#### 15 February 2024



your curated weekly spiritual booster delivered straight to your Inbox

# يَا بِلاَلُ أَقِمِ الصَّلاَةَ أَرِحْنَا بِهَا O Bilal, call for <mark>prayer</mark>. Give us <mark>comfort</mark> by it.

-Rasulullah 鯔

Assalammualaikum my Champions,

One of the most common advice I get about marriage is to never take your spouse for granted and to always keep the "romance" alive. While that may be true, I believe the same principle should also be applied to our five daily prayers! How many of us take our Solah for granted, missing it only when we are excused due to our monthly cycle? How many of us see our meeting with Allah SWT as an obligation that we *have* to do, instead of a Divine Date that we *get* to go on?

Our relationship with Solah is something that we should always cherish, protect, and hold sacred as it is the Lifeline of our Ruh, and it is also our main communication point with our Beloved.

When we look at Rasulullah and how he honoured his prayers, it is no wonder that he is always a beacon of Light, Love and Gentleness and a Mercy to the Universe, despite all of the hardships and difficulties that he had to go through. He knew and understood completely what great relief lies in our Solah! He knew and understood that although the Dunia can harden and numb us, it is the Solah that can keep our hearts alive and hopeful - so much so that he urged Bilal RA to call for prayer, as Solah is where he is found comfort, where he is rested, and where he is regained his energy!

So Champs, today, **I invite you to choose Comfort. I invite you to choose Solah.** For when our prayers are in line, so will the state of our affairs, but if our prayers are a mess, so will our lives.

#### community sessions

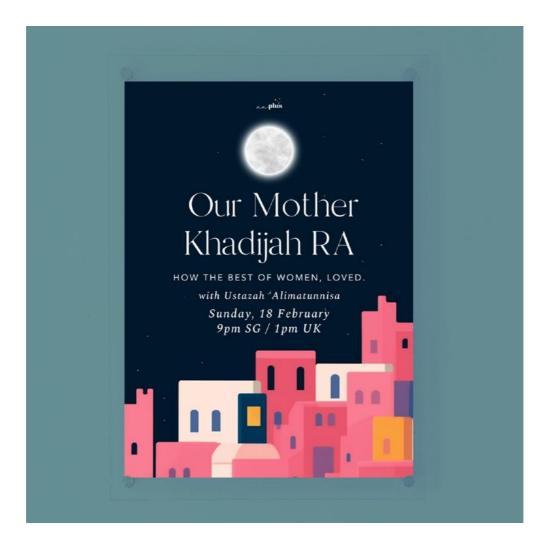


We are one month away from the blessed month of Ramadan, In Sha Allah, which also means it's time for our yearly tradition of revising our Solah Class. I sincerely hope many of you can make it for this retreat, as I am sure it will change your connection with your Solah. We are covering the Athan, Wudhu, Takbir, Dua Iftitah and Surah Fatiha for this first week and two timings are available, so please come for the slot that is most convenient for you!

Join Our Solah Retreat Here

Add Asia Solah Retreat Here to your GCal Add ROTW Solah Retreat Here to your GCal

#### the sunday session



I am SO EXCITED for this week's Sunday Session - I have a feeling I'm gonna cry and smile a lot during this session, and of course, learn a whole lot too. If your intention this year is to be a better Muslimah for His sake, then what better way to come closer to your goal than to learn about THE Leader of the Women in Jannah, and how she RA, loved? I am an absolute fangirl of our Ummi Khadijah RA, and I know I am not the only one here. Sincerely praying we ALL get to reunite with her in the highest of Jannah, Amin!

Join Our Special Sunday Date Here

Add Sunday's Session Here to your GCal

### champs library



Proud to share this beautiful publication and a new addition to our Champs Library on "What Allah Says About Love in the Holy Quran". While working and researching on this, my team and I realised that the English language is incredibly lacking as opposed to the richness of the Arabic language, Subhan'Allah, For example, there are at least 14 different words to describe Love in the Quran! PS: This is also a small way to say we love all of you from the bottom of our hearts!

Read The L-O-V-E PDF Here!

## a beautiful dua

Ya Allah, allow me to remember that I do not need an audience to be successful, I just need You.

aaplus.co

#abeautifuldua

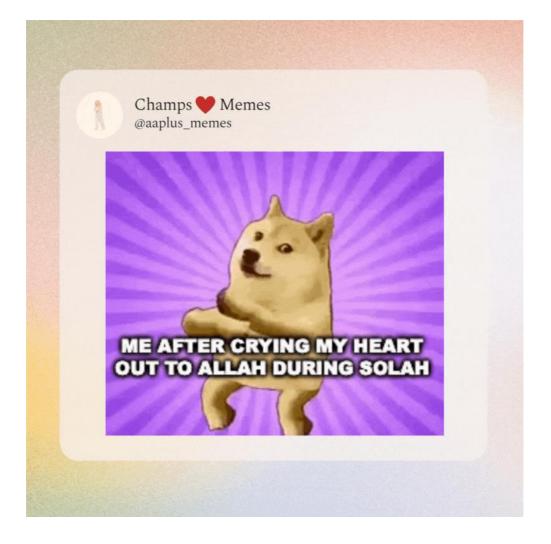
Reminding myself that it will always be me and Him, first and foremost, forever and always.

## heartwork

heartwork Come to Success, Rush to Comfore Come to Success, Rush to Comfort Come to Success, Rush to Comforz Come to Success, Rush to Comforz Come to Success, Rush to Comforz

This week's heart work stitches together the beautiful meaning behind our Athan "Hayya 'alas-Salah, Hayya 'alal-Falah" with the Hadith above on how Rasulullah 🐉 urged Bilal to call for prayer so that we can get comfort from it - so the next time we find ourselves procrastinating our Prayers, remember that we are actually stealing from ourselves and only stopping our own selves from getting Success and Comfort. Yikes.

# muslim meme



It's nothing short of divine miraculous magic whenever my heart feels so light after crying my eyes out in Solah because although on the surface level, the "problem" that I am facing is still there, but on a deeper emotional level, Allah SWT has definitely removed the anxiousness and replaced it with hope, optimism, and tranquillity! You can't really put it in words, but you are certain that that He has heard your cries and that He will carry you through this struggle. #melts



Champs. If a house without light is dark, what about a grave without prayers?

To be honest, I found this question on the Indonesian Twitter side of the Internet LOL but whoa what a slap to my face! I pray may all of our graves be wide, and full of light, because of our sincere strivings to protect and uphold our Solah in our lives, Amin!

And with that Champs, I pray may Solah always be the comfort of your heart, the coolness to your eyes, and the means of your Success on His Path. 💝

fin Xa.