## 10 August 2020



your curated weekly spiritual booster delivered straight to your Inbox

IT IS MUCH EASIER TO ACCEPT the answer that ALLAH GIVES, than to keep INSISTING FOR

the answer that you want

Assalammualaikum my Champions,

I'm a hugeeee "excited-for-new-beginnings" kinda girl, so I'm

definitely looking forward to the new Islamic Year - 1442H - that will, In Sha Allah, fall on the 20th of August (EEPS 10 MORE DAYS!). My team and I were curious to know how this whole Hijrah Calendar / System came about so we did a little bit of reading and here's what we found out:

Before the Hijri calendar came into use, Muslims used a range of important events in history, for example, *Am Al-Fil - the year in which the Prophet Muhammad was born -* to demarcate / mark-off time. But, seventeen years after the Prophet's migration and the third or fourth year of Sayyida Umar ibn al-Khattab RA being the Khalifah, a complaint was made by Abu Musa al-Ash'ari, an official in Basrah (Iraq), regarding a lack of consistent dates on the correspondence he received. He requested Sayyidina Umar RA to develop a new way to calculate dates.

After numerous discussions, **Sayyida Umar RA then announced that the year in which Rasulullah SAW migrated would mark the beginning of the Hijri calendar.** The calendar would begin with the month of Muharram and end with the month of Zulhijjah. The 1st Hijri Year, then, referred to when our Prophet Muhammad (peace be upon him) made the migration (Hijira) from the city of Makkah to the city of Medina al-Munawarrah in 622AD.

That's our little fun fact for today! And Champs, ins't it beautiful how our "new years" also serves as a reminder of how our beloved Rasulullah SAW sacrificed so much so that **we** could practice this beautiful religion today with ease?

Coming up this week

on AA Plus!



Mondays / A New-Year Specially-Curated Playlist!

## "Championing Up" for 1442H!

I thought that we could all prep ourselves for the new Islamic year, *together*, by returning to some of our "oldie-but-goldie" AA Plus lessons. I've purposefully curated a Monday Special Playlist this month around these 4 themes: 1) Faith + Spirituality 2) Mental / Mindset 3) Physical Health and 4) Inspiration + Motivation!

This week, we are starting off with 1) Faith + Spirituality and for this theme, we'll be playing back the **Tafsir ofBismillahirahmannirahim!** I thought it would be apt to kickstart the new year in **His Name** and what better way to do that than understanding the opener of all Duas: **'Bismillahirahmannirahim'** 



**Listen Now** 

(Download PDF Notes for Episode Here)

I'll also be hosting a special Study Date just for this special Monday Playlist, so if you can join me tomorrow (Tuesday, 11 August at 8.30 PM Singapore / Malaysia time, 1.30 PM UK), we will discuss this lesson together! I'll remind you Champs of this special Study Date again on IG nearing the time too!

a beautiful Dua

Ya Allah, Allow me to be the servant You are proud of. 'Ja Allah, Allow me to be the pride of Kasulullah SAW.

This Dua is actually taken from a part Ustazah Huraidah's <u>Women</u> <u>Around the Messenger</u> Class where she told us to place our right hand on our chest, closing our eyes, while listening to our heartbeats, as she makes the most beautiful prayer. Wouldn't it be the ultimate success if both Allah SWT and Rasulullah SAW are proud of us? That should be our goal, Champs! For our Beloved and His Beloved to be pleased with us! ♥

Muslim Meme





Every hijabi has at least 30 hijabs but wears the same 3-4 hijabs, why? We have no idea 😭

My go-to 3-4 hijabs are all diff shades of cream / nudes. What about you?? 😂 😂 😂



Champs, I'm so excited to introduce to you Kieyna! If you've attended our Open Sessions / Study Dates, you would have seen Kieyna as she is our "regular", Ma Sha Allah! Keiyna is 23 years young, and currently freelancing for a startup, but what I find incredibly inspiring about her is - **she's always game to try new things!** She's currently learning Korean (**she reads the Korean**  translation of the Quran too, guys, Ma Sha Allah!), is into sports (pictured above is Kieyna learning more about car racing!) and recently, she kickstarted this project of reading the Quran every day over Zoom / Skype with one of her friends in the hopes of trying to be consistent with the habit of reading the Quran daily. She has reached out to me to see if any of you Champs would like to join, (please do!!) so if you are interested, please reach out to Kieyna over IG!

Something to Ponder





\*

I needed this reminder today. We get so distracted by the temporary and the insignificant, that we forget we are actually making our way to "our final destination" and to our most important "meeting" of all. May we all return to Him in the most purified state, with a heart that He is most pleased with, and in the most honourable way, Amin!

and with that, I hope you guys have enjoyed Closer.



*Copyright* © *2020 The AA Team, All rights reserved.* Because you signed up to become an AA Plus member.

> Our mailing address is: The AA Team Rue Idriss Tangier 90 000 Morocco