

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the most Gracious, the most Merciful

11 November 2021



# Closer

by aa

*your curated weekly spiritual booster delivered straight to your Inbox*

*don't be afraid to start over.*  
THIS TIME YOU'RE NOT  
*starting from scratch,*  
YOU'RE STARTING FROM  
*experience.*

Assalamualaikum my Champions,

I have always wanted to memorise the Quran (may Allah SWT allow us all to do so, Amin!) but I was never serious enough to actually follow through with the plan. Recently, I started joining some Champs who all have the

honourable intention to memorise Surah al-Baqarah, and this beautiful initiative was actually started by the late Fatima Abdulla, our beloved Champ who passed away last month. (May Allah grant her the highest of Jannah Amin!)

Last week, her sister Nada shared with us a message that Fatima actually intended to share with the girls who were memorising the Surah, and with her permission, I am sharing it with you Champs today. Fatima placed these two photos side by side, and very wisely wanted to say:



**That** when we first start doing anything, including memorising the Quran, it will look like the picture on the left. The path is still unclear and it will be hard. However, the more we practice, and the more we do it, over and over again, the path will be a whole lot clearer, and it will be a lot easier for us, just like the picture on the right. :)

Isn't that absolutely beautiful?

So Champs, don't be afraid to start, and start over. Because you won't be starting from scratch, you will be starting from experience. And try imagining you shovelling through the leaves and the soil as you keep on trying and practising so that one day, In Sha Allah, the path will also be clearer and easier for you!

PS: When Nada shared this with us, I realised how beautiful it is that Allah SWT allowed Fatima's sincere intention to share this with us to come true even though she has passed on. It made me see how powerful intentions are, so I hope we will always be from the people who make grand and sincere intentions, Amin!

---

*This week on aa plus*

# The Knowledge Vault

Lesson 7-

## **Tale of Two Sisters: On Confidence & Modesty**



### **The Chosen Ones**

Inspiring Stories of Women in the Quran

with Aida Azlin + Ustazah Syariati Sulaiman

aa plus

*Asia Study Date: Thursday 11 Nov, 8.45pm SG / Malaysia*

*ROTW Study Date: Sunday 14 Nov, 7pm UK*

We are nearing the final episode of this series, but not without another inspiring story on the women around Prophet Musa AS. This time, we learn about the two sisters he met after he RA fled the palace of Firaun. They are so honoured and dignified that even the way they walk is mentioned in the Quran! Listen in to the lesson to learn tips about how we can interact with the opposite gender when we go out into the society. PS: ONE OF MY FAV EPISODES OF THIS SERIES! Cant wait to discuss this lesson with all of you during our Study Date! <3

**Join Study Date Here**

**Read PDF Notes Here**

*Tip: if you find it difficult to attend the study date or listen to the class on your own, why not try starting with just reading the PDF notes first?*

---

*a beautiful Dua*

Ya Allah, allow  
me to remember  
that growth isn't a  
straight line, and  
wisdom is healed  
pain.

---

aaplus.co

#abeautifuldua

This Dua is a reminder for me that healing and growth are never linear, and that pain is sometimes a necessary ingredient for me to grow stronger and wiser. For those of you who are going through something difficult, I pray may you be gentle with yourself. ❤️

---

*share with Allah*

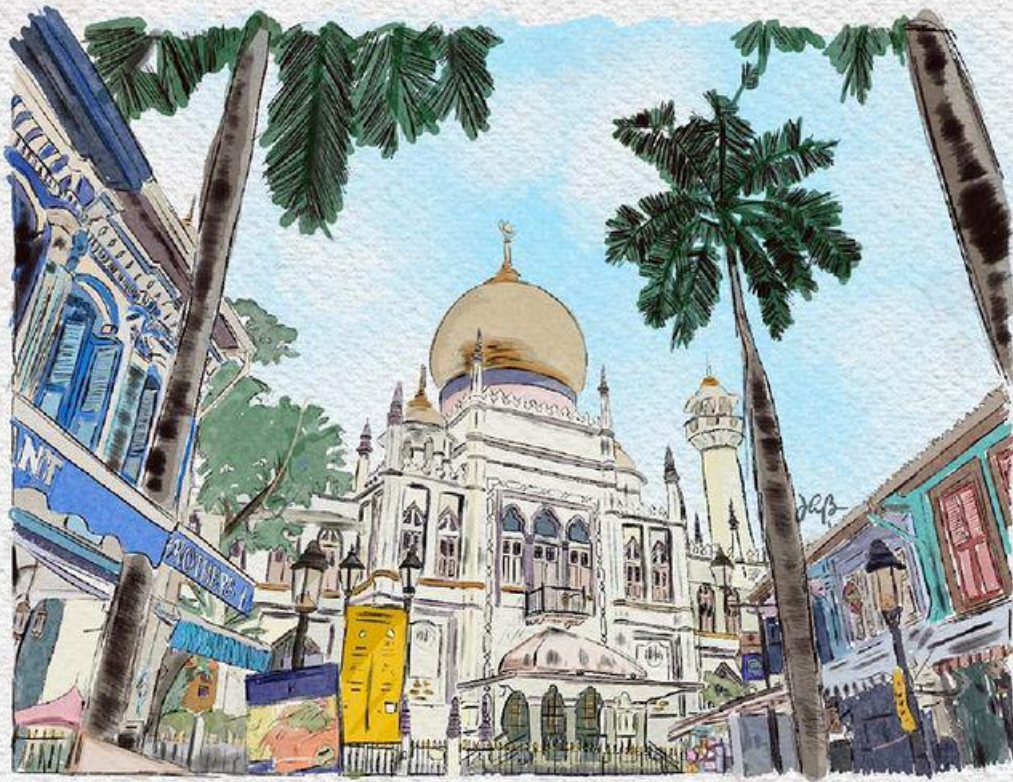




One of our Champs shared something very adorable to me today that led me to bring back this segment on Closer! She said, "**whenever I feel lazy to make Dua, I combat it by saying let's have a chit chat with Allah!**" Today, I would love to encourage all of you to share with Allah SWT about your house / palace goals in Jannah and who would you like to have with you in Paradise - and I pray you dream big when you do this, Champs, because Allah SWT is al-Karim, and He is ever generous to give us anything at all! May this also be a means of motivation for us to do more good that pleases Him, Amin! PS: Don't forget to pray for a home near Him in Jannah, [just like how Sayyidatina Asiya RA did.](#)

---

*champs wall of art*



don't ever allow yourself to think you are not worthy of making dua  
Ustazah 'Almatunnisa

artwork by [Haliza Abu Bakar](#), a Bruneian Champ

Champs! I'm starting a new segment in Closer to share with you the beautiful artworks that you guys create - because Ma Sha Allah, you guys are a wonderfully talented bunch! The way I see this section working is the same way as to how a mom would proudly pin her kid's artworks on the fridge! My intention is also to highlight the beauty of the Deen through how they are being represented in your artworks, and I want to loosely define "Art" here - it can be in the forms of illustrations, writings, sewing, embroidery, basically anything created by your hands! For this very first instalment to this segment, I am so proud to share with you Haliza's stunning illustration of the Sultan Mosque in Singapore, paired with Ustazah 'Alima's quote: "Don't ever allow yourself to think you are not worthy of making dua." :)



*in case you missed it*

an In Focus special

# PERIOD:

Your Bloody Questions Answered  
with Ustazah Farhana Munshi

Part 1:  
5 Nov, Fri, 8.45pm SG  
Q&A On Shafi'i Fiqh  
of Menstruation

Part 2:  
15 Nov, Mon, 8.45pm SG  
On maintaining spirituality  
during menstruation

an plus

Wow, we had a really "intimate" time with Ustazah Farhana last week when we came together to learn about our period cycle. I took home so many insights and am a lot more confident tracking my period now. If you missed it, you can watch the playback below. **However, please please please watch the playback without any male presence whatsoever to protect everyone's privacy! This is super important ok?** We are also working on a summarised visual flowchart as well and will be sharing



this as soon as we have Ustazah's stamp of approval. PS: This lecture is based solely on Shafi'i Fiqh. If you follow other mazhabs, Ustazah Farhana strongly advised that you check with your respective teachers.

PPS: Please do join us on the **2nd part of this In Focus Lecture series on the 15th (Monday), In Sha Allah!** Ustazah will be focusing on how to maintain our spirituality during our infamous PMS and Period days!

[Watch Playback Here](#)

[Ustazah Farhana's Slides](#)

[Join Part 2 of the Lecture on the 15th Here](#)

---

*Muslim Meme*

No praying mat? no problem



We absolutely have no excuse to miss our prayers anymore! :P

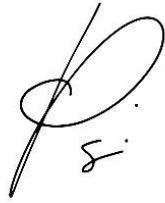
---

*Something to Ponder*

Calmness is  
a superpower.



Not to sound like a creep, but I have been studying my husband for years because I am envious of how calm he is. He is the calmest person I know. And one thing I've learned from living with him is that he absolutely understands this powerful truth that **nobody can trigger your emotions and take away your peace of mind without your permission.** Absolutely nobody. Every time I find the two of us in a highly-stressful situation (in my definition), I will be flailing like an octopus, and he will be as calm as a cucumber. And his secret is, **"Stop trying to calm the storm. Calm yourself. The storm will pass."** We forget that we actually have everything within us to handle things as rationally and calmly as possible, that it is within our power to be firm and steadfast in overcoming adversities, because it is only when we are level-headed can we think and see clearly on what next steps we should take. I pray the next time you are going through something difficult, stressful and /or frustrating, may you remember that **staying calm is a superpower and you are the superhero of your own life.**



## ending it with His Words

### Quran 19:60

As for those who repent, believe, and do good, it is they who will be admitted into Paradise, never being denied any reward.

Increase in  
repentance.

Increase in  
doing good.

*( If you are in need of some soulcare, join us @ [our weekly Quran Tadarus!](#) )*

---

*With that, I hope you guys have enjoyed Closer.*



*fin*  
X  
a.

---

*Copyright © 2021 The AA Team, All rights reserved.*  
Because you signed up to become an AA Plus member.

**Our mailing address is:**

The AA Team  
Rue Idriss  
Tangier 90 000  
Morocco