

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

10 November 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

A.C.T:
Action changes
things.

Assalamualaikum my Champions,

One of my favourite duas from Rasulullah ﷺ is the prayer that asked

for protection against grief, sadness, weakness, laziness, miserliness, cowardice, debt **and** being overpowered by men - yes, all of that in one dua! ([Al Bukhari](#)) I have always marvelled at how comprehensive, complete and perfect the dua is, especially noting how mental and spiritual illness has plagued many of us today. But more than ever, this Dua teaches me one important thing - that no matter what state we find ourselves in, we can, **and** should, always ask Allah SWT for help and pray about it.

Because praying is one of the most powerful actions we can take when anxiety, worry and sadness are dragging us down.

I have experienced this so many times - whenever I feel fear and procrastination crippling me, or when I feel heavy, "uninspired", or name whatever excuse I tell myself here, taking just a few seconds to pray about it will miraculously give me a tiny spur of energy. And that is all I need to start, to pick myself up and to get going.

You see Champs, trying to start is difficult if you are doing it on your own. But starting with Allah SWT in your heart and mind, through a simple prayer like reciting '*Bismillah*', means you are now no longer alone, but that ar-Rahman and ar-Rahim is right there backing you up.

So the best way to get yourself un-stuck is to take small, but Allah-centred actions. Like reciting the Basmala mindfully over and over again, remembering to set your Intentions and writing them down, whispering an earnest Dua asking for His help, taking your Wudhu, beginning with your right hand and facing the Qibla... these are all great "action-starters" that sets you up, In Sha Allah, for success, because you have now begun with nothing but goodness and Allah

SWT in mind!

Today, try asking yourself what small steps you can take that are Allah-centred, and then share them with me or a loved one! Who knows, it might just help someone who may be shackled by the chains of procrastination and anxiety. I pray may Allah SWT ease all of your affairs, my dear Champs, and grant you the strength to take small but consistent action always, Amin!

get excited for



I AM ALL READY FOR THIS SUNDAY'S EVENT! Yes, all-Caps because I am **that** excited to learn about one of my favourite Prophet (Nabi Yusuf AS), dive into one of my favourite Surah (Surah Yusuf) and "fangirl" over one of my favourite attributes of Allah SWT, His Gentleness (al-Latif)! The timing could not be any better as I am in desperate need of a "spiritual shower" so Champs, please please please try to make time for our Special Event this month with our beloved Ustazah 'Alimatunnisa! PS: If you can, **try to wear anything yellow** because Ustazah LOVES yellow, like the sunshine that she is!

Join Our Special Event Here!

tadarus is back!

**Which
Tadarus
Champ
are you?**

YAS YAS YAS YAS OUR TADARUS CIRCLES ARE BACKKKKKKKK,
Alhamdulillah! I can't wait to gather with all of you again to recite,
listen and reflect upon our fav Book evaaaa! I always find my feet
swinging as I listen to our fellow Champs recite the Quran, and I
always learn so much through our discussions as well, so I'm grateful
that Tadarus is here this month! PS: Our Tadarus Circles are not just

for Champs who can recite the Quran, it's for allllll of us! Look through the gif above and see which kind of Tadarus-Champ are you, and come as you are! I can't wait to see you on Monday (14 Nov, 9pm SG) for Champs in Asia or Tuesday (15 Nov, 7pm UK) for Champs in ROTW!

[Join Tadarus Circle Here](#)

Add [Asia](#) / [ROTW](#) Tadarus Circle to your GCal

a beautiful dua

Ya Allah,
make
Repentance
my desire.

I'm currently re-reading one of my favourite books of all time, "Hearts Turn" by Michael Sugich and the key theme of this beautiful work is how noble repentance is. Tawba is an active state, as it should, as we are always prone to sins, which is why out of His Mercy, the Door of Repentance is always open, up till we breathe our last. Our faith has made Tawbah an honourable act of worship, an elevated station, but unfortunately, sometimes our ego stops us from seeking it. Or perhaps our impatience blocks us from tasting the sweetness of being in Istighfar. Which is why my dua for this week is for Allah SWT to allow Repentance to be my desire as Allah SWT loves those who constantly repent. ([Quran 2:222](#)) & who doesn't want to be loved by Allah? 🤔

champ notes

CHAMP NOTES

S/N:

#004

BY:

Idahayu

*I hope I will be a good
Aakhirah
"Fund Manager"!*

I was speaking to one of our Champs, Idahayu, yesterday and she said something super cute that I just had to share it with the rest of you! She exclaimed, "I hope I will be a good **Aakhirah Fund Manager**" and it made me smile so widely! It really made me pause and ask myself how has my "Aakhirah-Investment" been doing lately? Am I running on profit, In Sha Allah, or am I at a loss? Am I wasting my funds by making deals with the Dunia, or am I seeking the bounty of my Lord and investing it with al-Karim, the One Who is Most Generous? Praying for all of us to be successful Aakhirah Fund Managers so that we can all reunite in the highest of Jannah, Amin!

muslim meme



@muslimemeeaplus
MuslimMemeQueenz

How Muslim parents apologize...



2,407



982



1,237

Oh this is so relatable on all levels! No matter where you are in the world, food is always a love language. I would say this is also how siblings and spouses call a truce and "apologise"! 😂

to ponder



"Who do you look for first thing in the morning?" - that was the question I was asked a while back. I wanted to say Allah SWT, because I really wanted it to be so, but honestly, it's my phone that I scramble to find first. 🤔🤔🤔🤔 To make things worse, I would sometimes lay in bed and check my messages and reply to them, half-asleep (hello spelling and grammar errors!), without going straight to prayer first. This has been a bad habit of mine that I have wanted to eliminate - so I thought I'd try something new. I decided that I would talk to Allah SWT as soon as I can consciously say I'm awake -

meaning, in my Pyjamas, in bed, with morning breaths and all. I would just talk to Him in my heart. But it's not as "romantic" as it sounds because for the first couple of weeks (!!!), all I could do was beg to Him: "Ya Allahhhhhhhhhhh, pleaseeeeeeeeeeeeeee get me out of bed.

Ya Allllahhhhhhhhhhhhhhh, pleaseeeeeeeeeee helppppppppppppp meeeeeeee get out of this bedddddd." Every. Single. Day. LOL LOL LOL. But I love it! I love whining to Him, I love being helpless with Him, and **I love how the first thing I'm reminded of as soon as I wake up is that I am always in desperate need of my Rabb.** So Champs, how are your morning conversations with Allah SWT? ❤️

P.S.:



I was searching for something to watch while waiting for my lunch to be cooked in the oven but I didn't want to waste this pocket of time on something useless, so I went to our [AA Plus website](#) and headed

straight to our [Champs Library](#). Sometimes I myself forget the number of resources we have from our teachers on AA Plus Ma Sha Allah, and so I was pleasantly surprised to see a nicely curated selection of beautiful PDF Publications and short videos in the Library that my team has done over time. And so while waiting for my sweet potato fries to be oven-baked, I re-read a mini publication on **Inner Peace** and watched a bunch of adorably animated videos on **Setting Intentions!** If you are looking for something short yet beneficial too, I'd highly recommend you to take a look around OUR Champs library, my dear! It's def a great refresher on topics close to our hearts. :)

[Check Out Champs Library Here!](#)

With that, I hope you guys have enjoyed Closer!

fin
X
a.

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