17 August 2023



your curated weekly spiritual booster delivered straight to your Inbox

Sometimes we ask Allah
SWT to change the
situations we are in, but
perhaps He put us in that
situation to change us.

Assalammualaikum my Champions,

There was a phrase that I came across while I was reading when I was only 14 that has stuck with me my entire life: "Turn a different corner and we would never have met." My mind would zoom out and think about all of the corners I have turned, and I would imagine what my

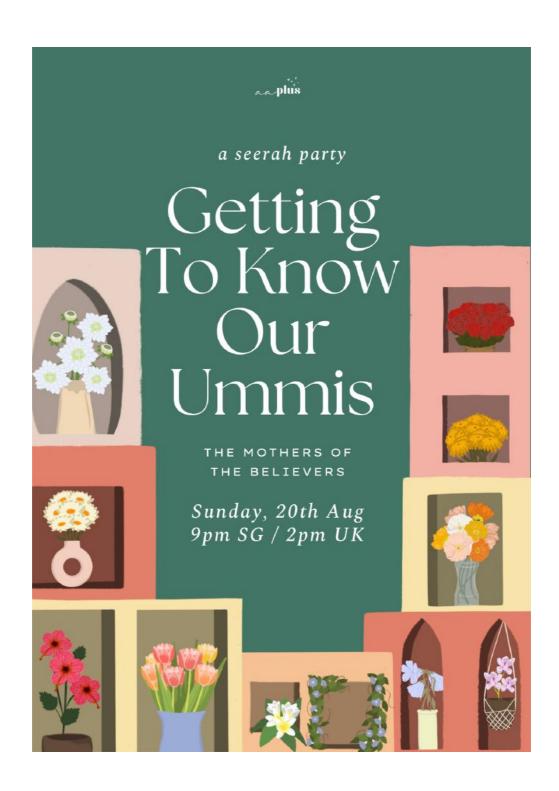
life would be like if I didn't turn just ONE of those corners. Would I have met my husband? Would I have started AA Plus? Would I be writing to you today?

It marvels me to no end that even turning a corner would contribute significantly to the trajectory of my life, but that is how subtly beautiful Allah SWT has designed our lives - every single moment is purposeful, every single breath is meaningful, and every single situation that He puts us in is designed to change and elevate us.

So the next time we catch ourselves starting to complain about where we are right now in life, or we become restless and impatient with the circumstances that Allah SWT is putting us through, perhaps we can ask ourselves what it is that Allah SWT is trying to change **within us** *through* these situations.

Perhaps Allah SWT is softening your anger, or increasing your patience, or refining your gratitude, or strengthening your reliance unto Him - the possibilities are endless! But here's what I've realised: every moment with Allah SWT is a life-changing event. We just have got to realise it and not let it simply pass us by. :)

get excited for



I AM SO SO SO SO SO SO EXCITED FOR THIS SUNDAY'S "DATE" WITH OUR MOTHERS! <3 <3 <3 We will, In Sha Allah, be getting to

know eleven of our amazing Ummis, all wives of our beloved Prophet . Each and every single one of them is different, unique and special in their own way, and I know for a fact that at least one of them, if not all, will inspire you in their own way! It's time that we reconnect back with these honourable women, and take lessons and gems from

their beautiful lives with Rasulullah so that we can be the best women that we can be for His sake, Amin!

Join Our Seerah Party Here!

Add this Sunday's Seerah Party to your GCal

heartwork that heals



Before any of you go, "HUH? Why is Aida telling us to sleep little at night?!", I first would like to say that this is actually a commandment from Allah SWT Himself in the Quran! Ustazah Samah highlighted the Ayah in Surah ad-Dhariyat during the beautiful session we had last

Sunday where Allah SWT described the "good-doers", or the Muhsinin, as people who used to sleep only little in the night (Quran 51:17)!

Quoting Ustazah: "They didn't stay up in the night to surf TikTok, they stayed up in the night for Tahajjud!". #ouch So Champs, if you would like to fall under the category of being a Muhsin, a good doer, the successful one (don't we all, Amin!!), then I invite you to join us for Tahajjud night this week! Set your intentions and In Sha Allah, I'll "see" you during the most sacred part of the night!

Watch Replay of 'Attaining Balance' Here

Join Tahajjud Nights Here

Add <u>Asia</u> | <u>ROTW</u> Tahajjud Night to your GCal

a beautiful dua

Ya Allah, if I am chasing the wrong things, please redirect and re-align me.

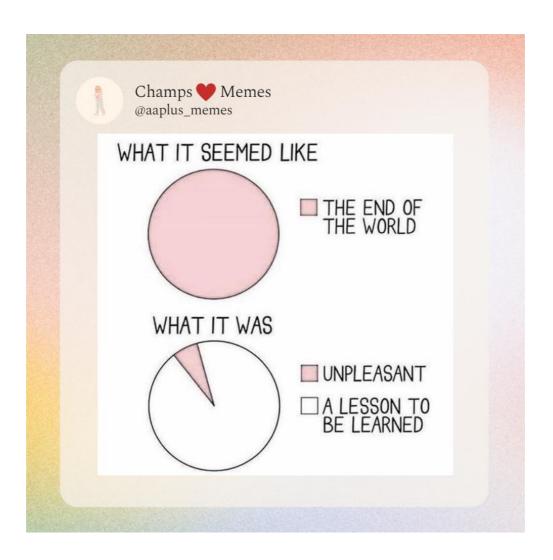
aaplus.co

#abeautifuldua

This is the Dua I've been making on repeat every time I get lost in my desires. As humans, we all want and crave many things - but when we are blinded by our own yearning that we either stop at nothing to get them or we start obsessing over them, things will get dangerous for us.

This Dua has definitely been a shield against my weak nafs.

muslim meme



It is all about perspective, isn't it? When our mind and heart operate with Allah SWT at its core, we will see everything through the lens of

His Love and Mercy towards us. The Ayah that jumped out immediately when I saw this Meme is: "But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not." (Quran 2:216)

to ponder



I am now at an age where I prefer to be corrected especially when it comes to matters of the Deen, for no amount of comfort would be of use if I am astray and spiralling down the path of sin. However, I am absolutely petrified when I have to correct someone, and would lean on the side of comfort instead. :/ When I asked myself what would Rasulullah do, I realised that he would always correct with comfort! He was always merciful, gentle and compassionate, but he was also always firm when advicing. May Allah SWT guide us in being accepting of being corrected for His sake, and may He also allow us to be comforting when correcting, just like our beloved Prophet !



I'm writing this week's Closer in the beautiful city of Granada and have been making Duas for every single one of you! If you have a special prayer you'd like me to make while I am travelling, just reply to this email, and I will do my best to include them in my list, Insha Allah!



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