

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the most Gracious, the most Merciful

27 July 2023



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

Do **your thoughts**
stink and pull you
further from Allah,
or do they help you
win and bring you
closer to Him?

Assalammualaikum my Champions,

Have you ever thought about what it would be like if your thoughts

give off a certain colour or scent based on their purity? I always imagine this from time to time: a beautiful thought would be represented by a soft, pastel hue and will smell like majestic musk, whereas a horrible thought gives off a cloud of black smoke and a foul smell.

Alhamdulillah for us, no one else gets to witness our thoughts other than Allah SWT, but it is also our thoughts that shape our lives and impact the quality of our relationship with Allah SWT. Positive and hopeful thoughts uplift us and bring us closer to Him while negative ones only weigh us down and bring us on the path of despair.

That's how powerful our thoughts are.

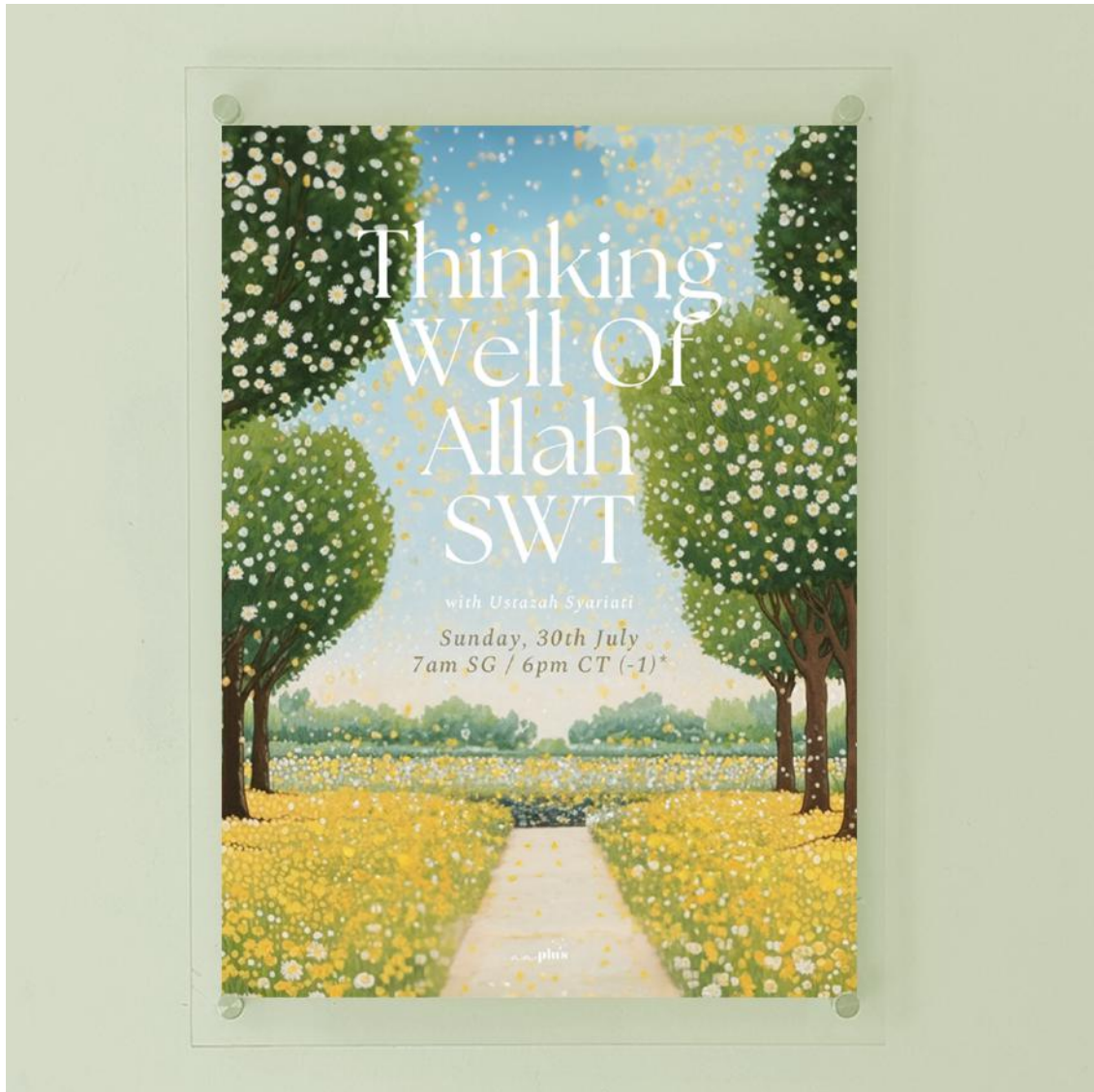
Which brings me to the next question: **what kind of influences then are we letting in when it comes to the formation of our thoughts?** The society? The media? Our Nafs? The whispers of the Devil? Our biases and stereotypes? Which ones of these do we allow to reign our thoughts?

How do we expect to think only beautiful God-centred thoughts when we allow filth to influence us? Doing so is like adding a carcass to a pot of pure broth. ./

Ladies, I pray that we will all strive to be more proactive in protecting our minds and hearts so that it would only be filled with winning thoughts, and not stinking thoughts. Because it is only when that happens, that our speech becomes beautiful, our actions become gracious, and our lives become light. <3

Let's think to win, not think to stink, ok Champs?

get excited for



There is a Hadith of Rasulullah ﷺ that gave me goosebumps when I first read it: "When Allah created the creatures, He wrote in the Book, which is with Him over His Throne: **'Verily, My Mercy prevailed over My Wrath'**". ([Bukhari & Muslim](#)) I reflected on this for a while, as Allah SWT could have 'written' anything at all, **but it's His Mercy that He has chosen to highlight.** Another thought that comes to

mind was this: when we begin anything with 'Bismillahir***rahmann***irahim', it is also His Mercy that He wants us to remember. So why, then, when things push to shove, do we still find it hard to see things through the lens of His Compassion? Why do we assume the worst and think only about His wrath? How do we ground ourselves with only good thoughts of our Rabb when things get difficult? These are some of the things that I'm super excited to learn in our Sunday Session this week with our dearest Ustazah Syariati, so please do join us, In Sha Allah! PS: Champs, please note on the special time of this Session - it will be held at 7am Singapore / Malaysia time, which is 6pm CT on **Saturday** in the US!

Join our Sunday Session Here!

[Add this Sunday's Session to your GCal](#)

a beautiful dua

Ya Allah, let my
every breath be
a celebration of
the Quran.

aaplus.co

#abeautifuldua

I fell off the bandwagon a little during my "Zikir week" (aka the time of the month) last week, but as soon as I listened to a beautiful recitation of Surah Mariam, my heart felt revived once again. That was when I realised that my soul is always in dire need of the Quran, as without it, it simply weakens and dies. **We have no excuse not to come to the Quran daily** - if we cannot recite a few pages, a line will suffice. If we can't read a whole tafsir, we can still ponder even if it's only a verse.

And if we can't recite, then we can simply [listen to a recitation](#).

Champs, may we choose the Quran over and over again, and may each and every one of our breaths be a celebration of His Blessed Book.

heartwork that heals



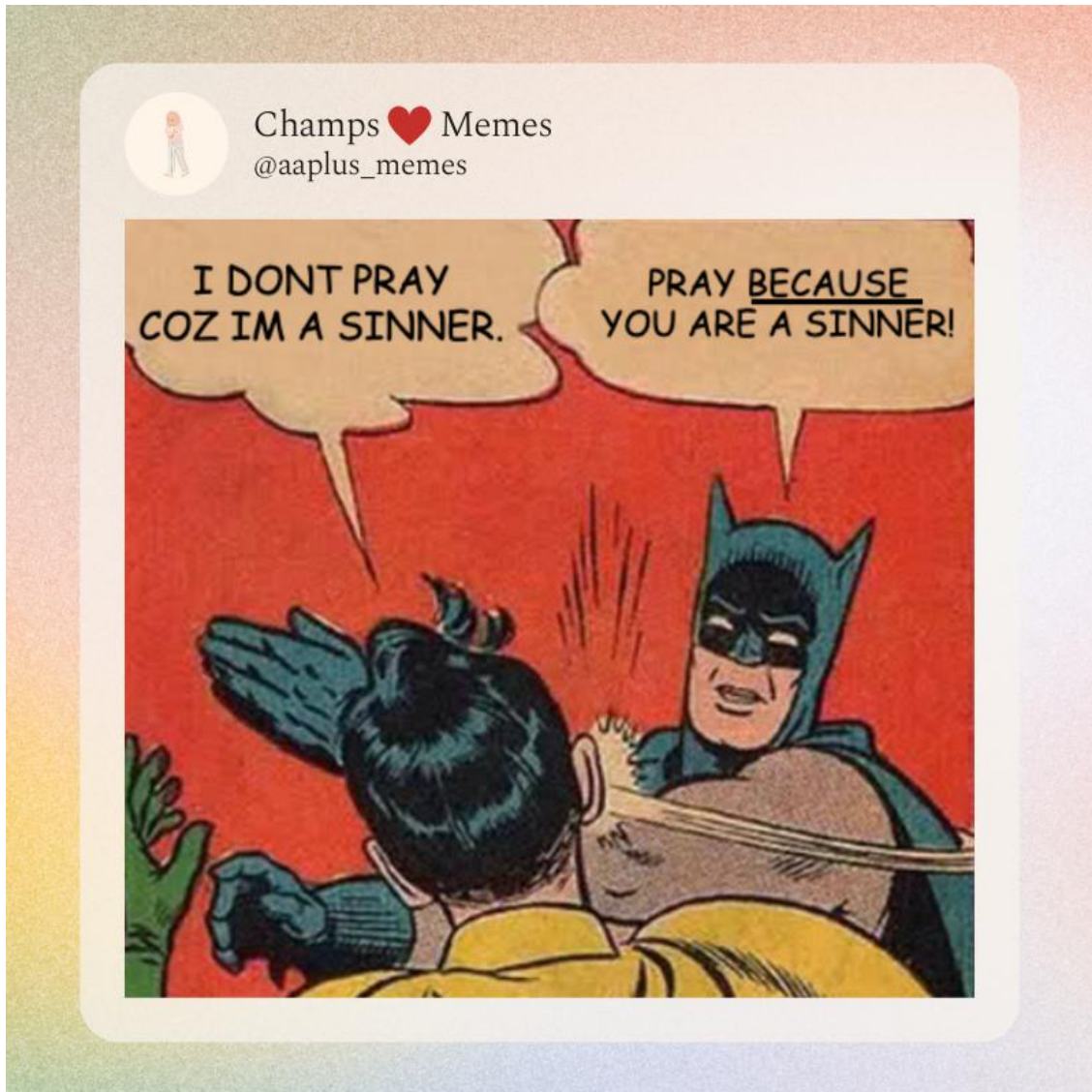
heartwork

*Be the source of ease for others.
Be the source of ease for others.
Be the source of ease for others.
Be the source of ease for others.
Be the source of ease for others.*

If we can be anything at all in this world, let us be a source of ease to others, because that is what this Deen is for us, an ease.

Rasulullah ﷺ said "**Verily, this religion is easy, and no one burdens himself in religion but that it overwhelms him.**" ([Bukhari](#)) If Allah SWT Himself wants to make things easy for us, who are we to make things hard for others?

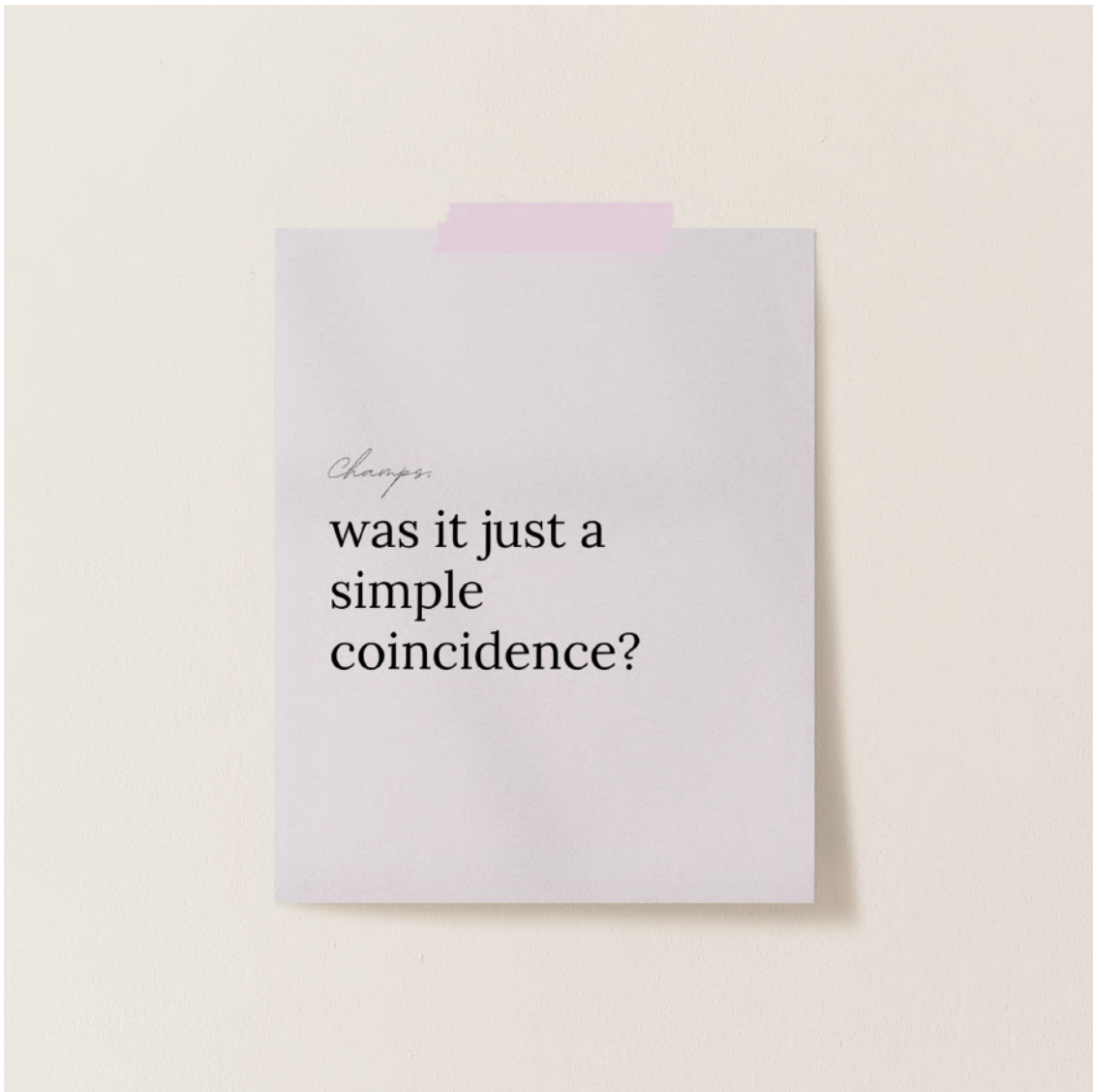
muslim meme



I need this slap back to reality every time the devil tries to whisper to me that I am not worthy to pray. Honestly, it applies to everything now that I think about it - I should read more Quran **because** I am a sinner, I should do more Zikir **because** I am a sinner, I should wake up for Tahajjud **because** I am a sinner. What are some of the things you know in your heart of hearts that you must go back

to **because** you are flawed? Whatever it is, I pray may you run back to it today for His sake and not wait to get "slapped" before you do!

to ponder



There's a term that was rather on trend with the younger kids a while back - "**main character energy**" - and although this may be a social media slang for "someone who feels like he/she is the centre of

attention", I honestly feel like I have main character energy 24/7 because I know that Allah SWT is directing every single moment of my life ever so perfectly! When a gentle breeze passes as I walk, when the traffic suddenly smoothens when I am running late, or when a kind stranger helps me with my grocery bags - none of these instances is a simple coincidence, they are all from Allah SWT reminding me that there is beauty, there is kindness, and there is love all around. Today, I would like to challenge you to see everything that is happening around you **and** to you with a "main character" mindset, because trust me, none of it is happening except that it is willed and written for you by the One who loves you most. :)

And with that, my dearest Champs, I pray no matter what season you are in your life, may you always go back to your safe space, i.e. with Allah SWT and the Quran. <3

PS: I hope to see you this weekend for [our date!](#)

fin
x
a.