

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
In the name of Allah, the most Gracious, the most Merciful

14 September 2023



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

Let's pair our prayers
with discipline. Allah
SWT has told us what
to do, we just have
to do it, now.

Assalamualaikum my Champions,

About 15 years ago, my now husband (then classmate, lol) told me of the phrase "Dream, Explore, Discover" by Mark Twain, and I remember my heart instinctively saying, "something is off with this phrase." I replied, "I have a better quote - **Dream. Dua. Do!** Yes, you have a dream, but you gotta back it up with lots of Dua, and then you actually have to DO something about it." I love this motto that I coined at the spur of the moment so much that [I sold my first \(and last\) notebook with the phrase on it!](#)

I am still a huge believer in the importance of making earnest prayers and pairing them with taking consistent, daily action, and it's honestly something that I always strive to do whenever things get too overwhelmingly difficult. Over-worrying gets me nowhere, throwing my own pity party won't change a thing, and doing absolutely nothing will only make me spiral downwards even more.

But making Duas to Allah SWT, no matter how incoherent and teary it is, and following the perfect and complete guidance that Allah SWT has put in place for us via this Deen, no matter how shakily and weakly I may be, **always works.**

Champs, we have to remember this beautiful Ayah that Allah SWT has said in the Quran: "**Today, I have perfected your religion for you, and I have completed My blessing upon you, and chosen Islam (as a religion and a way of life) for you.**" ([Quran 5:3](#)) Meaning, whatever it is we are going through, no matter how difficult, the solution and the way forward can always be found in this Deen.

We just gotta act on it!

Today, ask yourself what is stopping you from actually starting and taking action, because we all know the excuses we tell ourselves. :(

Then ask Allah SWT to help you break through any form of hesitance, strengthen you with discipline, and just take that first step. 💪

get excited for

MINDFULNESS IN YOUR DAY

*How Rasulallah ﷺ
spent his 24 hours*

WITH ANSE DR TAMARA GRAY

*Sunday, 17th September
8pm SG / 1pm UK / 7am CT*



CHAMPS! IT'S THIS SUNDAY, IN SHA ALLAH! The Sunday Session that most of you (including me!) are excitedly counting down the days to! I am so grateful that Anse Dr Tamara Gray is coming to AA Plus to give a talk on a topic that I have been exceptionally curious about, and

I hope you ladies will show up in droves! **Please note the time of this special Sunday Session - it will start at 8pm SG / 1pm UK**

/7am CT In Sha Allah (1 hour earlier than our normal Sessions), so
please do come on time!

[Join Our Special Sunday Session Here!](#)

[Add Sunday's Session Here to your GCal](#)

a beautiful dua

Ya Allah, allow
me to faith it
till I make it
back Home to
You.

aaplus.co

#abeautifuldua

I remember one of my girlfriends saying, "I just want to be a good Muslimah, a good wife and mom, and a good daughter to my parents, and I'm all set. That's all I want in life." She said it with so much sincerity that I couldn't help but smile back to her, ever so widely, replying, "Alright then! Let's faith it till we make it back to Him!".

Quranic Affirmations

**You are
incredibly
loved.**

Surah at-Tawbah

Ayah 128

There certainly has come to you a messenger from among yourselves. He is concerned by your suffering, anxious for your well-being, and gracious and merciful to the believers.

Ever since we recorded our beautiful [Selawat TKV episode](#), I've been missing our beloved Prophet ﷺ and chancing upon this Ayah in the Quran just made my heart melt into a pool of puddles. How kind, soft-hearted, and full of love our Rasulallah ﷺ is! The fact that he ﷺ is more concerned about us, **more** than we are for ourselves, Subhanallah, always brings me so much comfort because it's a reminder that I am loved. **YOU are loved too**, and not just by anyone, but by the best Prophet of all time!

just for you!



The month of Rabiulawal is expected to start on September 16th this year In Sha Allah, and as most of us know, this blessed month marks the birth of our beloved Prophet ﷺ! My team and I thought what better way to welcome this month than to come together to send lots and lots of Selawat to Rasulullah ﷺ and also have a Seerah movie night to remind ourselves of our Prophet ﷺ's epic journey! **These**

sessions will have both Asia and ROTW-friendly timings, so I hope to see more of you come with the intention to deepen your love for Rasulullah ﷺ for His sake! (PS: These sessions WILL NOT be recorded!)

Join Our Selawat + Seerah Movie Night Here!

muslim meme

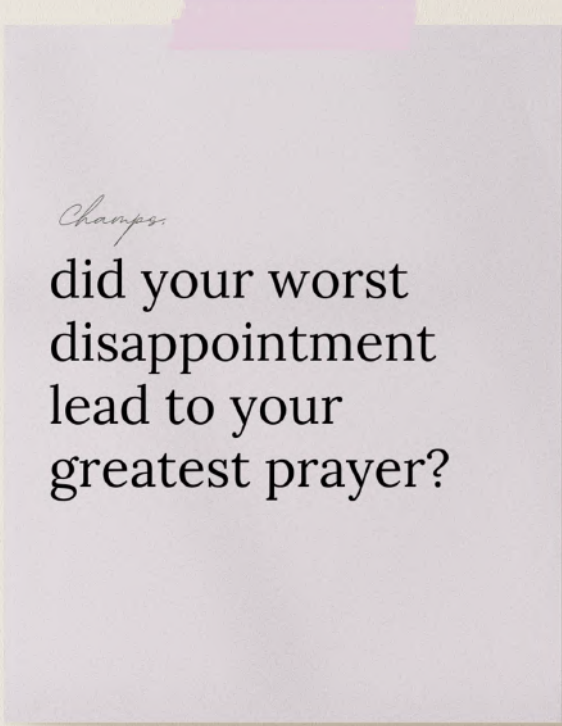


YES YES YES YES. We've all been there. But, the life hack to this is: Aim for Tahajjud and you will never miss Fajr! I'll never forget what Anse Tamara said in her beautiful [Tahajjud Series](#) - that the more you are struggling for Fajr, the more you should aim to wake up for Tahajjud! What a mind-shift! **PS: We are having our Tahajjud session this Friday, 14 September** (4.15am SG/MY | 4.15am UK) In Sha Allah, so *yallah*, I hope you'll set your intentions (and your alarms!) and strive to be from the People of Tahajjud, Amin!

[Join Our Friday Tahajjud Call Here](#)

Add [Asia](#) | [ROTW](#) Tahajjud Night here to your GCal

to ponder



Champs

did your worst
disappointment
lead to your
greatest prayer?

As a believer, everything that happens in our lives is an opportunity to remember Allah SWT and pull closer to Him. But nothing humbles you, brings you to your knees and reels your heart in to reconnect with your Rabb like pain and disappointment. As Rumi beautifully said, **"The wound is the place where the light enters"** and nothing is truer, Subhanallah. Our hurt has a higher purpose, and if our greatest disappointment doesn't lead to us raising our hands and making our greatest prayer, then we are truly missing out on one of the best chances to witness His immense Mercy, Kindness and Love for us.

*And with that, my dearest Champs, I pray may all of you Dream, Dua and Do always
for His sake! <3*

fin
x
a.