

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

7 April 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

No rush, just **trust**,
and allow your
bones to settle.

Assalamualaikum my Champions,
(and a special shoutout to our Baby Champs! This is your 1st Closer 🥰🥰!)

I pray you are all well and safe, and soaking in every second of this blessed month, In Sha Allah! I was excitedly anticipating Ramadan this year, but when the sun graciously set last Saturday here in Morocco,

signalling the arrival of Ramadan, it came so subtly and gently that if I wasn't mindful, I would have missed it altogether. When the Athan for Maghrib came through, I was sitting on the bare floor of my home, which I was only able to move into a few hours before, after 6 months of some "intense" renovation. 😂😂 I sat quietly, amidst cartons of boxes, and there and then, I remember thinking, **"Let's have some tuma'ninah this Ramadan. Let's not rush mindlessly like a headless chicken, Aida (because sometimes you do!), and just trust in His timings, and let our bones settle."**

And just like that Champs, my word for Ramadan 2022 was born: **Tuma'ninah.**

For those of you who don't know what Tuma'ninah is, it's actually a **compulsory** pillar in our prayers. Meaning, one has to "pause", to allow the bones to settle, before moving to the next movement of the prayer. Having Tuma'ninah is crucial as it enables us to have better concentration, focus and Khusyu' (humility) in our prayers as without it, we are just "speedy gonzales-ing" our Solahs. (Check out [our Solah Masterclass with Ustazah Farhana](#) if you haven't, we spoke about this!)

So yes, even though I intend to increase my Quran recitation, my Zikir, my Tahajjud, and all other acts of worship, I want to do it with Tuma'ninah. I want to really be present, to enjoy being with my Beloved, to breathe it all in, and not rush! All thoughts of "I don't have time" will be replaced with **"Allah SWT owns time.** So let's go back to Him and ask Him to add barakah to it." All worries of "Will I burn out this Ramadhan" should be re-worded to **"Allah SWT grants strength.** So let's ask Him for more strength!". And then to trust Him that He will carry us through!

Alhamdulillah, having this word as an anchor point for me has really lifted the unnecessary pressure that I sometimes inflict upon myself. Because when I remember to have Tuma'ninah, my mind quiets down, and only then can I hear what my soul is whispering. **And the soul always whispers, "To Him, for Him, with Him, through Him".**

What about you Champs? What is **your** "word" for Ramadan 2022?

coming up in hotel de ramadan



Champs! I hope you are settling in just fine in our [Hotel de Ramadan](#)! I am enjoying seeing all of your shining faces daily in our Riad Tadarus, but here's a heads up that we will be opening the doors of our very first **Tahajud Penthouse** (!!!) this Friday morning, In Sha Allah! There will be two timings, one for Asia (4.15AM SG) and one for ROTW (3.30AM UK). We'll gather together to start the session with Duas and intentions, and then we will disperse to do our personal prayers. Sisters who are on the time of the month can do Zikir together, and we'll wrap it up with a collective recitation of Sural al-Kahf, In Sha Allah! We will also be having a special **Champs Lounge** with Ustazah 'Alimatunnisa at 3.30pm - 4.30pm (SG) this Friday. I cannot wait to sit in and listen to Ustazah, I'm certain she will impart some precious

gems for our souls, In Sha Allah! Come for whichever session you wish to attend, Champs! I'll see you real soon ❤️.

[Check our Hotel de Ramadan Schedule Here](#)

[Sync your GCal with AA Plus Here](#)

Riad Tadarus highlights



***PS: Riad Tadarus is on Daily.
Asia Tadarus @ 9.45pm SG
ROTW Tadarus @ 10.00pm UK****

If you haven't been able to attend Riad Tadarus, it's OK! Your Internet Mom got your back! I'm sharing with you a tiny, short snippet of what goes on during the reflection section of these daily sessions - they are always so beautiful and timely. Here's just 2 of my favourites

(there were so many others!) for your viewing pleasure! PS: You can always request for a playback, just email us at plus@aidaazlin.com and my team will get back to you as soon as we can!

Watch A Short Snippet of Riad Tadarus Reflections Here

a beautiful Dua

Ya Allah, allow my heart to stay open for Your Blessed Surprises as some of Your biggest blessings arrive in unexpected ways, on unexpected days.

As part of my effort to have more Tuma'ninah, I am trying to recover from my "control-holicism" and leave ample space for His surprises! I

caught myself rushing through dinner one night, and He gently reminded me to slow down by making me share with Mama and Baba about my Ramadan intentions. And this is when His "surprise" came - Baba started to recite ONE OF MY FAV AYAHS in the Quran (I think it is everyone's fav ayah too!) "Surely in the remembrance of Allah do hearts find rest" and he said that Tuma'ninah actually shares the same root word as the word "تطمئن" that Allah SWT uses in this Ayah! My mind, heart and soul is blown! 😂

your visual reminder



I wanted to focus on Zikirs for our Ramadan wallpapers so this week is all about Zikir for Strength! Sharing with you some of my all-time fav Duas (and true Classics!) that I fall back to whenever I need some additional boost of energy and motivation. I pray may this be of benefit to all of you. As usual, feel free to share them with your loved ones!

[Download Wallpaper Here](#)

Muslim Meme

AAPLUS CHAMPS SCHEDULE

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28 (7/27) Focus L ture: Lov	1 (7/28) The Mood Board (Intro)	2 (7/29)	3 (7/30) TKV Asia Study Date + Suri	4 (8/1)	5 (8/2)	6 (8/3)
7 (8/4) DTW Stu Date	8 (8/5) Asia Tadar (Juzuk 2)	9 (8/6) ROTW Tad arus (Juzuk	10 (8/7) Closer emai Asia Study Date + Suri	11 (8/8)	12 (8/9)	13 (8/10) Zoom ting inv
14 (8/11) DTW Stu Date	15 (8/12) Asia Tadar (Juzuk 2)	16 (8/13) ROTW Tad arus (Juzuk	17 (8/14) Closer emai Q&A with Ustazah Hl	18 (8/15)	19 (8/16)	20 (8/17)
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BEFORE RAMADHAN

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DURING RAMADHAN

I know I have done my job well as the Queen of Memes when my very own Internet Child, Malyhah, did this all on her own! 😂😂😂😂😂😂 I know our schedule is filled (with goodness!) so here's sharing a

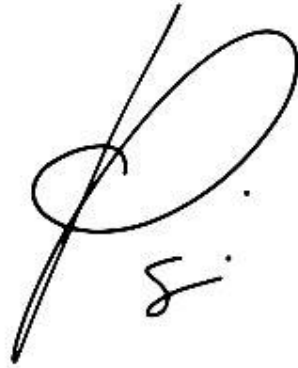
beautiful gem that one of our Champs said, "My body may be tired, but my soul is resting through these sessions!" YASSSSSSSS!

Something to Ponder



No matter how busy things may get in our day to day, I pray you have ample moments where it's just you and Him. Because that is truly the best form of Self-Care. When we don't give time to process our thoughts and emotions, our hearts will feel unsettled, our minds will

be in disarray, and it's not a nice place to be in. So "talk it out" with the One who is all-Hearing and all-Understanding. My favourite time to do this is after prayers on the prayer mat, moments before going to sleep, while I'm doing the dishes, folding the laundry and my ultimate favourite, when I am writing Closer emails! When's yours?

A handwritten signature in black ink, consisting of a large, stylized loop followed by a smaller, more intricate flourish.

(ending it with a reflective question from your personal suite)*



Champs, if you look through our [Hotel de Ramadan PDF](#), you'll notice a section called "Your Own Personal Suite" ❤️ In this section, we came up with reflective daily challenges and nightly prompts that you can do, and tonight's question is: "Which gate in Jannah would I like to walk through?". Whatever your answer may be, and why, may we all get to reunite in the highest of Jannah together! Amin!

With that, I hope you guys have enjoyed Closer.

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Because you signed up to become an AA Plus member.

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