8 February 2024



your curated weekly spiritual booster delivered straight to your Inbox

Enough is a <mark>decision</mark>. Not an amount.

Assalammualaikum my Champions,

There is one particular Ayah in the Quran that, when I first read it, felt like a much-needed slap to my face. This Ayah has also taught me that **"enough" is simply a decision that we ourselves have to make and commit to**, and not merely an amount.

The verse is in Surah al-Hadid and it goes - **"Has the time not come** for those who have believed that their hearts should become humbly submissive at the remembrance of Allah?" (<u>Quran</u>

<u>57:16</u>)

Allah SWT is asking us, is it not time, is it not enough - the reminders, the signs, the lessons, the Ayahs, the stories that He has continuously and consistently sent and taught us - are all of these not enough for us to finally become humbly submissive? What else are we waiting for to finally submit to His Plans and to His Decree wholeheartedly? Why are we still stubborn and full of arrogance towards our Rabb despite everything that He has blessed us with?

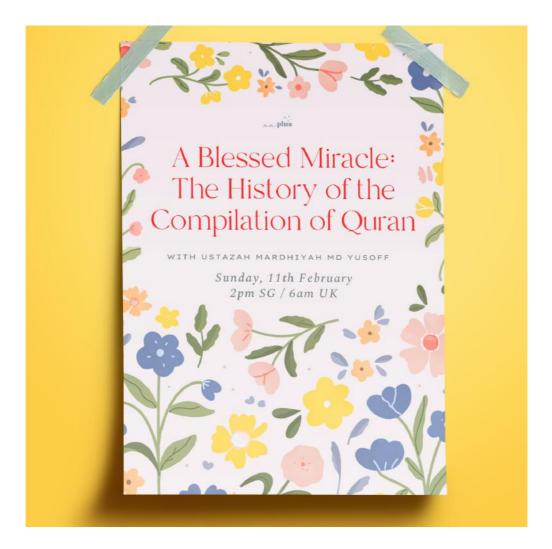
Because it is not His signs that are lacking; rather, it is our ego and our pride that are stopping us from doing the right thing.

So today, as I remember and reflect on this Ayah, I ask you and I both:

Is it not enough? To finally stop that addiction? Is is not enough? To finally stop missing and delaying our Prayers? Is it not enough? To finally stop procrastinating and wasting? Is it not enough? To finally detach ourselves from this Dunia?

It's your call. It's your choice. And it's your decision.

the sunday session



When I asked Ustazah Mardhiyah for a summary of our Sunday Session this week, she melted my heart when she said, this session will talk about how Quran is a sign of **Allah's love for mankind, i.e. a sign of Allah's love for us!** I cannot wait to learn about how Allah

SWT preserved this Miracle from the moment it was sent to Rasulullah 🚓 via Jibril AS, all the way till the end of times and the significant efforts that were done by the Companions (may Allah SWT bless them all) to compile the Quran as to how we see it today. **PS: Please note on the special timing of this Sunday Session!**

Join Our Special Sunday Date Here

Add Sunday's Session Here to your GCal

a beautiful dua



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Mothers have a very special place in my heart. I am blessed to be surrounded by such inspiring, gentle and strong mothers - I work with mothers, I study with mothers, I create with mothers, and I learn from mothers. Plus, I am missing my Ibu a whole lot this week, which is why this Du'a has been on repeat. For all my Mom Champs, may Allah SWT always make things easy and light for you, Amin!

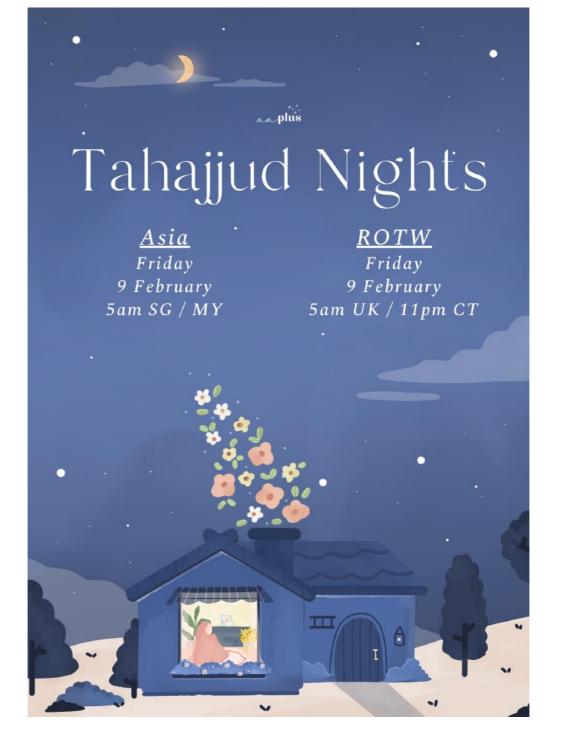
visual reminder



I had a huge smile on my face when our fellow Champ, E, sent me this super cute wallpaper that she illustrated right after one of our Sunday Sessions where my teammate, R, spoke about how important it is to just focus on our core, i.e. our Solahs! I love when these things happen - champs inspiring one another, and learning from one another - and so I am extending the ripple effect and sharing the wallpaper on to the rest of you! PS: Don't forget we have a <u>Solah Retreat</u> coming soon!

Download Wallpaper Here

heartwork



I have deeply missed our Tahajjud calls, and I am so excited to spend time with all of you during the blessed hours of the night, especially as we bid farewell to the sacred month of Rajab. Champs, this is a good time to gently start the momentum of doing our Tahajjud prayers as our awaited guest, Ramadan, slowly inches closer and closer towards us, In Sha Allah. (If you are wondering how our Tahajjud Calls work, we all come together virtually at the start, and then either leave to perform our individual prayers or stay to do a collective Zikir. A Dua session then ensues, and for Asia Tahajjud, the call will end with the recitation of Surah Kahf, In Sha Allah.)

Join Our Tahajud Call Here

muslim meme



I remember having the best naps on my prayer mat, especially the time between Maghrib and Isha'! I suppose it must be a combination of feeling a sense of peace after Solah, the blanket-like comfort of wearing my *Telekung* (prayer garment) and the reminder that I am resting at the place of Sujood.

to ponder



I am so grateful for all the times Allah SWT has willed for me to say "yes" to the things and people that bring me closer to Him! I have a few significant ones, but the top 3 have to be: Marrying my husband, starting AA Plus, and embarking on my Quran journey! Honourable mention goes to adopting Noor & Khair. What about you? What are your significant "yes"*es*? PS: Praying that He will always grant us the clarity and the motivation to say "yes" to deeds He loves, Amin!

fin Xa.