

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
In the name of Allah, the most Gracious, the most Merciful

14 April 2022



# Closer

by aa

*your curated weekly spiritual booster delivered straight to your Inbox*

Strong is the one  
who humbly begs for  
help from the One  
who is Ever-Mighty.

Assalamualaikum my Champions,

*How are you?*

We are fast approaching the mid-way mark for Ramadan, and it is natural for some of us to feel exhausted. One of our Champs, Mariam,

was just sharing in one of our Tadarus sessions about how she feels some days she's just running on the "treadmill of life" and although it made me chuckle, I cannot help but recall my many "not-so-exciting" times running on the treadmill at my gym.

The first 10 to 20 minutes or so will find me being pumped, but as soon as I enter the 30-40 minutes mark, I will reach a plateau and hit a slump! However, if I kept running, and I grit my teeth and fight my whiny little nafs, the euphoria of completing a good and steady run is unbeatable! My cheeks would be rosy, my body would release endorphins, and the post-run feeling is absolutely amazing! They call it the "runners high". To extend this Ramadan wise, I'd say some of us might be hitting that "middle-mark slump".

But Champs, we cannot quit! Nor should we give up. Because Eid is right around the corner and Jannah is promised to the ones who keep on striving, so to truly qualify for the temporal and permanent celebration, we must continue to strive! Even if striving on some days is just doing the bare minimum!

The good news is Allah SWT is the Most Merciful and the Most Compassionate Rabb - He has not left us on our own to figure things out. For example, He sent the cure, or the remedy to this "mid Ramadan burn out" to me while we were reciting Juzuk 12 of the Quran. It came via the piece of advice given by Prophet Hud AS to his people. He said, **"Seek your Lord's forgiveness and turn to Him in repentance. He will shower you with rain in abundance, and add strength to your strength. So do not turn away, persisting in wickedness."** ([Quran 11:52](#))

The part that got to me was when Prophet Hud AS said that **with repentance, Allah SWT will add strength to my strength!** I needed to read that part over and over again to realise how powerful and transformative Istighfar is! And not only will Allah SWT (Who, btw, is the Most Majestic, Most Powerful, Most High) will add strength to our strength, He SWT will **also** be showering us in abundance.

WHAAAAAAAAA'//////// How awesome is that?

When we discussed this Ayah in ROTW Tadarus, we all concluded: **"Who needs red bull when we have istighfar?"** 😂😂  
So Champs, if you are currently exhausted, out of sorts, overwhelmed, run to Him and seek His forgiveness. Increase in your Isghtifar and see how Allah SWT will "boost" you in ways you cannot even imagine!

PS: If you are looking for an amazing "Istighfar" playlist to recite along to, check out our [Soul Mixtape here and play Aliah's beautiful track!](#) It's always on repeat for me!

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*coming up in hotel de ramadan*



I'm excited to host a special Joy Room session this Friday, 15 April, to just check-in and hang out with all of you. If you've never attended our Joy Rooms before, expect a lot of fun, games and laughter but with a generous dose of still being in the remembrance of Him! I hope you can set aside some time to gather with your fellow Champs - your mind and heart will thank you for it!

**Join Joy Room Here**

**Check our Hotel de Ramadan Schedule Here**

*riad tadarus highlights*

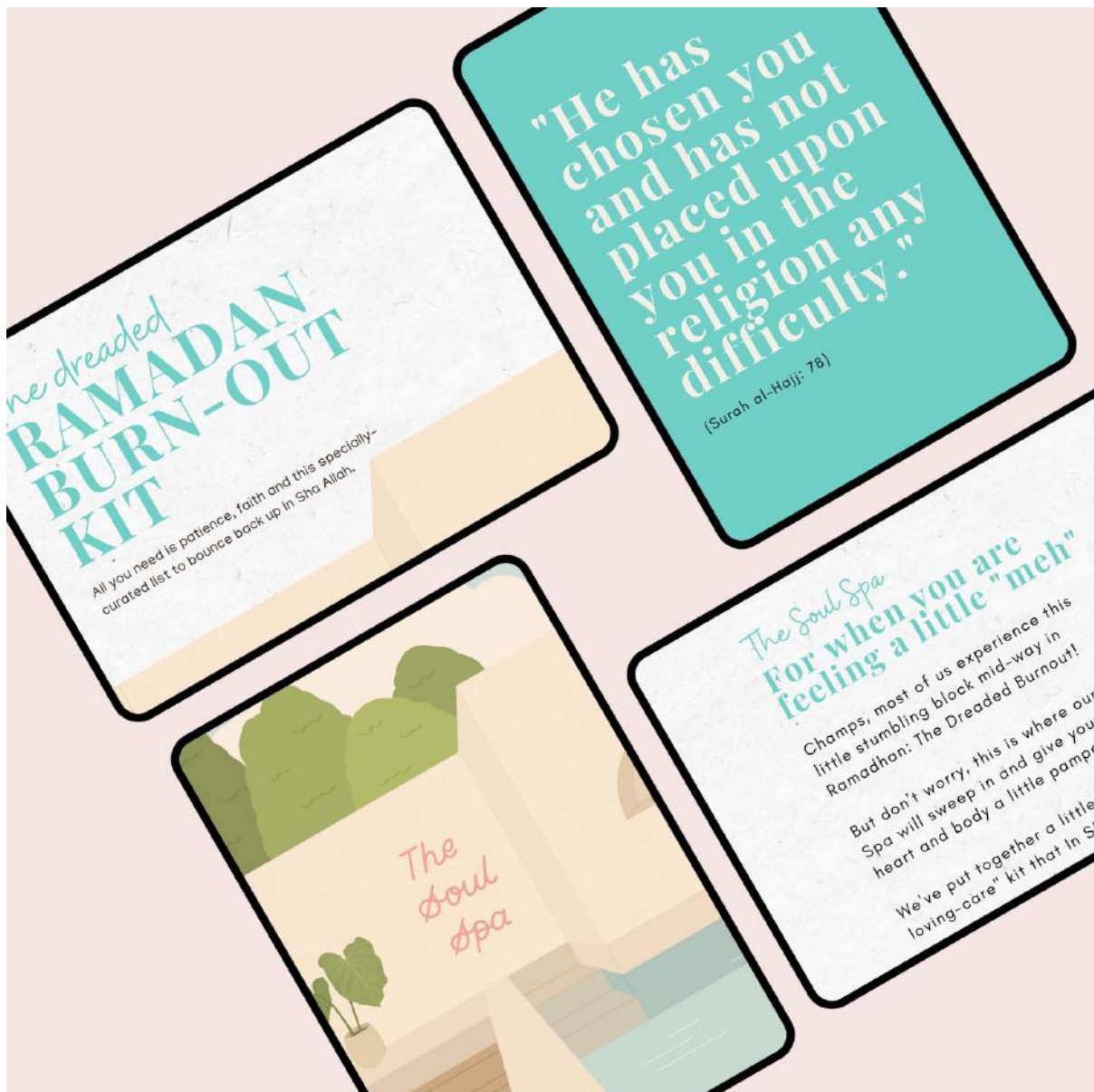


***PS: Riad Tadarus is on Daily.  
Asia Tadarus @ 9.45pm SG  
ROTW Tadarus @ 10.00pm UK***

One of my fav parts of writing Closer in Ramadan is compiling these Tadarus highlights! I LOVE LOVE LOVE these 3 reflections that my team have picked for this week, so please click on the link below to know what made all of us legit laughed out loud! These reflections will also make you go "awwwww", "OMG WOW" and "😭😭😭😭 MY HEART 😭😭😭". PS: [The second reflection shared even has a mini research done by our champ Muhana to back it up!](#) PPS: Mom Champs, there's a special message for you at the end as well!

Watch A Short Snippet of Riad Tadarus Reflections Here

# The soul spa



Just a heads up that we have a "soul spa" in our Hotel De Ramadan so if you are in need of a pick-me-up, go straight to page 51 of the PDF and let yourself be transported into an oasis of calm! One of the Champs who tried our "spa service" swears by its effectiveness 😂😂😂

so go ahead, have a look-see around our soul spa and recharge yourself before stepping in into the second half of this blessed month!

**Step Into The Soul Spa Here (Pg 51 Onwards)**

*your visual reminder*



On the topic of Istighfar, one of the most beautiful Duas that Rasulullah SAW has taught us is Saiyyidul Istighfar. This is meant to be recited once in the morning and once in the evening, as Rasulullah SAW has said, "If somebody recites it during the day with firm faith in it, and dies on the same day before the evening, **he will be from the**

**people of Paradise;** and if somebody recites it at night with firm faith in it, and dies before the morning, he will be from the people of Paradise." ([Bukhari](#)) May Allah SWT allow us to be from the People of Paradise, Amin! PS: Feel free to share the wallpaper far & wide!

[Download Wallpaper Here](#)

*a special spotlight*



I'm dedicating a section of this week's Closer email to a very, very dear

project of ours - the [AA x Nisa Ramadan Charity Drive](#). Alhamdulillah, my family and I have been able to run this for 4 years now, and since we started, we've been able to raise over SGD\$169,270 to help elderlies, widows and single mothers who are vulnerable, and unable to work nor support themselves. **When we first started, we had about 13 elderlies / ladies who we help every single month, but that number has now increased to 70,** **Alhamdulillah!** This year, to continue supporting the same amount of elderlies and ladies (and hopefully more!), we need to raise at least SGD\$50,000, In Sha Allah. As of now, Alhamdulillah, we have raised half of it, but we still need more. If you would like to contribute to this cause, you can simply head on over to [aaxnisa.co](#) and donate. No amount is too small, and all amount is welcome! This charity will also open all of Ramadan, so feel free to donate as and when you like : ). PS: 100% of the proceeds go fully to the sponsee as we bear all other associated fees and costs!

[Donate to AA x Nisa Here](#)

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*Muslim Meme*



When your fav song's lyrics are stuck in your mind while you are Fasting.



When I saw this Meme, the first thought that came to my mind was, "Ma Sha Allah! This is what Taqwa looks like!" 😂😂😂😂 Taqwa is often defined as being mindful and conscious of Allah SWT and this perfectly sums up what Taqwa might look like on a daily basis!

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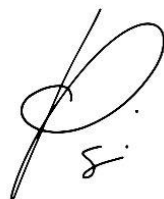
*Something to Ponder*

*Champs.*

Growth is healing  
and breaking,  
easy and difficult,  
all at the same  
time. Yes, it's  
messy. But it's a  
**blessed mess.**

Growth is uncomfortable, messy, overwhelming, tiring but also beautiful, healing, and easy at the same time. It's such a crazy phenomenon but if you are feeling any of these emotions, then know that you are growing. Which means, congratulations (!!!), YOU ARE ALIVE AND THRIVING, just like how you are meant to. This Ramadan, for every pain you feel, every exhaustion you experience, every discomfort that you have to go through, know that Allah SWT is actually purifying you, elevating you, strengthening you, building you, cleansing you, and most of all, loving you. ❤️ So hang in there ok? Enjoy every second of this ***blessed*** mess that you are in!

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A handwritten signature in black ink, consisting of a large, stylized letter 'P' with a small 'S' and a dot below it.

(just a little something from Team RAIN)



We wanted to highlight the names of Champs who have either recited or reflected during Riad Tadarus and / or showed up during Tahajud Penthouse. These are just names we managed to catch, so if your name is not on this "human-made" list, we truly apologise. However, know that your name is definitely etched on the angel-made ones ❤️. May Allah SWT reward each and every one of your efforts, Champs! So proud of every single one of you!

With that, I hope you guys have enjoyed Closer.

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X  
a.

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