بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

23 November 2023



your curated weekly spiritual booster delivered straight to your Inbox

Our worship should not be based on our fluctuating feelings, but on our consistent commitment to Him.

Assalammualaikum my Champions,

I write to you today feeling much more rested and grounded than the

previous week, Alhamdulillah. But there was something important I learned when I showed up to write last week despite not feeling the best: our feelings are temporary visitors, and because they are fleeting and constantly fluctuating, we should never use them as a yardstick for anything important, <u>especially</u> our faith.

I see this through the mothers around me - no matter how tired, upset, and unmotivated they feel, they will still show up for their children and continue to nurture them as best as possible.

I see this through my teammates - no matter what they may be processing and grappling with in their personal lives, they understand the responsibility that their work carries and continue to pull through with their tasks.

And I see this with every sincerely striving believer - no matter what they may be feeling, they will still show up on the prayer mat, and they will continue to worship their Rabb. Through every pain, every joy, every fear, every relief, every grief, every hope.

Because their commitment to their Rabb is consistent. As they know everything but Him, is not.

When we truly understand that everything but Allah SWT is temporary, brief, short-lived and collapsible, we will then only hold on to Him. And we will do so, firmly, faithfully and steadfastly. But when we fail to hold on to Allah SWT, Who is our only Constant, then we ourselves will perish in the crushing waves of the temporary Dunia.

Champs, I pray that we tie and attach our faith to the stability that only our Rabb provides, and not practise it only based on our wishy-washy feelings. May we also ponder on this beautiful Ayah that Allah SWT asks in the Quran: "Which is better: those who laid the foundation of their building on the fear and pleasure of Allah, or those who did so on the edge of a crumbling cliff that tumbled down with them into the Fire of Hell?"

the knowledge vault



This week's TKV is the first part of a beautiful series on **Our Forever Home** (In Sha Allah!) - Jannahtul Firdaus! This will be Ustazah

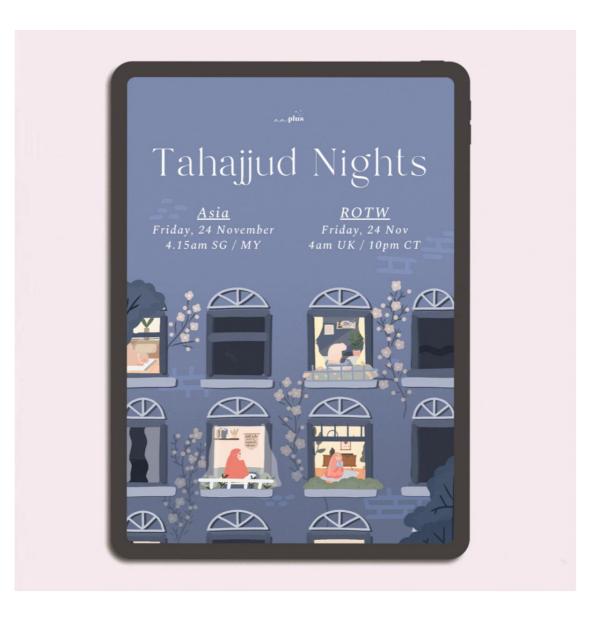
Mardhiyah's first TKV episode on AA Plus and I loved how she very
gently and very purposefully started the lesson by giving us much
needed context on why there are many verses about Jannah and the
Hereafter being spread throughout the Quran. Ustazah will then bring
us through the different stages of the Day of Judgement, starting from
our death and all the way to the gates of Heaven, and she then
beautifully concluded it all by going through the tafsir of a special
group of verses in Surah Az-Zumar. Needless to say, my heart was
filled to the brim after the recording, and I cannot wait to listen it all
over again with you this Sunday on our Date, In Sha Allah!

Listen to the new TKV episode Here

Join Our Sunday Session Listening Party Here

Add Sunday's Listening Party to your GCal

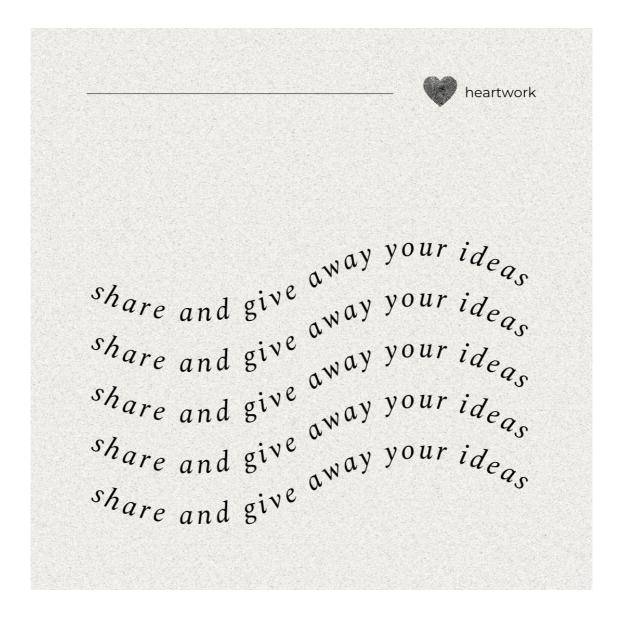
come together



For every Tahajjud Night session, the Zikirs and Du'as that we will recite will usually focus on a central theme. Some weeks would be on Repentance, others on Gratitude, but this week, my team and I thought that we should focus on the Beautiful Names of Allah SWT, especially after the wonderful Sunday Session we had last week. I cannot wait to join you, aka my Tahajjud Girlfriends, for this special session! PS: If you need a wake up call, just replay to this email and let us know. We gotchu!

Join Our Tahajjud Night Here

heartwork



I have learned to never, ever hoard my ideas because they don't belong to me in the first place anyways! I realised that when I give away everything I know, even more will come back to me - and this is true especially for knowledge and ideas! Champ, I hereby challenge you to share an idea you've been holding on to to someone whom you know would do the idea justice! And here's a Hadith that I love regarding

sharing good ideas: "If anyone guides someone to a good deed, he will get the reward like the reward of the one who does it". #gasp!

a beautiful dua

Ya Allah, please don't make me a "Part-Time" Muslim.

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#abeautifulduc

Might not be the most articulate prayer I've ever uttered, but I found myself saying this Du'a every time I find myself procrastinating, slacking and delaying my worship because of my Nafs. I'm a full-time believer, and regardless of the weather, the season, the state of the world, where I am in my monthly cycle, or insert any Dunia reasons

here, I am still His grateful servant who has been given time in this world to carry out my responsibilities and fulfil my obligations.

Champs, I pray may we not be from those whom Allah SWT says in the Quran, "the wrongdoers, (who) when they face the torment, pleading, "Is there any way back to the world?" (Quran 42:44)

visual reminder

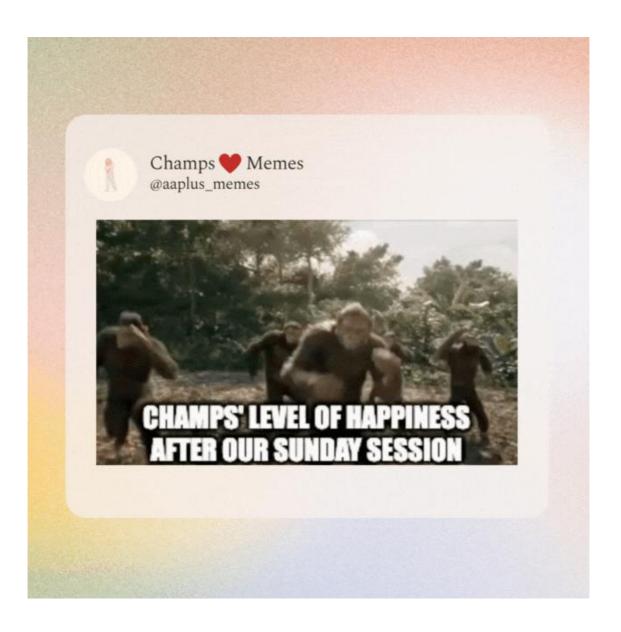


Still very much cradling myself to the reflections, stories and reminders that were shared in abundance by some of you during our last Sunday Session on finding comfort in His Names, I felt compelled to create a wallpaper based on it. Now everytime I pick up my phone, I call on His Name. :) I hope it will inspire you to do the same!

Download Wallpaper Here

Watch the replay of last Sunday's Session Here

muslim meme



After having a full and busy week last week, travelling, whilst being sick *and* nursing a sick family member, truth be told, I was struggling to show up for our Sunday Session. But I felt spiritually, mentally and physically recharged throughout the entire call, and when we ended, I literally was dancing with a full heart. Thank you for keeping me accountable in our journey back to Him, my dear Champs. <3

Want to join our Sunday Session too?

And with that, my dearest Champs, I pray may you gently, and consistently, prioritise and commit to bettering your closeness towards your Rabb - for that is all that matters at the end of the day. :)

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