بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

8 July 2021



your curated weekly spiritual booster delivered straight to your Inbox

some things
BREAK YOUR
heart, but fixed
YOUR VISION.

Assalammualaikum my Champions,

First of all, apologies for being late in your Inbox today - I wasn't feeling too well but Alhamdulillah, Alhamdulillah, by His Grace, I'm now back on my two feet all roaring to go. I pray you've been well and

keeping afloat - if things have not been easy, I want you to know that I'm cheering you on and that I'm always an email away should you need anything (yes, anything!) at all.

I'm a huge believer that we all go through seasons in our lives - just like how Nature goes through 4 different ones, I think our Iman goes through seasons as well. As of this moment, I think I am slowly coming out from a difficult drought season for my Iman. Ramadan was the season of abundance, Alhamdulillah, but pretty soon after that, I was caught in the season of struggle.

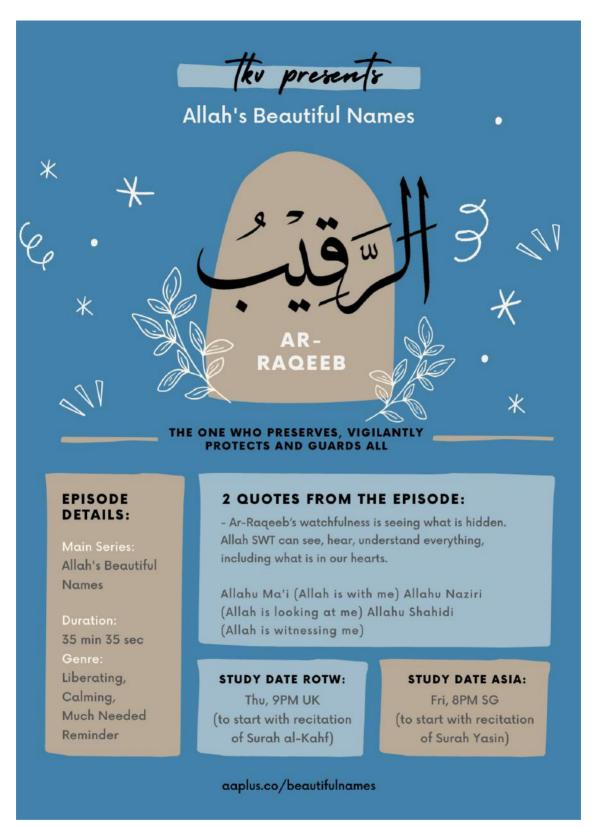
In hindsight, I am extremely grateful for this season of difficulty. Because it taught me so, so much. It taught me how to be vulnerable, how to lower my ego and ask for help, it made me appreciate the sweetness of having faith, it taught me to be gentle with myself and to never let go of the rope of Allah. It wasn't pleasant, but it was necessary.

And having you Champs with me was incredibly helpful. I don't think you ladies will ever know just how much I've benefitted from your companionship. I even joked with Karim yesterday and said, "I've benefitted from AA Plus so much, I feel like I should start paying the monthly subscription fee!"

No matter what season you are in right now, I pray you will always find the light and the wisdom as to why Allah SWT has planted you here in this current moment. And if there's one thing I hope you'd remember it's that no matter which season you are in right now, your Internet Family, Mom, and Home, will always be with you.

This week on an plus

You got this, Champ!



At a time when distractions abound, learn how understanding the name Ar-Raqeeb will help us navigate our lives to be more mindful in our daily activities. Ustazah 'Alima also shared how we can emulate something special that Prophet Yunus AS did that will help us attain a more productive and barakah-filled life (it's mind-blowing!). So if you have been struggling to be more productive (*I def have*), you will want to tune in to this episode!

Listen to the Episode Here

Read PDF Notes Here

Join Study Date Here

a beautiful Dua

Ya Allah, if it doesn't benefit my Akhirah, please set me free from it and replace it with something that is better for me.

aaplus.co

#abeautifuldua

I was talking to a friend a few days ago and she was telling me how life is sooooo simple once we realise that this Dunia is really temporary. She told me how she was feeling incredibly low and awful about something "Dunia-related" until she got a text from her 90-year-old grandma. Her grandma sent her one of those "forwarded" messages of a really beautiful dua but with a really badly designed slideshow-esque aesthetics (think pixelated roses like this) and it made her smile so wide! She thought, "Here is my grandma thinking of me even though we are miles apart, making an effort to send me a thoughtful prayer through Whatsapp! Life is so simple, life is so great!". And just like that, Allah SWT replaced the worry that wasn't benefitting her Akhirah with gratitude that will carry her through to Jannah, Ma Sha Allah! If we are more mindful, I am certain we will be able to see this happening in our own lives too. But if we haven't, a sincere Dua asking for His Help will definitely do wonders.:)

gour shul-hijjah program



Champs! I'm so so so so excited for Dhul-Hijjah because I'll be spending it with you, In Sha Allah!!! My team and I have come up with a special game programme for the blessed 10 days where every day, we will have a specific set of worship that we can all do to soak every second of this sacred month. The intention of this game is not to pressure, rather inspire and motivate all of us in the spirit of healthy spiritual competition that Allah SWT Himself speaks about in the

Quran: *And race one another with goodness - Quran 2:148*. The PDF is also filled with useful links, suggestions, and a full dua list to help enliven your Dhul-Hijjah! I hope you'll jump onboard and join us on this - it'll be fun!

Download Dhul-Hijjah Guide / Game / Everything Good Here!

Muslim Meme

halwaa 💢 asmasenn 🖸

"I want halal version of this dress"

Muslim girl proverb (via rishtaywaliaunty)

Me. Whenever I online shop.

Wait. What? 😔



You can't delete your internet HISTORY from God.



Ctrl + astaghfirullah

Yes. Astaghfirullah Sis. Deletes cart, deletes history.

Something to Ponder

At one point, it has to go from being highlighted in your Quran to being written in your heart.



How many of us have tabs, tags, folders and highlights in our Quran but then our reflection ends there? This is definitely something that I am still working on: trying to put the things I've learned from the Quran into *practice*. Some days it's easier than others, but whenever I feel like my Iman is in "drought season", the more I know I have to *drag* myself to attend our Tadarus Zoom Calls because these gatherings help fill my soul up like no other. The one thing that reassures me is remembering that Allah SWT created us, **so He knows better than we do how forgetful we humans are**, and how we need to be constantly reminded of His Love and Mercy. May He allow us to be like Sayyidina Umar RA, who took 14 years to memorise Surah Baqarah because the way he would study the Quran is that he would take his time to not only memorise it, but study the Iman, the Ilm, the Halal and Haram of the Ayah, and made sure to



Quran 4:147

Why should Allah punish you if you are grateful and faithful? Allah is ever Appreciative, All-Knowing.

Increase Gratitude





With that, I hope you guys have enjoyed Closer.

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