11 March 2021



your curated weekly spiritual booster delivered straight to your Inbox

prayer is A SPIRITUAL SHOWER. Without it, THE SOUL DEVELOPS a stench.

Assalammualaikum my Champions,

I'm writing this as we are welcoming the 27th of Rejab, the date that some scholars note as the auspicious Isra' and Mi'raj (Rasulullah SAW's Night Journey). Although there are many reasons why this occasion in Rasulullah SAW's Seerah is a special and magical one, my personal favourite would be how Allah SWT gave the commandment for Solah when Rasulullah SAW ascend to the highest level of Jannah -

it is the only act of worship that Allah revealed to Rasulullah SAW in the highest of Heavens, whereas everything else was sent down to Earth by Jibril AS.

Not only that, but the scholars were saying how the timing of Isra' and Mi'raj was also incredibly beautiful (as is everything that Allah SWT carefully plans for us) - it happened after the painful deaths of Sayyidina Khadijah RA and Rasulullah SAW's uncle, and also the horrible incident at Ta'if where Rasulullah SAW was humiliated and driven out by its people as he SAW was trying to deliver his message.

Our kind, compassionate, and merciful Prophet dealt with blow after blow and that was when Allah SWT took him SAW on both a spiritual and physical journey that was nothing short of miraculous! This made me reflect on the Ayah where Allah SWT promised, "Verily, with hardship there is ease."

Ustazah Farhana said in our Solah Class (*gosh, I miss that Class!*) that when we pray, we are doing our own Mi'raj, our own ascension. Because Solah uplifts us from our worries, Solah helps us rise above from our problems, and Solah gives us the strength to pick ourselves up, dust ourselves off and try again.

If only we realise what a tremendous blessing it is for Allah SWT to choose us to come to prayer, 5 times a day!

This week on aa plus



In this episode, Ustazah Huraidah explains the first two parts of the Prophet's Sermon to us. We will learn how it is the Sunnah of Rasulullah SAW to address people correctly when dispensing advice or messages, and how humility shone through every part of our Prophet who was always in a state of service to others. I LOVE LOVE LOVE THIS CLASS because not only is Ustazah making me fall in love with Rasulullah SAW all over again, but it's giving me A LOT of things to reflect on. (I usually hang my head in shame after recording, it's like getting a much needed heart-slap.)

Listen To The Class Here

Read PDF Notes Here



Important Note: We are starting Study Dates earlier for both Asia and ROTW. We'll break in between for Prayers, In Sha Allah.

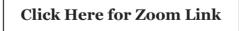
PS: Study Dates are recorded, but not uploaded to the website for privacy purposes, so if you cannot make it, you'll have to email us for a playback. Also
you do not have to listen to the Class prior to the Study Date, nor prepare anything for it. Just gotta show up!

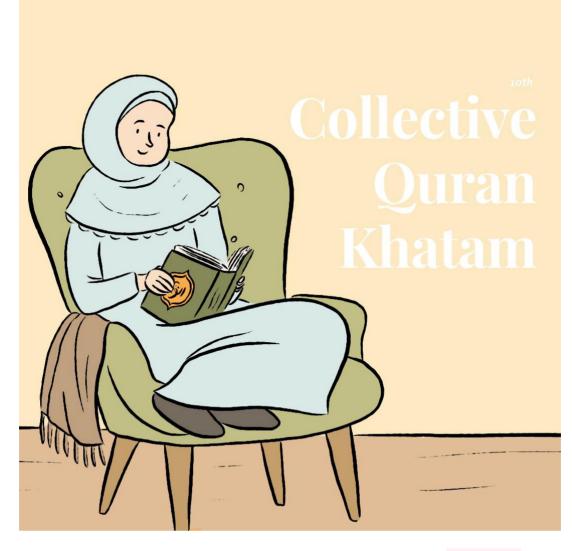
Zoom Link For Study Date

Next week on aa plus



Excited to host another Reading Room session for you guys next week**on the 16th**, In Sha Allah! I had a blast on the last one, and can't wait to see what you guys will be reading **next Tuesday.** Baby Champs, just in case you're wondering - The Reading Room is a chance for all of us to gather on Zoom to read our own books, for 20 minutes, quietly and then discussing / sharing what we've read with the rest after that! During the last Reading Room, I challenged you guys to dress as per the cover of the book you were reading and you guys were SHOOOOOO CUTTTTTEEEE! Let's do that again ok?





For our weekly challenge next week, we'll be doing **our 10th Collective Khatam Quran** together! **cries tears of jooooooyyyy**I had to pinch myself, and also renewed my intention for Allah to let us be from the People of Quran, Amin! (Say "Amin" guys!) *PS:* Baby Champs, if this is your first time doing the Collective Khatam, don't worry, it's super simple. When you click on the link below, you will be redirected to a Google Sheet, in which you will then write your name and IG handle down next to the page numbers of the Quran that you want to read. Each Champ should read no more than 5 pages so that more ladies can take part in the challenge. If you are on your period, you can assign one page for yourself and read the translation!

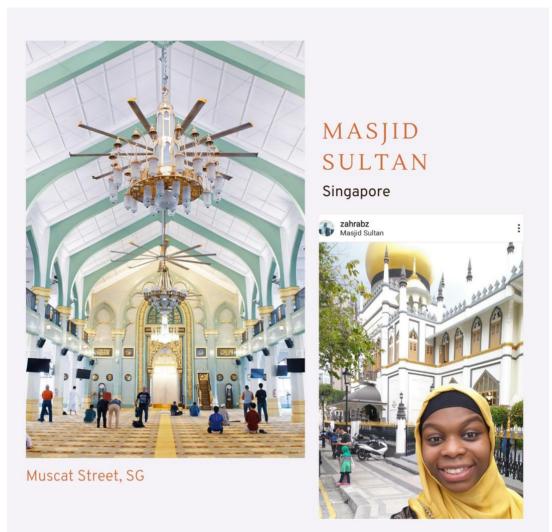
you can assign one page for yourself and read the translation!
Everybody needs to complete reading by Wednesday, 17 March,
2359 Hours - and once you are done, just highlight the column next to your name in green! Easy peasy! Also, I've put my name down on the Sheet so you can see an example. May Allah reward all of you in abundance for doing this, Champs!

share with Alah



I always get excited sharing with Allah about the many people in my life who have been a huge inspiration and help to me. When I sit down and reflect on how the dots connect in my life, I cannot help but marvel at how wise Allah SWT has arranged for me to meet certain people in my life. I also speak about you guys to Him too and how it's been such a blessing serving you because you Champs make it so easy for me to roll out of bed every morning, eager to continue doing the work that we do here at AA Plus. (Love you all long time, my neighbours in Jannah!)

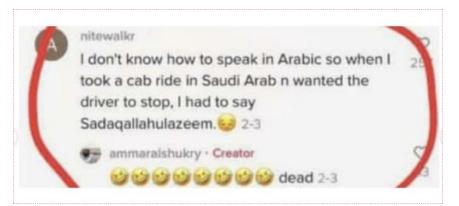
Majeria Masjids



So, so, soooo excited to be "Masjid-hopping" with you guys at Masjid Sultan this week! Before you accuse me of being bias, I did not choose this Mosque, rather, it's my beloved Zahra, a close friend turned Champ who is based in London and Nigeria who selected it! Zahra shared, "This is my special masjid and how mashaAllah that you're part of the story! Thank you for recommending it. I say to anyone who cares to listen that Singapore has been one of the top 3 countries that I have visited in my life. **My soul was at peace and I felt so**

welcome there. Can't wait to visit again insha'Allah (hopefully when you're in town!)" Her sharing made me even more homesick, but my heart is at ease remembering Rasulullah SAW's oh-so-romantic Hadith, "You will be with those whom you love". I pray may we all get to Masjid Hop in Jannahtul Firdaus together, Amin! *If you have a fav / special mosque, share it with me and tell me why! It'd be awesome to see mosques from all over the world together with you Champs. Who needs "cafe-hopping" when you can do "Masjid-Hopping" []

Muslim Meme



Also, the day Fena sent me this, I was recording with Ustazah Huraidah for our 3rd TKV Lesson this month, and it was surreal how Ustazah then shared that **there are 2 other things we should say on top of "Sadaqallahulazeem" after reading the Quran!** To know what is it, make a date with us next week & check out Lesson 3 once it's out, ok?

Something to Ponder

Solah; the best kind of Self-Care.

I was contemplating about the often-quoted Ayah in the Quran where Allah SWT said, **"Verily in the remembrance of Allah do hearts find rest"**, and it hit me that Solah, in that sense, was the best kind of "self-care" because it will soothe, calm and put you in a state of tranquillity. It's also interesting how the whole experience of Solah touches on all of our 5 senses. When we pause and take time to hear and respect the Athan, our ears are soaking in only goodness. When the cool water touches our skin as we take our Wudhu, we are instantly rejuvenated and refreshed. When we stand for Solah, we are also giving our sight a break from our screens, from seeing things that are not good for our eyes. When we put on our attar / oud, and freshen our breath with the siwak, we not only smell good, but we also only taste good. Ma Sha Allah, who needs a once-in-a-blue-moon visit to the Spa, when you can do this 5 times a day for Solah!

ending it with His Words

Quran 7:10

We have indeed established you on earth and provided you with a means of livelihood. Yet you seldom give any thanks.

ess Complaining

More Gratitude

With that, I hope you guys have enjoyed Closer.



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