بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيْمِ In the name of Allah, the most Gracious, the most Merciful

21 September 2023



your curated weekly spiritual booster delivered straight to your Inbox

Being a blessing to others is a sign that you yourself are blesed.

Assalammualaikum my Champions,

A few days ago, one of my teachers gave me a gift in celebration of Rabiulawal. I did not expect this at all, which makes it even more special, but her thoughtful and sweet gesture made me ask myself this question: **"Why am I not doing more to bring joy to others** like how Ustazah MK is? I**sn't it such a blessing to be a blessing to others?".**

I realised that being a blessing to the people around us <u>is</u> the Sunnah of our beloved Prophet, . And as his Ummah, we should be the first to follow him in his lightness!

Rasulullah ﷺ was always smiling, would always listen intently to anyone who spoke to him ﷺ, he ﷺ would give them all his attention, and he ﷺ was easy-going, best to his family, and never shied away from showing love!

His presence, ﷺ, in and of itself, was a blessing to those around him.

What about us? Does our presence around people make them smile or frown? Do we trouble people unnecessarily? Do we make them uncomfortable? Or are we too selfish and preoccupied with ourselves that we sometimes fail to see the needs of others?

Are we a blessing, or are we a burden to the people around us?

I believe one of the best ways to be blessed is to first be a blessing for others, because just like how Rasulullah and in a Hadith, "Anyone who does not show mercy will not be shown mercy. Anyone who does not forgive will not be forgiven." (<u>Al-Albani</u>)

Champs, today I pray may we all follow Rasulullah 🚓 in his emotional intelligence, his good-naturedness and his kindness. May we also strive to beautify our characters and increase in good-naturedness so

that we can be a source of blessing to our closest and dearest, just like Rasulullah ﷺ did. Amin!

get excited for



This Sunday's Session is super special in all sorts of ways, and I cannot wait for you Champs to experience it! My team and I had lots of fun planning the programme, and I am SUPER EXCITED to present to you how Rasulullah is truly "the Mercy to the Universe." (Quran 21:107) We'll have games, videos, live performances and many more, so I hope you'll join us, In Sha Allah! PS: Do note that this

Sunday's event is held at a special time of 7am Singapore time / 6pm CT (-1 day) so please take note of it! <3

Join Our Special Sunday Session Here!

Add Sunday's Session Here to your GCal

a beautiful dua

Ya Allah, please stop me from complaining about the very things I've once prayed to You for.

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#abeautifuldua

As humans, we have the tendency to forget and take things for granted, which is why one of my biggest fears is to be so steeped in ingratitude that I don't even realise I am moaning about the very blessing I used to fervently pray to Allah SWT for. :(

heartwork that heals

heartwork rell people how important they are rell people how important they are cell people how important they are ^cell people how important they are ^cell people how important they are ^cell people how important they are

A few days ago, someone very dear to me looked me straight in the eye and told me matter-of-factly that I *am* important. It came out of nowhere, and suddenly, all of the big fears that I was grappling with became... tiny. :) Our words are powerful, and they can uplift people or smash them to the ground. So Champs, here's a question: when was the last time you sincerely told someone they are important? just for you!



We loved last Sunday's Session with Anse Tamara sooooo much that we actually did a PDF Notes for it! If you missed it or if you need to go through the material again, simply click the email down below!

Read Our Notes from the Session Here

Watch the playback of Anse Tamara's Inspring Talk Here

muslim meme



I am so proud of this week's meme that I created because yes... that's exactly how I look like everytime someone say Islam (or the Hijab) oppresses women. Alhamdulillah, I don't hear it often now, but when I do, I just "disconnect". See PS: 'Celebrating our Womenhood' will be our theme next month on AA Plus, In Sha Allah, and I can't wait to share with you our October schedule!

to ponder



I'm sure you've heard the popular phrase, "What's the worst that could happen?" and I always wondered why do we want to comfort ourselves

(or others) by going straight to the worst? It's so pessimistic! Rather, as believers, and as a servant of the most Powerful Rabb Who simply says, "Kun" and it is, we should fix our mindset and think "what is the BEST that could happen" instead! Champs, let us not forget our Rabb is Allah SWT - nothing is too difficult, nor too impossible for Him! So keep on making that Dua, keep on doing your heart work, and I'm sure one day, you'll thank Him for planning everything in your lives with such beautiful precision! And with that, my dearest Champs, I pray may His Love and Kindness embrace you and carry you throughout all of your entire affairs, Amin.

fin Xa.