16 September 2021



your curated weekly spiritual booster delivered straight to your Inbox

your loved ones on social media,

TAG AND MENTION THEM IN

your duas instead.

Assalammualaikum my Champions,

I have been a lot more conscious of what I've been posting and sharing on Social Media this year - I've definitely cut down posting on my personal Instagram, I've cleaned up my feed and have also taken down some of my older videos that no longer align with who I am today.

I think one of the biggest reasons why I've been able to make that shift is because I prefer sharing with you guys on AA Plus a lot more instead. I feel safer and more at ease because I know exactly who's watching and viewing the things I share, i.e. **you**!

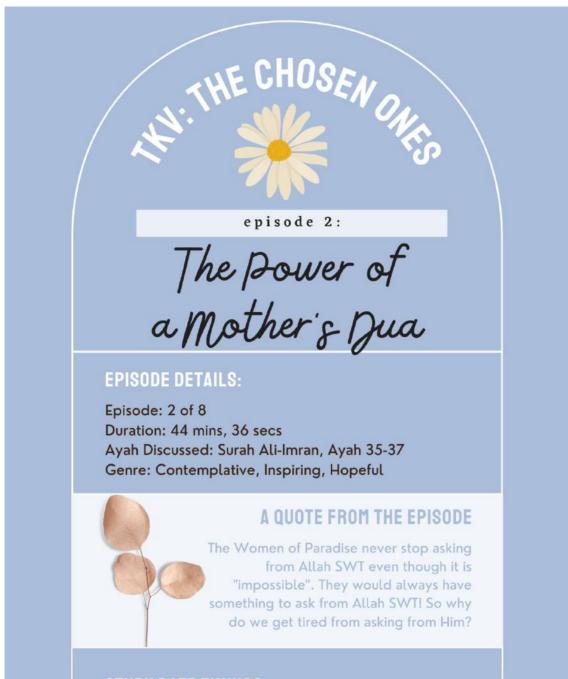
For the most part, I know who you guys are. I've either spoken to you or have at least communicated once with you. I most probably have also exchanged ideas with you, reflected on the Quran with you, learned with you, shared a meme with you (this is important)...What I'm trying to say is, we share a real bond, you and I, and that is why I feel at home with you. I can be myself with you Champs.:)

I've also realised that because our bond is formed for Allah's sake, it was only natural that I started including you guys in my duas and prayers, alongside my family, friends and teachers. And doing that made me understand just how precious you all are to me - because even though I might not "tag" all of you on Social Media, I've "tagged" you in my Duas, and gushed about you when I speak to Allah SWT.:)

I want to keep our bond sacred and real, not only social and reel.

May Allah SWT always allow AA Plus to be a space for all of us to share our vulnerabilities, our successes and our failures freely and safely, and may He bless this community that we have to be one that is always centred around our love for Him and rooted in the Deen, Amin!

This week on an plus



STUDY DATE TIMINGS:

ASIA STUDY DATE Friday, 17 Sept 8pm SG | 7pm WIB 9pm TKY | 10pm MEL ROTW STUDY DATE Sunday, 19 Sept 8pm UK | 11pm DXB 2pm CT | 3pm ET

Champs, are you ready for Episode 2 of this month's TKV? I'm definitely psyched to continue our lesson after last week's inspiring session! In this week's episode, we are introduced to the mother of one of the most influential women in Islamic history, Sayyidatina Maryam AS. Even though her name is not widely known as her daughter's, the result of her impactful intention and Du'a lasts until the end of time! Seriously, when Ustazah Syariati broke it down for me when we were recording, I was mindblown by how her ONE single Du'a made such a

massive impact! I can't wait to discuss it with you guys on our Study Date - so be sure to plant an intention to come ok?

Listen to the Class Here

Join the Study Date Here

Read the PDF Notes Here

a beautiful Dua

Ya Allah, replace every bad thought and envy in my heart with goodness and gratitude.

aaplus.co

#abeautifuldua

Goodness and Gratitude - the only two things I pray Allah SWT will allow to reside in my heart! Whenever I feel like my faith is plummeting, I will ask myself if I've been consistent with my gratitude practice and if I've been feeding my soul with goodness. Chances are, I would have most probably neglected my gratitude lists and have slacked off with my Zikir, which is why bad thoughts and the harmful feeling of envy have managed to sneak into my heart. :(So if your heart feels heavy, make lots and lots of Dua that Allah SWT replace every bad thought with goodness, In Sha Allah!

a good deed to try



Such a simple thing to do, but the impact is massive. I try to clean my table with this Zikir playing in the morning before I start work - I love starting my day with a clean space, and I always make the intention that the act of removing clutter and the process of cleaning will invite angels into my space and will help me with having a productive day. And nothing beats closing my laptop and putting everything back into its space after a long day of work - it's like a mini celebration for me! So if you haven't been giving your table some much needed TLC, now's the time to clean and clear it! Pro-tip: give it a good wipe down and light up a scented candle / put on a diffuser if you can!

Hour visual reminder



I still cannot get over <u>last week's TKV lesson</u> where Ustazah Syariati reminded us that we are women of Paradise (amin!) so I thought I'd create a wallpaper that would remind us of our final abode, i.e. Jannah In Sha Allah! Remember ladies, we are created for Jannah, not Dunia, so straighten your back and hold your head high, Champ!

Download Wallpaper Here

if he don't do this for me he ain't the one

Muslim Meme



OMG I CRINGED AND LOLED SO MUCH AT THIS. For all of my Fatima's on AA Plus, although I cannot do this for you, I promise your name is carved in my heart:P

Something to Ponder

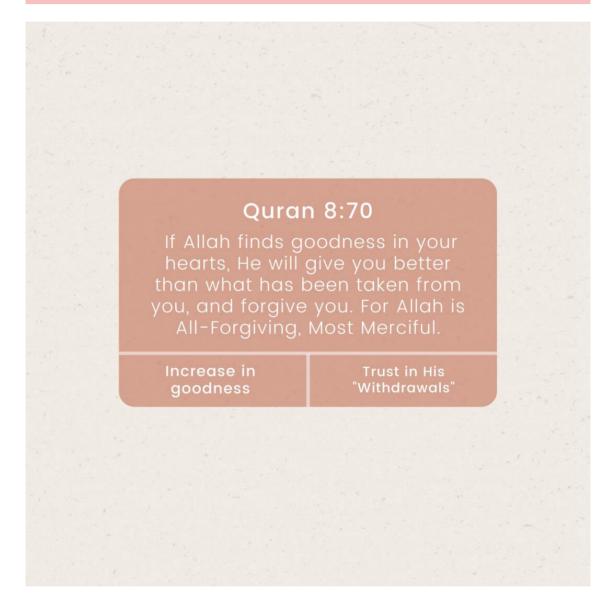
Rock bottom will teach you lessons that mountain tops never will.



One of our Champs, Syafiyah, shared in <u>our latest IG Post</u> that "some falls are important for growth" and I absolutely love that! Some of the best teachers of my life came from my failures, and I would never be the person I am today without them! Obviously, it's much easier to say this in hindsight, but understanding that Allah SWT is ar-Rahman, ar-Rahm means that He will never put you through pain without a purpose. So if you are at rock-bottom right now, know that there is nowhere else to go but up! And the best part is, when we are down and out, that is the time when we are in the best position to sujud and surrender into prostration to Allah SWT.



ending it with His Words



(If you are in need of some soulfood, join us @ our weekly Quran Tadarus!)

With that, I hope you guys have enjoyed Closer.

fin X

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Because you signed up to become an AA Plus member.

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