

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

29 September 2022



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

What if = Fear
Even if = Faith

Assalamualaikum my Champions,

There is a Hadith of Rasulullah ﷺ which I absolutely love that has "cured" me from the intolerable disease of "ifs", i.e. when we drown ourselves with "**If** only I knew", "**If** only this happened", "**If** only I did that" etc etc. Rasulullah ﷺ said, "The strong believer is better and more beloved to Allah than the weak believer, although both are good."

Strive for that which will benefit you, seek the help of Allah, and do not feel helpless. If anything befalls you, do not say, "if only I had done such and such" rather say "Qaddara Allahu wa ma sha'a fa'ala" (قَدَّرَ اللهُ) (وَمَا شَاءَ فَعَلَ), meaning Allah SWT has decreed and whatever He wills, He does. **For saying "If" opens the door to the deeds of Syaitan.** ([Sunnah Ibn Majah](#))

Rasulullah ﷺ has warned us of the dangers of "if-*ism*" (I know, I know, there's no such word. But roll with me ok?) and it makes perfect sense because when our minds are plagued with the what-ifs, we will spiral into a state of utter anxiety. And we are also forgetting the fact that Allah SWT is ALWAYS the best of Planners. When we drown ourselves with What Ifs, it's a sign that our trust in our Rabb is lacking, and that stops us from gaining intimacy and closeness to Him. :(

I've now tried to rework and reset all of my "what ifs" to "**even** ifs" and that has helped significantly. For example, instead of saying "what if it rains?", I'll think, "**Even** if it rains, things will still be ok!" So if you are currently overwhelmed or anxious about things, why don't you try this tactic?

Because "what if"s are mostly filled with elements of fear, but "even if"s are rooted in faith. So Champs, let us all be mindful of what we choose to embrace our minds and hearts with starting from today, and may Allah SWT wash away all of our doubts and replace it with resolute faith instead, Amin!

get excited for



THE DAY IS FINALLY HERE! [The Woman Up Show](#) - our very first video podcast series - is now live!!!! YAYYYYYY

Alhamdulillah!! 🤗 🤗 🤗 🤗 My team and I have always intended to produce special video content for you guys on AA Plus and Alhamdulillah, He truly has opened many doors of opportunities for us to make this intention into a reality. [The Woman Up Show](#) is where courageous and candid conversations on topics that matter and inspire lies in abundance, and I pray that as you watch the show, you will feel as if you are right with us in the studio, joining in the conversation as well! Our first episode is with our beloved Ustazah Syariati, and we spoke about the realities of FOMO (Fear of Missing Out) - how it happened, what we can do to significantly reduce this FOMO-**ness**,

why does Allah SWT allow us to go through this emotion, and many many more! If you are looking for company, click the play button and allow us to "hang out" with you today!

Watch First Episode of The Woman Up Show!

a beautiful dua

Ya Allah, allow
me to never force
any outcomes, but
to fully trust in
Your perfect
timing and plans.

aaplus.co

#abeautifuldua

This dua is largely inspired by the reflection I shared at the beginning of today's Closer. I've been guilty of forcing things to happen one too many times, and I've realised that doing so has led to nothing but chaos. ./ May we embrace where we are right here, right now, for this is where Allah SWT wants us to be, at this particular moment.

champ notes



Last week during our Study Date ([replay available here](#)), one of our

Champs, Putri Annida, dropped a gem which I sorely needed to hear!

"If you started because of Allah, don't stop because of people."

Whoaaaaa goosebumps! Sharing it with you guys today in case you too needed a gentle reminder or an extra push to renew your intentions!

muslim meme



@muslimmemeaaplus
MuslimMemeQueenz

When you swipe the adhan notification away

adhan app:



2,407



982



1,237

When our fellow Champ, Najwa, sent this meme in, I knew I had to share! I feel so called out! 😂😂😂😂😂😂😂😂 I do miss hearing the

live Athan in Morocco now that I am here in Singapore though. Also
PS: If you wanna learn more about the Athan and the beautiful back
story as to how it was "created", listen to [the first episode of the Solah
TKV Series](#)! We might just repent and not swipe away Athan
notifications on our phones anymore after listening to the Class! 😂😂



to ponder



A recurring theme that has kept coming up in my mind especially since

I got back to Singapore, and spending time with my parents, my grandmother, and my family is that **being in service truly serves you**. Going against the western idea that one must prioritise yourself first, Islam and Rasulallah ﷺ teaches us that being in service for His sake is honourable and add only barakah and goodness to your life! I'm still trying to learn how to balance it all though, and this is of course much easier said than done, but every time I feel heavy to serve, I think of how Rasulallah ﷺ, his family and companions (may Allah be pleased with them all) were all always in service to each other. And because of that, everybody thrived Ma Sha Allah! If you are looking for inspiration on how to not "burn out" when on the path of Service, [Lesson 3 of A Beautiful Soul](#) is a great class to listen to! One of my favs!

P.S.:

*Champs, a reminder to check your Inbox this **Saturday** for October's Intro Email! Next month will be "light-filled", I can't wait! ❤️ Here's a sneak peek of October's Calendar!*

aa plus
October

M	T	W	T	F	S	S
31					1 Intro Email Drops!	2
3 Love Letters to Rasulallah	4	5	6 Closer Email NEW TKVI! + Study Date asia	7	8	9 EVENT Loving What The Beloved Loves
10 Love Letters to Rasulallah	11	12	13 Closer Email	14	15	16 Study Date ROTW
17 Love Letters to Rasulallah	18	19	20 Closer Email NEW TKVI! + Study Date asia	21	22	23 Study Date ROTW
24 Love Letters to Rasulallah	25	26	27 Closer Email NEW Woman Up Podcast!	28	29	30 EVENT Champs Tea Party: Meow Mom Special

Love Letters for Rasulallah ﷺ
Mondays, 3rd, 10th, 17th & 24th October
5am SG | 4am WIB | 10pm UK | 4pm CT

Loving What The Beloved Loves
Sunday, 9th October
3.30am SG | 2.30am WIB | 8.30pm UK | 2.30pm CT

Study Date Asia
Thursday, 6th & 20th October
9pm SG | 8pm WIB

Study Date ROTW
Sundays, 16th & 23rd October
8pm UK , 2pm CT

Champs Tea Party: Meow Mom Special
Sunday, 30th October
9pm SG | 8pm WIB | 1pm UK | 7am CT

With that, I hope you guys have enjoyed Closer!

fin
x
a.

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Because you signed up to become an AA Plus member.