

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
In the name of Allah, the most Gracious, the most Merciful

21 September 2020



# Closer

by aa

*your curated weekly spiritual booster delivered straight to your Inbox*

THE DEVIL TRIES TO LIMIT  
*your praying*  
BECAUSE HE KNOWS  
*your praying will limit him*

Assalamualaikum my Champions,

I've been thinking about the act of sinning and how it's actually "very expensive" 😁. When I say "expensive", it's not because we are paying for it in cash, but we are paying for it by sacrificing our mental / spiritual / emotional / physical health! Think about it - doing something that displeases Allah SWT does not affect His Majesty at all, **but it will, first and foremost, harm and affect us. Sins cause us nothing but pain.**

So all acts that Allah SWT deem as "sins" or "haram" is not because He is out "to get us" or "trying to make our lives difficult", but it's because **He is compassionately protecting us and preventing us from doing what He knows will not be good for us.**

I remember Ustazah Farhana telling me once, "Aida, the Syariah, if you really study and reflect upon it, is so compassionate and just, not only for you as an individual, but for us as a whole community!"

Thinking about this reminds me of the often-quoted Ayah, "**perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah Knows, while you know not.**" ([Quran 2:216](#))

*Coming up this week*

*on AA Plus!*



## **On Envy + Jealousy**

How do we remember the lush, green grass that's already thriving on our side, instead of focusing on someone else's backyard?

*Your Internet Girlfriend*

Monday / 21 September / Your Internet Girlfriends

**On Envy + Jealousy**

Feeling envy or jealousy is natural - it's almost impossible to think that we are above this very basic human feeling. But what can we do to overcome it, how do we control the triggers and why do we even feel it at all? It all may be too much for us to process on our own, but your internet girlfriends are here to break it down and let you know that it's okay to feel these feelings!

[Listen Now](#)

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*a beautiful Dua*

## DUA TO AVOID BRINGING HARM TO ONESELF OR OTHER MUSLIMS

اللَّهُمَّ فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ عَالِمَ الْغَيْبِ  
وَالشَّهَادَةِ لَا إِلَهَ إِلَّا أَنْتَ رَبُّ كُلِّ شَيْءٍ وَمَلِيكَهُ أَعُوذُ  
بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَهِ وَأَنْ  
أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

Allāhumma fāṭira al-samāwāti wa-al-ardi 'ālima al-ghaybi wa-al-shahādati lā ilāha illā anta rabba kulli shay'in wa-malikahu a'ūdhu bika min sharri nafsī wa-min sharri al-shayṭāni wa-shirkīhi wa-an aqtarifa 'alā nafsī sū'an aw ajurrahu ilā muslim.

O Allah, Originator of the heavens and the earth, Knower of the Unseen and Visible, there is no true god but You, Lord of all things and their Sovereign. I seek refuge in You from the evil of myself and the evil of Shayṭān and his encouragement to commit idolatry, and from bringing evil to myself or to another Muslim.

[al-Tirmidhi]

Speaking of sins, I found this very beautiful Dua that Rasulullah SAW taught to his closest companion, Sayyidina Abu Bakr RA, on how to protect ourselves **from ourselves**. It begins by highlighting Allah's Greatness, Majesty, and Perfection and acknowledging how Allah knows the Unseen and the Visible - which means He is perfectly aware of all of our secrets and the potential that we have to do

harm. Commenting on this supplication, Ibn al-Qayyim said, “**The Prophet ﷺ mentioned the two sources of evil: the self (*nafs*) and the Shaytan. He also mentioned the two victims of evil; i.e., it will return to oneself or his Muslim brother. Hence this *hadīth* has combined the sources of evil, its causes, and where it leads in the briefest yet clearest and most comprehensive expression.**”

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Muslim Meme



Bade Chote  
@badechote

When your friend returns from abroad  
with a fake accent



This is not "muslim, **muslim**" but I legit LOL-ed! I can never fake an accent, my Singaporean **lahs** and **lors** come out ever so often! What's the best accent you can mimic?

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Something to Ponder

Alhamdulillah for  
His Immense Love for us  
that rest upon His Perfect Integrity  
and not upon our  
fleeting feelings and ingratitude.



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Have you ever thought, "I don't feel Allah, and don't feel a connection in my Solah"? I have, and I'm sure I'm not the only one. But Allah's "connection" with us is ever-present and ever-strong, and Alhamdulillahhhhhhhhh for that! Unlike us, His Love knows no bounds. His Compassion knows no limit, even though we falter again and again. His Protection will never cease even though we have gone days, weeks, months (!!!) neglecting Him! So if we ever feel we have nothing to be grateful for, this very fact should wake us up. Ya Rabb, Alhamdulillah for You being al-Wadud and At-Tawwab!

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*and with that, I hope you guys have enjoyed Closer.*

*fin*

X  
a.

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