### بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

## 16 February 2023



your curated weekly spiritual booster delivered straight to your Inbox

May the Quran be a Spring in your Heart, Fajr the Sunrise of your Soul, and Istighfar the rain that purifies your being.

Assalammualaikum my Champions,

I have always been very grateful for the concept of "Weather" - it's

always a great conversation starter or a convenient ice breaker that saves two strangers from any awkward situation. Jokes aside, can you imagine a world without any concept of seasons or weather? Where you only have the same temperature, same clouds, and same wind setting, day in and day out? I think that would be very strange...

This got me thinking about the state of my heart - it changes all the time as well, just like the weather! Some days, it's bright and sunny, full of hope. Other times, a dark grey cloud of worry looms over as I think about a concern or two. Sometimes it's blooming with Remembrance of Him, and it feels like Spring, but other times when I'm too distracted with the Dunia, my heart feels cold and barren like the Winter. I am well aware of the weather inside of me too!

Why is this important? Because when we know the weather of our hearts, it helps us prepare for life. For example, when we know it might rain later in the day, won't we carry an umbrella just in case? Similarly, when we know we are drowning in the thunderstorms of Dunia, shouldn't we start taking shelter under the roof of Solah and Quran to keep us safe and alive?

Champs, today, I am curious to know what is the weather inside of you? Are you aware of it, or are you oblivious to it? Whatever it may be, I pray may Allah SWT grant you the strength and the discipline that you need for you to weather your life as meaningfully and blissfully as you can, Amin. :)

# get excited for



I have been looking forward to this intimate session all week! When I saw how effective check-ins have been in helping my loved ones and I process our thoughts and share our reflections, I knew that I have to bring it to our AA Plus community. We will start by asking ourselves some thoughtful and leading questions and In Sha Allah, with the right intention, deep conversations and genuine prayers will always follow suit. We will be having two separate sessions, one for Asia (16/2, 9pm SG) and one for ROTW (16/2, 8pm UK) just to keep things cosy, so

please do come at a time that is most convenient for you! PS: The Check-In will not be recorded to retain the sanctity of the event and to ensure the highest privacy!

**Check-In With Us Here** 

Add Asia Session to your GCal

Add ROTW Session to your GCal



I will never get tired of "fangirling" over this miraculous journey that Rasulullah went on with Jibril AS, how he ascended up to the highest of Heavens, receiving the important commandment from Allah SWT Himself for Solah, and also having a beautiful "reunion" with his fellow Prophets, may Allah bless them all! (And that's not even the full journey btw, there's more! We'll cover them all this Sunday, In Sha Allah!) But to me, what makes this journey extra, extra special is how **transformative** it was, not just for Rasulullah but for his Ummah (i.e. us!) as well. This Sunday, In Sha Allah, we will peel all of the layers of Rasulullah 's journey and learn how we, too, can embark on our own transformative ascension and receive the ultimate "gift" of being close to Allah SWT. <3

Join the Isra' Mikraj Special Here

Add this session to your GCal

a beautiful dua

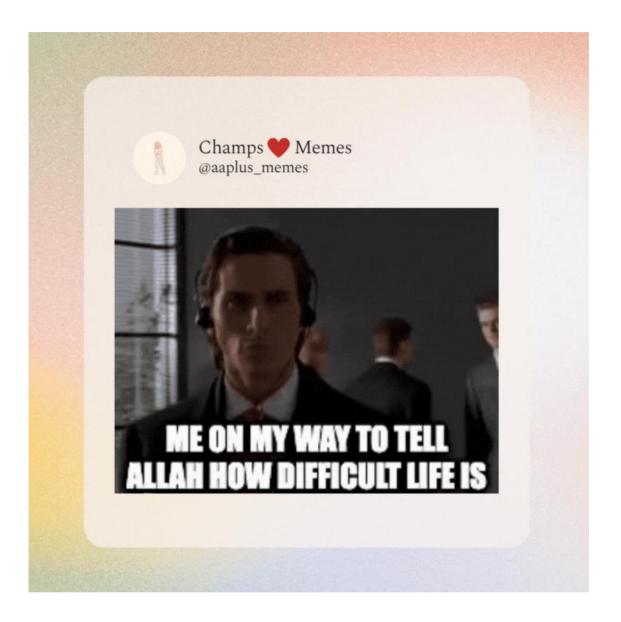
# Ya Allah, allow me to start it with You, stay through it with You, and end it with You, and end it with You.

aaplus.co

#abeautifulduc

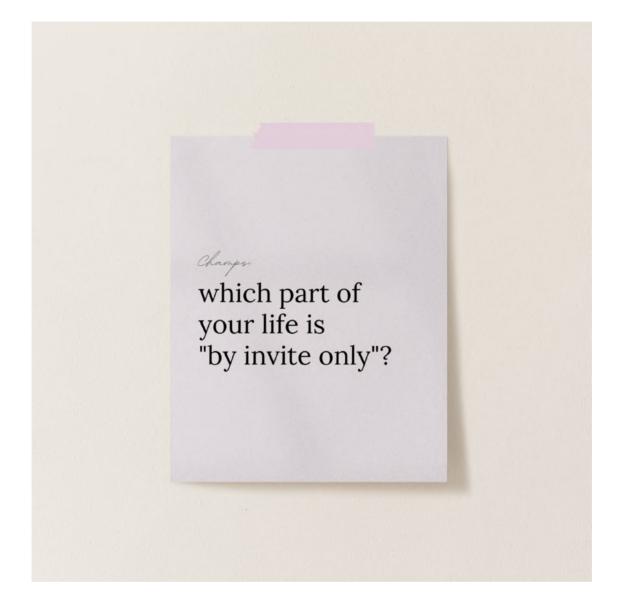
My team and I are all hands on deck preparing for some super fun stuff for you on AA Plus, so the Studio has been buzzing, Alhamdulillah. But honestly, whenever I feel some sort of fear or anxiety lurking around while working on these special projects, my heart will quickly make this Dua. It's a timely reminder that everything good and blessed can only begin and end with Him. If you are currently working on something important, whether it be a personal endeavour or professionally in a work / school setting, may Allah SWT pour barakah on it and make it easy for you, Amin!

# muslim meme



Sometimes, no matter how exhausting life is, you still have to put your "game face" on and just get on with it. I know many of us do this (I'm looking especially at *you*, *Mom Champ!*). But for me, when the time for prayers comes, I will walk briskly to the prayer mat, and just melt myself in sujood knowing that I can complain to Allah SWT about anything and everything! With Allah SWT, my mask is off, and my vulnerable self is on. It's honestly my favourite refuge of the day.

# to ponder



Some time back, one of my mother's friends casually asked why I have not been making any new YouTube Videos. My mother's answer to her was so adorable that I'll always remember it by heart. She said, "Oh, Aida is busy with her AA Plus family now. She doesn't feel comfortable sharing things with the public anymore, only her VIP Champs." And that made me smile because you guys **are** my VIP, Ma Sha Allah! This made me think about which other parts of my life are sacred and reserved for "by invite only" VVIPs. In a world where it's so tempting

to share everything, perhaps some blessings are best kept safe within your trusted inner circle or better, just between you and Him.

## PA:



Sooooo..... our favourite month of the year is COMING SOON (35 days to Ramadan, In Sha Allah!) and I AM SO EXCITED to share with you more about where we will be "headed" this year! For now, just start getting your heart and mind ready to "travel" to yet another amazing Ramadan "destination" (the gif above is just a SMALL

TEASTER!) together with your fellow Champs. If this is your first time spending Ramadan with AA Plus, you are going to be in for a super fun ride! **PS**: Just a heads up that we will be opening registration on the **21st of February** for new Champs - if you know of loved ones who have been thinking about joining us, please give them a heads up and extend my welcome to them in advance!

And with that, I hope you guys have enjoyed Closer! I'll see you for our date soon!

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Because you signed up to become an AA Plus member.