

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

14 January 2021



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

YOUR ENERGY
is currency:
SPEND IT WELL,
invest it
WISELY.

Assalamualaikum my Champions,

I was sharing with K (ok, fine, *complaining* to him) about how I'm tired and I can never get my work done in time. I told him I always have to bring one or two tasks from today and bring them forward to the next day as I could never finish them. K listened intently, and then a few days later, he came up to me and said, "Aida, the energy that you have in the beginning of your day is the most precious, sacred energy. If you spend the first few hours of your day on your phone, obsessing about cleaning the kitchen, or just doing nothing important, you are wasting all of that good energy of yours."

I went quiet because he was right. I would spend an hour cleaning in the Kitchen, when the dishes can wait, and I would be on my phone checking messages / DMs / emails (the excuse I gave myself was, "I'm checking AA Plus stuff!") but even that can be scheduled later after I've done important (heart)work. Work like writing, because I love to write, or thinking of our next AA Plus Class, or brainstorming on my next Video / Podcast or TLL, because these are important work for me and requires all of the good energy I can give.

After the Consistency Class, and tracking my time, I realised I'm not helping myself by not prioritising what's truly important to me. So ladies, remember - your energy is like currency, and the most "profitable" time of your energy is in the blessed morning, so spend it wisely! Wake up a little earlier if you need to, just so you can get to do all of the "good stuff" that your heart craves for.

This week on aa plus



#2

FINDING YOUR VOICE &
KNOWING YOUR AUDIENCE

with

AIDA AZLIN & A HELWA

Limited Series: Open Flow

In this second episode, Helwa and I discuss the importance of finding one's voice when it comes to writing. To some, this is a daunting process, but the good news is that your voice is yours; and it is already within you. No matter how 'croaky' it may be in the beginning of your journey to find your voice, you will eventually warm up and find that spot. Don't forget to share with us your answer to today's heartwork, which is to **"describe the person that you're writing to!"** Looking forward to reading your answers, Champs!

[Get Some Writing Clarity Here](#)

[Read PDF Notes Here](#)

#2



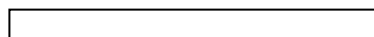
HIS BLESSED WETNURSES

with Ustazah 'Alimatunnisa + Aida Azlin

The Knowledge Vault

His Blessed Wetnurses

Rasulullah SAW was taken care by a special lady, Sayyida Halimah As-Saadiah RA, his wetnurse, during the first few formative years of his life. The tradition in Makkah then was to send their children to live in the outskirts to learn the classical Arabian culture and also to build their physical and language aspect, and it was in this backdrop that Rasulullah SAW spent his childhood. There were so many gems that Ustazah Alima shared in this class, and I cannot wait to discuss them with you on our Study Date!



Access Class Here

PS:

Join me for
a Date*!

FRI / 8.30PM

SG / MS / BR

SAT / 7.30PM

UK

*WE STUDY ON THIS DATE,
BUT IT'S STILL FUN :P

Zoom Link For Study Date

share with Allah

share with

Allah

a moment where you felt

completely at peace.



*

I get that we are all busy and have responsibilities and obligations, but I am certain that Allah SWT will always send moments of stillness and peace amidst the chaos. Share with Allah SWT one such moment, and thank Him with utmost sincerity for the opportunity to just, be. :)

Muslim Meme

Elle
@14strk



hey you, reading this. straighten your
back right now you look like a
question mark

OMG the whole time I was writing this email, I looked like a
QUESTION MARK 🤔🤔

Something to Ponder

Your first bath was
done by someone else,
and so will your last.
Humble yourself.



*

Arrogance is always something I'm very, very afraid of - the moment you think you are humble, that's when arrogance and pride has managed to seep in. Someone advised me something beautiful, **“keep up a good action that no one but Allah knows about, not even your closest family members, such as praying *qiyam* (late night prayers) or giving a regular charity.”** May Allah protect us before, during, and after doing a good deed, **which He Himself has allowed us to do.**

PS:

ending it with His Words

Quran 93:4

And the next life is certainly far
better for you than this one.

More Akhirah

Less Dunia

With that, I hope you guys have enjoyed Closer.

fin

X
a.

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Because you signed up to become an AA Plus member.

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