بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

13 July 2023

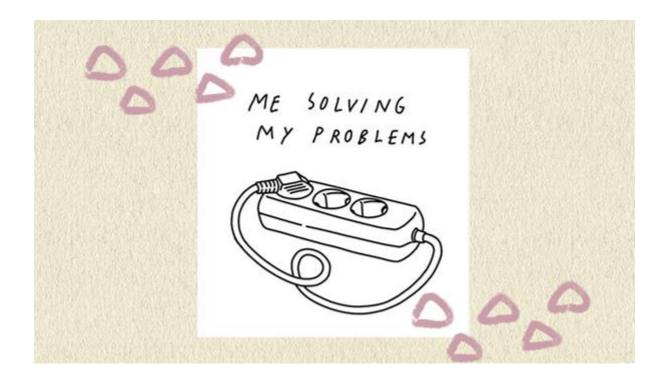


your curated weekly spiritual booster delivered straight to your Inbox

The only thing I'm sure of is Allah SWT.

Assalammualaikum my Champions,

I saw a tongue-in-cheek illustration today that perfectly sums up what it looks like when I don't rely on Allah SWT:



I thought, chuckling to myself, "Isn't this the most accurate thing?"

Because of the nature of my work, I get emails and messages daily asking me for advice and help. However, the simple truth is that most of the time, I too do not have the answers as well! This used to cause me great stress and concern because I feel like I am failing the person who is coming to me for assistance until I realised that... I am doing it all wrong.

I was depending on myself for the solution, when the answer to every single problem, concern and worry is to go back to Allah SWT.

This is the only thing I am sure of.

Unfortunately, many of us, myself included, do not run back to Him **first**. And this makes us even more burdened, restless, exhausted and confused.

But with Allah SWT, everything is light. With Allah SWT, everything is calm. With Allah SWT, everything is clear. I have now learned that Allah SWT puts us in situations that have been perfectly personalised and curated just for us. Meaning, with His Help, we are also the most equipped to know what to do for our own situation. Allah SWT, the Most Wise, has purposefully placed us there because He knows we are ready for it. And He has also promised us that He will never test us beyond our means.

Just look at Prophet Musa AS - when he was tasked to speak to Firaun, the most wretched and incorrigible human of all time, instead of relying on himself, he went straight to Allah SWT for help. He made the beautiful Dua (which has been immortalised by Allah SWT Himself in the Quran as the Dua for Good and Clear Speech till the end of times!) asking Allah SWT to uplift his heart, make his task easy, and to remove the knot in his tongue (as we all know that Prophet Musa AS had a speech impediment).

Prophet Musa AS did not focus on his stutter or his weaknesses, he focused on Allah. He AS focused on Allah's Might and His ability to make everything easy for him.

Also, here's something very beautiful that we can also learn from the Dua of Prophet Musa AS. He AS asked Allah SWT to grant him a helper through his brother, Prophet Harun AS. This means that there is nothing wrong in asking others for help, but following the Prophetic example of Prophet Musa AS, we have to first ask Allah SWT for His Guidance in granting us the best companion to assist us, as not everyone is a good fit for us and not anyone can help us in our situations.

So Champs, over and over again, it is always Allah first, Allah always. It's the one and only thing I am sure of. :)

get excited for



This is a first for us (and hopefully not the last!) - a Sharing
Soiree dedicated for us to learn from our very own fellow Champs! For
this instalment, we have invited three very special, very knowledgeable
Champs (I will keep the identity of your "Champ-Teachers" a surprise :P)
that will teach us on 1) Personal Branding for Impact, 2) Making Wise,
God-Centred Decisions *based on Mathematics* (yup you read that right
:P!!!!), and last but definitely not the least 3) The Process of Halal Taaruf

with the Intention to Marry. I hope you'll clear your schedule for this, ladies, because we are about to embark on a fantastic learning adventure!

Join our Sharing Session Here!

Add this Sunday's Sharing Session to your GCal

a beautiful dua

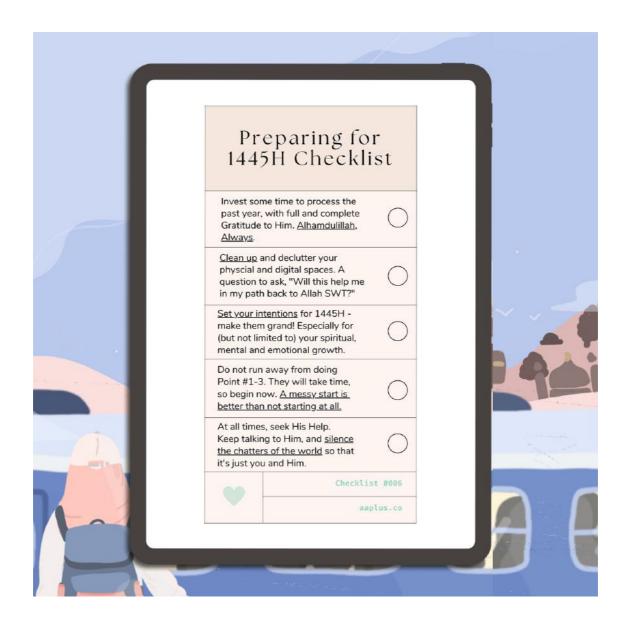
Ya Allah, surely You are Capable and I am not, You know and I know not, and You are the Knower of the Unseen.

aaplus.co

#abeautifuldua

This week's Dua is actually taken from the beautiful Istikharah Dua that our beloved Prophet has taught us. There was a line in the Hadith where Sayidina Jabir RA narrated that really impacted me - he said, "The Messenger of Allah used to teach us the Istikharah in all matters as he would teach us a Surah of the Quran" (!!!). (Bukhari) This shows how important and weighty it is to always rely on His Guidance when deciding on anything! Plus, we make choices and decisions every single day, over the big and the small things of our lives, so the Istikharah Dua should very much be part of our daily zikir. (Taking mental note that this Dua be included in our next Mixtape for the Soul but in the meantime, this is the link I play on repeat for this Dua:P)

champs checklist



I am feeling extremely hopeful and bittersweet all at the same time as a new year, 1445 Hijriah, approaches us so I thought a checklist is needed! A gentle reminder that we will also be meeting for our New Year + Zikir Party next week, In Sha Allah. There will be two timings for this get-together: one in ROTW (18 July, 7pm UK) and one in Asia (19 July, 9pm SG). To protect the sanctity of this blessed beginning, these sessions will not be recorded. I hope you'll honour the precious gift of life that Allah SWT has blessed you with and make time to jot down your heartfelt and grand niyahs for 1445H!

heartwork that heals



This is something I've been trying to do all week. We don't have to react to everything, even if we are being provoked, as this is exactly what the Shaitan wants from us. I have always grieved over the things I do and the

words I speak with haste, but have never regretted pausing and talking to Allah SWT first.

gifs for Champs!

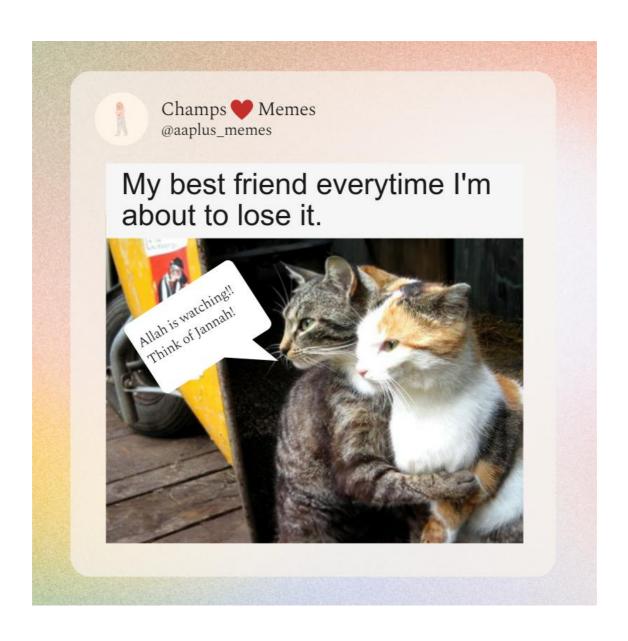


In honour and celebration of our 114 Club this week (it was so so so so nice to hang out with all of you with the Quran, I pray may Allah SWT keep making it easy for all of you to show up for Quran, Amin!), we created and

designed these super cute Gifs just for you! I foresee myself using these often hehel! PS: Champs, if you are wondering how to access our 114 Club + Tahajud Sessions, do note that all of our Zoom Calls use the same link!

Download your Champs GIFs Here!

muslim meme



"My best friend" here includes: my husband, my teachers, and all of you Champs! Share this meme with anyone who helps you remember that this Dunia is not worth it, and to always keep your eyes on the Jannah prize!

And with that, my dearest Champs, I pray may your heart is always at peace and at rest through the Remembrance of Him.

fin X