بِسْمِ اللهِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

12 October 2023



your curated weekly spiritual booster delivered straight to your Inbox

If words have power, imagine a prayer.

Today, I received a beautiful email from a Sister I have never met. She wrote to me saying, "Aida, you saved my life," and little did she know, her five words saved mine.

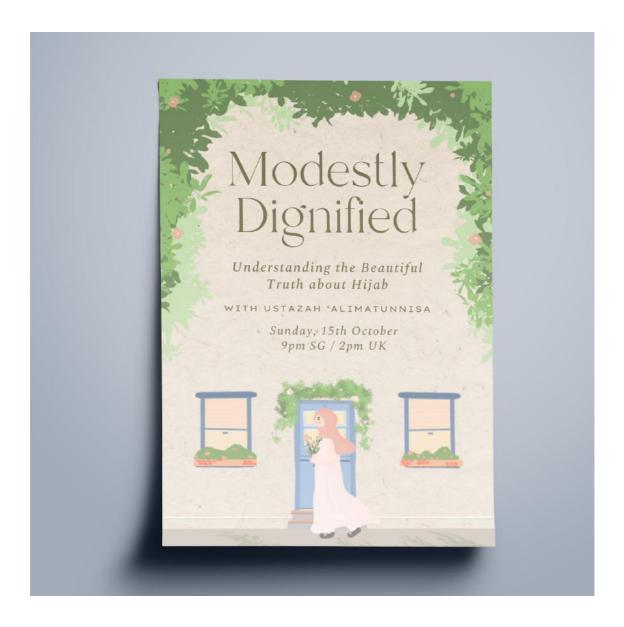
It's crazy to think how powerful words are. You never know how a simple but sincere "thank you" could change the course of someone's day or how an uplifting short comment such as "Great job!" or "That was beautiful!" could lift the spirits of a fellow servant of Allah SWT.

But more powerful than the words we exchange with others is the Duas we say in secret for one another.

My teachers have always taught me to "honour the guests of your heart", meaning it is not by sheer chance or coincidence that someone crosses your heart at some random time of the day. It is highly likely that he or she is in need of your secret duas, and Allah SWT has nudged your heart to make one. (So if I come up in your day, please say a prayer for my family and I!)

Also, one of the best parts of being from the Ummah of our beloved Prophet is that there is always a fellow believer, somewhere, praying for all of us every second of every day. That thought in itself gives me goosebumps! So let's add strength to that collective prayer and always keep our fellow brothers and sisters, near and far, in our Du'as. For verily, our Du'as are never unanswered - Allah SWT has promised in the Quran, "When My servants ask you 'O Prophet' about Me: I am truly near. I respond to one's prayer when they call upon Me." (Quran 2:186)

the sunday session



Gahhhh I am very excited to welcome back our very own sunshine, Ustazah 'Alima, back to AA Plus (I've missed her!) and have her speak about a very, very important topic - the Hijab! No matter how your relationship is with the Hijab (eg: struggling, comfortable, confused, precious), as believing and practising women, we do need to have clear truth about what Allah SWT Himself says about this very beautiful commandment. Join us as we learn about why the Hijab is sacred and made compulsory for us all, and how we can be and remain modestly dignified amidst today's very challenging climate.

Join Our Special Sunday Session Here!

Add Sunday's Session Here to your GCal

champs library



With a full and grateful heart, I am so pleased to present to you a new publication to our <u>Champs Library</u>: a compilation of <u>Du'as After</u>

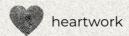
<u>Prayers</u> from the Quran and Sunnah! My team and I have never

forgotten about our Champs Libray (the goal is to keep creating beneficial PDFs for all of you to keep coming back to, In Sha Allah), and when we were brainstorming about the next topics to work on, a super practical idea came to my head instantly! I've always wanted to have a Dua list of sorts that I can refer to after Solah, and that is what my team has set out to compile! Today, I sat on my prayer mat reading the Duas in the PDF, all from the Quran and Sunnah, and my heart is FULL! I believe this PDF can also be a beneficial gift to others, so Champs, please feel free to share the link to PDF far and wide - to your family, friends, and anyone who would benefit from this!

Download Duas After Prayers Here

Access The Champs Library Here

heartwork

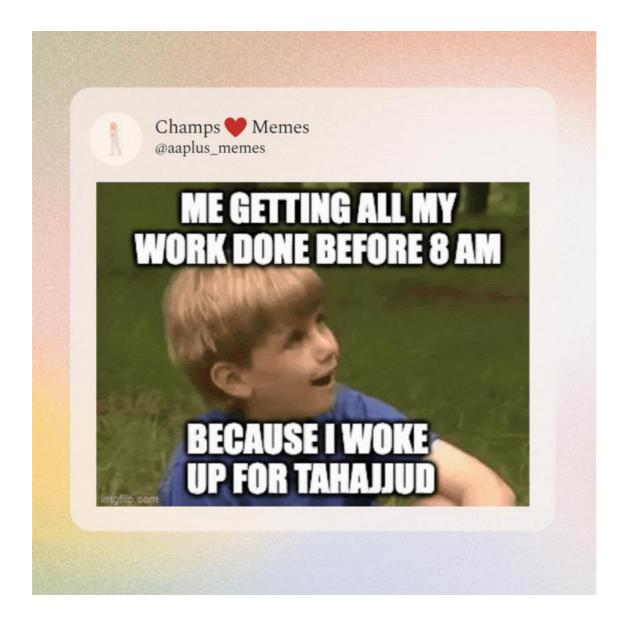


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One of the healthiest, but difficult, habit for all of us to learn is to not take things personally. We have to remember that everybody is allowed to their opinions, but us as believers, must strive to remain graceful and magnanimous in all situations, just like how our beloved Rasulullah was. It also helps to remember that we cannot please everyone, but we can always focus on pleasing our One and Only - so as long as Allah SWT is pleased with us, we are good. We are OK.:)

A beautiful Hadith to hold on to

muslim meme



YES. This sense of wonder that Allah SWT has enabled me to do everything before 8am because of the barakah of Tahajjud NEVER GETS OLD! PS: We are having our **Tahajjud Night** this blessed Jumaa, and I cannot wait to spend this sacred time with my Beloved and all of you! The number of Champs who come for our Tahajjud Nights are an intimate number, but they are the ones who I make special duas for because they are the reason I am inspired to wake up for Tahajjud in the first place. :) For any of you Champs who sincerely intend to come and need help with a wake-up call, just

reply to this email and my team and I will happily give you a ring for our Tahajjud Night! (Our Asia Tahajud call is happening on Friday, 13 Oct, 4.15am SG/MY, while the ROTW Tahajud Call is on Friday, 13 Oct, 4.15am UK, In Sha Allah! This special session will also fall on my birthday HEHEHHEHEHEHE!)

Join Our Tahajjud Nights Here

Add <u>Asia</u> | <u>ROTW</u> Tahajjud Night to your GCal

to ponder



It is no secret that I am a list girl. I love writing lists, and recently, I started to write one titled *A Gentle-To-Do-List for Difficult**Days**. On that list, I only have three things:

- 1) Pray + Drench yourself with the Mercy of the Quran.2) Call mom.
 - 3) Take a shower and wear something cute.

If I could do these three things, I would consider myself a success by my own definition. What about you, Champ? What would be on your GTDLFDD*? I hope you will have a think about it, you'll never know how much it would help to have this ready!

And with that, my dearest Champs, please keep me in your Du'as. You are always in mine.

fin Xa.