16 March 2023



your curated weekly spiritual booster delivered straight to your Inbox

Guard your prayers and your prayers will guard you.

Assalammualaikum my Champions,

I am writing today with my heart still full from <u>Part 1 of the Solah</u> <u>Retreat</u> we held a few days ago. The entire session felt like us reading and writing a "love letter" for Solah: the pillar of all worship, and the lifeline of our souls. It was beautiful to hear from some of you about your experiences with Solah, and that even when our journeys with prayers differ, what we all share in common is how empty and lost our hearts feel without it. :(

Solah, is truly, the best source of nourishment for our souls.

There was an important point that Ustazah Farhana made during the Class about how we should guard our prayers. I find that truly powerful. **<u>Guarding</u>** the prayer, I believe, is slightly different from *prioritising* it, or *embracing* it.

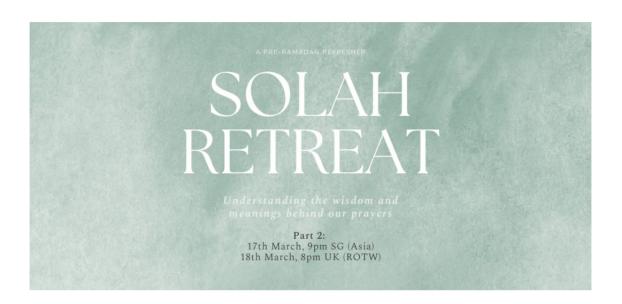
When I think of someone who guards her prayers, I think of someone who fiercely protects her time and energy to ensure that she is never distracted from answering her Creator's call on time. I think of someone who would plan her day *around* the 5 daily prayers, instead of just carelessly squeezing it in. When I think of someone who guards her prayers, I think of someone who defends her senses, her limbs and her thoughts from anything and everything that might pull her away from the prayer mat. I think of someone who is absolutely mindful that she answers only to Allah SWT, and not to the Dunia.

Something that I asked myself during the Solah Retreat was if I am guarding my prayers, or if am I allowing other factors and forces to "attack" it. :(

Champs, as we are nearing closer to the blessed month of Ramadan, why don't we start guarding our Solah a little more fiercely? **For when Rasulullah SAW was asked, "which deed is the dearest to Allah?" he replied, "to offer the prayers at their early**

stated fixed times." (Bukhari)

May we be from amongst those who rush to please Allah by guarding our Solah and being on time with our prayers! Amin!



Join us for Part 2 of the Solah Retreat this 17th or 18th of March In Sha Allah. In this session, we will be covering the "epic" parts of Solah, i.e. the Tafsir of Surah Fatiha, the Ruku', the Sujood and the Tahiyat! If you missed Part 1 of the Retreat, don't fret, you can always watch the <u>highlight videos here</u>. May Allah SWT ease it for all of you to come, and may you always find rest through the 5 daily prayers, Amin!

Join Us for Part 2 Here!

Add Part 2 (Asia) of Solah Retreat to your GCal Add Part 2 (ROTW) of Solah Retreat to your GCal

save the date



We are so, so close to officially "checking in" together to our special Ramadan "destination" this year, and I hope you are getting your heart, mind, body and SOUL ready for it! This Sunday, on the 19th of March, please check your Inbox for a very special email on our full AA

Plus Ramadan Program, as this is when we will fully reveal the schedule, classes, sessions and special activities for Ramadan, In Sha Allah! Please also set your alarms that day for 9pm SG / 1pm UK, as we will also be having a Ramadan Orientation session. This is where I will go through the program with you, answer any questions you might have, set our intentions and ready our "gears" for the blessed month! Basically,here is the **TL;DR:** 19th of March, Sunday, check your Inbox, and come gather together for our Ramadan Orientation!

Join us for our Ramadan Orientation \rightarrow here!

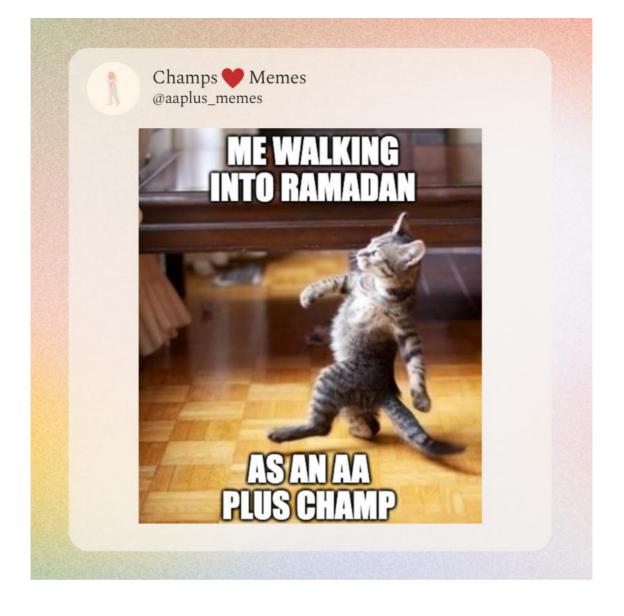
Add Ramadan Orientation to your GCal Here

champ notes

CHAMP Notes	s/N: #009
	BY: Putri Annida
as we a	" by Allah.

I've learned and taken in so many wise gems from your sharings and reflections this past week during our calls together, but one of my favourites has to be from Putri Annida. Well, technically, this piece of reminder was actually her father's, but it's too good not to share! I love how her father gently reminded her that every single one of us has a purpose in this world, that we are all "employed" by Allah SWT for a very meaningful reason, and that our "job" here on Earth is not just to merely exist, but to worship Him! Her father shared that our "contract" with Allah SWT is constantly renewed 5 times a day through our Solah, and that just made me smile so wide!

muslim meme



This year will be our 3rd Ramadan together on AA Plus In Sha Allah, and I honestly cannot wait!! Because I am far from home, Ramadan is usually the month I get serious bouts of homesickness. But ever since we've welcomed and celebrated Ramadan (and consecutively also Eid)

together, I feel like I've found my new home with all of you. :) This Deen teaches us that **there is definitely blessings in the Jemaa'**, **in togetherness**, and In Sha Allah, should you ever need an extra burst of motivation, an accountability buddy, or simply a "home" to come back to this Ramadan, know that you have us here on AA Plus!

to ponder



I was re-reading my journal entries from last Ramadan, and I cannot help but say, **"Ya Allah, You have been so, so, so, so, so good to me."** And I am not saying that because all of the things I have asked for have been granted, no - but it's the realisation that, Alhamdulillah, it hasn't (!!) because only Allah SWT knows what is best for me. One year on, I realise that Allah SWT gave me even **better** things than what I have previously asked, and the way He answered the prayers I made last Ramadan has been so gentle and so timely that if I were to miss out on making more duas this coming Ramadan, I will be at an extreme loss. **PS:** In Sha Allah, we will be having a TKV class on Duas this Ramadan with Ustazah Samah and I cannot wait for us to "sharpen" our dua skills for His sake! In the meantime, I hope you guys are already penning down your Dua lists. :)

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I have a soft spot for our very own <u>Champs Library</u> that we've been slowly, but steadily, building. This is where you will find both the special PDF publications and the super cute animated videos that my

PS:

team and I have done just for you! They are created with the intention of highlighting the many gems that we can find from the different TKV lessons and sessions that we have on AA Plus and I sincerely hope that you will take the time to browse through it. We are always working on adding new titles and videos, so do visit it every once in a while and give it some love ok?

Visit The Champs Library Here

I hope you guys have enjoyed Closer. I'll see you in your Inbox this Sunday, 19/3, In Sha Allah, to kickstart our special Ramadan program ok? #SOEXCITED!!!!!!

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