18 January 2024



your curated weekly spiritual booster delivered straight to your Inbox

The ratio for a balanced life is to be 100% Akhirah-focused. Imagine having your feet in two separate boats - won't you be thrown off balance?

Assalammualaikum my Champions,

I remember very vividly how Ustazah 'Alimatunnisa shared in one of our past Sunday Sessions that the ratio to have a balanced life is 100% Akhirah, 0% Dunia. She said that if we focus on our Akhirah, then the affairs of our Dunia will also be taken care of, but the same cannot be said if we consume ourselves only with the Dunia. With her words imprinted in my heart, I bear witness to how every single time I choose to invest in the Akhirah, my worldly tasks get eased and smoothened, Subhanallah!

And I am sure I am not the only one.

A number of you have shared how:

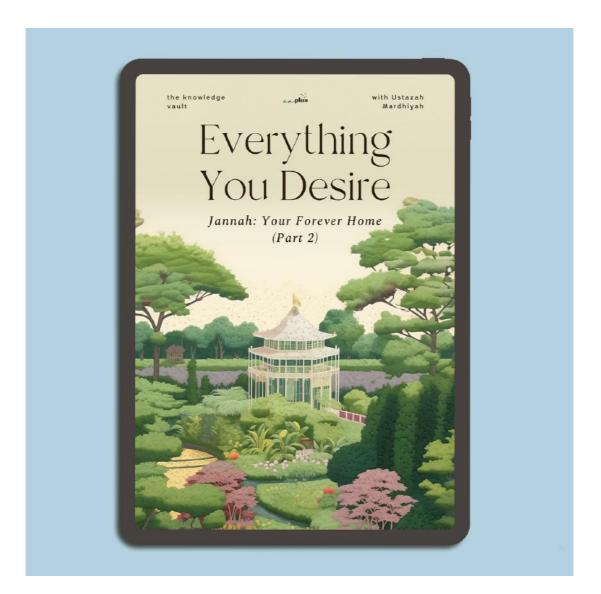
- When you give to charity, new opportunities open up for you.
- When you prioritise the Quran, your time is stretched and expanded.
- When you served for His sake, your pain and grief were healed.
- When you woke up for Tahajjud, your relationships got fixed.
- When you sought knowledge, you broke your addiction.
- When you fasted, your health improved.

And the list goes on!

Champs, why haven't we realised that the solution or the answer to our difficulties and concerns is right here in our perfect religion? Why are we looking for "quick fixes" in "Self-Help" books when we have the most Perfect Book that has been gifted to us? Why are we following celebrities and idols when we have the most perfect example in our beloved Prophet, Rasulullah ?? Allah SWT says, **"I have perfected your faith for you, completed My favour upon you, and chosen Islam as your way."** (Quran 5:3)

So if Allah SWT Himself has chosen Islam for me and you, as our way, why then are we doing a disservice to ourselves by going against His Divine Choice? **#somethingtoponder!**

the knowledge vault

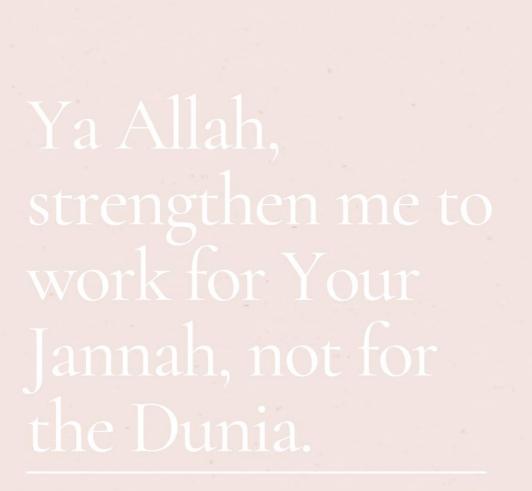


This week's TKV episode with Ustazah Mardhiyah had the right balance of dreaminess, spiritual motivation, and reality check all rolled into one, Ma Sha Allah! Ustazah went into the beautiful details of Paradise - its occupants, the environment, the beautiful clothings, the delicious food, the gardens, the rivers, the tangible and intangible blessings, and so much more! You can't help but feel Allah SWT's immense Love and Mercy with each description of Paradise and how they are designed to encourage us to never give up in this Dunya, for His Sake. If you are looking for a gentle pep talk, this episode is it! Listen to the TKV Episode Here

Join Our Listening Party on Sunday Here

Add Sunday's Session Here to your GCal

a beautiful dua



aaplus.co

#abeautifuldua

Ustazah Mardhiyah spotlighted a number of beautiful Ayahs in our TKV episode this week, and one of them that significantly struck a chord with me was, **"For the like of this (Paradise), let the workers (on earth) work."** (<u>Quran, 37:61</u>) It's way more poetic in

Arabic, but this verse has inspired a prayer for me: "Ya Allah, strengthen me to work for Your Jannah, not for the Dunia." Champs, may Allah SWT allow us to strive and to give all of our strength, our time, our energy, our skills and our creativity for His Pleasure, and not merely for the exhaustive pursuit of this temporary Dunia. For when we do anything for Him, it will always be fulfilling and meaningful, but when we do it *other* than for Him, it will only feel tiresome and empty.

visual reminder



The blessed month of Rejab is in full swing, and that means it's time to do lots and lots of Repentance. In light of this, I went on to design a simple wallpaper to commemorate this sacred month. Now, whenever I tap on the screen of my phone, I recite one more Istighfar. :) Sharing it with you with the hopes that it will be useful to you too! (PS: Have you checked out our super cool <u>Rejab PDF</u>?)

Download Visual Reminder Here

heartwork

heartwork be happy for others be happy for others be happy for others be happy for others be happy for others

One of my teachers told me that it's an honour when the people around us feel **comfortable** enough to share their good news with us, as it shows that we are sincerely happy for them, and more importantly,

that it could also be a testament that envy does not reside in our hearts. Her words impacted me so much that now, whenever a dear one shares a piece of good news with me, I quickly check the state of my heart - if I am genuinely happy for them, then Alhamdulillah, my heart is attached to Him, but if there was even a slight heaviness, then

I have some scrubbing and repentance to do. :(

muslim meme



I'm sorry, but I can't help it! I used to run away from learning Tajweed Theory, but now I am a complete nerd for it. I love it so much that my team and I have started to share some of the things I've learned with my teachers on our 114 Club dates. One of my life's mission is to make Tajweed, fun (!!!) and to spread the Tajweed Love to as many of you Champs as possible, Amin! 😂 (**The 114 Club** is on this Friday, 19 Jan | Asia: 9pm SG/MY | ROTW: 7pm UK)

Join The 114 Club Here

to ponder



When I realised that we will never, ever be completely alone, it made me question who my companions are, even in Solitude. For example, the thoughts in your head when you are on your own - are they positive, mindful, and reflective, or are they just frivolous? What do you reach for when you have a quiet moment - a book or your phone? What about the things you watch when you are alone? Truly, who our companions are when we are alone says a lot, and it's time to choose better "friends" for ourselves, especially in seclusion.

And with that, my dearest Champs, I pray may you always have your feet firmly walking on the Straight Path - for that is the Path that is balanced, upright, and the one that will In Sha Allah lead you to His Paradise, Amin.

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