#### بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

### 28 September 2023



your curated weekly spiritual booster delivered straight to your Inbox

If it's not time,
there's no forcing it.
And if it's time,
there's no stopping it.
Everything happens exactly
how He wills it to be.

A few days ago, I cried right in the midst of a conversation. The more I tried to stop the tears from coming down, the more I bawled. It's actually pretty funny now that I think about it, but Alhamdulillah, the dear soul whom I was speaking to reassured me by saying, "When the time to cry comes, you cry. There is no point stopping what Allah SWT wants for you!".

Those words penetrated deep into my heart, and it lifted all of the stresses that were weighing me down - I finally learned how to surrender to His plans for me. At that moment, His perfect and loving plan for me was to cry, and so I did!

And oh my Allah,
what a huge relief it is
not to have to fight against
what He has willed for you!

My dear Champs, only you and Allah SWT know what season of your life He has gently put you in at this present moment in time. But whatever it may be, I pray may you allow yourself to be vulnerable and just melt into His loving embrace. I pray may you stop exhausting yourself trying to take "control" because the only One who has it is Him.

But most of all,

I pray may you trust Him.

Pray that I do, too, ok?

# get excited for



In this new TKV episode, I sat down with our ever-so-gentle Ustazah Syariati to speak about a topic that many of you have been curious about - the Journey of the Souls. Our time on this Earth is but quick and temporary, and as Ruhs, we have actually travelled quite a bit, and will continue to journey even more until we finally return Home to Allah SWT. Ustazah Syariati covered all of the different realms that we as souls will go through, and how the actions and decisions that we make in our day-to-day will have an impact on our Homecoming. This

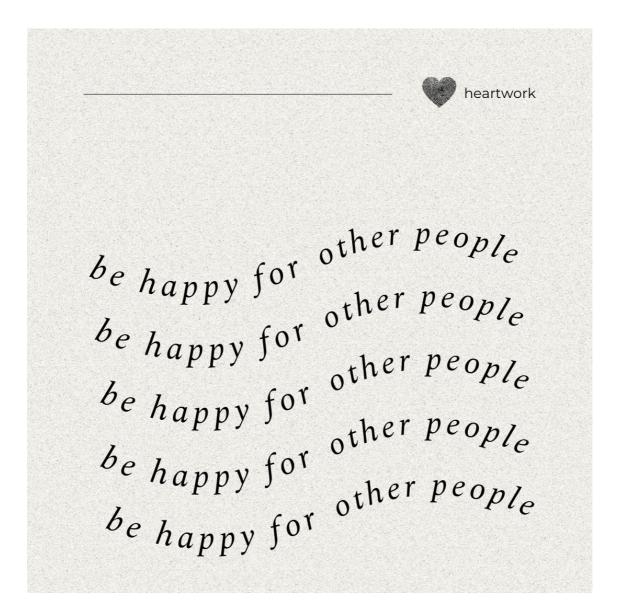
episode was a much-needed reminder that we all need to be Akhirahfocused as this world is but a bridge to the next.

Listen to the new TKV episode here!

**Join Our Listening Party Here!** 

Add Sunday's Listening Party to your GCal

#### heartwork that heals



Envy is such an ugly trait, and I pray may Allah SWT help us scrub our hearts off it. May we be sincerely happy for other people, and may we also remember that the One who has given others their blessings has also showered us with numerous gifts after gifts as well! There is always enough cake to go around because our Rabb is Limitless!

### a beautiful dua

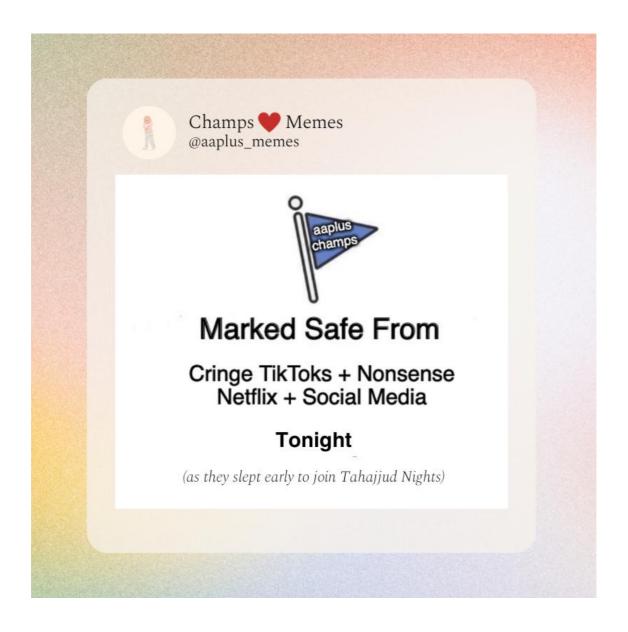
Ya Allah, please take my soul when You are most pleased with it's state.

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#abeautifuldua

A Du'a that has been on repeat for me as of late, especially ever since our TKV this week. I know some people daydream about their home in Jannah (I do too!) but sometimes I also imagine how I would like to leave this world too. It's actually very romantic, but I'll keep it a secret between me and Him for now. Here's praying that all of our ends be beautiful, swift, and gentle, Amin!

### muslim meme



Some of you have told me personally that our Tahajjud Night sessions are helping you get off your phone and head to sleep early, and that's AMAZING! On this note, Champs, we have ONE more Tahajjud session together this month happening Friday morning, 29 September @4.15am SG (Asia) / 4.15am UK (ROTW), so let's set our intentions <code>and</code> alarm clocks and try to be one of the blessed ones to whom Allah SWT asks "Who supplicates Me so that I may answer him? Who asks Me so that I may give to him? Who asks Me forgiveness to that I may forgive him?" (Muslim)

Join Tahajjud Nights Here

Add Asia | ROTW Tahajjud to your GCal

a visual reminder



One of the things that moved me tremendously from this week's TKV was how Ustazah Syariati gently reminded us to detach ourselves from this world so that our souls can return as lightly and as easily back to our real Home. Inspired, I designed these simple wallpapers to remind me to do just that. In Sha Allah, when I catch myself being too absorbed with this Dunia, I pray may these visual reminders nudge me to let it go. May it be of benefit for you as well, Champ.

**Download Wallpaper 1 Here** 

**Download Wallpaper 2 Here** 

## to ponder



I remember an elder from my family telling me a while back that I should keep my "Islam on a low profile", meaning I should not be too vocal about my faith as religion might be a sensitive topic to some. Because of that, I was always careful not to talk about the Deen and would even shy away from it. Until I realised one day that in order to be 100% true to myself, I cannot hide from the fact that I am passionate about my faith, that I am a proud Muslim, and that I should

be able to speak about it as proudly as I want to. It's not even that I quote Quranic Ayahs or Hadiths in every other sentences in my conversation, not at all , but my faith is so intertwined with every aspect of my life that speaking about His Love, His Beauty, His Mercy, and His Grace always flows ever so naturally. Alhamdulillah. :) How about you, Champ? How have you seen your faith come up in day-to-day conversations with the people around you?

### PA:



I am rarely ever in your Inbox on a Sunday, but the first of October falls on the weekend, so here's a heads up to check your Inbox then ok?

I am SUPER excited to share with you what my team and I have planned for you next month (it's also my birthday month WOOHOOO!

Where are my October baies!) *plus* there are some exciting new changes that I cannot wait to share with you, so I'll see you then!

And with that, my dearest Champs, I pray may Allah SWT always send you gentle breezes of His Mercy, His Love and His Protection your way.

fin Xa.