18 November 2021



your curated weekly spiritual booster delivered straight to your Inbox

you never know when's
A PLOT TWIST WILL
spring up in your life,
SO BE FLEXIBLE,
stay light & keep
CLOSE TO ALLAH!

Assalammualaikum my Champions,

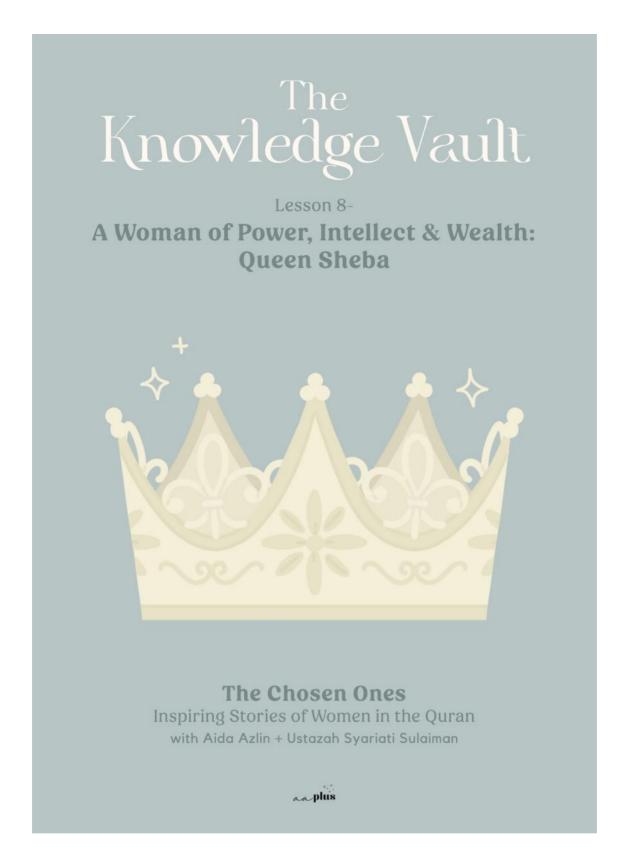
Whenever I think about the plot twists in my life, my ultimate favourite one would be Karim. I was always very determined to marry a tanskinned, Malay boy in Singapore, work a nice, comfortable office job, and stay close to my parents.

But Allah SWT had a surprise for me! He willed that I marry a fair-skinned British Moroccan, worked (and is still working) non-stop on a business we built together, and I am 11,880 kilometres away from my parents. From then on, I knew that I should always have space for Allah's beautiful plot twists, because we plan, and He plans, and His plans are always the best!

One thing I've learned is that the best way to be somewhat ready for His epic surprises is to always have *husnuzon* (good thoughts) on Him, because Allah SWT sees the entire jigsaw puzzle, whereas we only see the few pieces in front of us. So we have to be flexible (in our plans), to stay light (material and attachment wise), and of course, to stay grounded by keeping close to Him!

PS: If you are open and have time, share with me your fav plot twists! I'd love to hear from you!

This week on an plus



Asia Study Date: Thursday 18 Nov, 8.45pm SG / Malaysia ROTW Study Date: Sunday 21 Nov, 7pm UK

GUYSSSS!:(:(We've reached the last episode of this TKV Series and I'm already having withdrawal symptoms! However, I am determined to end it with a bang so concluding the series on the blessed women mentioned in the Quran is the Queen of Sheba! I gotta be honest - I have absolutely no idea what her story was prior to this recording, so I was excited to learn about her with Ustazah Syariati! In

this episode, we will be discussing her great leadership, her openness in seeking the Truth and her humility even when she was blessed with so many! This lesson will also teach us that wealth is actually not a bad thing at all. In fact, it can even be a cause for our status to be elevated, as long as Allah SWT is always at our core.

Listen To The Episode Here

Join Study Date Here

Read PDF Notes Here

Tip: If you find it difficult to attend the Study Date or to listen to the Class on your own, try starting with the PDF Notes!

a beautiful Dua

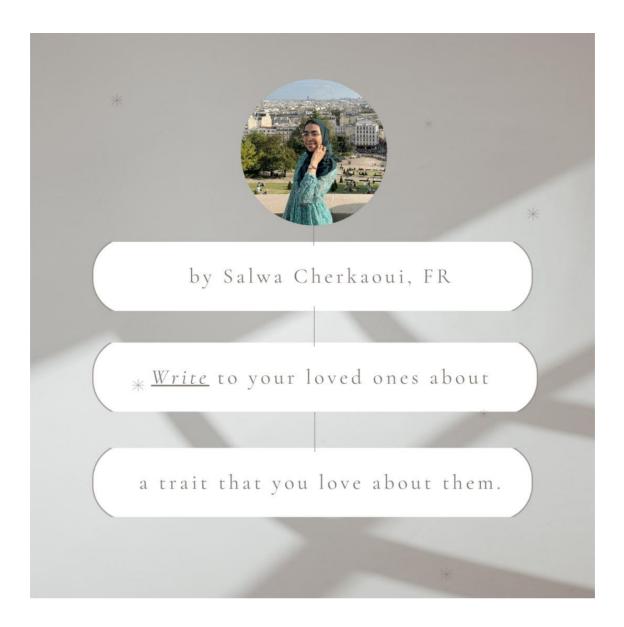
Ya Allah, allow me to remain soft no matter how rough this world is, for You are Gentle & You love gentleness.

aaplus.co

#abeautifuldua

This Dua is inspired by Nazhrah, who beautifully shared, "I hope we stay soft" when a fellow Champ vulnerably confessed that she doesn't quite believe in love because of all of the negative things that have happened around her. I smiled when Nazhrah said that because it reminded me of how Allah SWT is al-Lateef and how He loves gentleness. There is so much strength in shyness and power in gentleness, and I pray that may we be from the people who are tenderhearted and gentle, just like our Prophet, SAW.

a good deed to try



In this week's instalment of 'a good deed to try', our lovely Salwa, who enjoys crafting words and is a self-professed "multi-passionate bird in the body of a human", suggested a beautiful activity to do! The challenge is to write to someone we love (eg a family member, a friend, a fellow Champ), telling him/her about something that we love about them that they probably are not aware of, or remind them of a small gesture they once did that left an impact on us. The purpose is to shed the light on the 'small' things that often leave the strongest effect on us, and to highlight a good character trait that the other person might not necessarily see in his / herself. Salwa particularly said that it should be written, maybe a small note, a postcard, a letter, an email or even just a text if it's easier, but written "because it helps keep a physical souvenir of the deed". I'm definitely excited about this & gonna take out my cute stationery now!

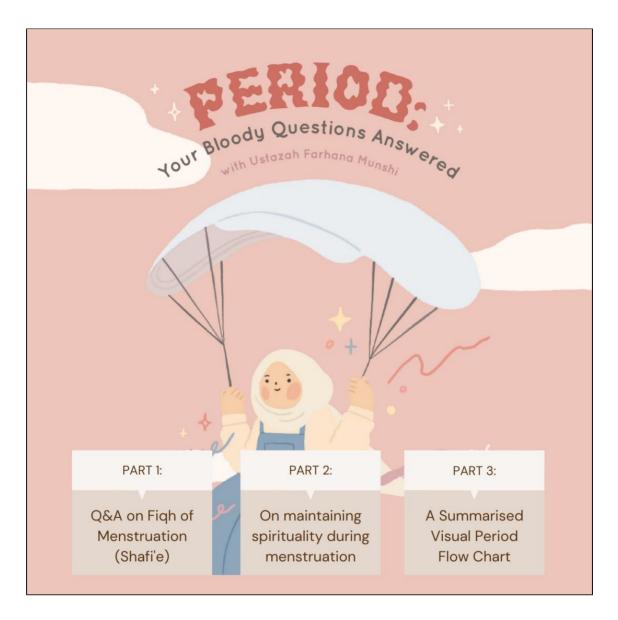
Hour visual reminder

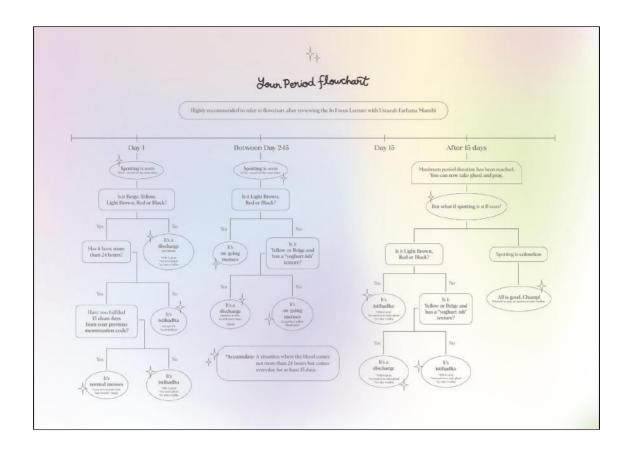


A few days ago when the ROTW Champs met to have our weekly Tadarus Sessions, our conversation somehow beautifully steered towards the miracles of Duas. My heart was blooming when so many Champs came forward to share their own miracle stories about Duas (*if you wanna hear it, email us for a playback ok!*) and that was when I realised, "I really have to upgrade my Duas, and make them frequent!". Hence this wallpaper! Plus, I can never have enough visual reminders that will prompt me to pray. I hope you like it!

Download Wallpaper Here

in case you missed if





My oh my! I feel a whole lot closer with you guys who attended the In Focus Lectures on Period because Ma Sha Allah, the things we discussed are incredibly intimate! At the end of the call, I realised that the topics we spoke about could have been awkward if I was around people I am uncomfortable with, but because we were together, it felt incredibly empowering! If you have not had the chance to attend the calls, below is the link to the complete "period folder": it includes the two playbacks, Ustazah Farhana's slides and also the amazing visual period flowchart that my team came up with from the Class we had! However, please please please x a million watch the playback in the privacy of your room, without any male presence whatsoever to protect everyone in the Call ok? This is super important!

Access Playbacks + Full Period Folder Here

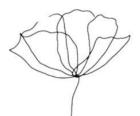
Muslim Meme



This guy is literally me yesterday when one of my fingers was scratched by a stray cat in my neighbourhood as I was feeding it! I know that doesn't count as a hardship-hardship, but I winced when the water ran through the cut and I kept saying, "No fatigue, nor disease, nor sorrow, nor hurt befalls a Muslim, even if it were the prick he receives from a cat thorn, but that Allah expiated some of his sins for that." (Bukhari)

Something to Ponder

Do not be ashamed of the wars your soul has fought to save itself.



Have you ever paused and thought about how far you've come in your journey, Champs? If you haven't, I hope you take some time today and just marvel at how beautifully Allah SWT has carried you through everything. I also hope you don't discount all of the amazing heart work that you've done for your soul for it to be where it is today. All the late night crying sessions peppered with sincere duas, the smile that you flash to your loved ones despite your aching heart, the positive affirmations that you whisper to yourself when everything seems to be crumbling around you, the addictions that you had to overcome so that you can be the best version of yourself, and the many other things you did in secret that only He knows - hug yourself tight today for being the warrior you've been. Know that Allah SWT sees all of your efforts, and with Him is the best reward. #improudofyou:)



ending it with His Words



(If you are in need of some soulcare, join us @ our weekly Quran Tadarus!)

With that, I hope you guys have enjoyed Closer.



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Because you signed up to become an AA Plus member.

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