

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

18 May 2023



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

Sorrow looks back.
Worry looks around.
But **Faith looks up**,
while asking Allah SWT,
**"Ya Rabb, what do
I do next?"**

Assalammualaikum my Champions,

Recently, I read one of my old journal entries where the only thing that

was written was a single line, **"Ya Allah, what do I do next?"** I remember being at my lowest, where even doing the most basic thing, like eating, getting out of bed, and washing up, was a huge struggle. I remember feeling absolutely lost.

But what helped me crawl out from that dark hole was this question that I kept asking Him, **"Ya Allah, what do I do next?"**. And ever so gently, I could feel Allah SWT answering me by moving my limbs, by guiding my thoughts, by cradling me to sleep, by sending me the most beautiful souls to keep me company, but most of all, I now know He answered me by simply allowing me to keep asking Him, repeatedly, over and over again, **"Ya Allah, what do I do next?"**

Because **when things are so difficult, the best thing to do is to just focus on doing the next thing**, whether it is taking a much-needed shower, drinking a sip of water, deleting that email in your Inbox, or simply taking another slowed and mindful breath. And only Allah SWT could peel that heaviness off my heart so that I was able to see with clarity what I should do next.

Fast forward a few years later, I am better now, yes, but I have missed the closeness and intimacy that I felt when I anchored my every move with **"Ya Allah, what do I do next?"**. **Being completely dependent on Him saved me, and for the first time in my life, I tasted the sweetness of surrendering to the One who Loves me Most.**

So now, **as and when my heart feels suffocated by this world and its inhabitants, I quickly fall back on this very simple formula of asking the All-Mighty and All-Merciful my favourite question, "Ya Allah, what do I do next?"**.

PS: Do you have an inkling as to what Allah SWT wants you to do next, my dear Champ? I pray may you be able to know with utmost certainty what is your next step, Amin!

get excited for



If you have been a Champ for a while now, you will know that **The Knowledge Vault (TKV)** is the solid foundation on which AA Plus is built on! It serves as a Home to all of our lessons and episodes with our esteemed Ustazahs, and I am ever so proud of it! Now four years in, I

now see **TKV** as ONE solid podcast series, where we will focus on covering a varied range of topics, themes and ideas, from everything spiritual to relationships and self-betterment, so that we will always be learning new things that will In Sha Allah, always bring us closer and more connected to Allah SWT. With this in mind, I am so excited to share a new TKV podcast episode this week on **'Tranquility, Love and Mercy: Secrets to a Successful Marriage from the Quran'** where Ustazah Syariati and I spoke about what qualifies a marriage to be given these 3 sacred gifts, why having Allah SWT at the core of our union is the key to a successful marriage, and how Islam has perfectly established equal rights and responsibilities between the man and the woman so that a home is fit to raise the next generation of Khalifahs. **PS:** My team and I are looking forward to producing and creating more beneficial TKV Podcast episodes for all of you, but in the meantime, you can always listen / watch all of the other past episodes on [our Archives!](#)

[Click Here to Listen to the full TKV Podcast Episode](#)

[Read our swanky PDF Notes Here!](#)

this sunday's date



Just a heads up that we will be having a **"listening party"** and coming together to catch the highlights of this week's TKV podcast episode this Sunday, In Sha Allah! Joining us will be a very special secret guest too so I hope you will try your best to clear your schedule! Come in your comfiest loungewear, grab some snacks, and ready your heart to talk about LURVE and what marriage looks like for us Believing Women in this much-needed all-girls session!

[Join Our Listening Party Here!](#)

[Add this event to your GCal](#)

a beautiful dua

Ya Rabb, allow
me to honour
Your gifts
without getting
too attached to
them.

aaplus.co

#abeautifuldua

This week's TKV definitely moved my heart to make this prayer, especially after Ustazah Syariati expanded on what a big blessing it is to have a tranquil and loving home. But we should never forget that the people whom we love and cherish in our lives, they are gifts that Allah SWT has so generously given to us. And it is not right to only be preoccupied with the Gift that we forget the Giver of the Gift Himself. May we always praise and be grateful to Allah, the Most Loving, with every embrace, every smile, every hug, and every gentle touch that we receive from our closest and dearest, Amin.

a visual reminder



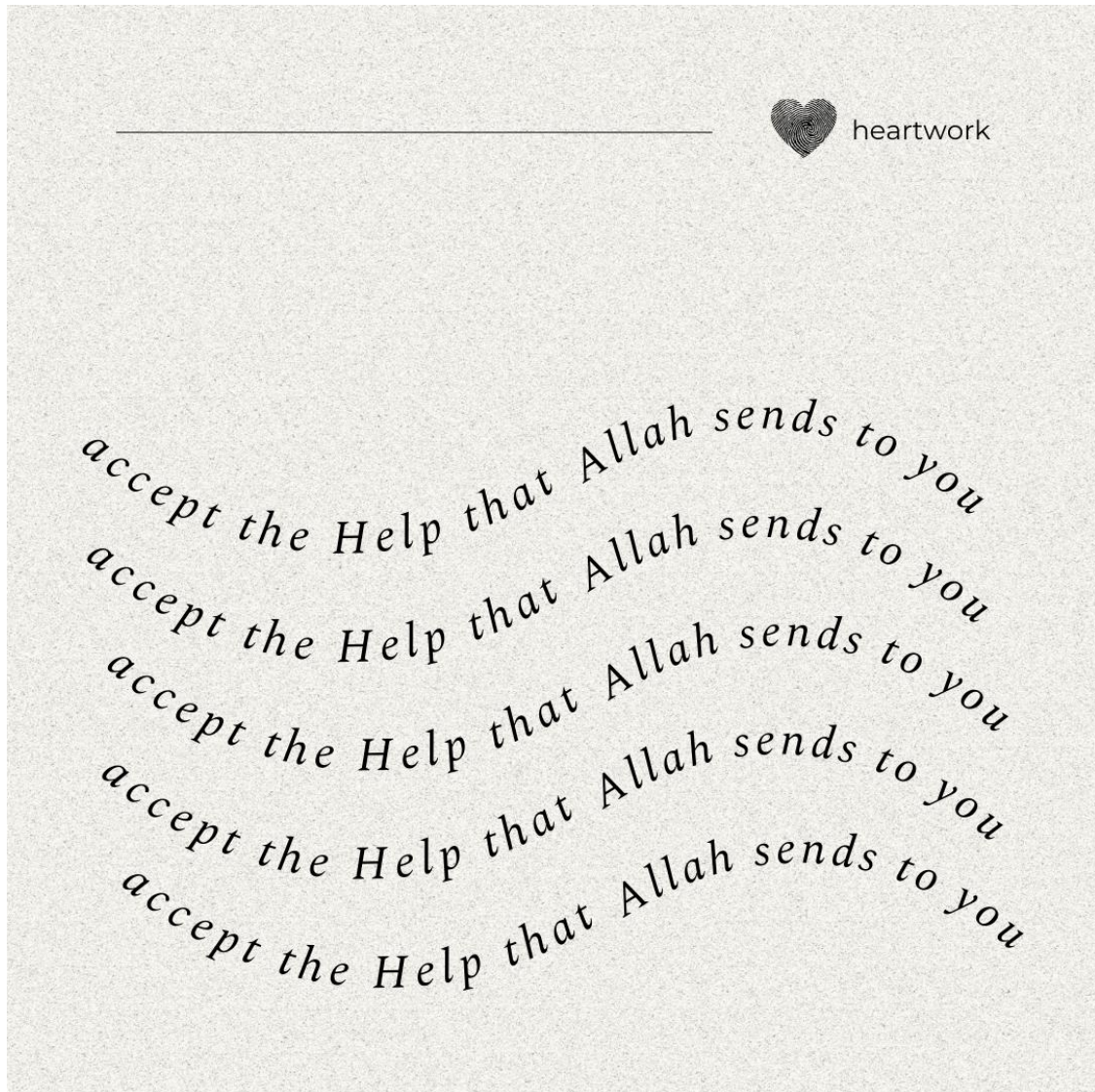
Last Sunday, more than 230 of you showed up to our live session on '[Beating Procrastination](#)' and this tells me that many of you, if not all are you, are committed to overcoming this dreaded habit! One of the things I shared during the session is that our biggest procrastination is in our preparation for our Hereafter, and in order to battle that, we have to live our lives carrying out this mantra: **"Allah First, Allah Always"**. Hence the wallpaper! I pray may this visual reminder be of

benefit to all of you, and may Allah SWT grant you all the strength and the discipline that you need to kick procrastination out of your lives!

[Download Wallpaper Here](#)

[Watch Replay of 'Beating Procrastination' Here](#)

heartwork that heals



I am ever so grateful to be able to realise that sometimes, Allah's Help can come **not** in the ways that we imagined it to be. For example, it can come in the form of a "closed" door - like a cancelled appointment - because Allah SWT knows we were too overwhelmed to add on another commitment! May we never be too stubborn to refuse any and all of the Help Allah SWT sends to us (and He sends us plenty) even if we may not understand or realise it immediately!

muslim meme



I CANNOT I CANNOT I CANNOT.

#Iloveyouhairdryer

to ponder



One of my dearest friends, H, is the kindest and gentlest person I know, and even though she herself does not think so, I see H as an incredibly strong woman. But her strength lies in her softness -

as a teacher to so many young kids, it is not easy to remain calm and level-headed at all times around super energetic children, Ma Sha Allah! And with every one of them, she is thoughtful, patient and incredibly compassionate. That takes immense strength in my eyes. Rasulullah SAW said, "whoever was given his share of gentleness, then he has been given a share of good" ([Tirmidhi](#)) and I cannot help but feel sad to think of how much good we lose out when we choose harshness, rudeness, and foul language. In a time where it is so tempting to make a fuss and shout over nothing, may we remain gentle, soft and kind so that our character can speak volumes on who our Teacher is, SAW, and Who our Rabb is, Allah SWT.

And with that, I hope to see you [this Sunday](#). In Sha Allah! May Allah SWT guide your every step, strengthen your every move, and ease your every affair, Amin!

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Because you signed up to become an AA Plus member.*

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