
In the name of Allah, the most Gracious, the most Merciful

## 15 September 2022

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Assalammualaikum my Champions,

If there is one thing I am extremely grateful for when it comes to living
in Morocco, is that it has taught me to be completely OK with not knowing about my future. This is a HUGE thing for me because I was, (ok maybe slightly still am) a future-holic. I would plan, and plan, and plan and if I don't know what will happen in three weeks, months, years, from now, I would panic.

But after living here for almost 10 years, Alhamdulillah, I have now slowly divorced myself from the illusion that I have any sort of control in my future whatsoever. Living in Morocco, with its culture deeply rooted in spontaneity and living a "laissez-faire" lifestyle, I have now started to learn that the only thing I can honour and focus on is this present moment.


#### Abstract

And because life is made up of many present moments strung together, shouldn't we be appreciating, honouring and celebrating the now, instead of wasting it by worrying about the next?


Champs, here is a reminder that you are exactly where Allah SWT wants you to be. You are not slow, nor late, nor lagging behind because Allah SWT is always "on time". So if you are anxious about something in the future, what is a blessing that is already in front of you that you can focus on and appreciate more? I pray may you find comfort in where you are my dear, and trust that Allah SWT always has an amazing masterplan for you!

## get excited for



This event is highlighted, bolded, AND circled in my calendar coz I am too excited for it! Join us this Sunday at 9pm SG / 2pm UK for our monthly tea party In Sha Allah, where we will be celebrating all of our fellow book lovers and readers! We will kickstart the party with a cozy reading-together session (everybody to come with their own book, bonus if you are dressed like the book cover! (a) followed by an inspiring sharing session by some of our bookworm-champs on how reading has greatly impacted their lives and how they fit this important habit within their day-to-day. PS: If you have always wanted to kick your procrastination when it comes to reading, this is your chance!

## a beautiful dua

## Ya Allal, allow me to understand that in my mourning, You are also mending.

aaplus.co
\#abeautifuldua

There was something that Ustazah Syariati shared in our TKV lesson last week that really made me re-think about "heavier emotions" such as pain, fear and grief. She said, "Both people of Jannah and people of Jahannam feel these emotions, they both fear, they both feel pain, but the difference is that people of Jannah turned to Allah SWT with their
emotions and they leaned on Allah for help". I've been trying to consciously bring my emotions to Allah SWT a lot more since then, hence the birth of this prayer. :)

## champ note』



Last week during our Study Date (replay available here), one of our Champs, Yuni A., shared this amazing quote that she came across in a book that she was reading - "S.T.A.R.: Stop, Think, Assess,

Respond". This adorable acronym sums up our first lesson on Emotional Intelligence so brilliantly that I had to share it in this week's Champs Notes! It also is a reminder for me that if I want to be a "star" around my closest and dearest, I should strive not to react so impulsively all the time. May Allah SWT make us all "stars", Champs!

## muslim meme

## @muslimemeaaplus MuslimMemeQueenz

@bcl

## Al-Fatihah to all the money i spent for nothing in 2022.

13:33 • 9/9/22 • Twitter for iPhone

2,407 $\qquad$ 982
1,237

I laughed a little too loud at this meme!! But speaking about money
spent, one of our lovely Champs just shared with me that AA Plus is the best $\$ 190$ she had ever spent - this definitely made my week! PS: How have you been with your money this year, Champs? Also, if you are a baby champ and are looking for a TKV to inspire you about wealth, I highly recommend Lesson 5 from this fav series of mine!

## to ponder



I've thought about this for a long, long while - how we are endangering our relationship with Allah SWT when we give in to temptations and
make excuses after excuses until we, unfortunately, find ourselves doing an act of sin that we thought we would never do. Because that is exactly how the devil schemes - he whispers to us to concede, one small compromise at a time, as how he did with Nabi Adam AS. He did not tell him to immediately go to the forbidden tree, but he lures and tempts slowly and consistently until Nabi Adam AS finds himself doing the one thing he was not supposed to do. (to) Champs, we have to be extra vigilant so that we can catch ourselves when we do make these "tiny compromises". May Allah SWT grant us the strength and the discipline to cut off any distractions that pull us away from Him so that instead of making "small compromises" that will lead us to sin, we are taking "small strides" that will make us win His pleasure instead!

## R4:

Champs, In Sha Allah, as you are reading this, I will be airborne. Will be including each and every one of you in my duas as I travel, please keep me and my family in yours too?


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