

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

18 July 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

Godfidence:
The courage &
strength that comes
only from trusting
Allah SWT

Assalamualaikum my Champions,

I was feeling rather nostalgic today, and started thinking about how far

AA Plus has come along, and how precious and sacred this community is to me. To be honest, there were more than several times when I was **this** close to just shutting it all down. But whenever that happens, Allah SWT would always boost me with "Godfidence".

"Godfidence", I'd say, is the courage and strength that comes only from trusting Allah SWT to not give up. Because the perseverance, the determination, and the grit to continue running AA Plus are never mine. It's all from Allah SWT. Should I rely on my weak self, I'd most likely give in to all of the meltdowns, the panic attacks, the uncertainties, and the worries just like that.

Even today, 3 years on, I still have doubts. Am I giving my best to my Champs? Am I being the best leader and teammate that I can be? Am I disappointing Rasulullah ﷺ? Am I even qualified to run this platform?

And then a voice in my heart will whisper, "Trust Allah. Have Godfidence."

So despite the waves of emotions that were bursting throughout my being just a few hours ago, here I am writing to you, with a smile, and a grateful heart. Because I am certain that for now, this is where Allah SWT wants me to be. And this is how I hope I will be used by Him.

For however long, He wants me to be here, I'll be here. And with "Godfidence", I will try my best-est to be your "Internet Mom". ❤️

a beautiful dua

Ya Allah, allow me to
remember that Your
Deen is my compass,
Rasulullah ﷺ is my
guide, & the Quran is
my light out of this
wilderness.

aaplus.co

#abeautifuldua

This Dua is massively inspired by our current TKV Series, "[You Are Worthy](#)". When things get really confusing, and everything is a blur, this is a prayer I keep going back to, over and over again. The answers to all of our questions are in our Deen, have been put into practice by our beloved Prophet ﷺ and have been immortalised in the blessed Quran. So these are where I will find, not just solutions, but solace too.

#WMPtM



This week's "What My Prophet Taught Me" (#WMPTM) is my sneaky way of hyping all of you for our TKV episode this week! Ustazah Farhana and I spoke about Food and Nutrition according to the Sunnah and boy is this upcoming lesson EYE (or tummy?) OPENING! Please please please make time to listen to it this week when it comes out, In Sha Allah, or better yet, join us for the Study Date! Anyways, Rasulullah ﷺ **"used to eat with three fingers"** and will not wipe his hands when he is finished, **"before licking it"**. [The](#)

three fingers are: the thumb, the index finger, and the middle finger.

What is super cool about this is that it has been scientifically proven that we have some bacteria, known as normal flora, that are found on our palms and fingers, which when ingested, help improve digestion in the gut and protect various body parts such as the mouth, throat and intestine! Also, millions of nerve endings in our fingers relay the message that we're about to eat, including the temperature of the food, level of spiciness and texture of food, thereby prepping our stomachs for digestion. ISN'T THAT COOL? (Also, random but, do you think KFC knew their tagline "finger licking good" follows the Sunnah? 😂)

muslim meme



@muslimemeeaplus
MuslimMemeQueenz

How I sleep at night knowing i'm muslim



2,407



982



1,237

Nothing beats going to sleep knowing that you've done your best with Allah SWT that day right? It's this sense of contentment, peacefulness, protection and satisfaction all rolled into one! I pray that we feel exactly this when our heads hit our pillows every night, Amin!

to ponder



I had to really sit with this realisation this past couple of weeks. That there is really more to life than my worries and my uncertainties, and that there is more to everyone than meets the eye. I think about Rasulullah ﷺ and all that he ﷺ had to go through, and I always wondered, how is Rasulullah ﷺ always smiling despite it all? How was that possible? And I think it's because he ﷺ knew, he ﷺ understood, that with Allah SWT, there is always good, there is always joy, there is always ease, and there is always something better. Champs, I pray that whatever it is that has been making your heart heavy, I hope you will breathe easy knowing that there is always more to life, and more to you, than that particular matter. **Because you have Allah SWT.** And Allah SWT is "Akbar", He is bigger than any and all of our struggles. How beautiful is it then, that we have to recite this Zikir

repeatedly over and over again, every time we move and change positions during our prayers, 5 times a day, every day?

P.S.:



I'm super excited to be hanging out with all of my Single-Lillah champs tonight for this event with Ustazah 'Alimatunnisa! I'm in need of a spiritual shower so this is a perfect way to start my week. Also, for my non-single Champs who are wondering, of course you are also invited! I'm not single, and I'm totally gonna crash this party 😂😂😂!

[Join Single-Lillah Event Here!](#)

With that, I hope you guys have enjoyed Closer!

fin
x
a.

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Because you signed up to become an AA Plus member.