

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the most Gracious, the most Merciful

13 January 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

The happiest of
people are those
who have found
that Allah is **more**
than enough.

Assalamualaikum my Champions,

When I first moved to Tangerang and stayed with my in-laws, I noticed

something very interesting whenever we would eat together. Whenever Baba would serve food to Mama (or vice-versa, as they take turns), she would always say "**Barakah, Barakah**". This, I soon learned, meant that the portion is more than enough, and In Sha Allah, within it, will be an abundance of blessings.

I thought that is very, very beautiful and is rather apt in representing the one MAJOR lesson I've learned while living in Morocco for the past 9 years, which is that **we all have more than enough because Allah SWT provides and sustains us perfectly.** Having lived in Singapore where the rat race is very real, and consumerism is always at an all-time high, being in Morocco made me realise that the pursuit of "more" is not only unnecessary, but is also incredibly unhealthy.

Morocco taught me that being paper-rich counts for nothing when your soul is impoverished. And it was through my conversations and experiences with the elderlies here, who lead a simple but extremely full life, that made me realise **when one has Allah SWT, one truly has everything.**

This is why people who understand this principle is the happiest because they know that Allah SWT is [al-Wahhab, the Best Giver of the Best Gifts](#) and as long as they have Allah SWT with them, they truly have more than enough. :)

Every day, I am slowly learning that Allah SWT gives us what we need exactly at the moment when we need it, in the utmost accuracy - it is never too little, too much, too late, nor too early. He doesn't just give, perfectly, He also gives, abundantly.

So Champs, if you are overwhelmed by society's taunt to consume more, ask yourself, **"is Allah SWT not enough for me?"**

#aremindfirstandforemosttomyself

This week on aa plus



Study Date Asia: Thu, 13 Jan, 8.45pm SG

Study Date ROTW: Sun, 16 Jan, 7pm UK

Champs!! Alhamdulillah, the first episode of ['Not Basic, But Epic!'](#) series is finally here! One of my main intentions of doing this TKV Series with Ustazah Huraidah is to peel the multitude of layers behind the daily, "light" duas that we so often say, but might not necessarily understand the "epic-ness" in its meanings. It was only natural that we start off with "Bismillahirrahmannirrahim", the Dua we recite before beginning anything, and Champs, let me just preface by saying: get ready to be blown away. **Trivia: Did you know that the huruf ' ب ' in Bismillah has over 16 different meanings?!?! Also, have you ever wondered why "Allah" is Allah SWT's most complete Name?** Ustazah Huraidah covered this in Class but just to tease you a little, [watch this cute video explanation that my teammate, Nisa, did!](#) PS: It is now safe to say that the Basmala is my new fav dua!

Listen to the Class Here

Join Study Date Here

PS: We highly recommend you to join the Study Dates, but if you can't, try to follow the Class with the [PDF Notes!](#) ❤️

a beautiful Dua

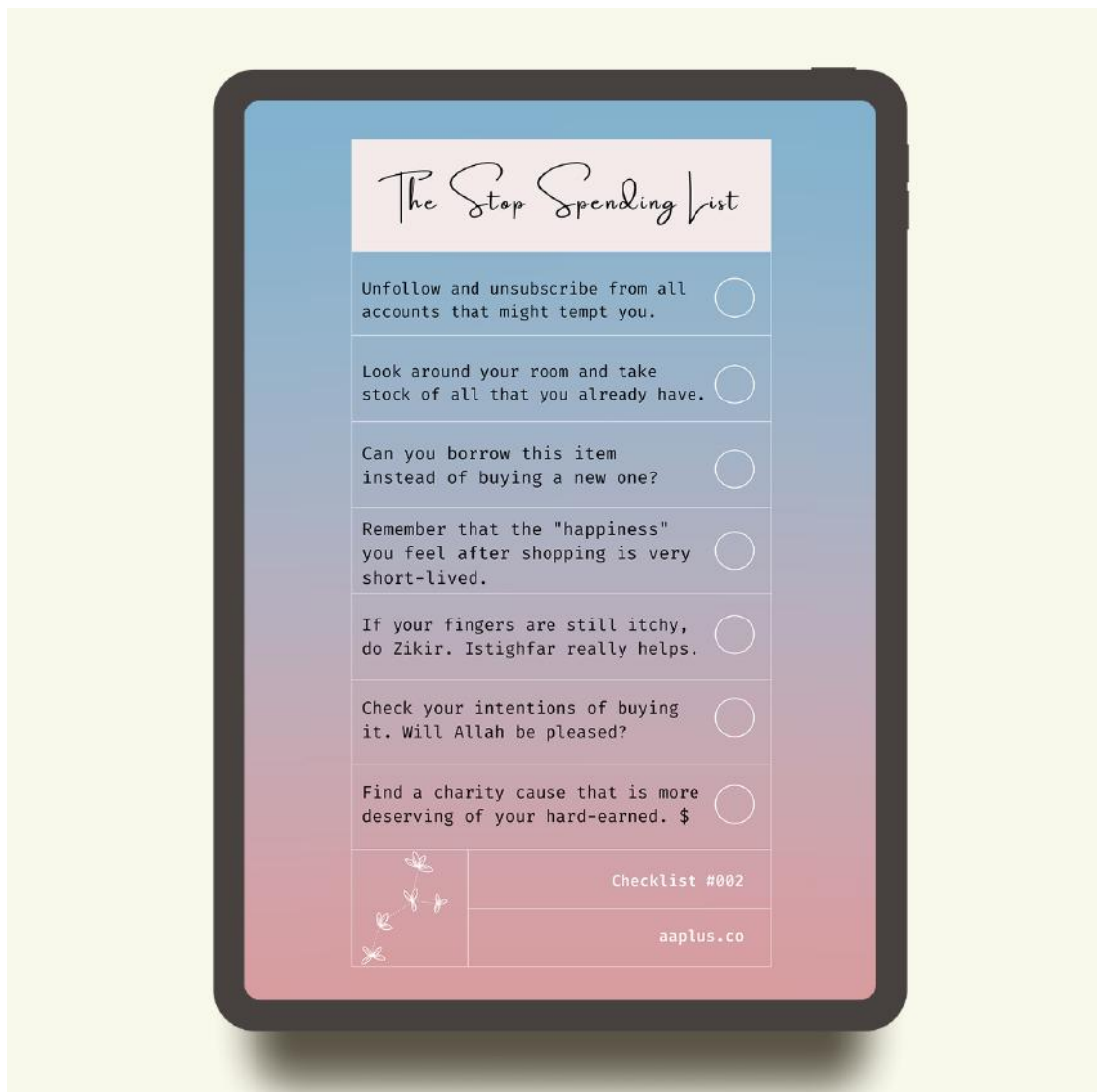
Ya Allah,
strengthen me to
lower my gaze on
things that does
not concern nor
benefit me.

aaplus.co

[#abeautifuldua](https://twitter.com/abeautifuldua)

I will be honest and say the inspiration behind this dua is my struggle with online shopping. I have this very bad habit of surfing online, putting things into cart and then.... not buying anything. At first, my Nafs was like, "Well, at least you didn't buy anything!" but then I realised that although I did not spend any money, I still wasted hours doing nothing beneficial. Hence this Dua. I am now happy to report that I have not shopped online for months, Alhamdulillah! Here's hoping the only thing I buy online now is my flight ticket home, Amin! (Prayers for me please!)

The Checklist



Following up on the "online shopping" struggle, I also created this checklist to help myself and anyone else who may be itching to indulge in something unnecessary! Feel free to share this with all of your girlfriends if you think it would be useful!

[Download The Checklist Here](#)

in case you missed it



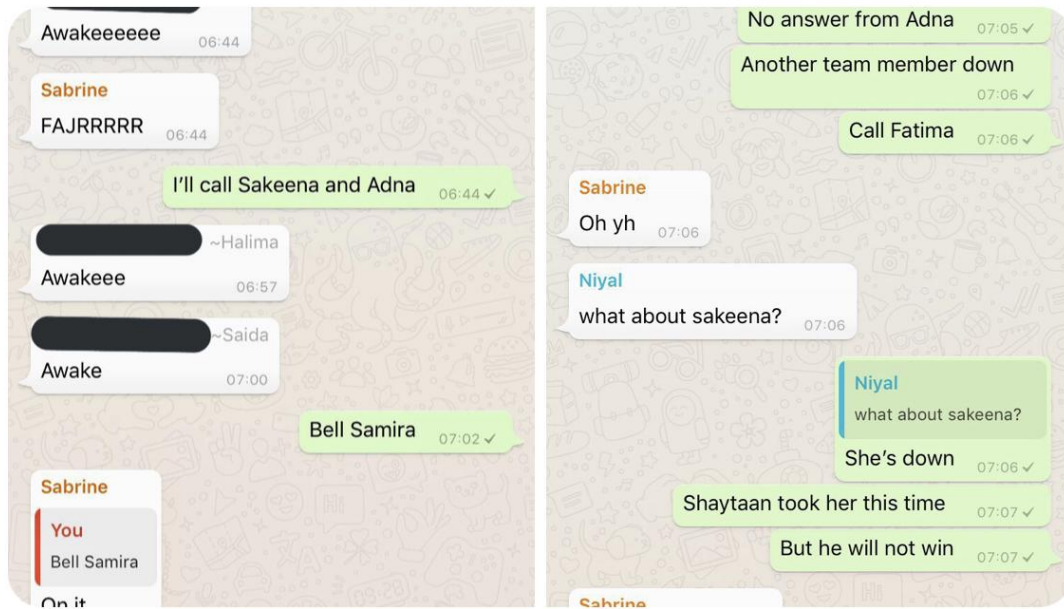
Last Friday's In Focus Lecture on Intentions with Ustazah Farhana definitely re-affirmed my belief that intentions are super powerful and can be the catalyst of many miracles in our lives! If you missed it, here is the link to the playback! (Please watch this in the privacy of your own space without any male presence as Ustazah Farhana wears the niqab) PS: We love this session so much that we did our own PDF Notes for it. One of my fav takeaways from this session is: **if** we don't write our own intentions, Syaitan will write them for us! 🥹

[Watch The Playback for Intention Lecture Here](#)

[Read PDF Notes from Lecture Here](#)

Muslim Meme

Feels like we're on a mission 🥲😂



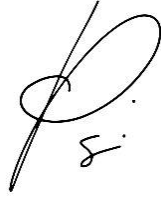
Now this is how we should all help one another battle our Nafs when it comes to waking up for Fajr! I am a huge believer in having a support system when it comes to being consistent with anything good, which is why I am so grateful to have all of you Champs! (Special shoutout to my Gratitude Girl Gang and my Zikir and Reading Buddies!)

Something to Ponder

Champs:

Are your most
ambitious Duas
about your
Akhirah or your
Dunia?

The topic of Duas has always been a popular one amongst us Champs on AA Plus. We would always talk about it during Study Dates or Tadarus sessions and I am certain that every single one of us have a special, personal story about how Allah SWT has answered our Duas in the most magical way. But I've also been thinking about how many of my Duas are for the Akhirah, and how ambitious do I make them be? I feel like my Duas for the Akhirah needs an "upgrade", but I am sometimes "distracted" by my wants in the Dunia that my Duas skew towards the temporary instead of the permanent. :(May Allah SWT give us the full understanding that our time here is nothing but short and fleeting, so that we can be more Akhirah-driven and Allah-focused!



(ending it with His words)



Click for
Ayah #1



Click for
Ayah #2

These Ayahs were chosen by some of the Champs to reflect on from Juzuk 22, which we covered together during Tadarus last week. Praying that I get to see more of you in these soul-fixing sessions. ❤️ [Click here for the schedule!](#)

With that, I hope you guys have enjoyed Closer.



X
a.

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