#### 15 December 2022



your curated weekly spiritual booster delivered straight to your Inbox

# Bring all of your insecurities, worries, regrets, and mistakes to Allah SWT, The Most Kind.

Assalammualaikum my Champions,

A question popped into my mind today as I was feeling slightly overwhelmed, rushing to meet deadlines, fulfilling appointments, while still trying to wear the hat of a wife / daughter / sister / friend: "Aida, when's the last time you bring it all to Him? All of the worries, insecurities, anxiousness, regrets, mistakes - all of it. When was the last time you just pour it all out to Allah?"

I knew the answer. It has been a little too long since.

And so I took that as a cue. I brought it allllllllll, and left it all with Him.

The beautiful thing about "bringing it all to Allah SWT" is that this may come in many different forms for different people. For some, it's through the prayer mat. For others, through tears. Many also journal their thoughts down, starting the entry with *"Dear Allah..."*. Others with silence, as they gaze upon Nature, communicating with Allah SWT directly in their heart. For a few, it's by rising in the middle of the night and talking to Him in those gentle, blessed hours.

Do whatever is best for you, as long as you take the first step in bringing it all to Allah SWT.

And the best part? Our communication with Him can be the most incoherent, full of grammatical mistakes, long-winded, rambling rant ever and Allah SWT **will still understand us perfectly**. **And He will answer.** No matter how many times we've tried to hide from Him, run away from Him, commit sins after sins, He has promised us, "Call upon me, I will answer." (<u>Quran 40:60</u>)

So Champs, I am asking you the same question I asked myself today: when was the last time you bring it all to Allah?

## get excited for



Oh goshhhhh, I am so invested in these recap sessions that it is all my team and I have been working on! We finished Part 1 last Sunday (it was SOOOOOO FUNNNN, Ma Sha Allah - if I say so myself :P) and cannot wait to continue the adventure with Part 2 this Sunday, In Sha Allah! Whilst the first part of the year saw us covering the blessed days

of Ramadan, the second half of the year is all about re-wiring our definitions of Happiness, Success, Wealth etc based on the Quran and Sunnah. We also fixed and strengthened our self-worth and learned about emotional strength and intelligence. We also hosted a whole lot of special sessions with, **and for you**, including celebrating our 3rd Year Anniversary, so with all of that in mind, I am certain that this Sunday's instalment of our 2022 recap will be LIT! Come join us!

Join Our \*Wajib\* Recap Party Here 😂 😂 !

Add this event to your GCal

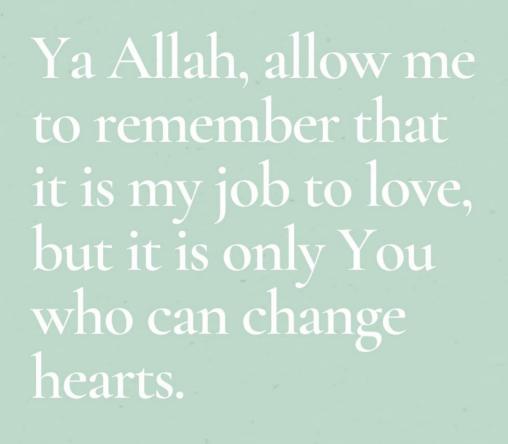
### in case you missed it



I'm still a bit high from last Sunday's Recap Party - it was incredibly lovely to see new faces and faces whom I have not seen for a while, all coming together to reminisce some of our fav lessons and events! If you missed it, fret not; here is the edited playback for your convenience. PS: if you are wondering where you can re-watch all of the adorable animation videos that were shared during the party, you can simply access them all <u>here</u> or under the <u>Champs Library</u>!

Catch the Playback of Part 1 Here

### a beautiful dua



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#abeautifuldua

These past couple of weeks, I've been speaking to close friends and even some of you Champs, who have shared with me how difficult it is when we see our loved ones straying from Allah SWT. How much it pains us when we see our own family members and close friends make bad decisions that we know will only hurt them. But just like how Rasulullah addid not give up on his people, we also cannot lose hope. As much as Rasulullah was compassionate and loving, so should we. If the roles were reserved, wouldn't we want our loved ones to never give up on us as well? May we never stop making duas for them, and may we always remain hopeful that Allah SWT is the Ultimate Tuner of Hearts, Amin!

#### a visual reminder



December has always been a very strange month for me - there is that air of melancholy, and the long, cold winter nights definitely make me somewhat a little lonely. Which is why I really wanted to have a pop of pastel on my phone wallpaper with a much needed reminder that the only One I need, is Allah. I pray may it bring comfort to you and put a smile to your face like it did for me. :)

**Download Wallpaper Here** 

#### heartwork that heals

heartwork be sincerely happy for other people sincerely happy for other people

"I'm happy you are happy". These five words were once heartfully said to me, and it made me feel so, incredibly loved! Ever since then, I've been trying to carry that same mentality, and I've seen firsthand how people who are genuinely happy for other people are also the most grateful, hence, also the happiest. I know envy and comparison are not that easy to curb, but In Sha Allah, with His Help and mindfulness on our end, we can slowly reach a level of spiritual maturity where we are not just happy for other people, but that we can also attribute their blessings back to Allah's Generosity and Mercy more than anything else! There is truly more than ENOUGH cake to go around, as His gifts are ever-abundant, never-ending, and it never runs out!

### muslim meme

Champs V Memes @aaplus_memes	
WHAT GIVES PEOPLE FEELINGS OF POWER	
MONEY STATUS	
IGNORING THE WHISPERS OF SHAITAN	

YAS! I vividly remember Ustazah Farhana sharing with us in one of the TKV Lessons that there's 3 ways to respond to Syaitan's whispers. First

is to listen to it, second is to waste time contemplating about it and the third is to not only ignore it, but to do the COMPLETE OPPOSITE of what was whispered. Ustazah said the first 2 will put us at a loss, but to be the ultimate champion is to do #3! For example, if Syaitan tempts you into delaying your prayers, you ignore it, get up straight away to pray AND add some Sunnah deeds. That's how you win 'em! 😂 🦾

### to ponder

Champs. Is your life Meaning-full? Effort-full? Faith-full?

I was looking at a recipe (don't ask me why, I don't even cook ⇒ ) and of course, along with the instructions comes the amount or quantity of how much ingredients one should add to the mixture. That made me think about something completely random: let's say my life is a dish, what then are the "ingredients" that make up this dish and how much of each should I put into it? I actually seriously entertained this thought, and so while sitting on my desk, I wrote the recipe for my "life dish": 100% faith in Allah, 100% purpose, 100% effort, and 100% meaning. Wouldn't that be delicious? \*Chef kiss\* But daydreaming aside, I must now ask myself how much of it do I actually put into practice? Am I really putting in 100% effort? Or is it currently 50% effort, 50% procrastination? <sup>©</sup> What about you, Champ? What's your "life dish" and what would it be full of?

#### PS:

If you miss our TKV lessons, here are a few episodes that always feels like a warm hug to me. Follow your heart and click any of these:

TKV Surprise #1 | TKV Surprise #2 | TKV Surprise #3

(they are short, powerful, and adorably animated! :P)

With that, I hope you guys have enjoyed Closer!



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