used to make this

Dua every single day, in every single prayer, and I even woke up for Tahajud for it. We were newly married then and we were struggling financially, but K was adamant to work on a few business ideas. I, on the other hand, was impatient and extremely anxious, and my "Singaporean-mentality" thought that the only way to be stable monetarily was to work a 9-5. So this was the prayer I made for a good year or two: "Ya Allah, please grant us good jobs at a company for both Karim and I." But Subhanallah, He didn't "answer" my Dua with the kind of "job" that I imagined. Instead, He subtly planned, arranged and prepared for both of us **to work together**, and that was the stepping stone of how AA Plus was born. :) If Allah SWT "answered" my Dua the way I wanted it, I don't think I would have the pleasure of writing to you today. So here's what I've learned: **to trust in all of our "unanswered" duas.** Because Allah SWT is always the best of planners! Did I regret making that dua? Not at all. I now know that there is no such thing as "unanswered" duas as Allah SWT ***always*** answers our duas. Just sometimes not in the way we thought He would. **But whatever, however, and whenever He answers our Duas, it will always be for the best! So dua anyway, and trust Him.**



(ending it with His words)



Can't wait to restart our Tadarus Circle sessions again come June! But if your

soul is craving for some "Light" today, [click here for one of my fav highlights!](#)

With that, I hope you guys have enjoyed Closer.



fin
x
a.

*Copyright © 2022 The AA Team, All rights reserved.
Because you signed up to become an AA Plus member.*

Our mailing address is:

The AA Team
Rue Idriss
Tangier 90 000
Morocco

